



St. Bede's College Shimla

INSTITUTIONAL DISTINCTIVENESS

Empowering Women Through Holistic Development

St. Bede's College promotes creativity, cognitive skills, physical fitness, ethics, community service, and experiential learning for a well-rounded education and to empower them.

➤ **Imparting Socialistic values:**

- **Weekly value education classes** inculcate socialistic values and provide mentorship to the students. The vitality of the practice gets manifested by the discussion students hold with their mentors and express their opinions on diverse issues.
- Every year, at the beginning of the academic session, a **prayer service** is conducted to invoke the blessings of the Almighty and reinvigorate the faculty and students to work according to their best abilities for self-holistic growth and that of the college.
- In the past five years, the college has actively involved its students in **community outreach activities**, promoting social responsibility and sensitivity. The NSS, NCC units, and Community Outreach Cell have adopted villages and schools, organizing initiatives such as distributing free ration packets, conducting awareness campaigns, and celebrating festivals with the students.
- The Zoology Department, in collaboration with the NCC unit, created a **donor database** for IGMC Shimla, with 63 students registering themselves to support this noble cause. During emergencies, our volunteers donated blood 11 times at IGMC and KNH.
- To further engage students in community-based learning, the societies and cells, including the Women Cell, Red Ribbon Club, and Community Outreach Cell, organize **extension activities on significant national and international days**.
- Numerous **environment initiatives** are undertaken by the NCC units, including successful workshops, awareness campaigns, rallies, and clean-up drives. The NCC cadets of 1 HP Naval Unit Bilaspur conducted a successful workshop to raise awareness about the harmful effects of plastic disposal. They motivated college students to collect plastic in bottles for making retaining walls. The Health Department and MC Shimla appreciated their efforts and called them "PIONEERS OF THIS GOVERNMENT INITIATIVE." The NCC unit also conducted various environmental protection activities such as tree plantation, slogan writing competitions, and cleanliness drives. They actively participated in campaigns such as 'Anti-Pollution,' 'Ban single-use Plastic,' and waste management awareness campaigns. Additionally, they participated in the Clean India campaign by cleaning public areas like PHCs, Anganwadi centers, statues, parks, and historical monuments, and also performed Nukkad Nataks.
- The Department of Economics started an **Honesty Store** in 2021, to develop and check the honesty and socialistic values in the students.
- The college manifests to promote higher education amongst women coming from all backgrounds, therefore the **maximum number of students studying in college hail from rural areas**. The college offers different scholarships to meritorious students such as through an MOU signed with Badrika Ashram cum charitable and social welfare society.



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➤ Focus on Physical Development

- **Physical education as an elective course** was introduced in 2020-21 to emphasize the significance of sports and has continued to prioritize physical development by fostering physical activities and sports.
- The campus has a well-equipped **gymnasium**, and the college **hosted a three-day inter-college basketball tournament**.
- **National Sports Day** was celebrated with tournaments like yoga, ping pong, badminton, and basketball, with over 100 students participating and receiving medals.
- One student won a **gold medal at a national championship**, while another is a **color holder in the North Zone Women Inter-University Basketball Championship** in Kanpur.
- Two students were selected for the **Himachal Pradesh University Basketball Summer Coaching Camp**.
- Three outstanding students received the **CDD Sports Trust Scholarship**.
- The college also offers a **value-added course on self-defense** to give hands-on physical fitness and self-defense training to the students.

➤ Opportunities for Experiential Learning:

The college offers experiential learning opportunities for students to gain hands-on experience and managerial skills.

- Students are involved in experiential learning by organizing and managing different **intra-college and inter-college activities**, such as Literary Meets, Quiz Competitions, Debates, Seminars, and Workshops. Through their involvement in these events, students get the chance to learn leadership and organizational skills.
- The college promotes experiential learning by conducting **non-political college elections** every year. The office bearers of the council get representation in various decision-making committees, such as IQAC, Internal Complaint Cell, Anti Ragging Cell, and Discipline Committee providing them with hands-on experience in managing and decision-making.
- The '**Financial Lab cum Incubation Centre**' offers job skills, self-employment, and entrepreneurship training. It conducts several placement drives and felicitated fourteen students and local women at a convocation ceremony, providing them with certificates for improved job prospects.
- **Add-on courses** like Tally learning, Communication and Personality Development, Biodiversity, and Defense Training are offered to enhance students' skills. Several departments also provide **certificate courses** for a competitive advantage.
- The college offers a comprehensive diploma in elementary education (**D.El.Ed**) with a special emphasis on empowering girls and enhancing women's job prospects in education. Through coursework, mentorship, and a supportive atmosphere, this diploma course empowers female students to pursue careers in education and beyond.
- **MOUs with national and international institutions**, offer students valuable exposure and learning opportunities beyond the classroom.



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➤ Development of Cognition

The development of cognition is a crucial aspect of education, and ample opportunities are provided to the students in this regard.

- One such opportunity is the annual **college magazine 'Echoes'**, which provides a platform for students and teachers to showcase their creative talents through poems, articles, short stories, essays, and book reviews. The students also play a crucial role in editing the magazine.
- The **Research Development Cell** empowers students to assist faculty members in organizing workshops, conferences, and seminars. They also get opportunities to present their research works at these events.
- The college provides opportunities for students to explore their academic interests and enhance their writing and research skills through **departmental newsletters** such as Bedenomics, Unfettered, Zoology Buzz, It's Politic-al Critic and Knowledge Zenith.
- The students are involved in preparing **departmental activity calendars, brochures, and invitations** for various events. This involvement helps them develop organizational and communication skills, which are vital for their future careers. The students also assist in preparing **e-certificates** for the events, further developing their technological skills.

The college aims to develop students' cognitive abilities and foster their contribution to society, reflecting the motto "Non Nobis Solum."

Evidence of Success

[VIEW FILE](#)