

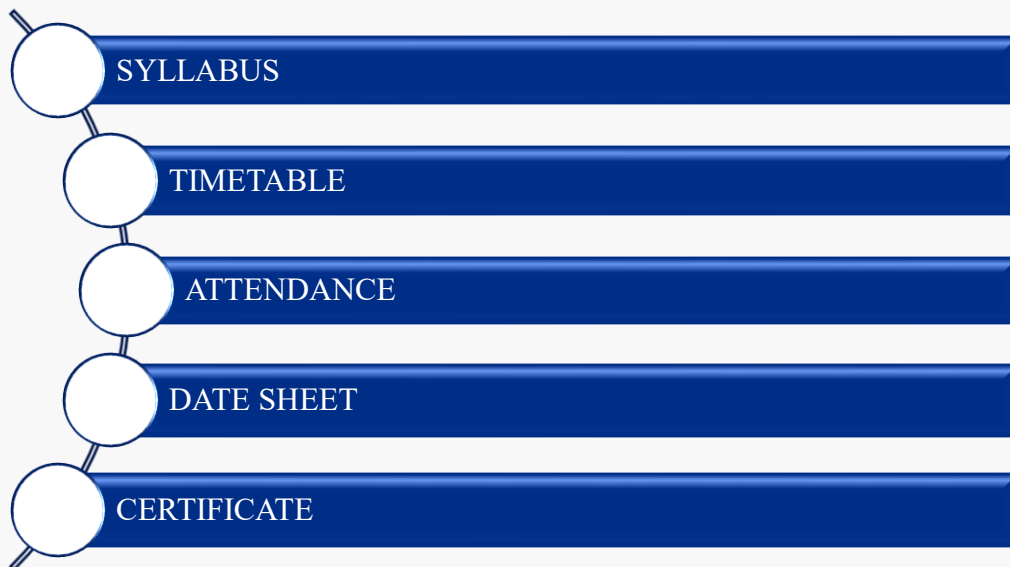


St. Bede's College Shimla
(UGC-NAAC "A+" Grade Re-Accredited)

CRITERION 1

1.2.1 & 1.2.2

ART THERAPY WITH PSYCHOLOGY PRINCIPLES





St. Bede's College Shimla

Syllabus

Art Therapy with Psychology Principles syllabus

Unit 1: What is Art Therapy; Art therapy for self healing, colour wheel; psychology of colours; self body state using water colours; how to use self body state using water colours.

Unit 2: Zentangle; how to use Zentangle, Mandala; how to use Mandala; A grateful mandala, Zendallas; creating zendallas; Doodle art; creating doodle art, letter to younger self and colour of your younger self; colour of your present self, scribble art.

Unit 3: Maslow hierarchy of need; creating emotions wheel, paint your emotion, gratitude jar.

mollym
Principal
St Bede's College
Shimla 171002



St. Bede's College Shimla

Timetable (2022-2023)

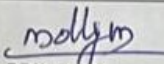
ST. BEDE'S COLLEGE- SHIMLA

TIME-TABLE FOR CERTIFICATE COURSE THIRD YEAR

2022-2023

DATE: AUGUST 08, 2022

COURSE NAME	DAY	TIME	ROOM
Art Therapy with Psychology Principles	MONDAY	2:30-3:45	C-7
	SATURDAY	11:30-12:15	C-7


PRINCIPAL

Principal
St. Bede's College
Shimla-171002

BACK



St. Bede's College Shimla

Attendance (2022-2023)

Daily Attendance Register of St. Bede's College for the month of _____ year _____

Class.....

Subject: ART THERAPY WITH PSYCHOLOGY PRINCIPLES

Paper.....

CLASS: UGUGL
SUB:
PAPER:
MONTH:
YEAR: 2022-2023

Serial Number	Name of Student	Registration No.	Registration No.	Previous Attendance	DATES																															No. of Lectures	Attendance
					August	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	FEBRUARY	MARCH																										
1.	AISHA BUTAIL				8	1	A	A	1	2	3	4	5	A	6	7	8	L	9	10	11	A	12	13	A	14	15	A	16	12	A	A	18	A	18+21 = 60	0	
2.	ANANYA SINGH				1	A	2	3	4	5	6	L	7	R	9	10	11	12	L	13	14	L	15	16	17	A	18	19	A	20	21	A	19	19+41 = 50	1		
3.	ANIRA				A	A	1	2	3	4	L	5	6	7	L	L	L	L	8	9	L	A	10	11	12	L	13	14	A	15	16	16+40 = 56	3				
4.	ASTHA RONTA				A	1	2	3	4	5	6	7	8	A	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	28	28+34 = 62	4
5.	HIMANSHI THAKUR				1	A	A	2	3	4	5	6	7	A	8	9	10	11	12	13	14	15	16	A	17	18	19	20	21	22	23	24	25	A	25	25+37 = 62	2
6.	MAANIKA SETHI				L	L	A	1	2	3	4	5	A	L	A	L	A	L	L	L	L	L	L	L	L	L	L	L	L	L	L	L	L	L	5+18 = 23	1	
7.	MEHARDEEP KURREJA				1	A	A	A	2	3	4	A	5	6	7	A	8	9	10	11	A	12	A	A	13	14	15	16	17	18	19	A	A	A	19	19+32 = 51	0
8.	NEERAJA JHINA				A	A	A	1	2	3	4	5	A	6	7	8	L	L	A	9	10	11	A	12	13	14	15	16	17	18	19	20	21	22	22+21 = 43	2	
9.	NINITA				A	A	A	1	2	3	4	5	A	6	7	8	9	10	11	A	12	13	14	15	16	17	18	19	20	21	22	23	24	25	18	18+28 = 46	0
10.	RINA SHARMA				A	A	A	1	2	3	A	A	4	5	6	7	8	9	10	11	A	12	13	14	15	16	17	A	18	19	20	21	22	23	18	18+28 = 46	0
11.	SARINA MALIK				L	L	L	A	1	2	3	L	4	5	6	A	7	8	9	10	A	11	A	12	13	14	15	L	L	L	L	L	L	L	16+21 = 37	2	
12.	SARA ALTAI				1	A	A	A	2	3	A	A	4	5	A	6	7	A	A	A	A	A	8	9	10	11	12	13	14	15	16	17	18	19	19	19+27 = 46	0
13.	SAMRITHI GUPTA				A	1	2	3	4	5	6	7	8	A	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	28	28+34 = 62	4
14.	SAMRITHI THAKUR				1	2	3	4	5	6	7	8	9	A	A	L	E	F	T	O	U	T															
15.	SANDEEP KAUR				1	2	3	4	5	6	7	8	9	A	A	L	E	F	T	O	U	T															
16.	SHKEVA SHARMA				1	2	3	4	5	6	7	8	9	A	9	10	11	12	13	14	15	16	A	17	18	19	20	21	22	L	L	23	24	24+21 = 45	3		
17.	JANUSHREE PANDIT				1	2	3	L	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	L	L	23	24	25	26	26+41 = 67	1		
18.	JANYA DUTTA				A	A	A	1	2	A	3	4	A	5	6	L	7	8	9	10	11	12	A	13	14	15	16	17	18	19	20	21	21	21+41 = 62	3		
A	VA SUNDARA SAPLEHA				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	29+11 = 40	2		

Dated 13 March 2023.

Lecturer's Signature: JAGRITI
Lecturer Name: JAGRITI

Dated:
Received By:

Principal's Signature: [Signature]
Clerk's Signature: [Signature]

Teacher's Name: JAGRITI
Teacher's Signature: [Signature]

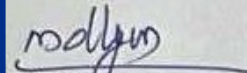


St. Bede's College Shimla

Date sheet (2022-2023)

ST. BEDE'S COLLEGE- SHIMLA
DATE-SHEET FOR CERTIFICATE COURSE THIRD YEAR
DEPARTMENT OF PSYCHOLOGY
2022-2023

COURSE NAME	CLASS	TIME	ROOM
Art Therapy with Psychology Principles	Third Year	April 22, 2023 9:00-9:45 AM	C-7


PRINCIPAL

Principal
St. Bede's College
Shimla-171002



St. Bede's College Shimla

Certificate (2022-2023)



St. Bede's College, Shimla

NAAC Re-accredited 'A+' Grade

Department of Psychology

CERTIFICATE

This is to certify that

Vasundara Sapehia

*has successfully completed a Course in Art Therapy with Psychology
Principles w.e.f. 8th August 2022 to 13th March 2023
and her performance has been graded Outstanding*

Prof. Sr. Molly Abraham

Principal