

B.A. Physical Education

Program Specific Outcomes

- By Course outcomes we mean the brief statement describing significance and learning that students will achieve and can reliably demonstrate at the end of a course. These relate to the skills, knowledge, and behavior that students acquire in their curriculum through the course. The knowledge they will gain should be related to skill development, i.e., writing skill, skill of analytical thinking, critical thinking, problem solving. And then how these skills may be used to get different kind of jobs.
- Students will develop competency in many movement activities.
- Students will develop practical, theoretical & personality development skills in Physical Education.
- Students will understand how and why they move in a variety of situations and use this information to enhance their own skills.
- Students will achieve and maintain a health-enhancing level of physical fitness.
- Students will exhibit a physically active lifestyle and will understand that physical activity provides opportunities for enjoyment, challenge and self-expression.
- Students will demonstrate responsible personal behavior while participating in movement activities.
- Students will demonstrate responsible social behavior while participating in movement activities. Students will understand the importance of respect for others.
- Students will understand the relationship between history, culture and games.

Course Outcome: Pass Course
Department Name: Physical Education

Class: B.A Ist Year				
Sr. No.	Subject Code	Subject Name	Subject Category	Course Outcome
1	PED101TH	Introduction to Physical Education	DSC-1A	Students will have a general understanding of Physical Education
2	PED101PR	Athletics and Game-I	DSC-1A	It will increase the knowledge of students about Shot Put, Long Jump and Badminton/Weight Lifting.
3	PED102TH	Olympics Movements and Organization of Tournaments	DSC-1B	To help students understand the different games and movements in Olympics. They will get to know about the promotion of physical educations and Sports in India.
4	PED102PR	Athletics and Game-II	DSC-1B	To increase the knowledge of students about Events (Sprints) and Basketball/Table Tennis.
Class: B.A IInd Year				
Sr. No.	Subject Code	Subject Name	Subject Category	Course Outcome
1	PED201TH	Human Anatomy and Physiology	DSC-1C	Students will get familiarized about the different Systems in our body. It will also tell them about the Working and Importance of System.
2	PED201PR	Athletics and Game-III	DSC-1C	To increase the Knowledge of Students about High Jump, Javelin and Handball/Boxing.
3	PED202TH	Sports Psychology	DSC-1D	To help students understand the importance of Sports

				Psychology in Growth and Development of Personality.
4	PED202PR	Athletics and Game-IV	DSC-1D	To increase the Knowledge of Students about Discus Throw, Triple Jump and Hockey/Judo.
5	PED203TH	Sports Medicine, Physiotherapy and rehabilitation	SEC-1	To increase awareness among students of Physiotherapy, Hydrotherapy, Thermo-therapy. Also to understand the concept of Sports Medicines, Common Accidents and Ergogenic Aids.
6	PED204TH	Sports Training	SEC-II	Students will have general Understanding about Aims, Objectives, Principles of Warming up and Cooling Down.
Class: B.A IIIrd Year				
Sr. No.	Subject Code	Subject Name	Subject Category	Course Outcome
1	PED301PR PED302PR PED303PR	Specialization (Volleyball) Specialization in Football. Specialization in Kabaddi. {Any One of Above}	SEC-III	It will increase the knowledge of students and their Understanding in the Specific Game they have chosen between three Options.
2	PED304PR	Specialization in Athletics	SEC-IV	Students will have General Understanding about the History of Athletics along with National and International level in the Athletics.
3	PED305TH PED306TH	Recreation or Kinesiology and Bio-mechanism	DSE-IA	It will increase the knowledge of students and their understanding about the Topic which they have chosen.

4	PED307TH PED308TH	Methods of Teaching in Physical Education OR Officiating and Coaching	DSE-IB	Students will get to know about the Teaching Skills, Lesson Planning and Importance of methods in Physical Education. OR Students will get to know about the Principles of Officiating and Coaching and its Philosophy along with qualities and qualification of an efficient coach and official.
5	PED309TH	Health Education and Nutrition	GE-I	Students will get to know about the Concept, objectives and Principles of Personal Health and Hygiene. Further they will understand the need and significance of Nutrition, Health Service.
6	PED310TH	Yoga	GE-II	To increase awareness among students of Aim, Objectives, Importance of Yoga. They will also learn about different Asana and their importance in Daily Life.