



St. Bede's College Shimla
(UGC-NAAC "A+" Grade Re-Accredited)

CRITERION 1

**1.3.2 NUMBER OF COURSES THAT INCLUDE EXPERIENTIAL LEARNING
THROUGH PROJECT WORK /FIELD WORK/ INTERNSHIP**

A diagram consisting of a central white circle with two curved lines extending from it, one upwards and one downwards. A horizontal blue bar extends to the right from the circle, containing the word "INTERNSHIPS" in white capital letters.

INTERNSHIPS



St. Bede's College Shimla

Internships Departments

Commerce and Management

Psychology

Department of Computer Science

Department of Microbiology

Commerce and Management

Sr. No.	Name	Class	Internship	Year
1.	Divita	BBA 6 th Sem.	Arvind Lifestyle Brands Limited	02.01.2023 to 15.02.2023
2.	Mansi Sood	BBA 6 th Sem.	Harish Gautam and Associates	26.12.2022 to 4.02.2023
3.	Sakshi	BBA 6 th Sem.	Nivy Care	09.01.2023 to 09.02.2023
4.	Nikita Chauhan	B. Com 3 rd Year	Personnel Aid Consultancy Services	01.01.2023 to 15.02.2023
5.	Sana	B.Com 2 nd Year	Arvind Lifestyle Brands Ltd.	02.01.2023 to 15.02.2023
6.	Nandini Sharma	B.Com 2 nd Year	Arvind Lifestyle Brands Ltd.	03.01.2023 to 16.02.2023
7.	Shruti Garg	B.Com 2 nd Year	Arvind Lifestyle Brands Ltd.	02.01.2023 to 15.02.2023
8.	Umang Verma	B.Com 2 nd Year	SJVN Limited	01.01.2023 to 15.02.2023
9.	Arushi Awasthi	B.Com 2 nd Year	Personal Aid Consultancy Services	01.01.2023 to 15.02.2023
10.	Bhawna Baswale	B.Com 2 nd Year	Personal Aid Consultancy Services	01.01.2023 to 15.02.2023
11.	Riya Thakur	B.Com 2 nd Year	Personal Aid Consultancy Services	01.01.2023 to 15.02.2023
12.	Priyanka Thakur	B.Com 2 nd Year	Personal Aid Consultancy Services	01.01.2023 to 15.02.2023
13.	Gati Singh	B.Com 2 nd Year	KP Global Consulting W.L.L	01.01.2023 to 01.03.2023



St. Bede's College Shimla

Department of Psychology

Sr. No.	Name	Class	Internship	Year
1.	Muskan Verma	B.A. 2 nd Year Pass Course	IGMC	11-01-2023 to 10-02-2023
2.	Vibhooti Chauhan	B.A. 2 nd Year Pass Course	Mindful Soul	1.11.2022 to 31.01.2023
3.	Shubhangi Chopra	B.A. 2 nd Year Honours	ODMP Internshala	April-August 2022
4.	Aarzo Arora	B.A. 2 nd Year Honours	Xandu Healthcare Pvt. Ltd	07.01.2023 to 07.02.2023
5.	Aashmeen Kohri	B.A. 2 nd Year Honours	Institute of Mental Health, Amritsar	06-01-2023 to 02-02-2023
6.	Dilasha Rawal	B.A. 3 rd Year Honours	Fortis Hospital	09.01 to 09.02.2023
7.	Vasundhra Sapehia	B.A. 3 rd Year Honours	Fortis Hospital	09.01 to 09.02.2023
8.	Tanushree Pandit	B.A. 3 rd Year Honours	Sir Ganga Ram Hospital	09.01 to 09.02.2023
9.	Khushi Chawla	B.A. 3 rd Year Honours	Sir Ganga Ram Hospital	02.01.2023 to 31.01.2023
10.	Khushi Beniwal	B.A. 3 rd Year Honours	Sir Ganga Ram Hospital	11.01,2023 to 10.02.2023
11.	Himanshi Sahni	B.A. 3 rd Year Honours	Mindful Soul	01.11.2022 to 31.01.2023
12.	Palak	B.A. 3 rd Year Honours	Mindful Soul	01.11.2022 to 31.01.2023
13.	Mehardeep Kukreja	B.A. 3 rd Year Honours	Mindful Soul	06.06.2022 to 20.06.2023
14.	Tanya Dutta	B.A. 3 rd Year Honours	Mindful Soul/Fortis Hospital	06.06.2022 to 20.06.2023
15.	Shivangi Premi	B.A. 3 rd Year Honours	Certified Digital Content Writer	01.11.2022 to 31.01.2023
16.	Shreya Pillai	B.A. 3 rd Year Honours	Consultant Neuro Psychiatrist	01.01.2023 to 01.02.2023
17.	Anushka Aggarwal	B.A. 3 rd Year Honours	The Mind Point	01.11.2022 to 29.11.2022
18.	Shreya Sharma	B.A. 3 rd Year Honours	The Mind Point	01.11.2022 to 29.11.2022
19.	Nivedita Jhina	B.A. 3 rd Year Honours	Business Development Internship	15.06.2022 to 31.12.2022

BACK



St. Bede's College Shimla

Department of Computer Science

Sr. No.	Name	Class	Internship	Year
1.	Priyanka Thakur	BCA	Personnel Aid Consultancy	01.01.2023 to 15.02.2023
2.	Arushi Thakur	BCA	Personnel Aid Consultancy	01.01.2023 to 15.02.2023

Department of Microbiology

Sr. No.	Name	Class	Internship	Year
1.	Sidhi Gupta	Microbiology	Creteca Food Industries	05.01.2023 to 05.02.2023

BACK



St. Bede's College Shimla

**Internships
Commerce and Management
Divita**

ARVIND LIFESTYLE BRANDS LIMITED

A MEMBER OF THE LALBHAI GROUP

No. 8, Community Center, Lal Bhai House, Saket, New Delhi - 110 017.
Website : <http://www.arvindbrands.com>

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Divita** of **St. Bede's College, Shimla** has successfully completed her project **Store Sales & Operation** at Arvind Lifestyle Brands Ltd. at **USPA Brand**. Duration of her internship was from **02-Jan-2023 to 15-Feb-2023**. During her internship we found her sincere and hardworking.

Wish her all the best for future endeavors.

For Arvind Lifestyle Brands Ltd.

Amit Singh

Manager - Human Resource - North

ARVIND

REGD. OFFICE : Arvind Ltd., Premises, Naroda Road, Ahmedabad - 380 025.
CIN:U72400GJ2013PLC074576

BACK



St. Bede's College Shimla

Mansi Sood

HARISH GAUTAM AND ASSOCIATES

CHARTERED ACCOUNTANTS

Office Address: SCO 34 2nd floor Sector 33D Chandigarh

Email: ca.harishgautam7@gmail.com Phone no. 9814123148

TO WHOM IT MAY CONCERN

This is to certify that Ms.MANSI SOOD, student of BBA AT ST. BEDE'S COLLEGE, has successfully completed her internship in the field of ACCOUNTING AND TAXATION, under the guidance of CA.HARISH GAUTAM from 26th December 2022 to 4th February 2023.

During the period of her internship program with us she had been exposed to different processes and was very enthusiastic to learn, hardworking and diligent.

We wish her success in her life and carrier.

HARISH GAUTAM AND ASSOCIATES

CHARTERED ACCOUNTANTS




(CA HARISH GAUTAM)

M.NO 094786

PLACE: Chandigarh

DATED: 04/02/2023

BACK



St. Bede's College Shimla

Sakshi

CERTIFICATE

— OF APPRECIATION —



THE CERTIFICATE IS PRESENTED TO

Sakshi

worked as **Human Resource Manager Intern** during the **Human Resource Management** internship, between **9/1/2023** to **9/2/2023**. We reward him/her for his/her work among **one of the top interns** and grateful appreciation for outstanding service, leadership, dedication and devotion to **Nivy Care Foundation**. We wish best of luck for his/her future.

Regards

Abhishek Dayal
Director
Nivy Care Foundation

Date: 10/2/2023

NIVY CARE
FOUNDATION

CIN: U85300UP2022NPL174958

<https://care.nivypro.xyz> | nivycare@gmail.com |

Registered Office: 548-Cha/166 Deep Nagar, Manak Nagar, Near Sharma Market, Lucknow, Uttar Pradesh-226011

BACK



St. Bede's College Shimla

Nikita Chauhan

PERSONNEL AID
Consultancy Services

Internship Letter

This is to certify that Ms. Nikita Chauhan (Emp. Code PA-4034) employed through our Company Personnel Aid Consultancy Services has undergone her internship at Tommy Hilfiger Store at Select City Mall, Saket. The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.20,000/- per month

We wish her best of luck on successful completion of her internship

For Personnel Aid Consultancy Services

Name: Rajit Sharma

Authorized Signatory

Personnel Aid Consultancy Services.

17th Mar 2023

4427, B-5/6, Vasant Kunj, New Delhi - 110070 Tel : +91 - 41761116

BACK



St. Bede's College Shimla

Sana

ARVIND LIFESTYLE BRANDS LIMITED

A MEMBER OF THE LALBHAI GROUP

No. 8, Community Center, Lal Bhai House, Saket, New Delhi - 110 017.
Website : <http://www.arvindbrands.com>

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Sana** of **St. Bede's College, Shimla** has successfully completed her project **Store Sales & Operation** at Arvind Lifestyle Brands Ltd. at **USPA Brand**. Duration of her internship was from **02-Jan-2023 to 15-Feb-2023**. During her internship we found her sincere and hardworking.

Wish her all the best for future endeavors.

For Arvind Lifestyle Brands Ltd.

Amit Singh

Manager - Human Resource - North

Arvind

REGD. OFFICE : Arvind Ltd., Premises, Naroda Road, Ahmedabad - 380 025.
CIN:U72400GJ2013PLC074576

BACK



St. Bede's College Shimla

Nandini Sharma

ARVIND LIFESTYLE BRANDS LIMITED

A MEMBER OF THE LALBHAI GROUP

No. 8, Community Center, Lal Bhai House, Saket, New Delhi - 110 017.
Website : <http://www.arvindbrands.com>

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Nandini Sharma** of **St. Bede's College, Shimla** has successfully completed her project **Store Sales & Operation** at Arvind Lifestyle Brands Ltd. at **Flying Machine Brand**". Duration of her internship was from **03-Jan-2023 to 16-Feb-2023**. During her internship we found her sincere and hardworking.

Wish her all the best for future endeavors.

For Arvind Lifestyle Brands Ltd.

Amit Singh

Manager - Human Resource - North

ARVIND

REGD. OFFICE : Arvind Ltd., Premises, Naroda Road, Ahmedabad - 380 025.
CIN:U72400GJ2013PLC074576

BACK



St. Bede's College Shimla

Shruti Garg

ARVIND LIFESTYLE BRANDS LIMITED

A MEMBER OF THE LALBHAI GROUP

No. 8, Community Center, Lal Bhai House, Saket, New Delhi - 110 017.
Website : <http://www.arvindbrands.com>

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Shruti Garg** of **St. Bede's College, Shimla** has successfully completed her project **Store Sales & Operation** at Arvind Lifestyle Brands Ltd. at **Arrow Brand**. Duration of her internship was from **02-Jan-2023 to 15-Feb-2023**. During her internship we found her sincere and hardworking.

Wish her all the best for future endeavors.

For Arvind Lifestyle Brands Ltd.

Amit Singh
Manager - Human Resource - North

Arvind

REGD. OFFICE : Arvind Ltd., Premises, Naroda Road, Ahmedabad - 380 025.
CIN:U72400GJ2013PLC074576

BACK



St. Bede's College Shimla

Umang Verma

एसजेवीएन लिमिटेड
SJVN Limited

(भारत सरकार एवं हिमाचल प्रदेश सरकार का संयुक्त उद्यम)
(A Joint Venture of Govt. of India & Govt. of Himachal Pradesh)
मिनी रतन एवं अनुसूची 'ए' पी. एस. यू.
A Mini Ratna & Schedule 'A' P.S.U.
CIN No. : L40101HP1988GOI008409



SJVN/CHQ/HR/HRD/115/ 1105

15.02.2023

To Whom So Ever It May Concern

This is to certify that Ms.Umang Verma, student of B.Com, St. Bedes College, Shimla has undergone Industrial Training in SJVN Limited w.e.f. 03.01.2023 to 15.02.2023. During the training period, she was deputed in F&A Department, Corporate Headquarters, SJVN, Shimla, wherein she was evaluated and found to be Excellent.

During this period she was found sincere and industrious.

We wish her bright future and success in life.

(Signature)
15/2/23

(Dr. Vandana Bagharia Sehgal)
Sr.Manager (HR)
Corporate Training & HRD

कार्पोरेट मुख्यालय : शक्ति सदन, शान, शिमला-171006, (हि.प्र.) www.sjvn.nic.in
शीघ्रकरण कार्यालय : ऑफिस ब्लॉक टावर-1, 6वीं मंजिल, एनबीसीसी कॉम्प्लेक्स, पूर्वी किडवाई नगर, नई दिल्ली-110023
दूरभाष : 011-61901919 फैक्स : 011-61901915

अपने तथा राष्ट्र के हित में ऊर्जा की बचत करें।

Corporate H.Q. : Shakti Sadan, Shanan, Shimla-171006, (H.P.) www.sjvn.nic.in
Expediting Office : NBCC Complex, Tower-1 (6th Floor), East Kidwai Nagar, New Delhi-110023
Tele : 011-61901919, Fax : 011-61901915

SAVE ENERGY FOR BENEFIT OF SELF AND NATION

BACK



St. Bede's College Shimla

Arushi Awasthi

PERSONNEL AID
Consultancy Services

Internship Letter

This is to certify that **Ms. Arushi Awasthi (PA-4032)** employed through our Company **Personnel Aid Consultancy Services** has undergone her internship at Calvin Klein store at Select City Mall, Saket

The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.20,000/- per month

We wish her best of luck on successful completion of her internship


For Personnel Aid Consultancy Services
Authorized Signatory

For Personnel Aid Consultancy Services

Name: Rajit Sharma

Authorized Signatory

Personnel Aid Consultancy Services.

31st Mar 2023

4427, B-5/6, Vasant Kunj, New Delhi - 110070 Tel : +91 - 41761116

BACK



St. Bede's College Shimla

Bhawna Baswale

PERSONNEL AID
Consultancy Services

Internship Letter

This is to certify that **Ms. Bhawna Baswale (Emp. Code PA-4045)** employed through our Company **Personnel Aid Consultancy Services** has undergone her internship at Tommy Hilfiger Store at Bachoomal Collection, Agra

The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.15,000/- per month

We wish her best of luck on successful completion of her internship

For Personnel Aid Consultancy Services

Name: Rajit Sharma

Authorized Signatory

Personnel Aid Consultancy Services.

17th Mar 2023

BACK



St. Bede's College Shimla

Riya Thakur

PERSONNEL AID
Consultancy Services

Internship Letter

This is to certify that **Ms. Riya Thakur (Emp. Code PA-4033)** employed through our Company **Personnel Aid Consultancy Services** has undergone her internship at Tommy Hilfiger Store at Select City Mall, Saket. The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.20,000/- per month

We wish her best of luck on successful completion of her internship

For **Personnel Aid Consultancy Services**

Name: Rajit Sharma

Authorized Signatory

Personnel Aid Consultancy Services.

17th Mar 2023

BACK



St. Bede's College Shimla

Priyanka Thakur

PERSONNEL AID
Consultancy Services

Internship Letter

This is to certify that **Ms. Priyanka Thakur PA-4036** employed through our Company **Personnel Aid Consultancy Services** has undergone her internship at **Calvin Klein Kapsons, Mall Road, Ludhiana**

The duration of her internship was 07 weeks from **01.01.2023** to **15.02.2023**.

The stipend offered was **Rs.15,000/-** per month.

We wish her best of luck on successful completion of her internship.

For Personnel Aid Consultancy Services

Name: **Rajit Sharma**

Authorized Signatory

Personnel Aid Consultancy Services.

17th Mar 2023

4427, B-5/R, Vasant Kunj, New Delhi - 110070 Tel : +91 - 41781118

BACK



St. Bede's College Shimla

Gati Singh



شركة كى بى جلوبال كونسلتنج ذ.م.م.
KP Global Consulting W.L.L.

05/04/2023

Ref: BAH/2023-04/HR-06

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Gati Singh of St. Bede's College, Shimla has successfully completed her internship under Mr. Pulin Bhargava. The duration of her internship was from 01-Dec-2022 to 01-Mar-2023. During her internship we found her sincere and hard working.

Wishing her all the best for future endeavors.

For: KP Global Consulting WLL



BACK



St. Bede's College Shimla

Department of Psychology

Muskan Verma

DEPARTMENT OF PSYCHIATRY, I.G.MEDICAL COLLEGE, SHIMLA-171001

No.HFW/MC/PSY/2023- 46

Dated:- 13-02-2023

EXPERIENCE CERTIFICATE

This is to certify that Miss. Muskan Verma, D/O Sh. Sailesh Verma, a student of Psychology from St. Bede's College Shimla, has successfully completed her one month observership/internship in the Deptt. of Psychiatry, IGMC, Shimla w.e.f 11.01.2023 to 10.02.2023.

I wish all success in her life.

Professor & Head

Deptt. of Psychiatry

IGMC, Shimla

PROF. & HEAD
DEPTT. OF PSYCHIATRY
IGMC SHIMLA

BACK



St. Bede's College Shimla

Vibhooti Chauhan



BACK



St. Bede's College Shimla

Shubhangi Chopra



Certificate of Selection

Shubhangi Chopra

from **St Bede's College** has successfully secured **Fundraising** internship at
Odisha Development Management Programme (ODMP) through Internshala.

Sarvesh Agrawal
Founder & CEO, Internshala

Date of certification: June 16, 2022

Certificate Number: D9418A1D-BA9B-4023-0BB5-3227EE5A1F9
For certificate authentication please visit https://internshala.com/verify_certificate

BACK



St. Bede's College Shimla

Arzoo Arora



Xanadu Healthcare Pvt Ltd
1299 P, Sector 46, Gurgaon
122003, Haryana, India
Tel : +91 124 4995044
M : +91 8287712623
E: info@xanaduhealthcare.com
W: www.xanaduhealthcare.com

Date: 8th February 2023

TO WHOM SO EVER IT MAY CONCERN

This is to certify that Ms. Aarzoo Arora D/o Mr Sandeep Arora, a student of B.A Psychology Honors at St. Bede's College, Shimla has successfully completed the Internship program from 7th January 2023 to 7th February, 2023 at Xanadu Healthcare Pvt. Ltd.

Main tasks accomplished:

- Taking case history of the patients
- Observing Psychotherapy sessions
- Working closely with the patients at the Rehabilitation Centre.

She has been a hardworking, punctual and a dedicated intern throughout, with a great penchant in psychology.

I wish her good luck and continued success in all her future endeavors.

Best Wishes

Dr Rohit Garg
XANADU HEALTHCARE
1299-P, SECTOR-46,
GURGAON-122022
Regd. 38370

BACK



St. Bede's College Shimla

Aashmeen Kohri



**INSTITUTE OF MENTAL HEALTH,
(GOVT. MENTAL HOSPITAL), AMRITSAR.**

Phone & Fax : 0183-2423920

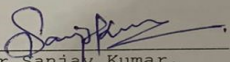
E-mail : directorimhasr@yahoo.com

Ref. No. 29.....


Dated..12/2/2023

TO WHOM IT MAY CONCERN

This is to certify that Ms.Aashmeen Kohri D/o Harpreet Singh Kohri who is student of B.A. Psychology Honours St.Bede's College, Shimla (Himachal Pradesh) underwent psychological training in Institute of Mental Health (Govt.Mental Hospital), Amritsar. Her training period was from 06-01-2023 to 05-02-2023 with 70 percent attendance. During her training period she interacted with the patients and gained experience about psychological testing. I wish her success in all spheres of her life.


Dr.Sanjay Kumar,
Clinical Psychologist

Countersigned


Director
Institute of Mental Health
Institute of Mental Health
(Govt.Mental Hospital), Amritsar

BACK



St. Bede's College Shimla

Dilasha Rawal



BACK



St. Bede's College Shimla

Vasundhara Sapehia



BACK



St. Bede's College Shimla

Tanushree Pandit



BACK



St. Bede's College Shimla

Khushi Chawla

SIR GANGA RAM HOSPITAL
THE GANGA RAM INSTITUTE FOR POST GRADUATE
MEDICAL EDUCATION AND RESEARCH (GRIPMER)

GRIPMER Academic Block, 6th Floor, Casualty Building, Sir Ganga Ram Hospital,
New Delhi - 110060 Tel.: 011-42251666, 42251667, 42251668
Website: www.sgrh.com Email: academics@sgrh.com

Ref.: ACAD/FN. 3442 Date 31.1.23

This is to certify that

KHUSHI CHAWLA

has successfully completed his/ her Internship/ Fellowship/ Observership/ Training in the

Department of PSYCHIATRY

Sir Ganga Ram Hospital, New Delhi - 110060.

w.e.f. 2.1.23 to 31.1.23

During the above period his/ her work & conduct has been found satisfactory.

For,

Head of the Deptt.

Prof. (Dr.) V.K. Malik
Dean, GRIPMER
(The Ganga Ram Institute for Postgraduate
Medical Education & Research)
Sir Ganga Ram Hospital, New Delhi-60

Dean/ Sub-Dean, GRIPMER



BACK



St. Bede's College Shimla

Khushi Beniwal

SIR GANGA RAM HOSPITAL
THE GANGA RAM INSTITUTE FOR POST GRADUATE
MEDICAL EDUCATION AND RESEARCH (GRIPMER)

GRIPMER Academic Block, 6th Floor, Casualty Building, Sir Ganga Ram Hospital,
New Delhi - 110060 Tel.: 011-42251666, 42251667, 42251668
Website: www.sgrh.com Email: academics@sgrh.com

Ref.:ACAD/FN. 2451 Date 10/02/23

This is to certify that

KHUSHI BENIWAL

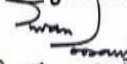
has successfully completed his/ her Internship/ Fellowship/ Observership/ Training in the

Department of PAEDIATRICS

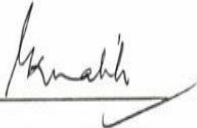
Sir Ganga Ram Hospital, New Delhi - 110060.

w.e.f. 11/01/23 *to* 10/02/23

During the above period his/ her work & conduct has been found satisfactory.


Dr. Anuran Mooran
Consultant Chief Psychologist
Assistant Professor, Child Development Clinic
Sir Ganga Ram Hospital, New Delhi, India
RCI No: A36791

Head of the Dept.


Prof. (Dr.) V.K. Malik
Dean, GRIPMER
(The Ganga Ram Institute for Postgraduate
Medical Education & Research)
Sir Ganga Ram Hospital, New Delhi-110060

Dean/ Sub-Dean, GRIPMER

BACK



St. Bede's College Shimla

Himanshi Sahni



BACK



St. Bede's College Shimla

Palak

MINDFULTM SOULS

CREATING A WORLD THAT CARES

CERTIFICATE OF COMPLETION

PROUDLY PRESENTED TO

Palak

Has successfully completed the 60 hours training in
INTERVENTION AND PREVENTION TRAINING PROGRAM

31ST JANUARY 2023

KIRTIKA CHOPRA
COUNSELING PSYCHOLOGIST



SITENDER SEHRAWAT
FOUNDER, MINDFUL PRACTITIONER

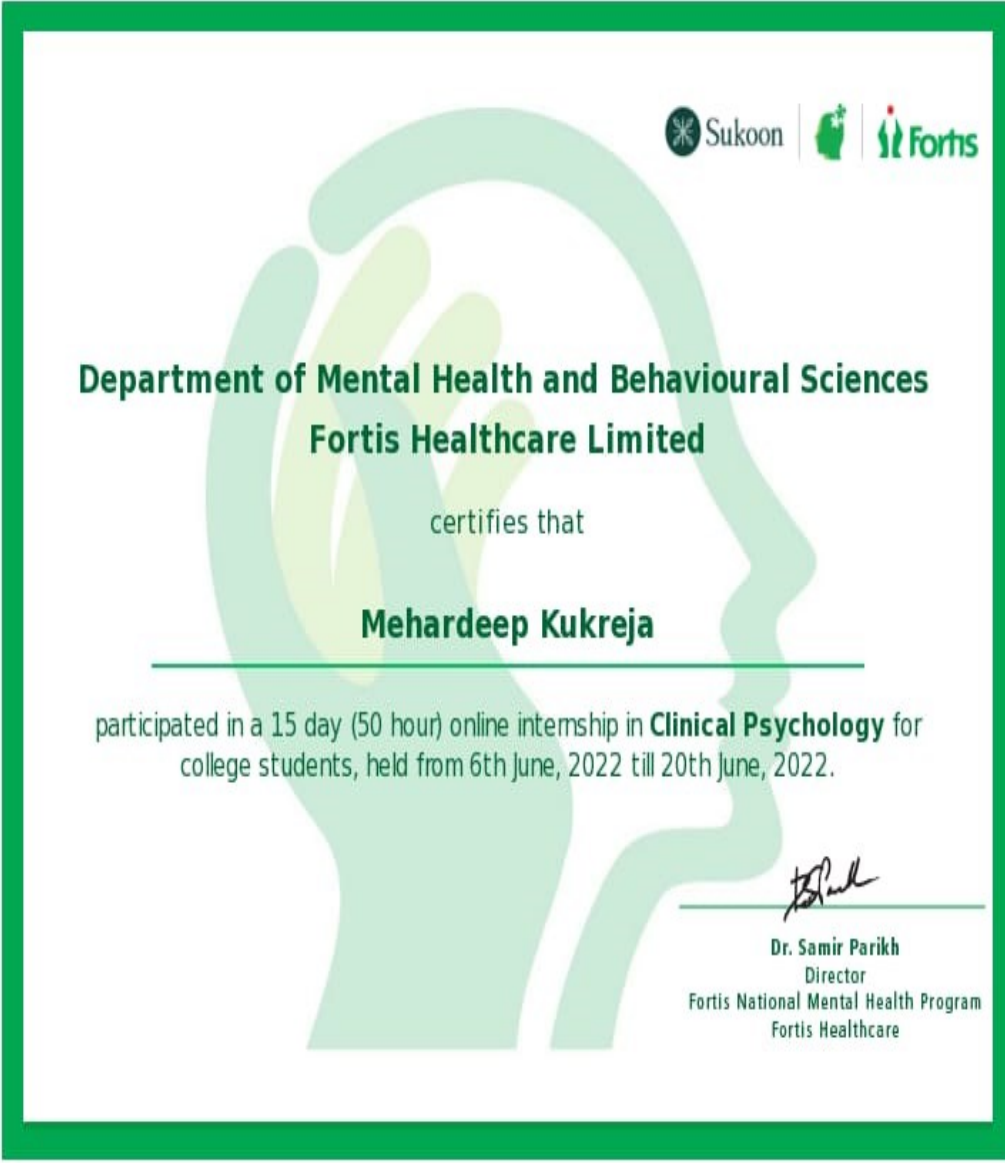
MINDFULTM
SOULS



BACK



St. Bede's College Shimla

Mehardeep Kukreja




 Sukoon |  Fortis

**Department of Mental Health and Behavioural Sciences
Fortis Healthcare Limited**

certifies that

Mehardeep Kukreja

participated in a 15 day (50 hour) online internship in **Clinical Psychology** for college students, held from 6th June, 2022 till 20th June, 2022.


Dr. Samir Parikh
Director
Fortis National Mental Health Program
Fortis Healthcare

BACK



St. Bede's College Shimla

MINDFULTM SOULS

CREATING A WORLD THAT CARES

CERTIFICATE OF COMPLETION

PROUDLY PRESENTED TO

Mehardeep Kukreja

Has successfully completed the 60 hours training in
INTERVENTION AND PREVENTION TRAINING PROGRAM

31ST JANUARY 2023

KIRTIKA CHOPRA
COUNSELING PSYCHOLOGIST



SITENDER SEHWAT
FOUNDER, MINDFUL PRACTITIONER

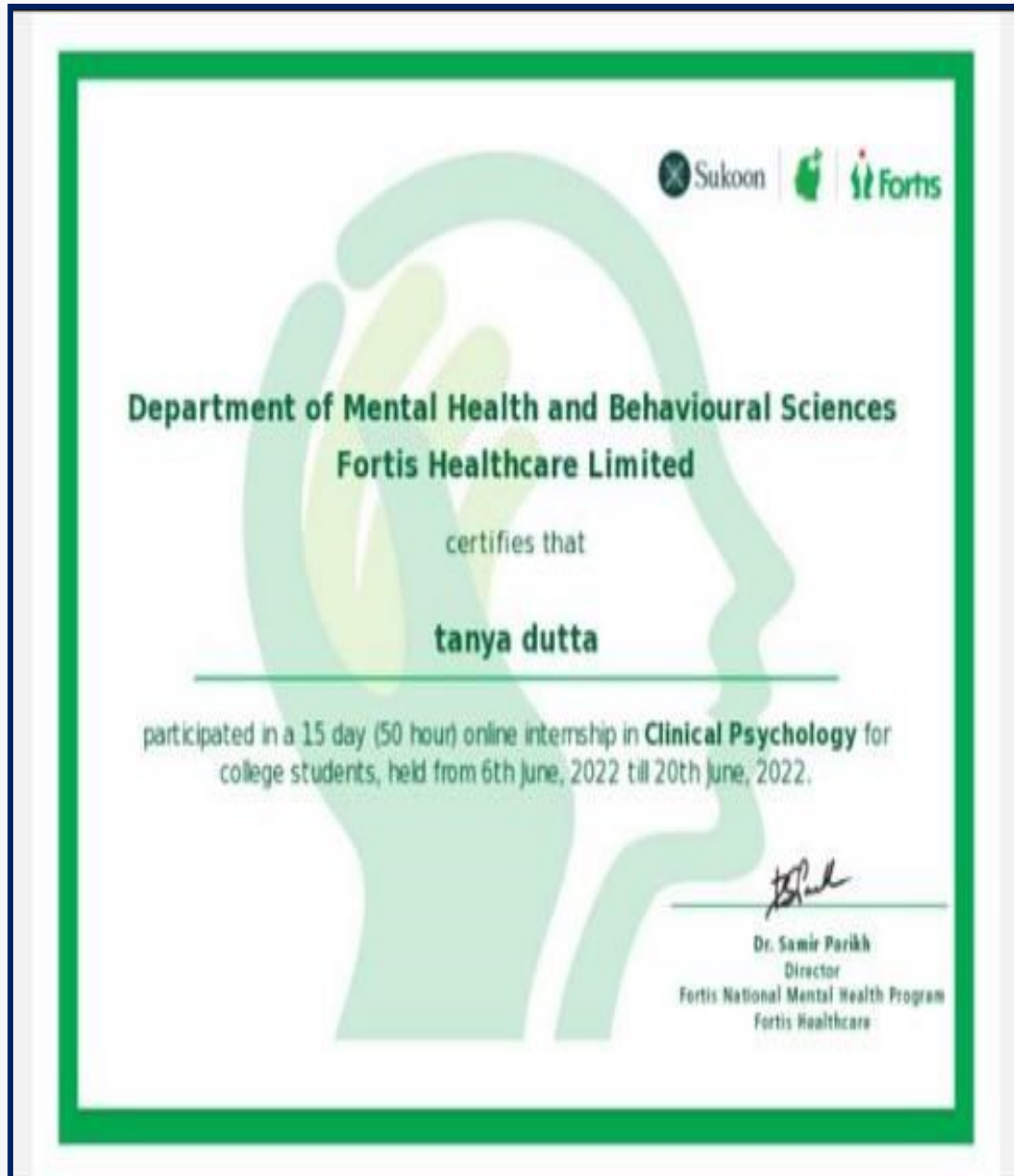
MINDFULTM
SOULS
CREATING A WORLD THAT CARES

BACK



St. Bede's College Shimla

Tanya Dutta



BACK



St. Bede's College Shimla

MINDFULTM SOULS

CREATING A WORLD THAT CARES

CERTIFICATE OF COMPLETION

PROUDLY PRESENTED TO

Tanya Dutta

Has successfully completed the 60 hours training in
INTERVENTION AND PREVENTION TRAINING PROGRAM

31ST JANUARY 2023

KIRTIKA CHOPRA
COUNSELING PSYCHOLOGIST



SITENDER SEHRAWAT
FOUNDER, MINDFUL PRACTITIONER

MINDFULTM
SOULS
CREATING A WORLD THAT CARES

BACK



St. Bede's College Shimla

Shivangi Premi

Henry Harvin Education



THIS IS TO CERTIFY THAT

SHIVANGI PREMI

HAS SUCCESSFULLY COMPLETED ALL THE REQUIREMENTS OF THE
CONTENT WRITING COURSE

CERTIFIED DIGITAL CONTENT WRITER
(CDCW)

IN TESTIMONY WHEREOF, WE HAVE SUBSCRIBED OUR SIGNATURES UNDER THE
SEAL OF THE COMPANY



CEO
HENRY HARVIN® EDUCATION



DATE: 03-01-2021

CERTIFICATE NO: 5014/IND/4622

HENRY HARVIN®
WRITING
ACADEMY

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St. Bede's College Shimla

Shreya Pillai

Dr. Vikas Jain
M.D., FD.PS., FL.PS., FL.A.P.P., FW.P.A., FA.P.A.
CONSULTANT NEURO PSYCHIATRIST
Qualified at King George's Medical College, LUCKNOW
Experienced at Royal College of Psychiatrists, LONDON
Practiced at Dr. Ram Manohar Lohia Hospital, DELHI
Fellow of American Psychiatric Association

PERFECT MIND

Clinic-I: 6/27, West Patel Nagar
Mon., Tue., Wed., Fri., & Sat.
10.00 AM to 6.00 PM

Clinic-II: A-1/314, Paschim Vihar
New Delhi-110063
Thursday
11.00 AM to 5.00 PM

Rx

Date: 1st Feb. 23

TO WHOM IT MAY CONCERN

This is to certify that Ms. Shreya Pillai has successfully completed the essential internship of (from 01st January 2023 to 01st February 2023) in Perfect Mind under Dr. Vikas Jain (Psychiatrist).

The above internship included practical working as well as various case studies from patients suffering from various disorders.

Ms. Shreya Pillai has been laborious, quick and uptake, and an efficient intern throughout the duration of her internship. She remained the very cooperative member of the psychology department and produced excellent results with the task given.

I wish her good luck in all the future endeavors.

Vikas Jain
DR. VIKAS JAIN
Dr. VIKAS JAIN
Psychiatrist
NEURO PSYCHIATRIST
REGN. No. 35162

NOT VALID FOR MEDICO-LEGAL PURPOSE

Next Appointment due

BACK



St. Bede's College Shimla

Anushka Aggarwal



BACK



St. Bede's College Shimla

Shreya Sharma



BACK



St. Bede's College Shimla

Nivedita Jhina

Experience Letter

Date – Jan 2023

TO WHOM IT MAY CONCERN

I had an opportunity to work with Nevadita Jhina for over a year for two of my companies – Contenthorse and Podino. She worked on positions of Business Development Intern and Research Analyst.

The collaboration was great. Nevadita is a hard-working person with a lot of skills. She can accomplish almost any task you give to her. All recommendations for working with her.

Sincerely,

Ugljesa Djuric

Founder and CEO

Contenthorse

Podinoo Do

Borislava Petro Brace 32, 26000

Pancevo

BACK



St. Bede's College Shimla

Computer Science

Priyanka Thakur

PERSONNEL AID
Consultancy Services

Internship Letter

This is to certify that **Ms. Priyanka Thakur PA-4036** employed through our Company **Personnel Aid Consultancy Services** has undergone her internship at Calvin Klein Kapsons, Mall Road, Ludhiana

The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.15,000/- per month

We wish her best of luck on successful completion of her internship

For **Personnel Aid Consultancy Services**

Name: Rajit Sharma

Authorized Signatory

Personnel Aid Consultancy Services.

17th Mar 2023

4427, B-5/6, Vasant Kunj, New Delhi - 110070 Tel : +91 - 41761116

BACK



St. Bede's College Shimla

Arushi Thakur

PERSONNEL AID
Consultancy Services

Internship Letter

This is to certify that **Ms. Arushi Thakur PA-4037**) employed through our Company **Personnel Aid Consultancy Services** has undergone her internship at Tommy Hilfiger Store at Kapsons, Mall Road, Ludhiana

The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.15,000/- per month

We wish her best of luck on successful completion of her internship

For **Personnel Aid Consultancy Services**

Name: Rajit Sharma

Authorized Signatory

Personnel Aid Consultancy Services.

17th Mar 2023

4427, B-5/6, Vasant Kunj, New Delhi - 110070 Tel : +91 - 41761116

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St. Bede's College Shimla

Department of Microbiology

Sidhi Gupta

Baked with love. Just for you!

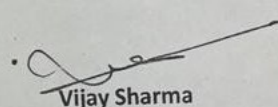
Dated: 31st January 2023

To whom so ever it may concern

This is to certify that **Ms. Sidhi Gupta**, D/o Ravi Gupta, Roll no: 2200830070 is pursuing **B.Sc (Microbiology Honours)** degree from St. Bede's College, Navbahar, Shimla had undergone one month industrial training in our Organization in **Quality Department** from 05th January 2023 to 31st January 2023.

During her tenure with us, we found her **hardworking and diligent** & we wish her success in all her future endeavors.

For Mrs. Bector's Food Specialities Ltd.


Vijay Sharma

Manager – Human Resources

Mrs. Bectors Food Specialities Ltd.
Corporate Office : 1st Floor, Emaar Digital Greens Tower-A, Golf Course Extension Road, Sector 61, Gurugram, Haryana-122102 (India) P: (+91-124) 4096 300
Regd. Office : Theing Road, Phillaur-144410, Punjab, India P: (+91-1826) 225418, 222826, 223138 F: (+91-1826) 222915
Works & Postal Address : Ghanaur Road, Village Gobindgarh Dakhil, Kaml Kalan-140702, Distt. Patiala, Punjab.
CIN : L74899PB1995PLC033417 E: bisruits@cremica.in

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