



NSS Activities for the session 2020-21

“The smallest act of kindness is worth more than the grandest intentions”.

The **National Service Scheme (NSS)** is an Indian Government-sponsored flagship Programme for public service. This academic year NSS unit conducted various activities through online mode due to covid-19 pandemic.

Covid awareness Campaign

On 19th April, 2020, the NSS unit of our college, started the COVID awareness campaign against this pandemic during lockdown. NSS volunteers and faculty members performed the following duties:

1. Everyone registered themselves in Arogya Setu and iGOT app.
2. NSS volunteers prepared charts, posters and videos highlighting the causes and precautions for Covid – 19.
3. Prepared videos, wrote poems on covid -19 awareness
4. Prepared masks and distributed in their surrounding
5. Actively participated in different campaigns like Mera gaon, Atmnirbhar Gaon, Vocal for local and each one care aged one scheme.
6. Contribution in chief minister fund from april 2020 to june 2020 under Each one, one hundred one scheme



"निकलोगे घर से बाहर, तो कोरोना अन्दर आरगा ।
इस तरह से कैसे, कोरोना हार जारगा ॥

ये न देखे धर्म मज़हब, ये ना जाने दीन इमान ।
ले लेता गिरफ्त में सबको, जहाँ चूका कोई इंसान ॥

रखना है हौसला, करना है इरादा कुलद ।
मार मगाना है कोरोना को, जीतनी है ये जंग ॥

शस्त्रों ये गर न निकले, तो कोरोना रास्ता कहाँ से यारगा ।
धैर्य और विश्वास के आगे, वो खुद ही हार जारगा ॥

सब ने मिल के लड़ना है, करना है इस बात पे मान ।
विश्व भी करेगा म्रणाम, जब जीतेगा हमारा हिन्दुस्तान ॥"

महक शर्मा





International Yoga Day Celebration

The international yoga day was celebrated on June 21. To mark the importance of Yoga in our life during this pandemic period, NSS volunteers performed various yoga asanas at home and uploaded their pictures .



Independence Day Celebration and Tree Plantation Drive

On 15th August NSS unit celebrated Independence Day commemorating our nation's independence. Ms. Nandini Pathania



hoisted the flag and around 15 volunteers participated in the flag hoisting ceremony.

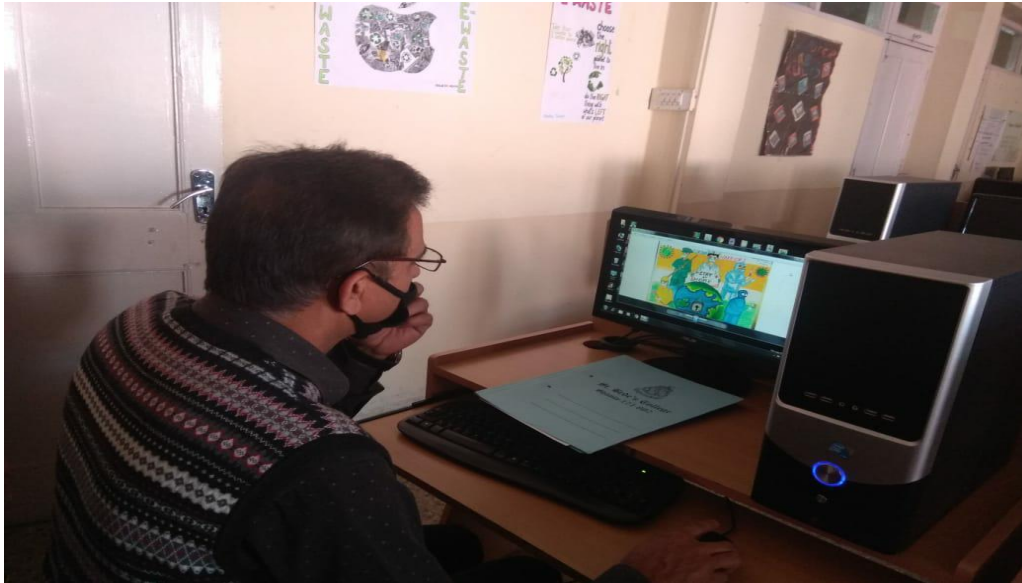


On the same day NSS Unit planted tree saplings in the college premises. The volunteers who could not join this event also planted saplings in their surrounding and uploaded the pictures of the same.



Gandhi Jayanti Celebration

To mark the birth anniversary of Mahatma Gandhi NSS unit organized various activities like poem, essay writing and painting competitions and NSS volunteers actively participated in all the activities. All activities were evaluated online due to covid-19 pandemic.



Covid Appropriate Behaviour Pledge

On oct8,2020 , a Jan andolan for covid-19 appropriate behaviour pledge was run by Government of India . The NSS volunteers of the unit took an online pledge on covid appropriate behaviour on mygov.in website and submitted their record.



Pre-Republic Day Camp

On 9th of November Pre Republic day camp was held at Government College of Excellence, Sanjauli, Shimla. Two NSS volunteers of our



college Himani Sharma from Bsc. and Naina from B.com attended the camp.



Youth Parliament

On 29th December, NSS volunteers participated in a mock parliament. Our two NSS volunteers Diksha Vashisht and Mehak Khakhta actively participated in the youth parliament.



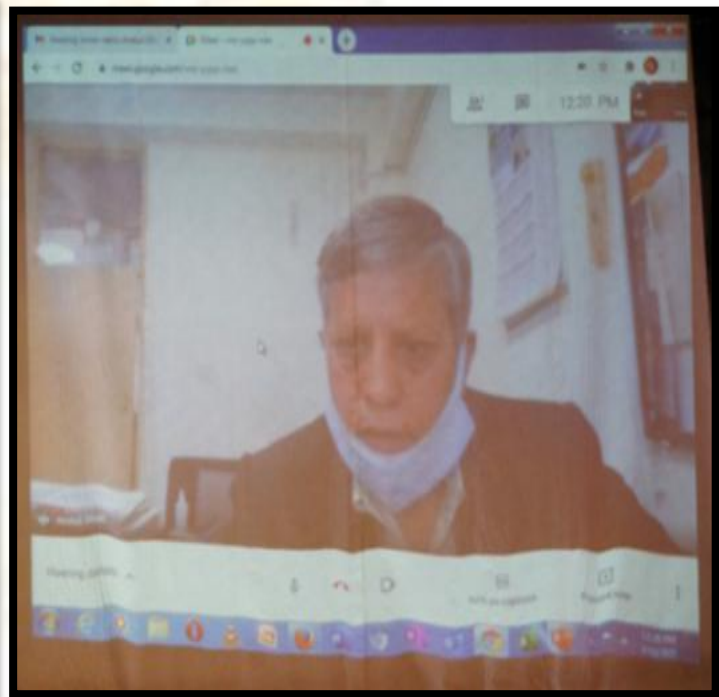
Annual NSS Camp (16th March to 22nd March 2021)

The NSS Camp started on 16th march with 60 NSS Volunteers. The event was graced by the officiating Principal Ms. Nandini Pathania and Sister Magdalene. The day started with a prayer dance by Samriti Rohal. Srishti Pandit and Tanvi Sharma Vive President and secretary



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NSS respectively gave a Power point presentation on NSS and its Activities in 2020. The chief guest of the day Prof. Arvind Bhatt, Dean Planning, HPU joined us in an online session and motivated the volunteers for startups supported by biotechnology incubator of the university.





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On 17th of March the chief guest was Dr. Manish Gupta, Professor and Department Head at Cancer hospital, Shimla who spoke on corona virus and its effects.



On 18th of March the speaker of day was Mr. Rohan Preet. He joined online and delivered a presentation on “Future Business Leaders”. Later NSS volunteers cleaned the college campus and helped in sorting books and magazines in college library.



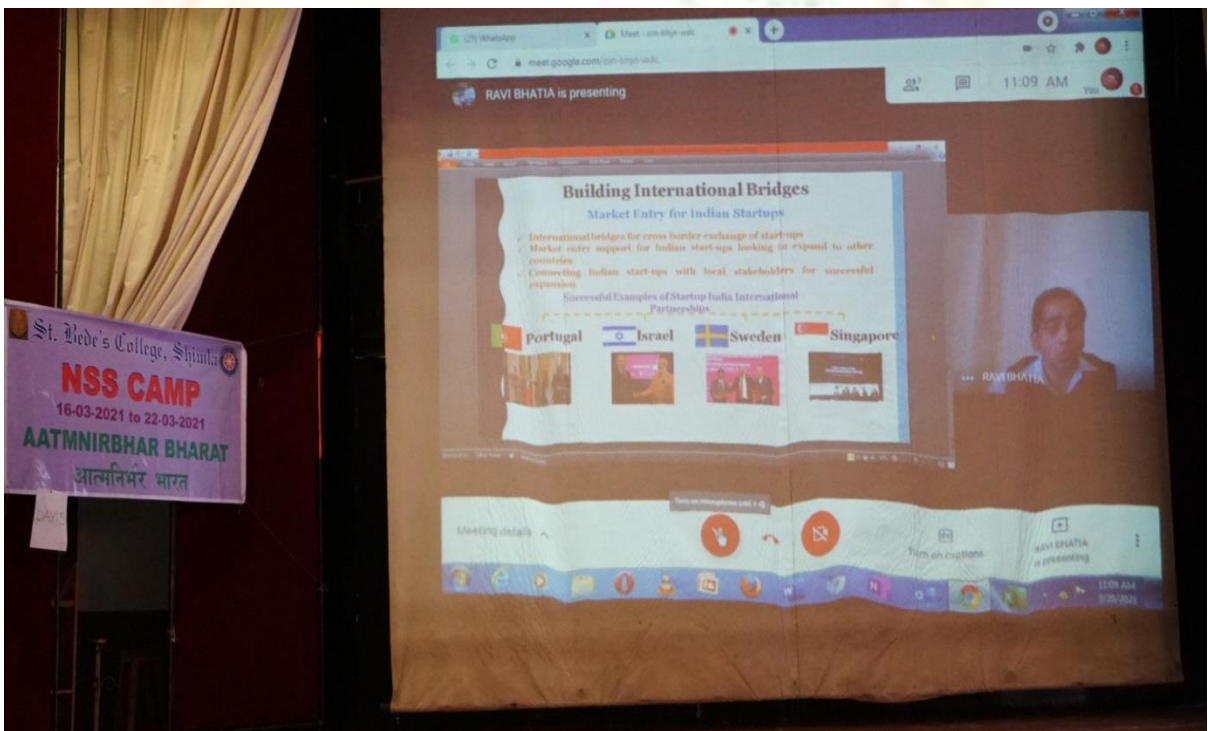
The next day commenced with various yoga asans performed by NSS volunteers. Miss Neelam Bali, a behavioural counselor gave tips on solving individual problems, to make realistic decisions and to improve abilities and skills. She enlightened the students with her words of wisdom.





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The 5th day started with zumba dance. The speaker of the morning session was Dr. Ravi Bhatia, a manager at Biotechnology Incubation centre. He gave information about Aatmanirbhar Bharat Scheme and various other Government Policies on startups.





In the afternoon, NSS volunteers had a session with the officiating Principal Ms Nandini Pathania on life skills. NSS volunteers enjoyed interacting with her and participated actively during the session.

On 21st March the speaker of the day was Mrs. Neelanshi Bhatnagar a counsellor in Himachal Pradesh, Women State Commission. She had a session with volunteers on women empowerment and domestic violence.





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On the last day of the camp, the NSS volunteers participated in the inaugural function of the college pavement under Smart City Project. It was followed by a cultural programme which was an agglomeration of performances by NSS volunteers. All events reflected the heart and soul put in by the volunteers.





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