



CRITERION 3

St. Bede's College Shimla
(UGC-NAAC "A+" Grade Re-Accredited)

3.2.2 NUMBER OF WORKSHOPS/SEMINARS CONDUCTED ON RESEARCH METHODOLOGY, INTELLECTUAL PROPERTY RIGHTS (IPR) AND ENTREPRENEURSHIP DURING THE YEAR



St. Bede's College Shimla

WEBINAR ON "EMOTIONAL INTELLIGENCE AND LEADERSHIP SKILLS"



St. Bede's College
Shimla - 171002
(UGC-NAAC "A+" Grade Re-Accredited)
College with Potential for Excellence
Phone: 0177-2842304, Fax:- 0177-2842498
www.stbedescollege.in, E-mail:- bedescollege@gmail.com

WEBINAR ON "EMOTIONAL INTELLIGENCE AND LEADERSHIP SKILLS"

The Department of Commerce and Management in collaboration with NEST (Nurturing their Skills, Talent and Education), organized a webinar on the topic "Emotional Intelligence and Leadership Skills" for Commerce, Management and Psychology students on 23rd October, 2020.

Objective: The objective of the webinar was to make students understand how leadership skills depend on emotional intelligence and it is important to maintain emotional balance to achieve goals in life.

The resource person for the webinar was Dr. Shama Hussain, Chairman, Muscat Head, National Institute of Skills Training. Dr. Hussain after introducing the concept of emotional intelligence and its importance in leadership, explained how emotional intelligence helps in controlling emotions thereby helping in making better decisions and strong relations in life. Discussing the five components of emotional intelligence, namely self-awareness, self-regulation, motivation, empathy, and social skills, she explained how these are interlinked.

Dr. Hussain highlighted the role of emotional intelligence in effective communication.

Outcome: The resource person provided practical tips and strategies for managing emotions, which the students found to be very useful.

Mamun Mahajan
St. Bede's College
Shimla

Officiating Principal
St. Bede's College
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Report of the Webinar



St. Bede's College Shimla



Department of Commerce & Management , St.
Bede's College Shimla
&
NEST (Nurturing their Skills, Talent and
Education)
Organises a Webinar on the topic
"Emotional Intelligence and Leadership Skills"
On 23rd October, 2020 at 4:00 pm on Google Meet



By Dr. Shama Hussain

Convener: Mr. Manu Mahajan
HOD, Commerce & Management
Department

For any query please contact:
9816327990

Webinar on "Emotional Intelligence and Leadership Skills" on (October 23, 2020)



DR. SHAMA HUSSAIN
PhD., MSc., MBA., B.Ed.,
DLM (UK) CELC

Gold Medalist
Received Mega Speaker Award
from WORLD'S No.1 LifeCoach
J.T.FOXX

Specializations

1. Leadership Trainer (UK)
2. Emotional Intelligence Coach
3. Soft-Skill Trainer
4. Executive Life Coach
5. Parenting Coach
6. HOD Biology (AEI) Muscat

Education Background

1. DOCTORATE DEGREE IN ZOOLOGY
Research on Reproductive GENES
2. Leadership Management Degree from ILM (UK)
3. MBA (HCM)
4. Bachelor of Education
5. Diploma as Certified Executive life coach & Soft Skill Training

Organisation

Chairman, Muscat Head, NIST
(National Institute of Skills & Training
(Accredited with Ministry of Law & Justice
Registered with MSME)

Work Experience

17 Years of Work experience
in educational system and
in Training areas (200 +)

AWARDS & Recognitions

1. Received Gold medal from Former Hon'ble Chief Minister Chandra Babu Naidu
- 2.-Received Gold Medal from Hon'ble former Governor of the State Rangarajan
3. Member of ISCF

Webinar on "Emotional Intelligence and Leadership Skills" on (October 23, 2020)



St. Bede's College Shimla

St. Bede's College, Shimla

ATTENDANCE SHEET (2020-21)

Name of the activity: Webinar on "Emotional Intelligence & leadership Skills"
 Date: October 23, 2020
 Organizing unit: Commerce & Management
 No. of students participated: 73

S. No	Name
1	AARANA CHATTERJEE
2	ADITI SHYAM
3	ADITI VERMA
4	AKSHITA CHAUHAN
5	ANAMIKA
6	ANANYA CHAUHAN
7	ANANYAA MAHAJAN
8	ANCHAL ARORA
9	ANKITA SHARMA
10	ANSHITA JOKTA
11	ANSHU GARG
12	ASHA SOOD
13	AVANTIKA SUMAN
14	AYUSHI
15	BHARGAVI SINGH
16	CHARU PANWAR
17	DIKSHIKA GANGTA

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18	GARIMA SHARMA
19	GHANSHITHA PATHAK
20	GURMEET KAUR
21	GURMEET KAUR
22	GURMEET KAUR
23	HARSHITA SHARMA
24	HIMANSHI KALINDAL
25	HIYA THAKUR
26	ISHA CHAUHAN
27	ISHITA SHARMA
28	ISHITA THAKUR
29	JANVI CHAUHAN
30	KAJAL THAKUR
31	KAMINI
32	KANIKA
33	KIRTI BHATTI
34	KOMAL THAKUR
35	LAKSHITA KAPOOR
36	LIPAKSHI DAWAR
37	MANISHA NEGI
38	MANNAT BHIMTA
39	MINALIKA
40	NIKITA VERMA

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41	NITIKA VERMA
42	POOJA
43	PRIYA HARNOTE
44	RANJINA SHARMA
45	RIA SHAKYA
46	RIDHI SOOD
47	RITIKA SHRIVASTAVA
48	RITIKA SOOD
49	RIYA THAKUR
50	SAKSHI SHARMA
51	AANCHAL
52	AARTI THAKUR
53	AAYUSHI
54	ADITI SHARMA
55	AKANKSHA SHARMA
56	ANCHAL CHADWAL
57	ANCHAL DARYAL
58	ANCHAL THAKUR
59	ANJALI VERMA
60	ANKITA RAWAT
61	ANUSHKA BHARDWAJ
62	ARSHI THAKUR
63	GARIMA KUMARI

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64	HANYA THAKUR
65	HEMANJALI SHARMA
66	JUBEENA PROLTA
67	KOMAL
68	KRITIKA SHARMA
69	MEENAL CHAUHAN
70	SAKSHI BRAMHOTRA
71	SAKSHI MEHTA
72	SAKSHI VERMA
73	TENZIN ZOMKID

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Attendance Sheets