

SPORTS AND CULTURAL ACTIVITIES 2019-20

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MEGA POPULATION AWARENESS PAKHWADA
KARGIL VIJAY DIWAS
INTERNATIONAL YOUTH DAY
SWACHHTA PAKHWADA
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DEBATE COMPETITION
AIATC, EZHIMALA, KANNUR, KERELA
QUIZ COMPETITION ON INTERNATIONAL SCIENCE DAY
ANTARASHTRIYA MATRI BHASHA DIWAS

QUIZ AND DECLAMATION COMPETITIONS HELD AT H.P.U.

On April 22, 2019, our students demonstrated their knowledge and skills at the Earth Day quiz competition held at the Department of Geography, H.P University, securing the 3rd position. Additionally, they showcased their oratory abilities and persuasive speaking in the declamation competition, earning the 2nd position. Their achievements reflect their dedication, preparation, and commitment to environmental awareness and sustainability.





22/04/2019: Earth Day

MEGA POPULATION AWARENESS PAKHWADA

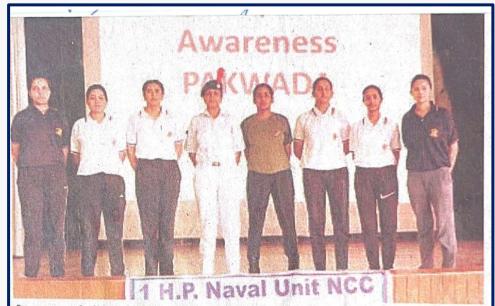
On July 13, 2019, NCC cadets organized the "Mega Population Awareness Pakhwada," a comprehensive awareness campaign focused on the issue of overpopulation. As part of the event, cadets actively engaged in a debate, discussing the challenges and implications of overpopulation. Furthermore, they performed a thought-provoking Nukkad Natak (street play) that creatively conveyed the importance of population control and its impact on society and the environment.



St. Bede's College Shimla







शिमला। शहर के सेंट बीड्स कॉलेज में एनसीसी कैड्रेटस की ओर से मेगा पॉपुलेशन अवेयरनेस पखवाड़ा मनाया गया। इस दौरान एनसीसी कैडेटस के 8 कैडेटस और अन्य छात्राओं ने भाग लिया। इस दौरान एनसीसी कैडेटस की ओर से बढ़ती जनसंख्या को रोकने के लिए विभिन्न कार्यक्रमों से जागरूक किया। इस दौरान भाषण प्रतियोगिता का आयोजन भी किया गया। छात्राओं ने भाषण के माध्यम से जनसंख्या को नियंत्रित करने का सदेश दिया इसके अलावा जनसंख्या नियंत्रण पर नुक्कड़ नाटका आयोजन भी किया गया। कार्यक्रम में कॉलेज प्रिंसिंपल ने बतौर मुख्यअतिथि भाग लिया। उन्होंने एनसीसी कैडेटस को कार्यक्रम के सफल आयोजन के लिए बधाई दी। उन्होंने कहा कि कॉलेज की और से छात्राओं के लिए समय समय पर कई तरह की गतिविधियों का आयोजन किया जाता है। जिससे छात्राओं को मानसिक विकास के साथ साथ उनमें नैतिकता का भी विकास हो। कार्यक्रम में कॉलेज की

13/07/2019: Mega Population Awareness Pakhwada



KARGIL VIJAY DIVAS

On July 26, 2019, St. Bede's College commemorated the 20th Kargil Vijay Divas to pay tribute to the bravery and sacrifice of the Indian Army during the Kargil War of 1999. The event highlighted the heroic actions of Captain Vikram Batra, and the 1st-year students performed a skit depicting his extraordinary efforts in capturing Point 4875. The skit showcased the valor and determination displayed by Captain Vikram Batra and served as a reminder of the indomitable spirit of our armed forces.







INTERNATIONAL YOUTH DAY

On August 14, 2019, St. Bede's College's Heritage Club organized an inter-ship debate and poster making competition on the topic of "Privatization of education." Students actively participated and shared their views on the subject, promoting critical thinking and intellectual discussions.







14/08/2019: Inter -ship Debate and Poster Making Competition.

SWACHHTA PAKHWADA

From August 1st to August 15th 2019, the Environment Cell of St. Bede's College organized the Swachhta Pakhwada, a cleanliness drive, and a rally in the Navbahar area. The students actively participated in these activities to promote cleanliness and raise awareness about environmental issues. They also had the opportunity to perform plays and Nukkad Nataks at the Ridge, with the presence of the Honourable Chief Minister of Himachal Pradesh, further emphasizing the importance of maintaining a clean and sustainable environment.





01/08/2019-15/08/2019: Swachhta Pakhwada

HIROSHIMA DAY

On August 6, 2019, MIRAASA, the Heritage Club of St. Bede's College, organized a poster making competition to commemorate the 74th Hiroshima Day. The competition saw active participation from numerous students, providing them with a platform to express their creativity and raise awareness about the significance of Hiroshima Day.





06/08/2019: Hiroshima Day

POLITICAL CARICATURING COMPETITION

The Department of Political Science at St. Bede's College organized a political cartoon making competition on August 13, 2019, focusing on the theme of 'Indian Political system.' The competition witnessed active participation from numerous students who showcased their creativity through their thought-provoking posters. The exhibition of these posters in the seminar room provided an opportunity for students to appreciate and engage with different perspectives on the Indian political system.





13/08/2019: Political Caricaturing competition

DEBATE COMPETITION

On August 14th, the Electoral Club of St. Bede's College organized an inter-ship debate competition on the topic "Parliamentary form of Government vs Presidential form of Government." Esteemed judges from the State Election Commission evaluated the participants arguments and presentations.



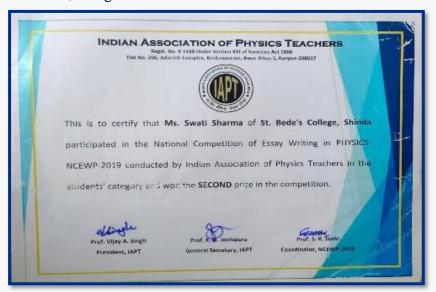


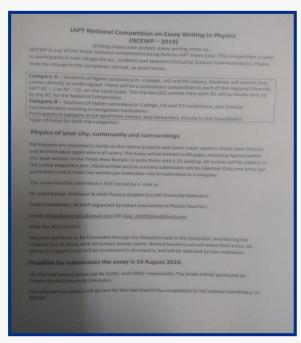
14/08/2019: Debate Competition



IAPT NATIONAL COMPETITION ON ESSAY WRITING IN PHYSICS

Swati Sharma, a student of BSc. III (Physics) at St. Bede's College, achieved an impressive feat by participating in the IAPT National Competition on Essay Writing in Physics. Her exceptional skills and knowledge in the field of physics led her to secure the second prize, which included a cash reward of Rs. 3000, along with books and a CD.

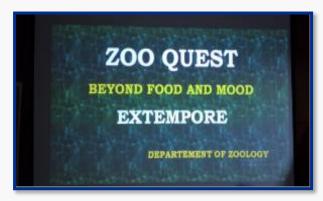




18/08/2019: Essay Writing Competition

EXTEMPORE ON THEME WAS BEYOND FOOD AND MOOD

On September 4, 2019, the Departmental Club of Zoology, ZOO QUEST, collaborated with the Department of Home Science to organize an interdisciplinary activity. The students of Home Science delivered a talk on the significance of nutritious food, highlighting its importance for a healthy lifestyle. Additionally, as part of National Nutrition Week, an extempore competition was held with the theme "Beyond Food and Mood," encouraging participants to explore the broader impact of nutrition on various aspects of life.





04/09/2019: Extempore on Theme was Beyond Food and Mood

HINDI SAPTAH

From 7th September 2019 to 13th September 2019, the Hindi department of St. Bede's College organized Hindi Saptah, a week-long celebration of the Hindi language. During this event, various Inter-Ship activities were conducted to promote and showcase the students' proficiency in Hindi. These activities included Collage Nirman (collage making), Sulekh Lekhan (writing competition), Khani Lekhan (story writing), Vyangya Natika (satirical play), and Nibandh Lekhan (essay writing). The Hindi Saptah provided an opportunity for students to exhibit their creativity, linguistic skills, and love for the Hindi language.









The Hindi department of St Bede's College organised "Hindi Saptah" in which various activities, including collage making, slogan writing, poem recitation, handwriting, story writing, speech, monologue and essay writing, were held. "Hindi Divas" was celebrated in the college auditorium. Then there were self-composed poems, skits and dances. Ship Vikas was declared the winner, followed by Ship Vikrant. Sister Marina, Sister Susie and the principal Dr Nandini Pathania were also present.

07/09/2019-13/09/2019: Hindi Saptah Celebrations



HINDI DIWAS

On 14th September 2019, the Department of Hindi at St. Bede's College celebrated "Hindi Divas" with great enthusiasm. The program commenced with the ceremonial lighting of the "Panchdeep" and a beautiful rendition of the 'Saraswati Vandana'. To commemorate the occasion, several competitions were organized, including Poetry Recitation, Collage Making, and Rangoli Making. These competitions provided a platform for students to showcase their skills and creativity while celebrating the richness and beauty of the Hindi language.





14/09/2019: Hindi Diwas Celebrations



QUIZ COMPETITION

On September 16, 2019, the Department of Geography at St. Bede's College celebrated Ozone Day with great enthusiasm. As part of the celebration, a quiz competition was organized, providing students with an opportunity to test their knowledge and understanding of ozone layer preservation. The quiz aimed to raise awareness about the importance of protecting the ozone layer and the role individuals can play in mitigating ozone depletion.



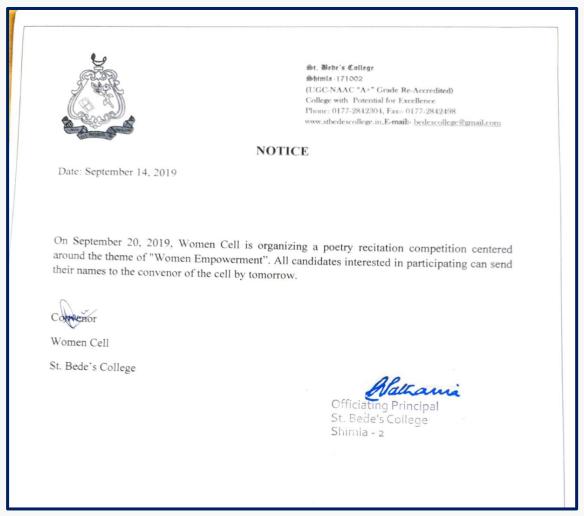




16/09/2019: Quiz Competition on Ozone Day

POETRY COMPETITION

On September 20, 2019, St. Bede's College organized a poetry recitation competition centered around the theme of "Women Empowerment." The competition aimed to highlight the strength, resilience, and achievements of women and promote awareness about gender equality. Dr. Gitanjali Mahendra, the President of the Women Cell, served as the esteemed judge for the event, evaluating the performances based on creativity, delivery, and content. The competition provided a platform for students to express their thoughts and emotions through the power of poetry, contributing to the ongoing dialogue on women's empowerment in society.



Poetry recitation competition on theme "Women Empowerment"

RASHTRIYA POSHAN MAAH

Rashtriya Poshan Maah was celebrated from 18 to 24, September 2019 at St. Bede's College by organizing skits and Nukkad Natak performances on the theme of "Consequences of consuming junk food" in collaboration with the Debate and Dramatics society and the NSS Unit. The performances aimed to raise awareness about the importance of a balanced diet and the harmful effects of drugs.



St. Bede's College Shimla



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NOTICE

Date: September 14, 2019

This is to notify all the staff members and students that the NSS unit at St. Bede's College will be observing Poshan Mah from September 18-24, 2019 on the college premises. We kindly request all NSS volunteers to gather in the courtyard at 9:00 am sharp.

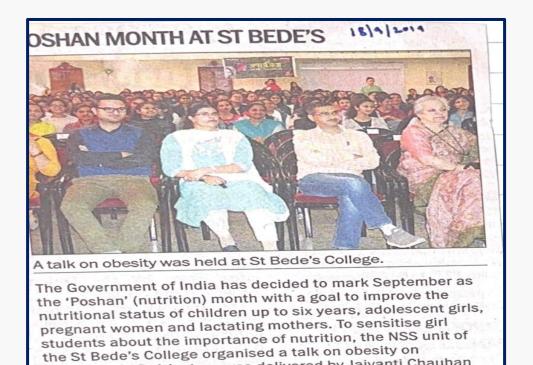
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St. Bede's College







September 18. A lecture was delivered by Jaivanti Chauhan from the department of nutrition. She made the students aware of the importance of a balanced diet, causes of obesity and importance of lifestyle changes for controlling obesity.

24/09/2019: Rashtriya Poshan Maah

SKIT COMPETITION

To stimulate their creative minds the Economics department organized a skit competition for the 2nd year Economics Honors students on 24th September, 2019. The objective was to provide a platform for students to showcase their talents and express their understanding of economic concepts through dramatic performances. The event included engaging skits and was judged by esteemed faculty members. The outcome was a successful event that not only showcased the talents of the students but also enhanced their understanding of economics in an innovative and entertaining way.

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24/09/2019: Skit Competition

WORLD MENTAL HEALTH DAY

On World Mental Health Day, the college organized a unique awareness program aimed at promoting mental health among the college community. The program, which took place on October 10, 2019, was in line with the World Health Organization's global initiative. Students from various clubs and organizations such as NSS, NCC, Health Club, and Red-Ribbon Club actively participated in organizing and conducting a range of extra-curricular and extension activities. These activities were designed to raise awareness, provide support, and encourage conversations around mental health.



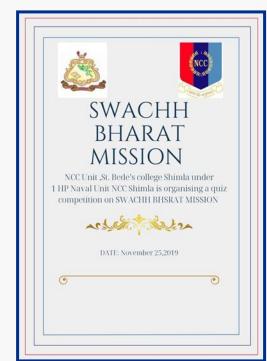


10/10/2019: Play on World Mental Health Day



QUIZ COMPETITION

A quiz competition focusing on the Swachh Bharat Mission and individual contributions towards this mission was held in the college auditorium on September 25, 2019. The event witnessed enthusiastic participation from both teachers and students. The quiz aimed to enhance awareness about the Swachh Bharat Mission and highlight the importance of individual responsibility in achieving a cleaner and healthier environment.





SWACHHTA PAKHWADA' AT ST BEDE'S

The NCC unit of 1 HP Naval Unit, Bilaspur, inaugurated 14-day 'Swachhta Pakhwada' at St Bede's College. Cadets staged a nukkad natak on 'Swachhta' with a motivational message that an individual alone could make a lot of difference by taking a step towards cleanliness. A quiz was also held. Principal Dr Nandini Pathania, CTO Dr Shweta Thakur and other teachers were also part of the inauguration ceremony.

NUKKAD NATAK AT RIDGE AND TOWN HALL

On September 27, 2019, cadets organized a Nukkad Natak (street play) on waste segregation as part of the Swachh Bharat Mission. The performance took place at the Amphitheatre (The Ridge) and Town Hall in Shimla. The Nukkad Natak aimed to raise awareness about the importance of waste segregation and promote cleanliness and hygiene among the public. Through their impactful performance, the cadets emphasized the significance of responsible waste management for a cleaner and healthier environment.





27/09/2019: Nukkad Natak on Segregation of Waste at Amphitheatre

POSTER MAKING COMPETITION

On November 21, a poster making competition on the theme "Clean India of my dreams" was held at St. Bede's College. The competition was open to all students, and their enthusiasm and participation were highly appreciated. The event provided an opportunity for students to showcase their creativity and express their vision for a cleaner and greener India.

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21/11/2019: Poster Making Competition on Topic 'Clean India of My Dreams'

WORLD HERITAGE WEEK

During the commemoration of World Heritage Week from November 19 to 24, 2019, various activities were organized at St. Bede's College. A photography competition took place, with Arushi Miglani securing the first position and Kajol Gera securing the second position. Additionally, a Heritage Quiz was conducted on November 29, with four teams participating. Another event, the Folk Singing Competition, took place on December 2. These events aimed to promote awareness and appreciation of our cultural heritage among the students.







19/11/2019 -24/11/2019: World Heritage Week

TECH KNOW HOW'S CLUB ACTIVITIES

The Department of Computer Science at St. Bede's College organized a 7-day Computer Literacy Week under the Tech Know How's Club. The event aimed to enhance computer literacy among students from various disciplines, including BBA, B.Com, B.Sc, and BCA. On November 30, 2019, several competitions such as rangoli, slogan writing, poster making, collage making, essay writing, and photography were held as part of the event. These activities provided a platform for students to showcase their creativity and technical skills while promoting computer literacy awareness within the college community.



30/11/2019: Computer Literacy Week

WORLD AIDS DAY

On December 1, 2019, the Red Ribbon Club joined hands with the NSS and NCC units of St. Bede's College for a state-level function held at Hotel Peterhoff in Shimla. The event commemorated World AIDS Day and aimed to raise awareness about HIV/AIDS. Students actively participated in competitions including Nukkad Natak, Dance, and Poster making, showcasing their talent and spreading important messages about AIDS prevention and awareness. Additionally, NSS and NCC volunteers participated in a rally focused on AIDS awareness, further emphasizing the significance of the occasion.



01/12/2019: World AIDS Day

DEBATE COMPETITION

In 'The Tribune Inter-College Debate Competition' held on December 11, 2019, at Government College, Sanjauli, Shimla, Kriti Verma, a 6th-semester Economics Honours student, showcased her remarkable skills and secured the 3rd position. The debate revolved around the topic "Is India facing an economic slowdown?" Kriti's impressive performance and insightful arguments contributed to her success in the competition.

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11/12/2019: Debate Competition

AIATC, EZHIMALA, KANNUR, KERELA

On January 9, 2010, two cadets, PO Cadet Zeenat Brar and Cadet Gargi Sud from St. Bede's College, had the opportunity to attend the AIATC (All India Annual Training Camp) held in Kerala. During the camp, the cadets actively participated in various competitions such as group dance, tug of war, boat pulling, and drill. Additionally, they showcased their talents in the cultural program organized at the INA Ramanujan auditorium, contributing to the overall success and vibrancy of the event.



09/01/2020: AIATC, Ezhimala, Kannur, Kerela

QUIZ COMPETITION ON INTERNATIONAL SCIENCE DAY

On February 27th and 28th, 2020, students from various colleges participated in a two-day seminar titled "Science is Nothing but Perception" organized by Thapar Institute of Engineering and Technology, Patiala in collaboration with the Centre of Excellence, Govt. Degree College Sanjauli, Shimla. The seminar was held in honor of National Science Day. The students actively engaged in inter-college debate, poster making, and oral presentation competitions, showcasing their knowledge and understanding of scientific concepts. Additionally, Yogita Thakur, a student from B.Sc. 3rd year, participated in the Quiz Competition on International Science Day, which was held at the Centre of Excellence in Sanjauli. The students' participation in these events demonstrated their enthusiasm for science and their commitment to academic excellence.



28/02/2020: Quiz Competition on International Science Day

ANTARASHTRIYA MATRI BHASHA DIWAS

On February 20th, 2020, the Department of Hindi at St. Bede's College celebrated "Antarashtriya Matri Bhasha Diwas" (International Mother Language Day) with great enthusiasm. The department organized an event to mark this occasion, which included various inter-ship competitions. The students actively participated in these competitions and showcased their talent and love for the Hindi language. The event provided a platform for students to express their creativity and linguistic skills, fostering a sense of pride and appreciation for their mother tongue.



St. Bede's College Shimla







writing competition. In poem recitation, Jahnvi and Simran Kathait stood first and second, respectively, while in declamation, Kirti Sharma stood first and Aastha was secon

20/02/2020: Antarashtriya Matri Bhasha Diwas