



St. Bede's College Shimla
(UGC-NAAC "A+" Grade Re-Accredited)

CRITERION 3

3.5.1. NUMBER OF FUNCTIONAL MOUS / LINKAGES WITH INSTITUTIONS/ INDUSTRIES IN INDIA AND ABROAD FOR INTERNSHIP, ON-THE-JOB TRAINING, PROJECT WORK, STUDENT / FACULTY EXCHANGE AND COLLABORATIVE RESEARCH DURING THE LAST FIVE YEARS

COE, GOVT. DEGREE COLLEGE SANJAULI MOU

LIST OF ACTIVITIES DONE UNDER MOU

LETTER OF CONSENT

LETTERS OF COMMUNICATION



St. Bede's College Shimla

**LIST OF ACTIVITIES DONE UNDER
THE MOU**





St. Bede's College Shimla

CENTRE OF EXCELLENCE GOVT. DEGREE COLLEGE, SANJAULI

The MOU was signed on September 27, 2022 with Department of Zoology, St. Bede's College and Department of Zoology Centre of Excellence Govt. Degree College, Sanjauli with the aim of fostering academic collaboration, promoting research initiatives, and facilitating student and faculty exchanges. The agreement outlined various areas of cooperation, including joint research projects and publications, faculty development programs, student exchange programs, sharing of educational resources, organizing joint conferences, workshops, and seminars. These opportunities aim to enhance the students' academic experience, provide exposure to different educational environments, and foster personal and professional growth. Under this MOU, students from both the colleges participated in the following activities organized by Zoology department, St. Bede's College.

LIST OF ACTIVITIES DONE UNDER MOU

❖ Wildlife Week Celebration

October 2-October 8, 2022

Wildlife Week was celebrated by the Department of Zoology and Botany from October 2- 8, 2022 under 'Azadi Ka Amrut Mahotsav initiative. An Inter-college poster making competition was conducted by the Department of Botany and Zoology, on the theme "Flagship species, Indicator Species and Keystone Species" Neha Thakur, from Centre of Excellence, Govt. College, Sanjauli and Sanjana Gupta, St. Bede's College, Shimla won the first position. Second and third positions were bagged by Sakshi Bhardwaj of RKMV, Shimla and Jasmine Chauhan of St. Bede's College, Shimla respectively.

The entire event was recorded and a video of it has been uploaded on YouTube. The link is:

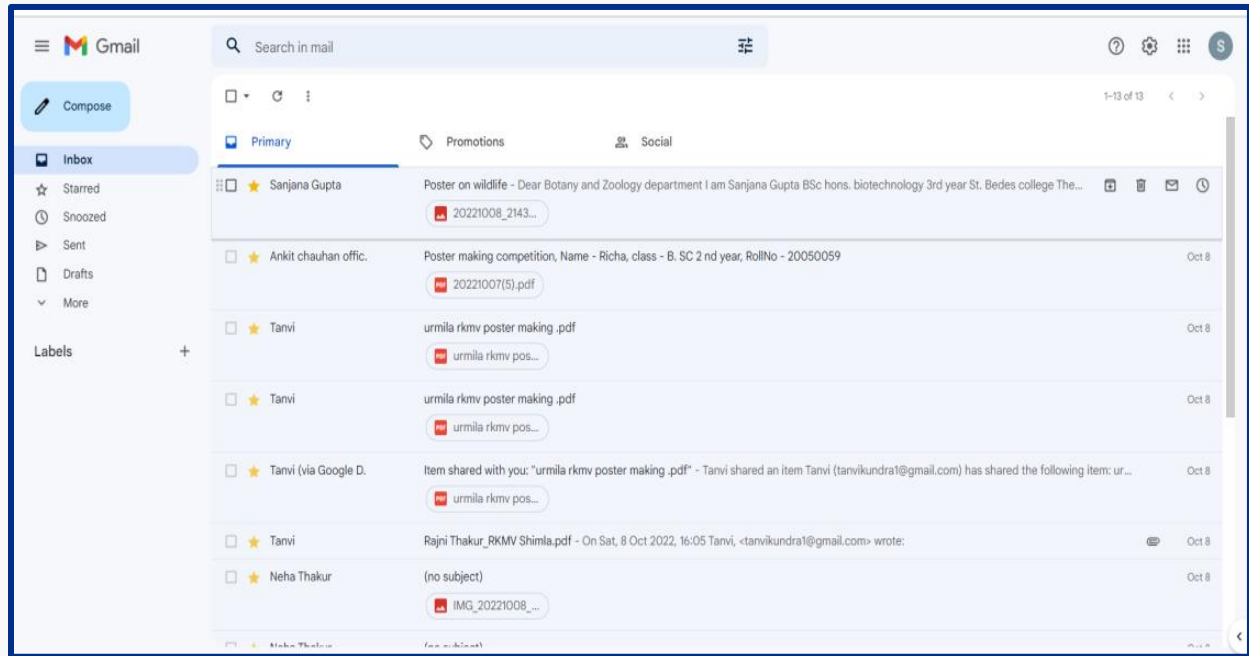
<https://www.youtube.com/watch?v=ivyucoQRr74&t=22s>



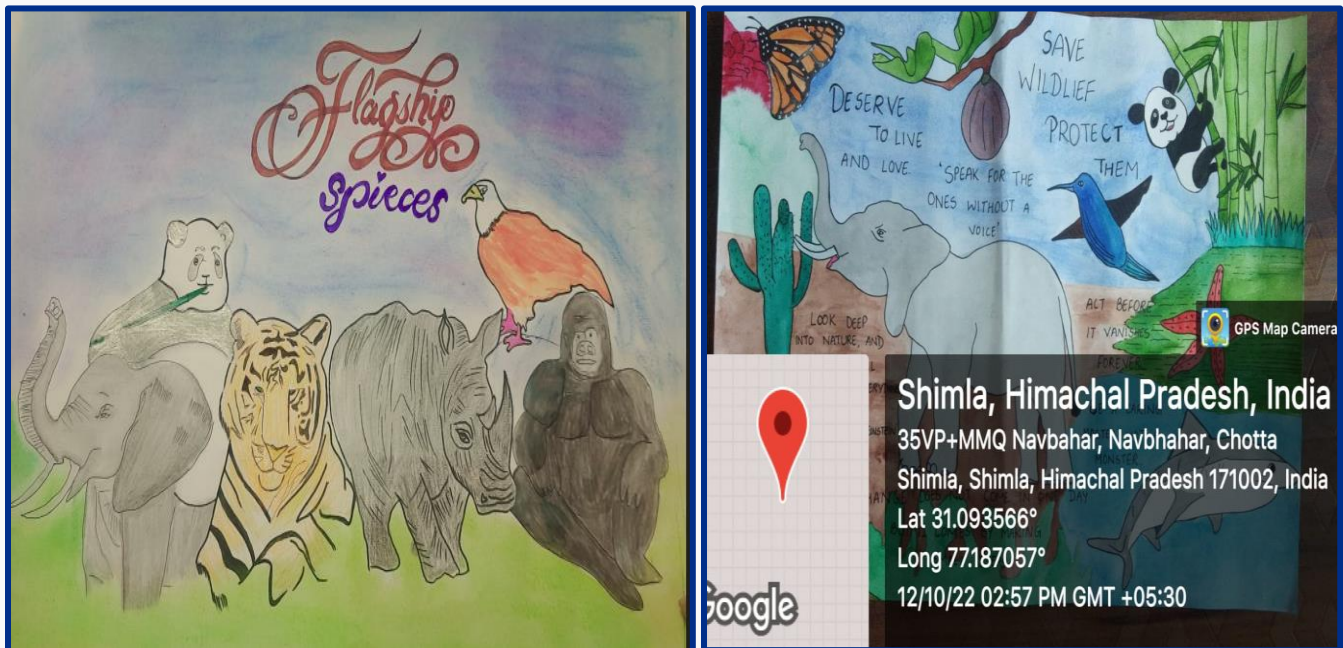
Brochure of Inter-College Poster Making Competition



St. Bede's College Shimla



Entries of Participants on E-mail



Posters on Flagship Species, Indicator Species and Keystone Species



St. Bede's College Shimla

❖ Webinar on Entrepreneurship



St. Bede's College
Shimla - 171002
(UGC-NAAC "A+" Grade Re-Accredited)
College with Potential for Excellence
Phone: 0177-2842304, Fax- 0177-2842498
www.stbedescollege.in, E-mail- bedescollege@gmail.com

WEBINAR ON ENTREPRENEURSHIP

Collaborating Agency: Industry

No. of Participants:80

Organizing Unit: Department of Zoology

On March 2, 2023, the Department of Zoology at St. Bede's College organized a webinar on entrepreneurship skills in insect farming and livestock management.

Objective- The webinar aimed to explore insect farming as a sustainable business for animal feed and food production.

The webinar was attended by approximately 80 participants, including students from various colleges and farmers. Two distinguished resource persons, Prof. V.K. Mattu (Emeritus) from Himachal Pradesh University and Dr. Moneesh Thakur, Veterinary Officer at Veterinary Hospital Harchakian Kangra, Himachal Pradesh, were the speakers at the event.

The webinar focused on the various prospects in beekeeping and livestock entrepreneurship as a cottage industry. Prof. V.K. Mattu spoke about beekeeping and entrepreneurship in the era of digitalization, while Dr. Moneesh shared insights on livestock entrepreneurship management. The panelists shared their experiences and insights on the best practices, techniques, and strategies that can be adopted to succeed in this field.

Outcome: The webinar provided participants with a comprehensive understanding of insect farming, its potential benefits for animal feed and food, and various aspects like insect types, production, processing, market potential, sustainability, regulations, and public perception challenges.

Principal
St. Bede's College
Shimla 171002


Report of the Webinar




St. Bede's College Shimla

Webinar on Entrepreneurship
 Department of Zoology, St. Bede's College is organizing an online webinar on

Entrepreneurship Skills in Insect Farming and Livestock Management



Prof. Vinod K Mattu (Emeritus)
 Himachal Pradesh University
Talk: Beekeeping and Entrepreneurship in the Era of Digitalisation.



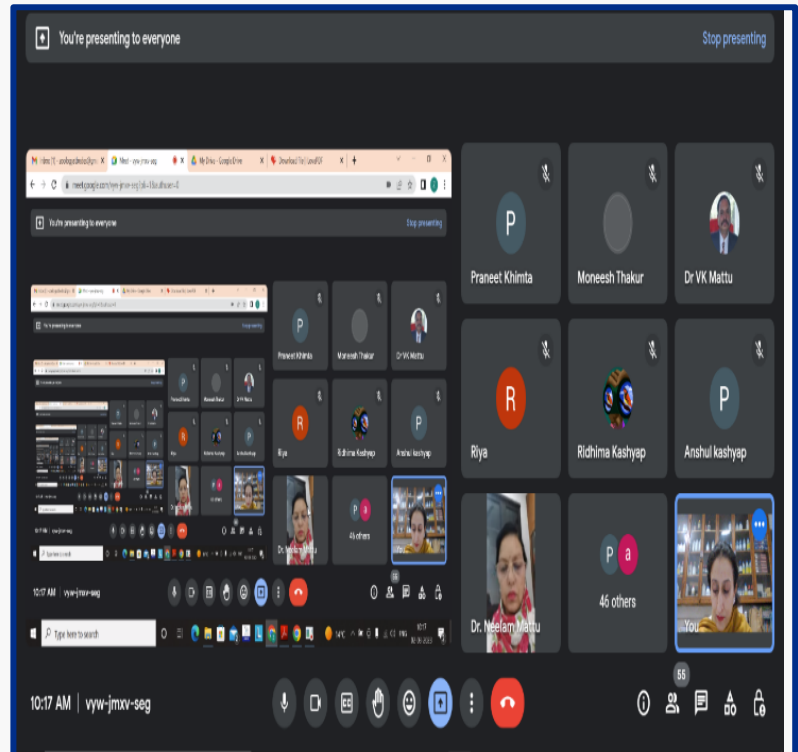
Dr. Moneesh Thakur
 Veterinary Officer, Kangra, H.P.
Talk: Livestock Entrepreneurship Management

Date: March 2, 2023
Time: 10:15 AM
Platform: Google Meet

Registration Form:
 Register yourself through this link:
<https://forms.gle/8rYB5KMB5F3GkXy6>

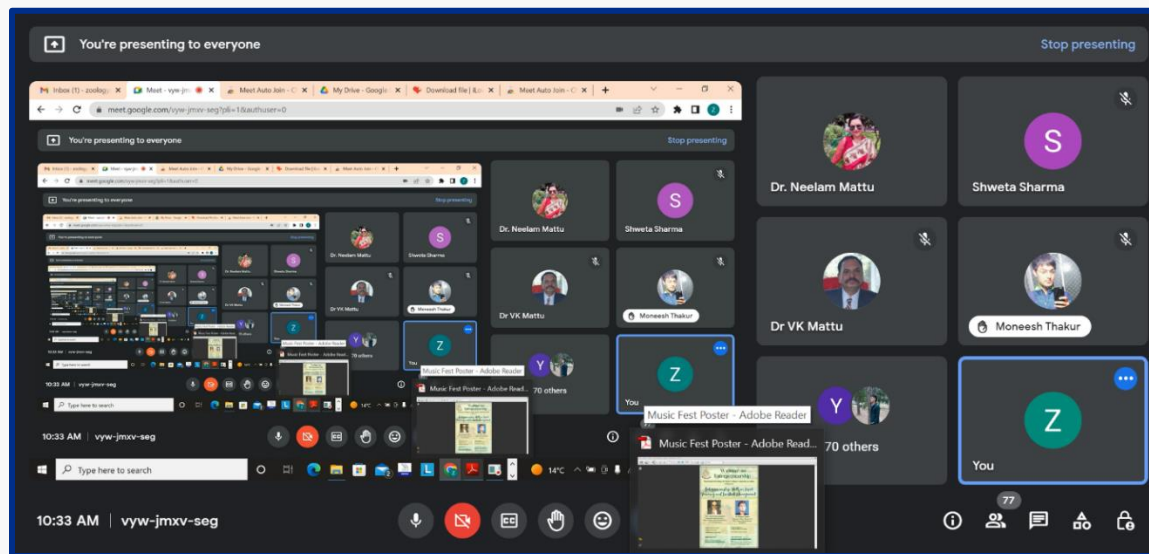
Target Audience:
 College Students & Farmers
E-Certificate will be awarded.

Link to the event:
<https://meet.google.com/vyw-jmxx-seg>
We request you to join 10 minutes before the event to avoid last-minute traffic.



Brochure

Welcome Address

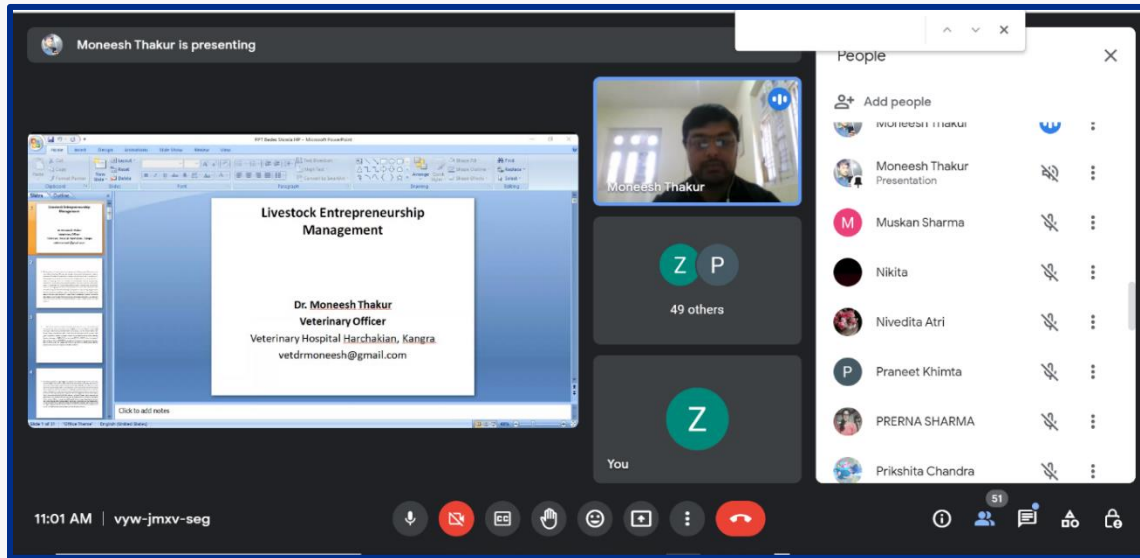


Webinar on Entrepreneurship

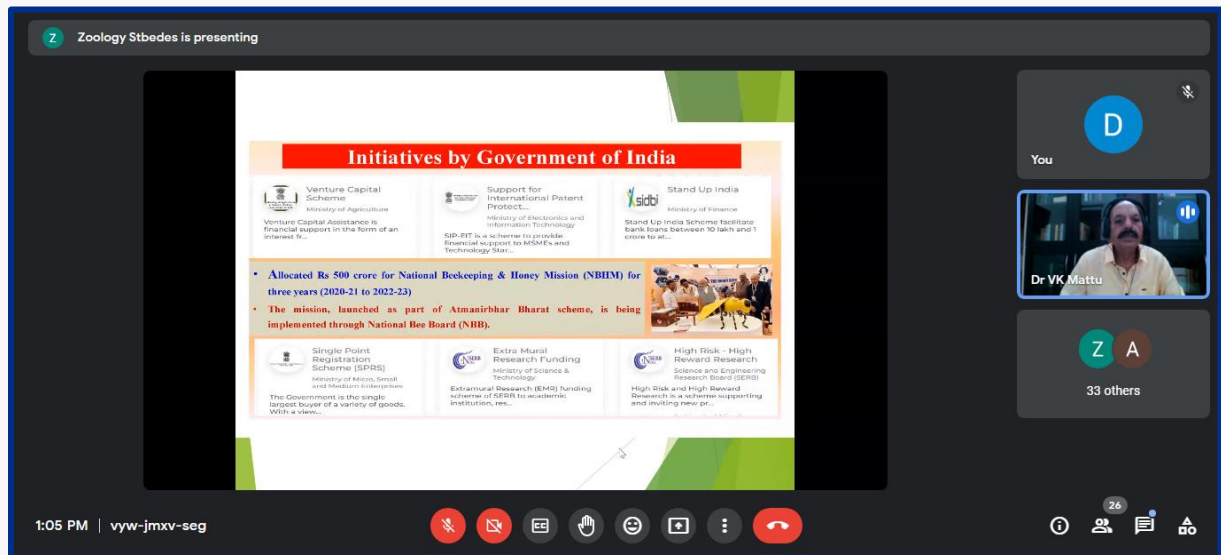
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St. Bede's College Shimla



Talk on Livestock Entrepreneurship management by Dr. Moneesh Thakur, Veterinary Officer

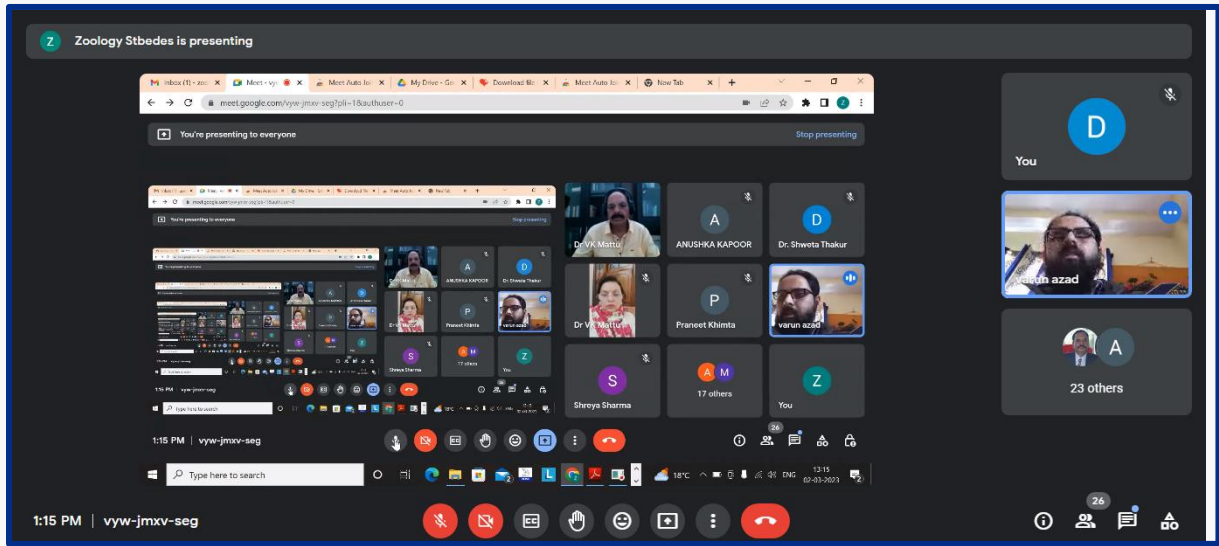


Talk on Beekeeping and Entrepreneurship in the Era of Digitalisation by Prof. V.K. Mattu

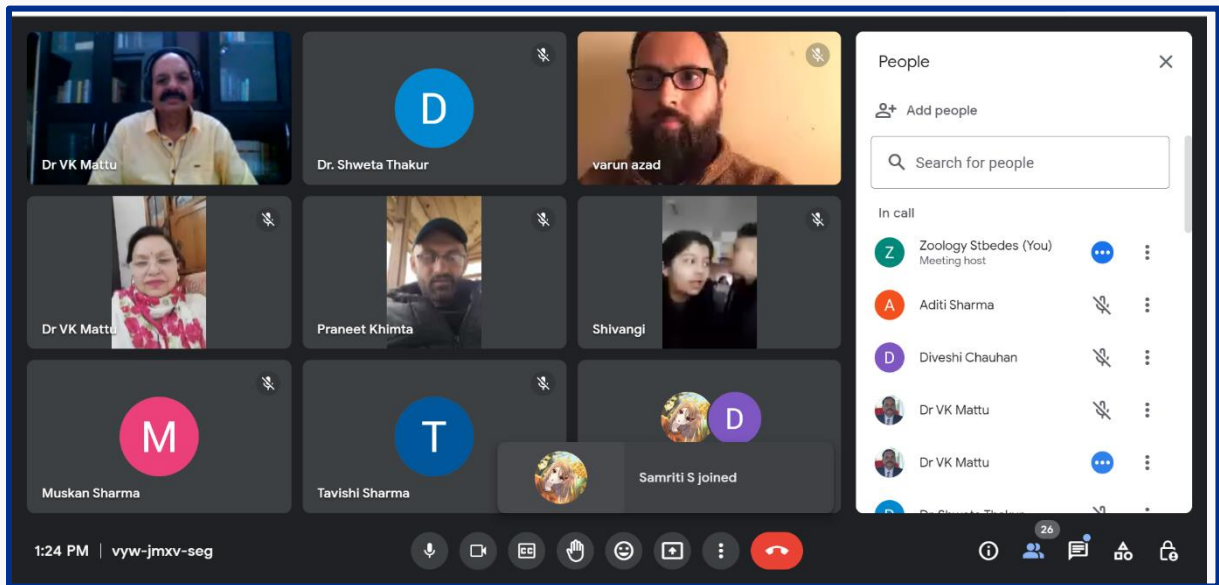
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St. Bede's College Shimla



Interactive Session with Students



Interactive Session with Farmers

BACK



St. Bede's College Shimla

❖ Health and Fitness Workshop



St. Bede's College
Shimla - 171002
(UGC-NAAC "A+" Grade Re-Accredited)
College with Potential for Excellence
Phone: 0177-2842304, Fax: 0177-2842498
www.stbedescollege.in, E-mail: bedescollege@gmail.com

HEALTH AND FITNESS WORKSHOP

Collaborating Agency: Community

No. of Participants: 175

Organizing Unit: Department of Zoology

On September 23, 2022, the Departmental Club of Zoology, "Zoo Quest," organized a workshop on health and fitness with the following events: a presentation on health and fitness, a talk on the importance of vitamin D by Dr. R.K. Patial, a street play on health and fitness, and aerobic exercise session.

Objective: The workshop aimed to explain the importance of maintaining physical and mental fitness for a healthy lifestyle.

The students in their presentation highlighted the importance of a balanced food regimen, macro- and micronutrients, and an energetic lifestyle. They emphasised that fitness encompasses physical, mental, and social nicely-being, and mentioned the need for physical activity, rest, a balanced diet, and happiness. The presentation also emphasised the significance of important nutrients including water, fat, proteins, nutrients, and minerals for maintaining good health.

Dr. R.K. Patial, a retired Professor and Head of Medicine at IGMC Shimla, stressed on the importance of vitamin D in the human body. He explained that it is an important contributor to health, survival, defense, and reproduction. The discussion concluded with an interactive Q&A session.

A street play titled "Babu Rao Ki Kahani" addressed the topic of health and fitness. It emphasised the importance of a balanced diet, regular workout, practicing yoga, and eating fruits and green vegetables for good health.

Following the Nukkad Natak, Mr. Sharik, a licensed aerobics trainer, conducted an aerobics and flexibility session. He discussed the importance of aerobic workout for physical fitness. Students and people living in the vicinity actively participated in a 30-minute aerobics exercise.

The whole health and fitness workshop was recorded, and a video of the workshop has been uploaded on YouTube for wider dissemination of the expertise and experiences shared.

Outcome: The workshop made the students aware of nutrients and vitamins and their importance in fighting various diseases. They were also made aware about the importance of having a balanced diet to maintain a healthy lifestyle.

Principal
St. Bedes College
Shimla - 171 002

Report of the Workshop



St. Bede's College Shimla

ZOO QUEST OF ZOOLOGY
DEPARTMENT BRINGS TO YOU

*Health and Fitness
Workshop*

OUR BODIES ARE OUR GARDENS-
OUR WILLS ARE OUR GARDENERS

FRIDAY, SEPTEMBER 23 , 2022
10.30 AM

AUDITORIUM ,
ST. BEDE'S COLLEGE

EVENTS -

- PRESENTATION ON HEALTH & FITNESS
- INTERACTIVE SESSION BY DR. PATIAL
- NUKKAD NATAK ON HEALTH AWARENESS
- AEROBIC AND FLEXIBILITY SESSION

INSTRUCTIONS -

- IT IS ADVISED TO HAVE A LIGHT BREAKFAST TO ALL THOSE WHO WANT TO BE A PART OF THIS ACTIVITY.

TARGET AUDIENCE - LOCAL RESIDENTS IN & AROUND SHIMLA ,
COLLEGE STUDENTS

THIS EVENT IS COMPULSORY FOR SCIENCE STUDENTS. THIS IS
OPEN TO ANYONE ELSE ALSO WHO WANTS TO JOIN US .

Brochure

GPS Map Camera

Shimla, Himachal Pradesh, India
35VP+MMQ Navbahar, Navbahar, Chotta
Shimla, Shimla, Himachal Pradesh 171002, India
Lat 31.093622°
Long 77.185886°
23/09/22 10:49 AM GMT +05:30

NAVBAHAR
Google

Health and Fitness Workshop

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St. Bede's College Shimla



Nukkad Natak on Health and Fitness



Aerobic Session

BACK



St. Bede's College Shimla

Letter of Consent



LETTER OF CONSENT

Under this MOU between COE Department of Zoology Govt. Degree College, Sanjauli, Shimla and St. Bede's College (SBC), both the colleges collaborated on outreach/ extension programs and conservation initiatives to raise awareness about zoology-related issues among the general public which involved organizing lectures, awareness campaigns, and community engagement activity. It aimed to promote environmental management and wildlife conservation.

These opportunities aim to enhance the students' academic experience, provide exposure to different educational environments, and foster personal and professional growth. Under the MOU, several students from both colleges participated in the following activities organized by the departments.

- Health and Fitness Workshop on September 23, 2022
- Wildlife Week Celebration on October 2-October 8, 2022
- Webinar on Entrepreneurship on March 2, 2023

For and on behalf of: COE, Department of Zoology Govt. College Sanjauli Signature <i>minakshi</i> Name <i>Dr Minakshi Sharma</i> Designation: HOD COE, Department of Zoology Govt. College Sanjauli DATE: <i>29 May, 2023</i> Stamp: H.O.D. Dept. of Zoology G.C. Sanjauli	For and on behalf of: Department of Zoology St. Bede's College, Shimla Signature <i>Shweta</i> Name: <i>Dr. Shweta Thakur</i> Designation: HOD, Department of Zoology St. Bede's College DATE: <i>29 May 2023</i> Stamp: St. Bede's Coll. Zoology Department
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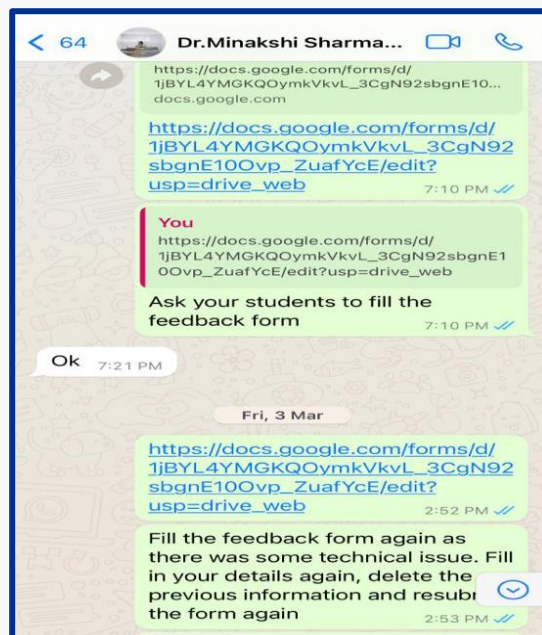
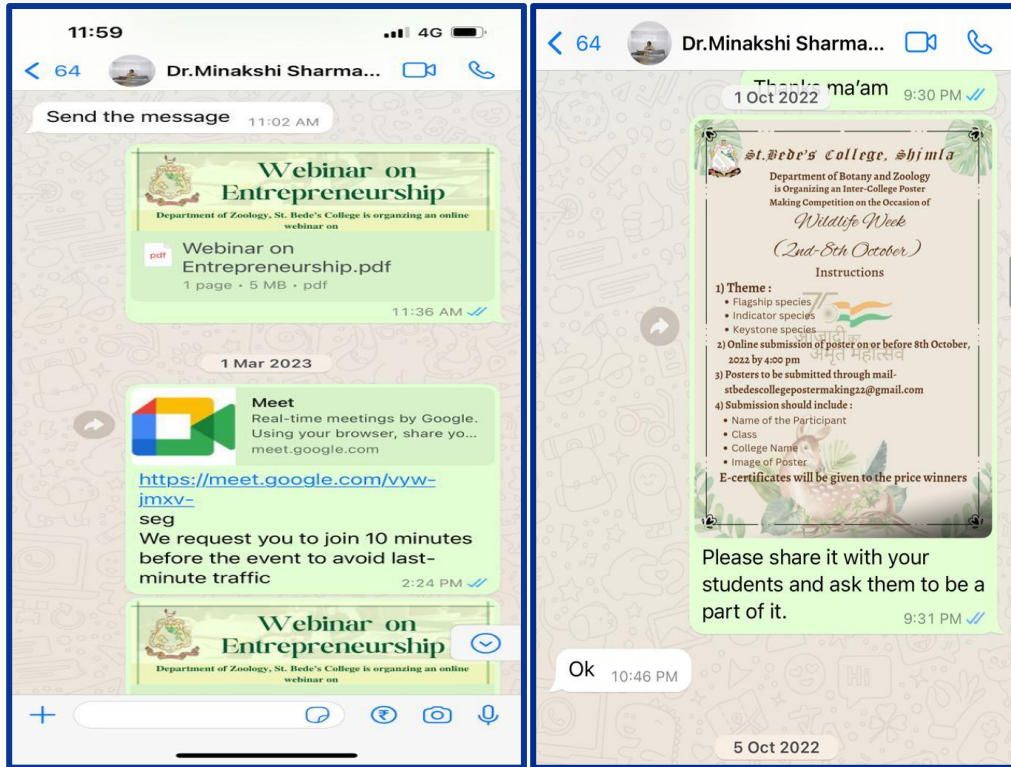
Letter of Consent

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St. Bede's College Shimla

Communication Letter



Communication Letters