



**St. Bede's College Shimla**  
(UGC-NAAC "A+" Grade Re-Accredited)

**CRITERION 3**

**3.2.2 NUMBER OF WORKSHOPS/SEMINARS CONDUCTED ON RESEARCH METHODOLOGY, INTELLECTUAL PROPERTY RIGHTS (IPR) AND ENTREPRENEURSHIP DURING THE YEAR**



St. Bede's College Shimla

## WORKSHOP ON ADULTERATION IN FOOD ITEMS



St. Bede's College  
Shimla-171002  
(UGC-NAAC "A+" Grade Re-Accredited)  
College with Potential for Excellence  
Phone: 0177-2842304, Fax:- 0177-2842498  
[www.stbedescollege.in](http://www.stbedescollege.in), [E-mail: bedescollege@gmail.com](mailto:bedescollege@gmail.com)

### WORKSHOP ON ADULTERATION IN FOOD ITEMS

The Department of Microbiology conducted a workshop on "Adulteration in Food Items" on September 10, 2019, to educate the students on common food adulterants.

**Objectives:** The primary objective of the workshop was to make students aware of common food adulterants and various techniques to detect them.

The resource person started the session by discussing the various types of adulterants that can be found in food items, such as paraffin wax, castor oil, and hydrocarbons in fats, oils, and butter, and the mixing of brick powder in red chilli powder and pepper with dried papaya seeds.

Various techniques to detect the presence of water in milk, detergent in milk, and starch in milk were demonstrated to the students. Students were also shown how to detect potatoes in ghee and sugar in honey. The speaker encouraged students to be more vigilant when buying food items.

**Outcome:** Students were able to learn about various techniques to detect common food adulterants and were encouraged to be more cautious when buying food items.

*Rens*

*Abhrami*  
Off. Secy. Principal  
St. Bede's College  
Shimla - 2

*Report of the Workshop*



St. Bede's College Shimla

**fssai**

Ministry of Health & Family Welfare  
Government of India

in association with

**St. Bede's College**  
Department of Microbiology

is organizing  
In-house activity on

**ADULTERATION IN FOOD ITEMS**

**DATE: 10th September, 2019**

*Brochure*



*Workshop on Adulteration in Food Items on (September 10, 2019)*



# St. Bede's College Shimla

ATTENDANCE SHEET  
 NAME OF THE ACTIVITY: TESTING FOOD ADULTERATION IN FOOD ITEMS  
 ORGANIZER: DEPARTMENT OF MICROBIOLOGY  
 DATE: SEPTEMBER 10, 2019  
 NO. OF STUDENTS PARTICIPATED: 200

S.NO.	NAME OF THE STUDENT	SIGNATURE
1	ANCHAL SHARMA	Anchal
2	SEHAJ MEHTA	Sehaj Mehta
3	RICHA SHARMA	Richa Sharma
4	RIYA SHARMA	Riya Sharma
5	MUSKAN GARG	Muskan Garg
6	GARIMA KASHYAP	Garima Kashyap
7	HRISHIKA SHARMA	Hrishika Sharma
8	MANSI SOHIL	Mansi
9	MUSKAAN SHARMA	Muskaan Sharma
10	NEHA SANDHU	Neha S.
11	NETRA PRABHA	Netra Prabha
12	RIDHAM	Ridham
13	RITIKA	Ritika
14	SHINJINEE GUHA	Shinjinee Guha
15	SUNIDHI SHARMA	Sunidhi Sharma
16	RITIKA	Ritika
17	ALISHA GARG	A. Garg
18	HARSHITA MISHRA	Harshita Mishra
19	NIHARIKA JAIN	N. Jain

*imash* *Ravi*  
**Shikami**  
 Affiliating Principal  
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20	DRISHTI SHIVHARE	Drishiti Shivhare
21	ANANYA JAYANI	A. Jayani
22	HARSHITA PANWAR	Harshita
23	ISHI BHANDARI	Ishi
24	TINA GARG	Tina
25	AMISHA CHAUHAN	Amisha Chauhan
26	NIKSHUBHA	NIKSHUBHA
27	GUNJAN	Gunjan
28	NAYNIKA MOHAN	Naynika Mohan
29	TITHI AGARWAL	TITHI
30	TABASUM JAVID	Tabasum Javid
31	ALAINA LAWRENCE	Alaina
32	SIMRAN SHARMA	Simran Sharma
33	VANDITA SINGH	Vandita
34	AAMNA TYAGI	Aamna
35	RASHI GARG	Rashi Garg
36	MEHAK SHARMA	Mehak Sharma
37	URJA CHAWLA	Urja Chawla
38	JYOTI THAKUR	Jyoti Thakur
39	MUSKAN DESHTA	Muskan Deshta
40	AVANTIKA PALSRA	Avantika Palsra
41	ARUSHIMIGLANI	Arushimigliani
42	PREKSHA AHUJA	Preksha Ahuja
43	KANIKA RAKTA	Kanika Rakta

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44	SANYA KHAN	Sanya Khan
45	ZEENAT BRAR	Zeena
46	RIYA GARG	Riya Garg
47	ANSHULA CHANDEL	Anshula
48	GARGI SUD	Gargi Sud
49	ALEFIA JARET	Alefiya
50	ANNIE VERMA	Annie Verma
51	PRIYA SISODIA	Priya Sisodia
52	NIDHI THAKUR	Nidhi Thakur
53	PRATISHTHA THAKUR	Pratishtha Thakur
54	ARCHNA CHAUHAN	Archana
55	ASHITA DADWAL	Ashita
56	MEGHA SHARMA	Megha
57	MINAL CHAUHAN	Minal
58	POONAM SHARMA	Poonam Sharma
59	RUPANSHI SHARMA	Rupanshi
60	SONAL SHARMA	Sonal S.
61	SUPRIYA TANWAR	Supriya
62	SANCHITA THAKUR	Sanchita
63	KANISHTIKA SHARMA	Kanishika
64	VAISHALI THAKUR	Vaishali
65	PALLAVI	Pallavi
66	RANJU SHARMA	RANJU
67	ISHITA SHARMA	Ishtita

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68	ARUSHI SHARMA	Arushi Sharma
69	HITAQSHI SHARMA	Hitaqshi
70	PRANJAL KANWAR	Pranjali
71	DIKSHA SHARMA	Diksha
72	TAMANNA	Tanna
73	PRATIBHA MEHTA	Pratibha
74	KAJAL SHARMA	Kajal
75	SWATI SHARMA	Swati Sharma
76	KRITIKA PATHANIA	Kritika
77	KRITIKA	Kritika
78	SWATI RONTA	Swati
79	ISHITA THAKUR	Ishtita
80	ADITI SHARMA	Aditi
81	KRITIKA BANSAL	Kritika
82	LOVEENA VASHISHT	Loveena
83	ASHITA BHAWTA	Ashita
84	MUSKAN CHAUHAN	Muskan
85	NANCY GAUTAM	Nancy
86	KAVITA SHARMA	Kavita
87	VANSHIKA SOOD	Vanshika
88	POOJA SINGH	Pooja Singh
90	MRIDUL SISODIA	Mridul
92	ISHITA THAKUR	Ishtita
93	ADITI SHARMA	Aditi Sharma

*imash* *Ravi*  
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Attendance Sheets





# St. Bede's College Shimla

118	LATISHA VERMA	<i>[Signature]</i>
119	YAYAATHI RAI	<i>[Signature]</i>
120	PRACHI SHARMA YIMCHASANGLA LONGCHAR	<i>[Signature]</i>
121	SNEHA CHAURASIA	<i>[Signature]</i>
122	Tamvi Chaudhary	<i>[Signature]</i>
123	SONAL CHAUHAN	<i>[Signature]</i>
124	TEJUSWINI KANWAR SONALI	<i>[Signature]</i>
125	RITIKA NARWAL SUNIDHI ROHAL	<i>[Signature]</i>
126	SWATI SUYESHA SHARMA	<i>[Signature]</i>
127	YUKTI SHARMA TANUJA THAKUR	<i>[Signature]</i>
128	ISHITA SHARMA	<i>[Signature]</i>
129	TANVEET KAUR SETHI	<i>[Signature]</i>
130	JYOTI THAKUR TANVI AGGARWAL	<i>[Signature]</i>
131	ANCHAL KANWAR TANYA THAKUR	<i>[Signature]</i>
132	KAJAL SHARMA	<i>[Signature]</i>
133	TOSHIBA ACHARYA	<i>[Signature]</i>
134	ISHA SHARMA	<i>[Signature]</i>

*[Signature]* *[Signature]*  
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94	KRITIKA BANSAL	<i>[Signature]</i>
95	LOVEENA VASHISHT	<i>[Signature]</i>
96	ASHITA BHAWTA	<i>[Signature]</i>
97	MUSKAN CHAUHAN	<i>[Signature]</i>
98	NANCY GAUTAM	<i>[Signature]</i>
99	KAVITA SHARMA	<i>[Signature]</i>
100	VANSHIKA SOOD	<i>[Signature]</i>
101	POOJA SINGH	<i>[Signature]</i>
102	MRIDUL SISODIA	<i>[Signature]</i>
103	VIDULA SOLANKI	<i>[Signature]</i>
104	SAKSHI RAJPUT	<i>[Signature]</i>
105	SHIVANI CHAUHAN	<i>[Signature]</i>
106	UPASANA LALTA	<i>[Signature]</i>
107	AVANTIKA SHARMA	<i>[Signature]</i>
108	VAISHALI VERMA	<i>[Signature]</i>
109	DEEKSHA THAKUR	<i>[Signature]</i>
110	VANSHIKA BAGGA	<i>[Signature]</i>
111	ARPAN KATOCH VANSHIKA VERMA	<i>[Signature]</i>
112	NEHA KOUNDAL	<i>[Signature]</i>
113	VIPASHA GUPTA	<i>[Signature]</i>
114	MEENAKSHI KASHYAP YAMINI SHARMA	<i>[Signature]</i>
115	Megha Puri	<i>[Signature]</i>

*[Signature]* *[Signature]*  
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141	GARIMA NEGI TWINKLE GARG	<i>[Signature]</i>
142	AARUSHI SHARMA	<i>[Signature]</i>
143	UPASANA LALTA	<i>[Signature]</i>
144	AKRITI KONDAL	<i>[Signature]</i>
145	ALISHA GARG	<i>[Signature]</i>
146	AMBIKA THAKUR	<i>[Signature]</i>
147	ANAHITA THAKUR	<i>[Signature]</i>
148	ANAMIKA RAJ	<i>[Signature]</i>
149	ANANYA PUNDIR	<i>[Signature]</i>
150	ANCHAL AZAD	<i>[Signature]</i>
151	ANCHAL SHARMA	<i>[Signature]</i>
152	APARIKA SHARMA	<i>[Signature]</i>
153	ARUSHI SHARMA	<i>[Signature]</i>
154	ASHEENA CHAUHAN	<i>[Signature]</i>
155	ASHITA BHAWTA	<i>[Signature]</i>
156	AYUSHI VERMA	<i>[Signature]</i>
157	BHARTI	<i>[Signature]</i>
158	BHUWAN SHARMA	<i>[Signature]</i>
159	DIVYA CHANDEL	<i>[Signature]</i>
160	DIVYA DOGRA	<i>[Signature]</i>
161	DIVYANGNA	<i>[Signature]</i>
162	HARSHITA MISHRA	<i>[Signature]</i>
163	ISHA SHARMA	<i>[Signature]</i>

*[Signature]*  
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164	ISHITA THAKUR	<i>[Signature]</i>
165	JAGRITHI CHAUHAN	<i>[Signature]</i>
166	JANVI INSAN	<i>[Signature]</i>
167	KAVITA SHARMA	<i>[Signature]</i>
168	KIRAN RATHOR	<i>[Signature]</i>
169	KIRAN SHARMA	<i>[Signature]</i>
170	KOMAL	<i>[Signature]</i>
171	KRITIKA BANSAL	<i>[Signature]</i>
172	LAKSHIKA	<i>[Signature]</i>
173	LOVEENA VASHISHT	<i>[Signature]</i>
174	MANSI THAKUR	<i>[Signature]</i>
175	MEEMANSA VERMA	<i>[Signature]</i>
176	MEGHINA CHAUHAN	<i>[Signature]</i>
177	MISHITA GUPTA	<i>[Signature]</i>
178	MRIDUL SISODIA	<i>[Signature]</i>
179	MUSKAN CHAUHAN	<i>[Signature]</i>
180	MUSKAN SHARMA	<i>[Signature]</i>
181	MUSKAN TOMAR	<i>[Signature]</i>
182	NANCY GAUTAM	<i>[Signature]</i>
183	NEHA NAVI	<i>[Signature]</i>
184	NIDHI THAKUR	<i>[Signature]</i>
185	NIDHARIKA JAIN	<i>[Signature]</i>
186	NIKITA CHAUHAN	<i>[Signature]</i>

*[Signature]*  
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## Attendance Sheets



## St. Bede's College Shimla

188	NIKITA THOPTA	<i>Nikita</i>
189	PALAK PURI	<i>P.P.</i>
190	PARUL CHAUHAN	<i>Parul</i>
191	PARUL DILTA	<i>Parul Diltu</i>
192	PIASHA CHAUHAN	<i>PIASHA</i>
193	POOJA CHANDEL	<i>Pooja Chandel</i>
194	POOJA SINGH	<i>Pooja</i>
195	POOJA THAKUR	<i>POOJA THAKUR</i>
196	PRACHITA THAKUR	<i>Prachita</i>
197	PRIYA BEAKTA	<i>Priya</i>
198	RADHNA DEVI	<i>Radhna Devi</i>
199	RAGINI PURI	<i>Ragini</i>
200	HARNOOR AULAKH	<i>Harnoor</i>

*R.V.*

*Alakami*  
Officiating Principal  
St. Bede's College  
Shimla - 2

*Alakami*

**Attendance Sheet**