

## **SUPPORTING DOCUMENTS**

### **7.3.1**

## **INSTITUTIONAL DISTINCTIVENESS**



**St. Bede's College**

**Shymla-171002**

**(UGC-NAAC "A+" Grade Re-Accredited)**

**College with Potential for Excellence**

Phone: 0177-2842304, Fax:- 0177-2842498

www.stbedescollege.in, **E-mail:-** [bedescollege@gmail.com](mailto:bedescollege@gmail.com)

● **COVID AWARENESS CAMPAIGN (19<sup>th</sup> APRIL 2020).**

The NSS unit of our college, started the Covid awareness campaign against this pandemic during the lockdown. NSS volunteers and faculty members performed the following duties:

1. Everyone registered themselves in Arogya Setu and iGOT app.
2. NSS volunteers prepared charts, posters and videos highlighting the causes and precautions for Covid – 19.
3. Prepared videos, wrote poems on Covid -19 awareness.
4. Prepared masks and distributed them in their surroundings.
5. Actively participated in different campaigns like Mera Gaon, Atmnirbhar Gaon, Vocal for local and each one care aged one scheme.
6. Contribution in Chief Minister Fund from April 2020 to June 2020 under Each one, one hundred one scheme.



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- On 1<sup>st</sup> October, 2020 an Awareness Raising Health Campaign (Good Health and Well Being during Covid-19) was organised by the Department of Zoology.





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- On 2<sup>nd</sup> October, 2020 a campaign on 'How To Boost Immunity' was organised by the department of Zoology.





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- On 10<sup>th</sup> October, 2020 an Awareness Drive on Mental Health and Drug Abuse during Covid-19 pandemic was organised by the Department of Zoology.



- On October 10, 2020 an awareness drive about Corona Virus was organised by the Community Outreach Cell in Government Middle School Theog.





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- On 10<sup>th</sup> October, 2020 the Department of Psychology organised exercises to manage stress and anxiety during quarantine period due to COVID-19.
- From October 11, 2020 to October 13, 2020, advertising campaign videos on communicable diseases, hand washing and prevention of infection were uploaded on Zoology Department's YouTube channel (Everybody's Zooing it).

<https://youtu.be/94nUrjwqVwc>

<https://youtu.be/8Ce7dUDmbQk>



- From 14<sup>th</sup> October, 2020 to 20<sup>th</sup> October, 2020 the Department of Zoology advertised awareness on updates of Zoology through various social media platforms i.e. Significance of Honey, Bee Pollen, Propolis and Royal Jelly for well-being during Covid-19 pandemic.





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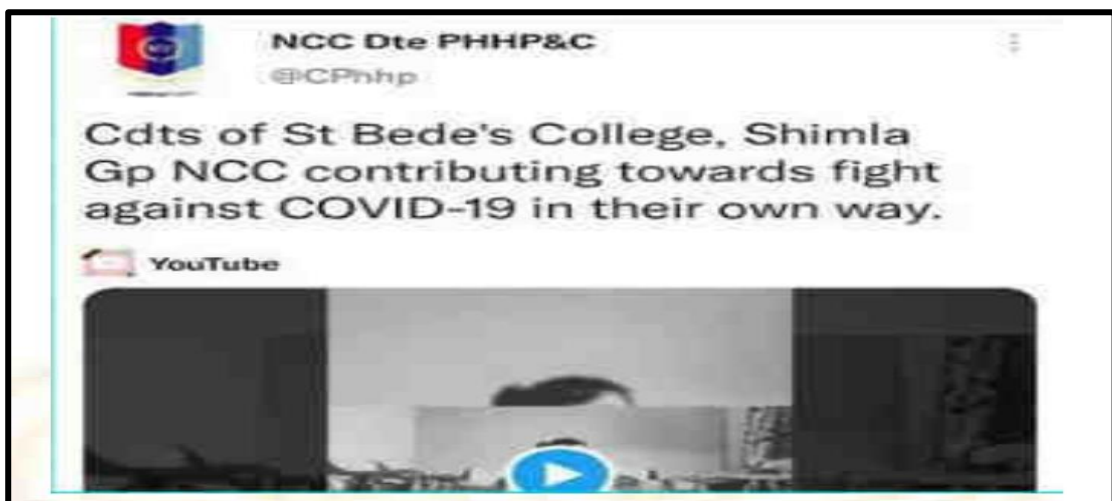
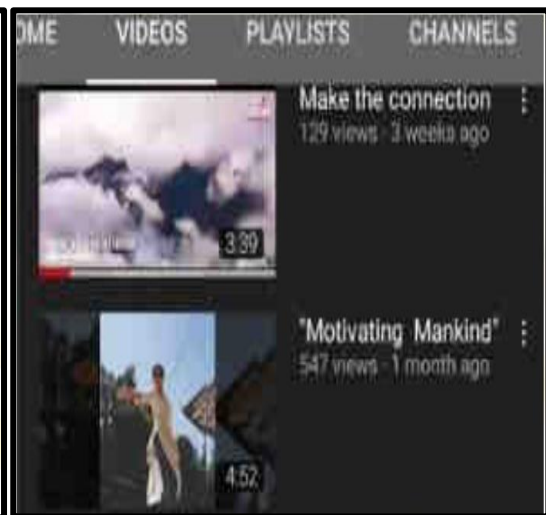
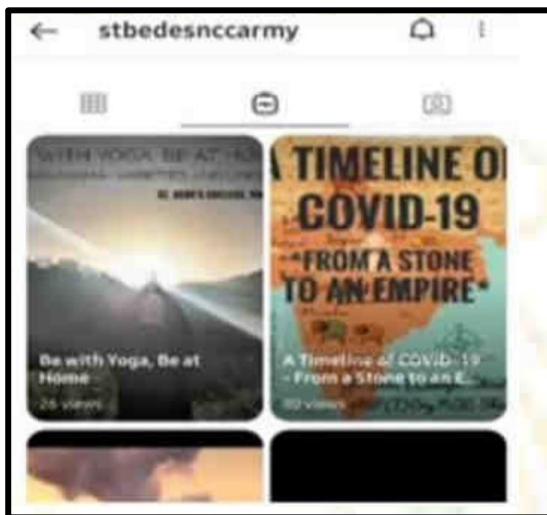
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- Outreach campaigns on importance of diagnostic tests were organised by the Department of Zoology on October 26<sup>th</sup>, 2020.
- Spreading Awareness Online (20<sup>th</sup> December, 2020)  
The NCC unit of the college took the initiative to spread COVID awareness through online platforms such as Instagram, YouTube and Twitter.





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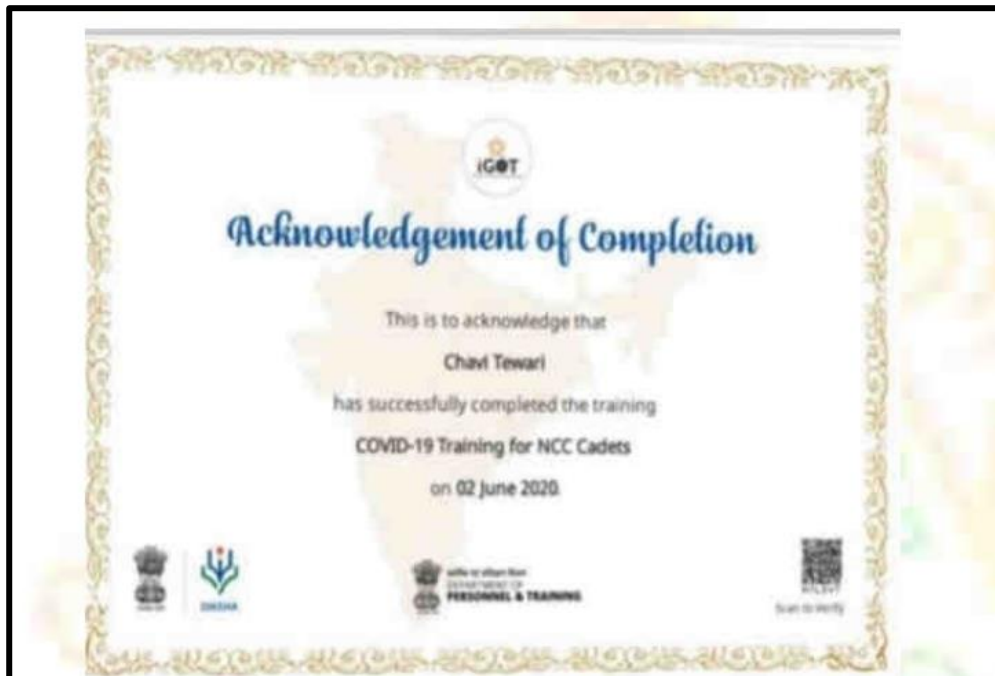
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- Slogan making and poster making competitions on the theme “Impact of Covid-19 on Environment were organised on 29<sup>th</sup> March, 2021.
- Making your own hand Sanitizers initiative was undertaken by the Department of Chemistry in the month of March, 2021
- Covid-19 Training (20<sup>th</sup> April 2021)

All the cadets took the COVID-19 training under the Diksha application and learnt about the precautions to be taken under this COVID situation and how to help people in difficult times.







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- COVID-19 Awareness Activities (4<sup>th</sup> May 2021)

The cadets of NCC Army wing made an effort to send messages regarding precautions to be taken to prevent corona through paintings, posters and poems.



*Poster to raise awareness about COVID-19*



- The NCC Cadets have also been working as frontline workers to provide relief to the covid patients by arranging the oxygen cylinders and medicines and home-cooked food.
- The Department of Zoology in collaboration with the NCC unit of the college created a database of blood groups which was shared with the NGO "Sunil Uppadhayaya Education Trust Shimla", and Indira Gandhi Medical College, Department of Immunohematology and Blood Transfusion Shimla.



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<https://www.stbedescollege.in/wp-content/uploads/2021/12/Blood-Group-Database-1.pdf>

Reg. No. 98/16

**SUNIL UPADHAYAYA EDUCATIONAL TRUST SHIMLA**  
(H.P.)  
Sunil Sadan, Cherry Hill, Below Pine Cottage, Chotta Shimla-171002

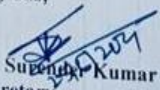
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Dated: May 25, 2021

Ref.: ...08/SUET/2021...

An inventory on blood analysis of blood groups was made. This activity was being carried out since 2019. An initiative was taken by the Department of Zoology in collaboration with NCC unit, St. Bede's College to have the database of the blood groups of few college students. For this the blood sample of students were taken in order to check their blood group and then accordingly a database was made with different types of blood groups. The data generated shall be given to the NGO/TRUST SUNIL UPADHAYAYA EDUCATIONAL TRUST SHIMLA, and the person in need of specific blood group can be helped out as these students would donate the blood as and when required. The same data shall also be shared by IGMC, Department of Immunohaematology and Blood transfusion Shimla. A total of 552 blood samples were analyzed out of which maximum blood group was B+ (219 students), followed by blood group A+ (131 students), O+ (86 students), AB+ (81 students), O- (16 students), B- (09 students), A- (7 students), and least number of students with AB- (3 students). This activity done by the Zoology Department would be an extra help to the people in need.

Regards,

  
Dr. Suresh Kumar Sharma,  
Secretary,  
Sunil Upadhayaya Educational Trust Shimla  
Shimla (H.P.)

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