

CRITERION 1

St. Bede's College Shimla

(UGC-NAAC "A+" Grade Re-Accredited)

1.3.2

COPY OF INTERNSHIP COMPLETION CERTIFICATE FROM THE ORGANIZATION WHERE INTERNSHIP WAS COMPLETED

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St. Wede's College Shimla-171002 (UGC-NAAC "A+" Grade Re-Accredited) College with Potential for Excellence Phone: 0177-2842304, Fax:-0177-2842498 www.stbedescollege.in,E-mail:-bedescollege@gmail.com

This is to confirm that the documents provided for section 1.3.2 pertaining to the percentage of students engaged in project work, field work, or internships have been thoroughly examined and are deemed authentic to the best of my knowledge.

Principal

Principal
St. Bede's Coll
Shimla

Commerce and Management

Sr. No.	Name	Class	Internship	Year
1.	Divita	BBA 6 th Sem.	Arvind Lifestyle	02.01.2023 to 15.02.2023
			Brands Limited	
2.	Mansi	BBA 6 th Sem.	Harish Gautam and	26.12.2022 to 4.02.2023
	Sood		Associates	
3.	Sakshi	BBA 6 th Sem.	Nivy Care	09.01.2023 to 09.02.2023
4.	Nikita	B. Com 3 rd Year	Personnel Aid	01.01.2023 to 15.02.2023
	Chauhan		Consultancy Services	
5	Sana	B.Com 2 nd Year	Arvind Lifestyle Brands	02.01.2023 to 15.02.2023
			Ltd.	
6.	Nandini	B.Com 2 nd Year	Arvind Lifestyle Brands	03.01.2023 to 16.02.2023
	Sharma		Ltd.	
7.	Shruti Garg	B.Com 2 nd Year	Arvind Lifestyle Brands	02.01.2023 to 15.02.2023
			Ltd.	
8.	Umang	B.Com 2 nd Year	SJVN Limited	01.01.2023 to 15.02.2023
	Verma			
9.	Arushi	B.Com 2 nd Year	Personal Aid	01.01.2023 to 15.02.2023
	Awasthi		Consultancy Services	
10.	Bhawna	B.Com 2 nd Year	Personal Aid	01.01.2023 to 15.02.2023
	Baswale		Consultancy Services	
11.	Riya	B.Com 2 nd Year	Personal Aid	01.01.2023 to 15.02.2023
	Thakur		Consultancy Services	
12.	Priyanka	B.Com 2 nd Year	Personal Aid	01.01.2023 to 15.02.2023
	Thakur		Consultancy Services	
13.		B.Com 2 nd Year	KP Global Consulting	01.01.2023 to 01.03.2023
	Gati Singh	B.Com 2 Tear	W.L.L	

Divita

ARVIND LIFESTYLE BRANDS LIMITED

A MEMBER OF THE LALBHAI GROUP

No. 8, Community Center, Lal Bhai House, Saket, New Delhi - 110 017. Website : http://www.arvindbrands.com

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Divita** of **St. Bede's College**, **Shimla** has successfully completed her project **Store Sales & Operation** at Arvind Lifestyle Brands Ltd. at **USPA Brand**". Duration of her internship was from **02-Jan-2023** to **15-Feb-2023**. During her internship we found her sincere and hardworking.

Wish her all the best for future endeavors.

For Arvind Lifestyle Brands Ltd.

Stright

Amit Singh

Manager - Human Resource - North

Arvind

Mansi Sood

HARISH GAUTAM AND ASSOCIATES

CHARTERED ACCOUNTANTS

Office Address: SCO 34 2nd floor Sector 33D Chandigarh

Email: ca.harishgautam7@gmail.com Phone no. 9814123148

TO WHOM IT MAY CONCERN

This is to certify that Ms.MANSI SOOD, student of BBA AT ST. BEDE'S COLLEGE, has successfully completed her internship in the field of ACCOUNTING AND TAXATION, under the guidance of CA.HARISH GAUTAM from 26th December 2022 to 4th February 2023.

During the period of her internship program with us she had been exposed to different processes and was very enthusiastic to learn, hardworking and diligent.

We wish her success in her life and carrier.

HARISH GAUTAM AND ASSOCIATES

CHARTERED ACCOUNTANTS

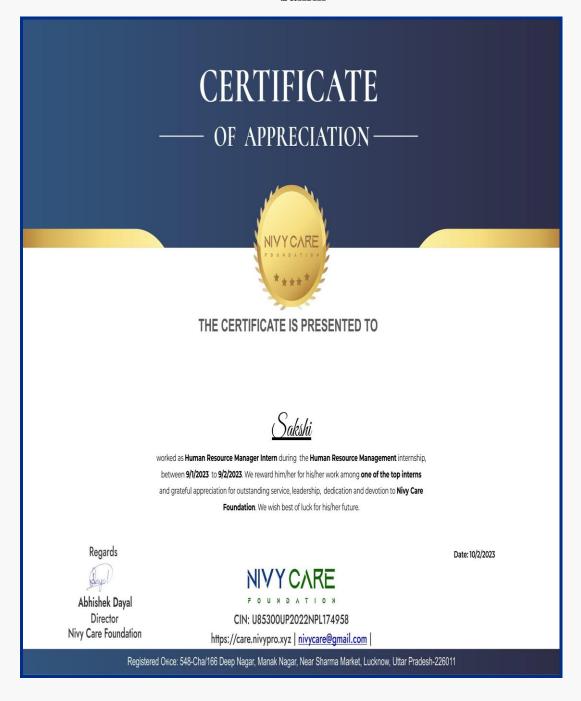
(CA HARISH GAUTAM)

M.NO 094786

PLACE: Chandigarh

DATED: 04/02/2023

Sakshi



Nikita Chauhan

PERSONNEL AID

Consultancy Services

Internship Letter

This is to certify that Ms. Nikita Chauhan (Emp. Code PA-4034) employed through our Company Personnel Aid Consultancy Services has undergone her internship at Tommy Hilfiger Store at Select City Mall, Saket The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.20,000/- per month

We wish her best of luck on successful completion of her internship

For Personnel Aid Consultancy Services

Name: Rajit Sharma Authorized Signatory

Personnel Aid Consultancy Services.

17th Mar 2023

4427, B-5/6, Vasant Kunj, New Delhi - 110070 Tel : +91 - 41761116

Sana

ARVIND LIFESTYLE BRANDS LIMITED A MEMBER OF THE LALBHAI GROUP

No. 8, Community Center, Lal Bhai House, Saket, New Delhi - 110 017. Website: http://www.arvindbrands.com

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Sana of St. Bede's College, Shimla has successfully completed her project Store Sales & Operation at Arvind Lifestyle Brands Ltd. at USPA Brand". Duration of her internship was from 02-Jan-2023 to 15-Feb-2023. During her internship we found her sincere and hardworking.

Wish her all the best for future endeavors.

For Arvind Lifestyle Brands Ltd.

Amit Singh

Manager - Human Resource - North

Nandini Sharma

ARVIND LIFESTYLE BRANDS LIMITED

A MEMBER OF THE LALBHAI GROUP

No. 8, Community Center, Lal Bhai House, Saket, New Delhi - 110 017. Website: http://www.arvindbrands.com

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Nandini Sharma of St. Bede's College, Shimla has successfully completed her project Store Sales & Operation at Arvind Lifestyle Brands Ltd. at Flying Machine Brand". Duration of her internship was from 03-Jan-2023 to 16-Feb-2023. During her internship we found her sincere and hardworking.

Wish her all the best for future endeavors.

For Arvind Lifestyle Brands Ltd.

Amit Singh

Manager - Human Resource - North

Arvind

Shruti Garg

ARVIND LIFESTYLE BRANDS LIMITED A MEMBER OF THE LALBHAI GROUP

No. 8, Community Center, Lal Bhai House, Saket, New Delhi - 110 017. Website : http://www.urvindbrands.com

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Shruti Garg of St. Bede's College, Shimla has successfully completed her project Store Sales & Operation at Arvind Lifestyle Brands Ltd. at Arrow Brand. Duration of her internship was from 02-Jan-2023 to 15-Feb-2023. During her internship we found her sincere and hardworking.

Wish her all the best for future endeavors.

For Arvind Lifestyle Brands Ltd.

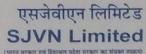
Physical

Amit Singh

Manager - Human Resource - North

ACVIDD

Umang Verma





SJVN/CHQ/HR/HRD/115/ 1105

15.02.2023

To Whom So Ever It May Concern

This is to certify that Ms.Umang Verma, student of B.Com, St. Bedes College, Shimla has undergone Industrial Training in SJVN Limited w.e.f. 03.01.2023 to 15.02.2023. During the training period, she was deputed in F&A Department, Corporate Headquarters, SJVN, Shimla, wherein she was evaluated and found to be Excellent.

During this period she was found sincere and industrious.

We wish her bright future and success in life.

(Dr. Vandana Bagharia Sehgal) Sr.Manager (HR) Corporate Training & HRD

कारपोरेट गुख्यालय : शक्ति सदम शनान, शिमला-171008. (डि.प्र.) www.sjvn.nic.ln शीघवरण कार्यात्य : अंकिंग ब्लॉक टायर-1, वदी मंजिल, एनबीसोसी कॉम्पलेस्स, पूर्व किंदवर्ड नगर नई दिल्ली-110023 पुरमाम : 011-61901919 फैस्स : 011-61901915

अपने तथा राष्ट्र के हित में ऊर्जा की बचत करें।

Corporate H.Q. : Shakti Sadari, Shanan, Shimila-171005, (H.P.) www.sjvn.nic.in Expediting Office : NBCC Complex, Tower-1 (6th Floor), East Kidwai Nagar, New Delhi-110023 Tele : 011-61901919, Fax : 011-61901915

SAVE ENERGY FOR BENEFIT OF SELF AND NATION

Arushi Awasthi

PERSONNEL AID

Consultancy Services

Internship Letter

This is to certify that Ms. Arushi Awashi (PA-4032) employed through our Company Personnel Aid Consultancy Services has undergone her internship at Calvin Klein store at Select City Mall, Saket

The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.20,000/- per month

We wish her best of luck on successful completion of her internship

For Personnel Aid Consultancy Services

Name: Rajit Sharma Authorized Signatory

Personnel Aid Consultancy Services.

31st Mar 2023

4427, B-5/6, Vasant Kunj, New Delhi - 110070 Tel: +91 - 41761116

Bhawna Baswale

PERSONNEL AID

Consultancy Services

Internship Letter

This is to certify that Ms. Bhawna Baswale (Emp. Code PA-4045) employed through our Company Personnel Aid Consultancy Services has undergone her internship at Tommy Hilfiger Store at Bachoomal Collection, Agra

The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.15,000/- per month

We wish her best of luck on successful completion of her internship

For Personnel Aid Consultancy Services

Name: Rajit Sharma Authorized Signatory

Personnel Aid Consultancy Services.

17th Mar 2023

Riya Thakur

PERSONNEL AID Consultancy Services

Internship Letter

This is to certify that Ms. Riya Thakur (Emp. Code PA-4033) employed through our Company Personnel Aid Consultancy Services has undergone her internship at Tommy Hilfiger Store at Select City Mall, Saket The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.20,000/- per month

We wish her best of luck on successful completion of her internship

For Personnel Aid Consultancy Services

Name: Rajit Sharma Authorized Signatory

Personnel Aid Consultancy Services.

17th Mar 2023

Priyanka Thakur



Gati Singh



05/04/2023

Ref: BAH/2023-04/HR-06

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Gati Singh of St. Bede's College, Shimla has successfully completed her internship under Mr. Pulin Bhargava. The duration of her internship was from 01-Dec-2022 to 01-Mar-2023. During her internship we found her sincere and hard working. Wishing her all the best for future endeavors.

For: KP Global Consulting WLL



Department of Psychology

Sr. No.	Name	Class	Internship	Year
1.	Muskan Verma	B.A. 2 nd Year Pass Course	IGMC	11-01-2023 to 10-02- 2023
2.	Vibhooti Chauhan	B.A. 2 nd Year Pass Course	Mindful Soul	1.11.2022 to 31.01.2023
3.	Shubhangi Chopra	B.A. 2 nd Year Honours	ODMP Internshala	April-August 2022
4.	Aarzoo Arora	B.A. 2 nd Year Honours	Xandu Healthcare Pvt. Ltd	07.01.2023 to 07.02.2023
5.	Aashmeen Kohri	B.A. 2 nd Year Honours	Institute of Mental Health, Amritsar	06-01-2023 to 02-02-2023
6.	Dilasha Rawal	B.A. 3 rd Year Honours	Fortis Hospital	09.01 to 09.02.2023
7.	Vasundhra Sapehia	B.A. 3 rd Year Honours	Fortis Hospital	09.01 to 09.02.2023
8.	Tanushree Pandit	B.A. 3 rd Year Honours	Sir Ganga Ram Hospital	09.01 to 09.02.2023
9.	Khushi Chawla	B.A. 3 rd Year Honours	Sir Ganga Ram Hospital	02.01.2023 to 31.01.2023
10.	Khushi Beniwal	B.A. 3 rd Year Honours	Sir Ganga Ram Hospital	11.01,2023 to 10.02.2023
11.	Himanshi Sahni	B.A. 3 rd Year Honours	Mindful Soul	01.11.2022 to 31.01.2023
12.	Palak	B.A. 3 rd Year Honours	Mindful Soul	01.11.2022 to 31.01.2023
13.	Mehardeep Kukreja	B.A. 3 rd Year Honours	Mindful Soul	06.06.2022 to 20.06.2023
14.	Tanya Dutta	B.A. 3 rd Year Honours	Mindful Soul/Fortis Hospital	06.06.2022 to 20.06.2023
15.	Shivangi Premi	B.A. 3 rd Year Honours	Certified Digital Content Writer	01.11.2022 to 31.01.2023
16.	Shreya Pillai	B.A. 3 rd Year Honours	Consultant Neuro Psychiatrist	01.01.2023 to 01.02.2023
17.	Anushka Aggarwal	B.A. 3 rd Year Honours	The Mind Point	01.11.2022 to 29.11.2022
18.	Shreya Sharma	B.A. 3 rd Year Honours	The Mind Point	01.11.2022 to 29.11.2022
19.	Nivedita Jhina	B.A. 3 rd Year Honours	Business Development Internship	15.06.2022 to 31.12.2022

Muskan Verma

DEPARTMENT OF PSYCHIATRY, I.G.MEDICAL COLLEGE, SHIMLA-171001 No.HFW/MC/PSY/2023- 46 Dated:- 13-02-2023 **EXPERIENCE CERTIFICATE** This is to certify that Miss. Muskan Verma, D/O Sh. Sailesh Verma, a student of Psychology from St. Bede's College Shimla, has successfully completed her one month observership/internship in the Deptt. of Psychiatry, IGMC, Shimla w.e.f 11.01.2023 to 10.02.2023. I wish all success in her life. Professor & Head Deptt. of Psychiatry IGMC, Shiffligf. & HEAD-DEPTT. OF PSYCHIATRY IGMC SHIMLA

Vibhooti Chauhan



Shubhangi Chopra



Sarvesh Agrawal Founder & CEO, Internshala

Date of certification: June 16, 2022

Certificate Number: D9418A1D-BA98-4023-08B5-3227EEE5A1F9
For certificate authentication please visit https://internshala.com/verify_certificate

Arzoo Arora



Xanadu Healthcare Pvt Ltd 1299 P, Sector 46, Gurgaon 122003, Haryana, India Tel:+91 124 4995040 M:+91 8287712622 E: into@xanaduhealthcare.com W: www.xanaduhealthcare.com

Date: 8th February 2023

TO WHOM SO EVER IT MAY CONCERN

This is to certify that Ms. Aarzoo Arora D/o Mr Sandeep Arora, a student of B.A Psychology Honors at St. Bede's College, Shimla has successfully completed the Internship program from 7th January 2023 to 7th February, 2023 at Xanadu Healthcare Pvt. Ltd.

Main tasks accomplished:

- Taking case history of the patients
- Observing Psychotherapy sessions
- Working closely with the patients at the Rehabilitation Centre.

She has been a hardworking, punctual and a dedicated intern throughout, with a great penchant in psychology.

I wish her good luck and continued success in all her future endeavors.

Best Wishes

Dr Rohit ANADU HEALTHCARE 1299-P, SECTOR-46, MD (Psychalagaon-122022

Regd. 38370

Aashmeen Kohri



INSTITUTE OF MENTAL HEALTH,

(GOVT. MENTAL HOSPITAL), AMRITSAR.

Phone & Fax: 0183-2423920

E-mail: directorimhasr@yahoo.com

Ref. No. 29

Dated 10/2/2023

TO WHOM IT MAY CONCERN

This is to certify that Ms.Aashmeen Kohri D/o Harpreet Singh Kohri who is student of B.A. Psychology Honours St.Bede's College, Shimla (Himachal Pradesh) underwent psychological training in Institute of Mental Health (Govt.Mental Hospital), Amritsar. Her training period was from 06-01-2023 to 05-02-2023 with 70 percent attendance. During her training period she interacted with the patients and gained experience about psychological testing. I wish her success in all spheres of her life.

Dr.Sanjav Kumar, Clinical Psychologist

Countersigned

Direct

Institute of Mental Health

(Govt.Mental Hospital), Amritsar

Dilasha Rawal



Vasundhara Sapehia



Tanushree Pandit

CERTIFICATE OF INTERNSHIP TRAINING This Gertifies that Ms. TANUSHREE Parist has successfully completed Internship Mentorship in Mental Realth at Fortis Hospital Mohali in association with Neuropeychiatry & Drug Deaddiction cum Rehabilitation Gentre, Ghandigarh (a licensed Mental Rospital under The Mental Realth Act) from 09 January 2023 to 09 February 2023		12 Fortis
This Gertifies that Ms. TAN VSHREE Pand 17 successfully completed Internship Mentorehip in Mental Realth at Fortis Rospital Mohali in association with Neuropsychiatry & Drug Deaddiction cum Rehabilitation Gentre, Ghandigarh (a licensed Mental Rospital under The Mental Realth Act) from 09 January 2023 to 09 February 2023 Market Limb	CERTIFICATE	HOSPITAL Mohali
successfully completed Internship Mentorship in Mental Realth at Fortis Kospital Mohali in association with Neuropsychiatry & Drug Deaddiction cum Rehabilitation Centre, Chandigarh (a licensed Mental Rospital under The Mental Realth Act) from 09 January 2023 to 09 February 2023 Mudden Lingh. Interval Mental Realth Act	OF INTERNSHIP TRAININ	G
Fortis Kospital Mohali in association with Neuropsychiatry & Drug Deaddiction cum Rehabilitation Gentre, Chandigarh (a licensed Mental Kospital under The Mental Realth Act) from 09 January 2023 to 09 February 2023 where Lines. I and Sidlin	This Certifies that Ms. TANUSHREE PANDIT	has
Fortis Hospital Mohali in association with Neuropsychiatry & Drug Deaddiction cum Rehabilitation Gentre, Ghandigarh (a licensed Mental Hospital under The Mental Realth Act) from 09 January 2023 to 09 February 2023 Mudden Lingh. Intel Solling	successfully completed Internship Mentorship in Mental He	alth
in association with Neuropsychiatry & Drug Deaddiction cum Rehabilitation Gentre, Ghandigarh (a licensed Mental Rospital under The Mental Realth Act) from 09 January 2023 to 09 February 2023 Mudden Lingh. January 2023 January 2023 January 2023 January 2023 January 2023	at	
Neuropsychiatry & Drug Deaddiction cum Rehabilitation Gentre, Ghandigarh (a licensed Mental Hospital under The Mental Realth Act) from 09 January 2023 to 09 February 2023 Market Lingh. January 2023	Fortis Hospital Mohali	
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Jandeep Kingh. Janut Sidler	Ghandigarh (a licensed Mental Kospital under The Mental Kea	lth Act)
Tauch	from 09 January 2023 to 09 February 2023	L
Tauch	males kingh	1 Killer
SR. COMMATANT PSYCHATRIST	Dr. Hartley Singh	Dr. Larneet Sidha

Khushi Chawla



Khushi Beniwal

SIR GANGA RAM HOSPITAL



THE GANGA RAM INSTITUTE FOR POST GRADUATE MEDICAL EDUCATION AND RESEARCH (GRIPMER)



GRIPMER Academic Block, 6th Floor, Casualty Building, Sir Ganga Ram Hospital, New Delhi - 110060 Tel.: 011-42251666, 42251667, 42251668 Website: www.sgrh.com Email; academics@sgrh.com

GRIPMER

Ref.:ACAD/FN. 2451

Date 10/02/23

This is to certify that

KHUSHI	BENIWAL	
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has successfully completed his/ her Internship/ Fellowship/ Observership/ Training in the

Department of PAE DIATRICS

Sir Ganga Ram Hospital, New Delhi - 110060.

w.e.f. 11 01/23 to 10/02/23

During the above period his/ her work & conduct has been found satisfactory.

One. Imran Noorant
Consultant Chief Psychologist
Assistant Professor, Child Development Clinic
Sir Ganga Ram Hospital, New Delhi, India
RCI No. A36791

Head of the Deptt.

Prof. (Dr.) V.K. Malik Dean, GRIPMER

(The Ganga Ram Institute for Postgraduate Medical Education & Research)

Sir Ganga Ram Hospilal, New Delhi-Bean/ Sub-Dean, GRIPMER

Himanshi Sahni



Palak



Mehardeep Kukreja



MINDFUL™ SOULS

CREATING A WORLD THAT CARES

CERTIFICATE

OF COMPLETION

PROUDLY PRESENTED TO

Mehardeep Kukreja

Has successfully completed the 60 hours training in INTERVENTION AND PREVENTION TRAINING PROGRAM

31ST JANUARY 2023

KIRTIKA CHOPRA COUNSELING PSYCHOLOGIST

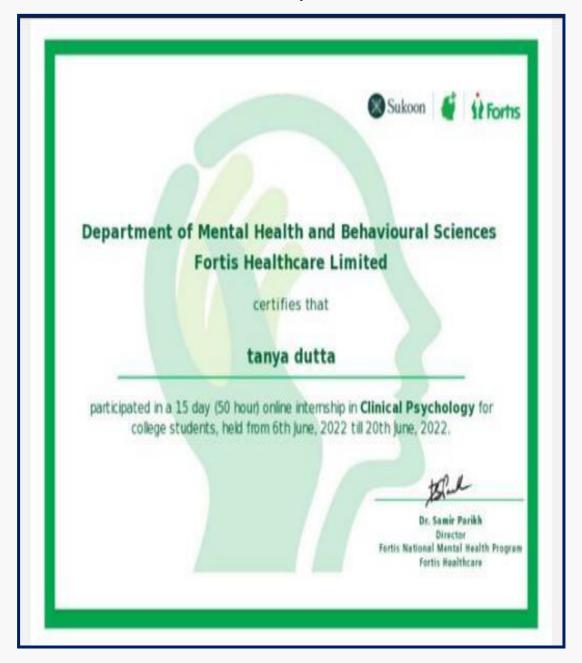
FOUNDER, MINDFUL PRACTITIONER

SITENDER SEHRAWAT

MINDFUL

SOULS

Tanya Dutta





SITENDER SEHRAWAT

FOUNDER, MINDFUL PRACTITIONER

MINDFUL

SOULS

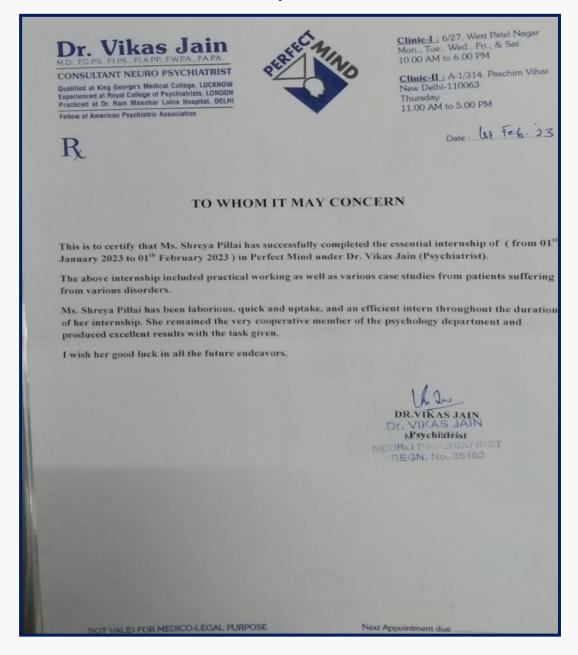
KIRTIKA CHOPRA

COUNSELING PSYCHOLOGIST

Shivangi Premi



Shreya Pillai



Anushka Aggarwal



Shreya Sharma



Nivedita Jhina

E	Experience Letter
	Date – Jan 2023
	TO WHOM IT MAY CONCERN
	with Nevadita Jhina for over a year for two of my companies — ne worked on positions of Business Development Intern and Research
	Nevadita is a hard-working person with a lot of skills. She can accomplish er. All recommendations for working with her.
Sincerely,	
Ugljesa Djuric	
Founder and CEO	
Contenthorse	Podinoo Do
	Borislava Petro Brace 32, 26000
	Pancevo

Department of Computer Science

Sr. No.	Name	Class	Internship	Year
1.	Priyanka Thakur	BCA	Personnel Aid Consultancy	01.01.2023 to 15.02.2023
2.	Arushi Thakur	BCA	Personnel Aid Consultancy	01.01.2023 to 15.02.2023

Completion Certificate

Priyanka Thakur

PERSONNEL AID Consultancy Services Internship Letter This is to certify that Ms. Priyanka Thakur PA-4036) employed through our Company Personnel Aid Consultancy Services has undergone her internship at Calvin Klein Kapsons, Mall Road, Ludhiana The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023. The stipend offered was Rs.15,000/- per month We wish her best of luck on successful completion of her internship For Personnel Aid Consultancy Services Name: Rajit Sharma Authorized Signatory Personnel Aid Consultancy Services. 17th Mar 2023 4427, B-5/6, Vasant Kunj, New Delhi - 110070 Tel: +91 - 41761116

Arushi Thakur



Internship Letter

This is to certify that Ms. Arushi Thakur PA-4037) employed through our Company Personnel Aid Consultancy Services has undergone her internship at Tommy Hilfiger Store at Kapsons, Mall Road, Ludhiana

The duration of her internship was 07 weeks from 01.01.2023 to 15.02.2023.

The stipend offered was Rs.15,000/- per month

We wish her best of luck on successful completion of her internship

For Personnel Aid Consultancy Services

Name: Rajit Sharma Authorized Signatory Personnel Aid Consultancy Services. 17th Mar 2023

4427, B-5/6, Vasant Kunj, New Delhi - 110070 Tel: +91 - 41761116

Department of Microbiology

Sr. No.	Name	Class	Internship	Year
1.	Sidhi Gupta	Microbiology	Cremica Food Industries	05.01.2023 to 05.02.2023

Completion Certificate Sidhi Gupta

