

BA Nutrition and Health Education

Program Specific Outcome

- To explore the fundamental of Nutrition and Food Science
- The Familiarize the students with fundamentals of food, nutrients and their relationship to health.
- To create awareness with respect to deriving maximum benefit from available food resources.
- To create awareness about the importance of food safety and related issue in the studies by discussing the various food handling practices.
- To enable students to identify and contribute to the prevention of public health / social health problems in the country.
- TO obtain knowledge about malnutrition, related, deficiencies, methods of assessing nutritional status, nutritional policy and National programmer.
- To teach the students about the causes, clinical symptoms and planning of diets for various disease.

Department Name: Home Science

Year - I				
Sr. No	Subject Code	Subject Name	Subject Category (DSC, DSE, GE, SEC, AECC)	Course outcome
1.	BANHE A 101	Fundamentals of Nutrition and Food Science	DSC -I	To introduce the students to the basic concept of Food and Nutrition, Nutrients and food groups.
2.	BANHE A 102	Nutrition for the Family	DSC-II	Basic concepts of meal planning, Food exchange list. TO plan a diet for the family.

Year - II				
Sr. No	Subject Code	Subject Name	Subject Category (DSC, DSE, GE, SEC, AECC)	Course outcome
3.	BANHE- A 201	Introduction to Food Safety	DSC-III	To discuss food adulteration and the common food adulterants used. Importance about food safety.
4.	BANHE- A 203	Home based Catering	SEC-I	To apprise the student regarding Food service Industry, Food Production as well as standardization of a recipe.
5.	BANHE- A 202	Public Health Nutrition	DEC-IV	To enable students to identify public health problems in the country. To equip students with workable knowledge to treat common illness at home.
6.	BANHE- A 204	Nutrition and Fitness	SEC-II	To help the students in understanding the importance of fitness and its relation to health and nutrition. To enable the students to know about the guidelines about Physical activities, weight reduces diet and nutritional supplements.

III- Year				
Sr. No	Subject Code	Subject Name	Subject Category (DSC, DSE, GE, SEC, AECC)	Course outcome
7.	BANHE- 304	Maternal and Child Nutrition	SEC- III	To understand the role of nutrition for the pregnant lactation mother, breed, feed and complementary food. To know about child health morludet, maternal and child

				health programmer.
8.	BANHE- A 301	Public Nutrition	DSE - I	To make student Understand the meaning of importance and scope of Pubic Nutrition. To obtain knowledge about malnutrition, defenses etc
9.	BANHE- A 305	Human Nutrition	GE - I	To enable students to understand basic concept in Nutrition, nutrients and their functions, sources and deficiency symptoms.
SEMESTER - VI				
Sr. No	Subject Code	Subject Name	Subject Category (DSC, DSE, GE, SEC, AECC)	Course outcome
10.	BANHE- 305	Food And Nutriion	SEC- IV	To understand the problem of Body Mass Index and meal planning for different activities. To introduce the students to cooking.
11.	BANHE -302	Therapeutic Nutrition	DSE - II	To help the students to understand about the adaptation of a normal diet to modified diet.
12.	BANHE - 306	Nutrition : A life Span Approach	GE - II	To know about the principals, factors of meal planning. To know about the need for the nutrients in different stages of life span of human being.