



St. Bede's College Shimla

SPORTS AND CULTURAL ACTIVITIES 2020-21

NATIONAL ONLINE QUIZ ON HEALTHY FOOD & EATING HABITS

AWARENESS DRIVE ON COVID-19 YEAR BY POSTERS POEMS AND VIDEO MAKING

GEOGRAPHY E-QUIZ

SHIMLA MODEL UNITED NATION

SHIMLA MODEL UNITED NATION ONLINE MUN

HINDI DIWAS

INTERNATIONAL DAY OF GIRL CHILD

ONLINE COMPETITION ON "WHO IS YOUR FAVOURITE DRAMATIST AND WHY?"

CULTURAL EXCHANGE UNDER EBSB

BEE AND WE

WORLD FOOD DAY

WORLD AIDS DAY

INTER COLLEGE SHORT FILM COMPETITION

INTER COLLEGE DEBATE COMPETITION

HERITAGE WEEK "JASHN-I-MIRAASA"

YOUTH PARLIAMENT

INTERNATIONAL WOMEN'S DAY

WOMEN POWER AWARD

IMPACT OF COVID-19 ON THE ENVIRONMENT



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NATIONAL ONLINE QUIZ ON HEALTHY FOOD & EATING HABITS

On May 16, 2020, Shruti Chauhan, a student of B.Sc. II Year at St. Bede's College, participated in a National Online Quiz on Healthy Food & Eating Habits Against COVID-19. The quiz was organized by GP College, Alour-Khanna. Shruti's participation was commendable, and she received an e-certificate of appreciation for her knowledge and involvement in promoting healthy food choices during the COVID-19 pandemic. Her participation showcased her dedication to staying informed and promoting wellness during challenging times.



16-05-2020: National Online Quiz on Healthy Food & Eating Habits Against COVID-19 Organized by GP College, Alour-Khanna



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AWARENESS DRIVE ON COVID-19 YEAR BY POSTERS POEMS AND VIDEO MAKING

On June 4, 2020, the NSS unit of our college organized a Covid awareness campaign to raise awareness about the ongoing pandemic and promote safety measures during the lockdown. The campaign aimed to educate the community about the importance of following guidelines such as wearing masks, practicing social distancing, and maintaining proper hygiene. Through various activities and initiatives, the NSS volunteers played a crucial role in spreading awareness and ensuring the well-being of the community during these challenging times.



04-06-2020: Poster Making and poem writing Competition on Covid Awareness Drive



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GEOGRAPHY E-QUIZ

On June 5, 2020, the Department of Geography at Himachal Pradesh University, in collaboration with IGNOU, organized a "Geography E-Quiz" to mark the occasion of World Environment Day. The competition was open to both students and faculty members of the M.Sc. program. The quiz aimed to test participants' knowledge and understanding of various geographical concepts related to the environment. It provided an interactive platform for learning and raising awareness about environmental issues.



Department of Geography
Himachal Pradesh University
A State Govt. University Accredited
with 'A' Grade by NAAC




Geography E-Quiz On the Eve of World Environment Day,2020

This is to Certify that


Ms. Aastha sharma St Bedes College ,Shimla

has actively participated in Geography E-Quiz conducted by Department of
Geography Himachal Pradesh University on 5th June, 2020.



Dr. Seema Choudhary
Quiz Coordinator & Assistant
Professor Dept. of Geography

YHJINY-CE000042



Prof. D. D. Sharma
Convenor & Chairman
Dept. of Geography

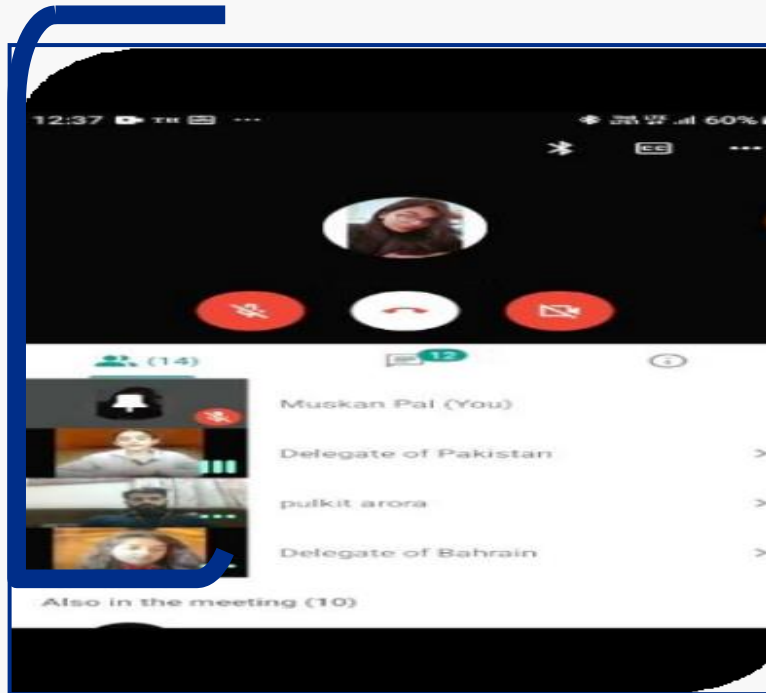
05-06-2020: Geography E-Quiz on World Environment Day



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SHIMLA MODEL UNITED NATION

On June 7, 2020, an online Model United Nations (MUN) conference took place in Shimla. Students from various institutions participated in the SHIMLA MODEL UNITED NATIONS, specifically in the United Nations Women committee. The topic of discussion revolved around "Elevating the objectification of women in socio-economic and cultural aspects with special reference to sharia law." The MUN provided a platform for students to engage in diplomatic discussions and propose solutions to global issues concerning women's rights and empowerment.



07-06-2020: Online MUN on the topic 'Elevating the Objectification of Women in Socio and Economic Cultural Aspect with Special Reference to Sharia Law'.

SHIMLA MODEL UNITED NATION ONLINE MUN

On June 21, 2020, an Online Model United Nations (MUN) conference was organized by Shimla Model United Nations. Students actively participated in the Lok Sabha committee, engaging in discussions regarding the "Review of the 20-lakh crore package in response to the Covid-19 pandemic situation." The MUN provided a platform for students to simulate parliamentary debates and propose solutions to address the challenges posed by the pandemic and evaluate the effectiveness of the economic package implemented by the government.

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21-06-2020: Shimla Model United Nations Organized an Online MUN on Topic 'Review of 20 Lakh Crore Package over Covid 19 Pandemic Situation'

HINDI DIWAS

On September 14, 2020, the Department of Hindi organized various activities to commemorate Hindi Diwas. Nitisha, a first-year student, secured the second prize in the poster making competition. Arshya Roach, also a first-year student, achieved the first position in the Hindi poem recitation. Rashi Bhardwaj, another first-year student, claimed the first position in the folktale recitation competition. Twinkle Garg, a second-year student, excelled in the Hindi calligraphy competition and secured the first position. These achievements showcased the talent and linguistic skills of the students in different Hindi-related competitions.



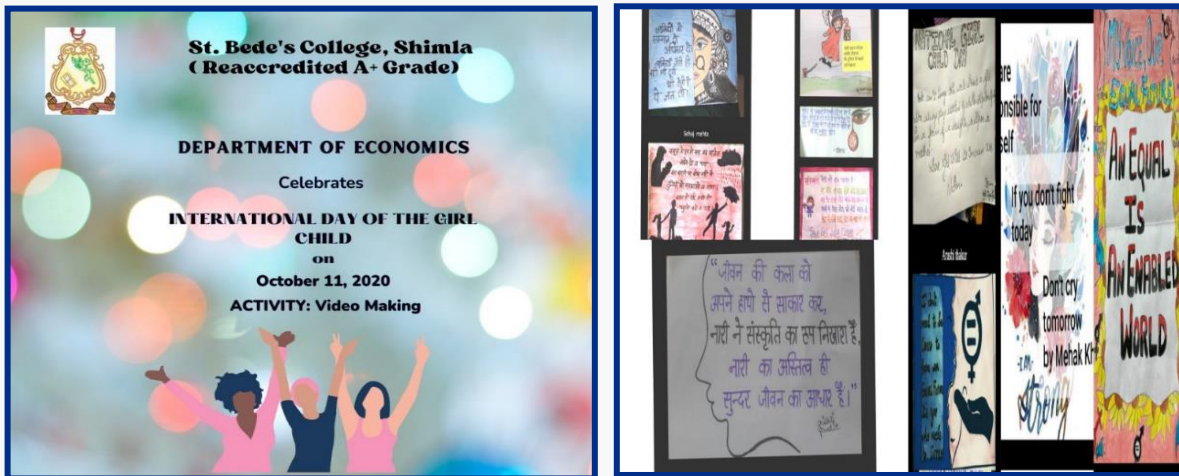
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14-09-2020: Hindi Diwas Celebrated by Department of Hindi

INTERNATIONAL DAY OF GIRL CHILD

On October 11, 2020, the first-year students of Economics Honours came together to celebrate "The International Day of Girls Child." They actively participated in creating a video that shed light on the challenges faced by girls and emphasized the importance of collective efforts in creating a better future for them. The video aimed to raise awareness and promote the empowerment of girls, highlighting the potential for a brighter and prosperous life through support and opportunities. The students' engagement in this activity demonstrated their commitment to advocating for the rights and well-being of girls.



11-10-2020: The International Day of Girls Child

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ONLINE COMPETITION ON "WHO IS YOUR FAVORITE DRAMATIST AND WHY?"

On September 29, 2020, the Drama and Debates Society of the college organized an online competition for students, inviting them to share their thoughts on the topic "Who is your favorite dramatist and why?" The competition received numerous brilliant entries, showcasing the students' appreciation, and understanding of different dramatists and their works. It provided an opportunity for participants to express their admiration and delve into the reasons behind their chosen favorite dramatist. The competition fostered a spirit of artistic appreciation and encouraged students to explore the world of drama and its impact on their lives.



29-09-2020: Online competition on Topic 'Who is Your Favourite Dramatist and Why'

CULTURAL EXCHANGE UNDER EBSB

On October 14, 2020, Sarah Gupta, a second-year B.Sc. student, represented St. Bede's College in a webinar organized by the EBSB club in collaboration with Kahm Unity Women's College, Manjeri, Kerala. Sarah delivered a Power Point presentation on "Himachali Attire," highlighting the traditional clothing of the Himachal Pradesh region. Her presentation facilitated cultural exchange and introduced the participants to the rich cultural heritage and literature of the region. The webinar provided a platform for sharing knowledge and fostering a deeper understanding of different cultural traditions.

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14-10-2020: Cultural Exchange Under EBSB

BEE AND WE

On October 14, 2020, an advertising campaign video titled "Significance of Honeybee" was published on YouTube. The video featured a compilation of posters and e-posters created by second-year B.Sc. students, aimed at raising awareness about the importance of honeybees. The video focused on three main topics: the health benefits of bee products, the significance of bee pollination, and the practice of apiculture. The video received over 200 views, contributing to the dissemination of knowledge about the role of honeybees in our ecosystem and promoting the benefits of their products.





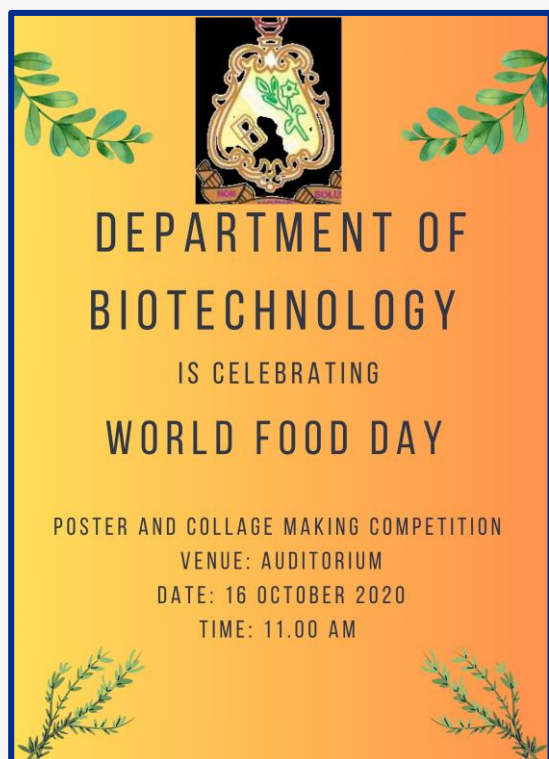
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14-10-2020: Bee and We

WORLD FOOD DAY

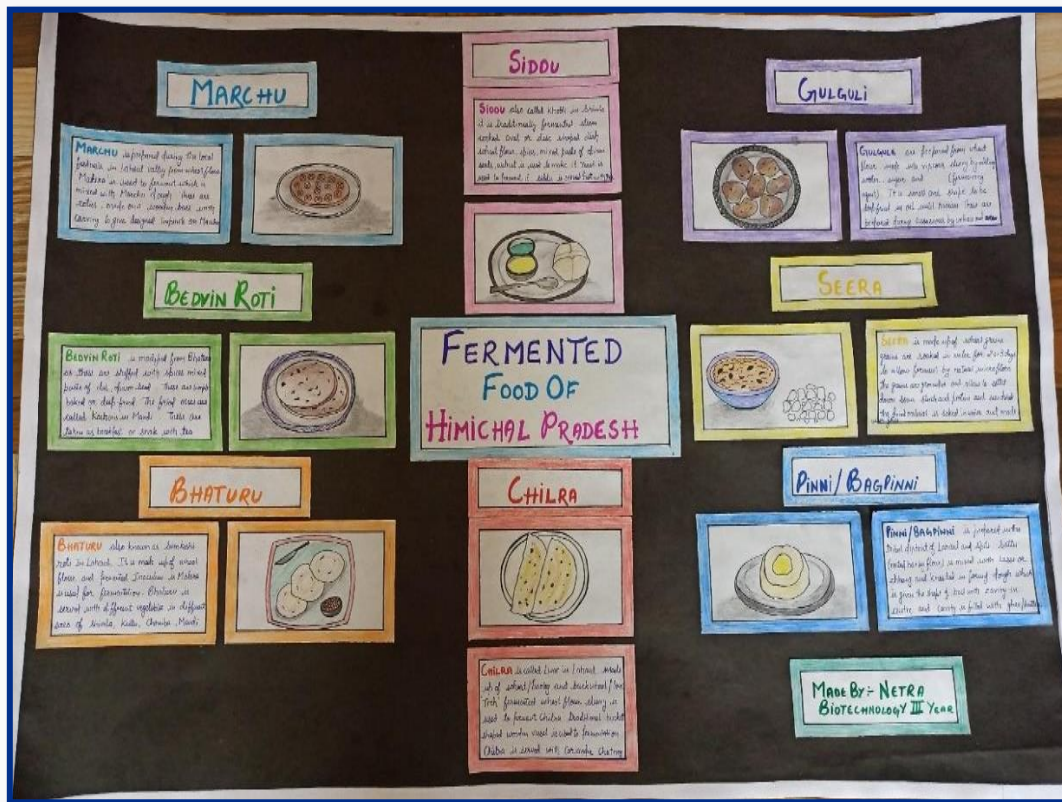
On October 16, 2020, the students of the Department of Biotechnology showcased their creativity and knowledge by participating in a collage and poster making competition held on Food Day. Neha Sandhu and Netra, both from B.Sc. (Hons.) Biotechnology IIIrd year, demonstrated their artistic skills and expertise in the field. Their outstanding work earned them the first prize in these competitions, highlighting their talent and dedication in promoting awareness about the significance of food and its related aspects.



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16-10-2020: World Food Day

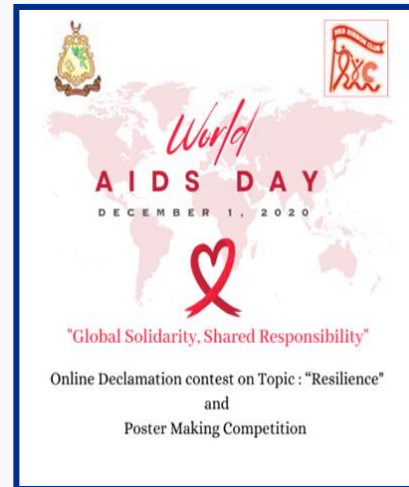
WORLD AIDS DAY

On December 1, 2020, Shreya Dubey, a student of B.Sc. II Year, showcased her artistic talent and awareness on World AIDS Day by participating in a poster making competition. Her exceptional creativity and depiction of the theme earned her the 1st prize in the competition. This recognition highlights her commitment to spreading awareness about HIV/AIDS and contributing to the cause through her artwork.

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1-12-2020: Poster Making Competition on World AIDS Day.

INTER COLLEGE SHORT FILM COMPETITION

Mehak Kahkta, a student of 1st Year Economics Honours, along with three other students, participated in an inter college short film competition on the topic "HIV AIDS Awareness" organized by HP AIDS Control Society in January 2020. Their impactful short film earned them a well-deserved consolation prize worth Rs. 5000. This recognition highlights their dedication to spreading awareness about HIV/AIDS and their creative abilities in using film as a medium for social change.



1-12-2020: Inter College Short Film competition on topic 'HIV AIDS Awareness'



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INTER COLLEGE DEBATE COMPETITION

On December 8, 2020, the Drama and Debates Society of the college organized an online Inter College Debate Competition. The competition saw enthusiastic participation from 22 participants representing various institutes. The topic for the debate was "Media has played a responsible role during the global pandemic, Covid 2019." This event provided a platform for students to engage in a thought-provoking discussion on the role of media during the pandemic, showcasing their debating skills and critical thinking abilities.



8-12-2020: Online Inter College Debate Competition Topic 'Media Has Played a Responsible Role During the Global Pandemic, Covid 2019'

HERITAGE WEEK "JASHN-I-MIRAASA"

The Heritage Week, known as "JASHN-I-MIRAASA," was celebrated from 14th December 2020, showcasing the rich cultural heritage of India. Due to the online format, various competitions were organized to engage students in exploring and representing different aspects of Indian heritage. These included "Libaas," where participants dressed up as characters from Indian epics and delivered monologues, "LokNritya," where participants showcased folk dances representing different cultures, "Naveli," where participants created crafts from waste materials, "Sahitya," where participants shared fascinating folklores from various regions of India, "Tasveer-E-Paheli," an online quiz on Indian Monumental Heritage and Music, and "Swaad," where participants shared traditional recipes from their localities. These competitions allowed students to immerse themselves in the diverse cultural heritage of India and showcase their creativity and knowledge.

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Tasveer E Paheli

1st Position:
Gauri Sharma (BA Eco Hons 3), Sania (BA 1) and Arshya (BA 1)

2nd Position:
Siddhi (BA 2), Smriti (BA 1), Anaisha (BA 3)

her on call: 13 December 2020 18:56

Jashn-E-Miras
Heritage week (14th to 19th December, 2020)

On the the occasion of heritage week, the heritage club, Miraasa brings to you a wide range of competitions to celebrate the rich heritage of India!

1. **Libaas:** dress up and let your alter ego shine
Concept: The epics in Indian history are full of characters so diverse and distinct, you are sure to relate to one. Pick a character from any epic that you like and:
a. Represent the character through your attire.
b. Present the character through words in a form of elocution/dialogue/monologue

Rules:
A. The participation is open to all
B. The character must be from an

6. **Swaad:** the taste of our heritage
Concept: No matter how relishing pizza and noodles may sound, nothing can make you drool like the secret traditional delicacies only your mother can make! It's time for you to take charge, and show us what you can prepare to make our mouths water. Send us a video of you preparing a traditional delicacy of your locality that is a hidden secret. In short, be that food YouTuber you can't get

2. **Tasveer-e-Paheli:** revisiting our heritage through memoirs and music
Concept: How well can you remember these architectural wonders and resonating melodies of the past? We'll find out! Participants will be divided into groups and each group will fight this battle by answering different questions that concern the Indian monumental heritage and Indian folk music





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HERITAGE WEEK CELEBRATED

To commemorate the 'Heritage Week 2020', the Heritage Club of St Bede's College, Miraasa, organised a number of competitions from December 14-18. In the 'Libaas' event, participants represented characters from various Indian epics through their attire and a spoken piece. Gati Singh, B Com I and Diksha Vashisht, BA III, won the first and second positions, respectively. In the 'Lok Nritya' event, Maanika Sethi, BA Psy Hons I and Sunidhi Verma, BA Eng Hons I, bagged the first two ranks. In the craftwork event, 'Naveli', in which participants created craftwork out of waste materials, Devanshi Yadav, BA I and Savi Sood, BA III, emerged winners.

14-12-2020 to 19-12-2020: Heritage Week "JASHN-I-MIRAASA"



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YOUTH PARLIAMENT

On December 29, 2020, NSS volunteers from our college took part in a mock parliament event, providing a platform for youth engagement and participation. Diksha Vashisht and Mehak Khakhta, two dedicated NSS volunteers, actively participated in the youth parliament, showcasing their knowledge, leadership skills, and enthusiasm for public affairs. This event allowed them to gain valuable insights into parliamentary proceedings and fostered their understanding of democratic processes.



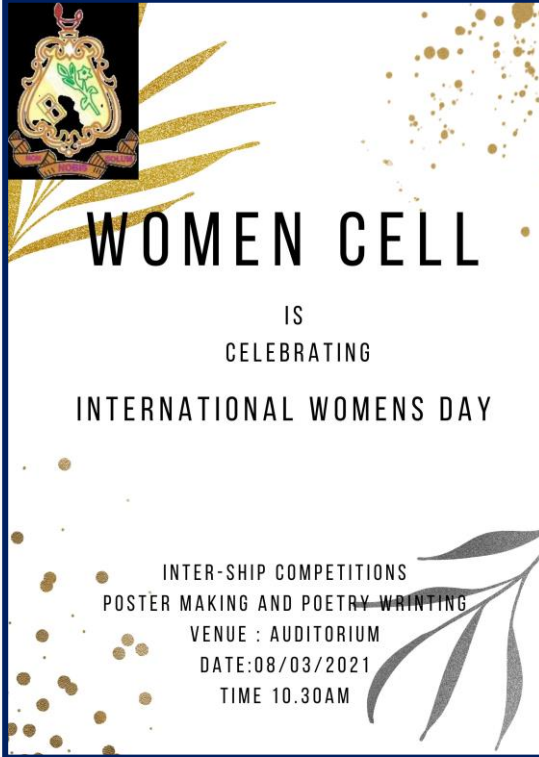
29-12-2020: Youth Parliament

INTERNATIONAL WOMEN'S DAY

On March 8, 2021, the Women Cell of our college conducted an engaging inter-ship poster making and poetry writing competition, fostering a platform for creative expression and empowering discussions. The participants showcased their enthusiasm as they passionately expressed their views on feminism through thought-provoking poetry and visually appealing posters. The prompts, "Why am I a feminist?" for poetry and "Women in Leadership" as the theme for poster making, aimed to encourage self-reflection and explore the role of women in society. This event provided a supportive space for girls to embrace their femininity and raise awareness about gender equality.



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WOMEN CELL
IS
CELEBRATING
INTERNATIONAL WOMENS DAY

INTER-SHIP COMPETITIONS
POSTER MAKING AND POETRY WRITING
VENUE : AUDITORIUM
DATE:08/03/2021
TIME 10.30AM



International Women's Day



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WOMEN POWER AWARD

The Government of Himachal Pradesh honored Ravitanaya Sharma, a talented and accomplished student pursuing BA 3rd Year Economics, with the prestigious "Women Power Award 2021." The award recognized her outstanding contributions and achievements in the fields of writing and modeling. The esteemed accolade was presented by Indu Goswami, the esteemed Member of Parliament from Rajya Sabha, acknowledging Ravitanaya Sharma's remarkable talent and dedication in both her chosen pursuits.



On International Women's Day 2021, Language, Art and Culture Academy, Govt of H.P Bestowed Ravitanaya Sharma, with "Women Power Award 2021"



IMPACT OF COVID-19 ON THE ENVIRONMENT

On March 29, 2021, an engaging and informative online event took place with Poster and Slogan Making Competitions centered around the theme, 'Impact of Covid-19 on the Environment.' The competitions aimed to raise awareness about the environmental repercussions of the ongoing pandemic and encouraged participants to express their ideas creatively through artwork and impactful slogans. The event provided a platform for students to showcase their artistic skills while highlighting the importance of environmental conservation in the context of the global health crisis.


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**Impact of
COVID-19 on
Environment**



NCC Unit, St. Bede's College
under
7 HP(I) Coy NCC Shimla
is organising
Slogan Writing & Poster Making
Competition
**on Impact of COVID-19 on
Environment**

Event : Competition: Slogan Writing & Poster Making
Date : March 29, 2021

29-03-2021: Online Poster and Slogan Making Competitions on Theme, 'Impact of Covid-19 on the Environment'

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