

NSS Activities

Session 2023-24

Tree Plantation Drive

August 9, 2023

Objective: To contribute significantly to environmental sustainability and community well-being by fostering a sense of responsibility among our volunteers.

Description: The volunteers of NSS Unit of St. Bede's College conducted Tree Plantation Drive on August 1, 2023, in the surrounding areas in Navbahar and college campus. The activity helped students connect with nature and promoted ecological balance. It aimed to combat deforestation by planting a diverse range of native trees, enhancing biodiversity, and mitigating the impacts of climate change.

Outcome: The outcomes of an NSS tree plantation drive extend beyond the physical act of planting trees, influencing the community, raising environmental awareness, and contributing to the broader goals of sustainability and ecological well-being.





Cleanliness Drive

Date: September 1, 2023

Objective: To foster a sense of civic responsibility and environmental stewardship among the community.

Description: The NSS aimed to make a meaningful and lasting impact on the cleanliness and hygiene standards of the community, promoting a culture of responsibility and care for the environment. The surrounding areas in Navbahar and college campus were cleaned.

Outcome: This activity improved and help to create clean and green environment, fostering sense of responsibility towards cleanliness among students.



Swachhta Hi Seva Campaign

Date: October 2, 2023

Objective: The 'Swachhta Hi Seva' campaign, initiated by the Government of India, aims to promote cleanliness and sanitation across the nation. The primary objectives of the campaign include promoting cleanliness awareness, community participation and waste management.

Description: The volunteers of NSS Unit of St. Bede's College started Swachhta hi Seva campaign from 15th of September till 2nd of October. The Principal of College Sister Molly Abraham also administered "Swachhta Oath" to the volunteers and program in-charges.

Outcome: This activity enhanced community hygiene, awareness, and civic responsibility.



NSS Day Celebrations

Date: September 26, 2023

Objective: To commemorate the founding of the NSS and to highlight the significance of community service, social responsibility, and volunteerism.

Description: NSS Unit of St. Bede's College celebrated NSS Day on September 26, 2023. Students participated enthusiastically in various cultural programmes such as Natti, Bhangra, Bollywood dance, skit etc. Students presented their power point presentation by explaining the importance and significance of NSS Day. NSS Day celebrations serve as an annual opportunity to reiterate the commitment to social service and community development, fostering a sense of responsibility and active citizenship among the youth.

Outcome: NSS Day celebration led to heightened community awareness, increased volunteer engagement in social initiatives, and strengthened bonds between NSS members and the local community, fostering a spirit of active citizenship..



KhadiMahotsav

Date: October 2- 31st, 2023

Objective: To contribute to the promotion and revival of khadi, aligning with the principles of self-reliance, sustainability, and cultural pride.

Description: The campaign is being organized across the country from 2nd October to 31st October every year. The volunteers of NSS unit of St. Bede's College take e-pledge in my govt.com portal.

Outcomes: The participation of NSS volunteers in Khadi Mahotsav successfully promoted sustainable practices and empowered local artisans, contributing to a heightened awareness and appreciation for Khadi within the community. The event resulted in increased patronage for Khadi products, fostering economic growth and preserving traditional craftsmanship.



Kalash Yatra: Meri Matti Mera Desh

Date: October 7, 2023

Objective: To inculcate community service, cultural appreciation, and holistic development among the volunteers.

Description: NSS Unit of St. Bede's College in collaboration with Heritage Club and NCC unit organized a program under the theme 'Meri Maati, Mera Desh' in which rice and soil are collected in the Kalash. Various plants were collected and planted on the campus. The volunteers also participated in the rally which was conducted on the college campus.

Outcome: The NSS Kalash Yatra successfully promoted cultural reverence, community integration, and environmental awareness.



NSS Carnival

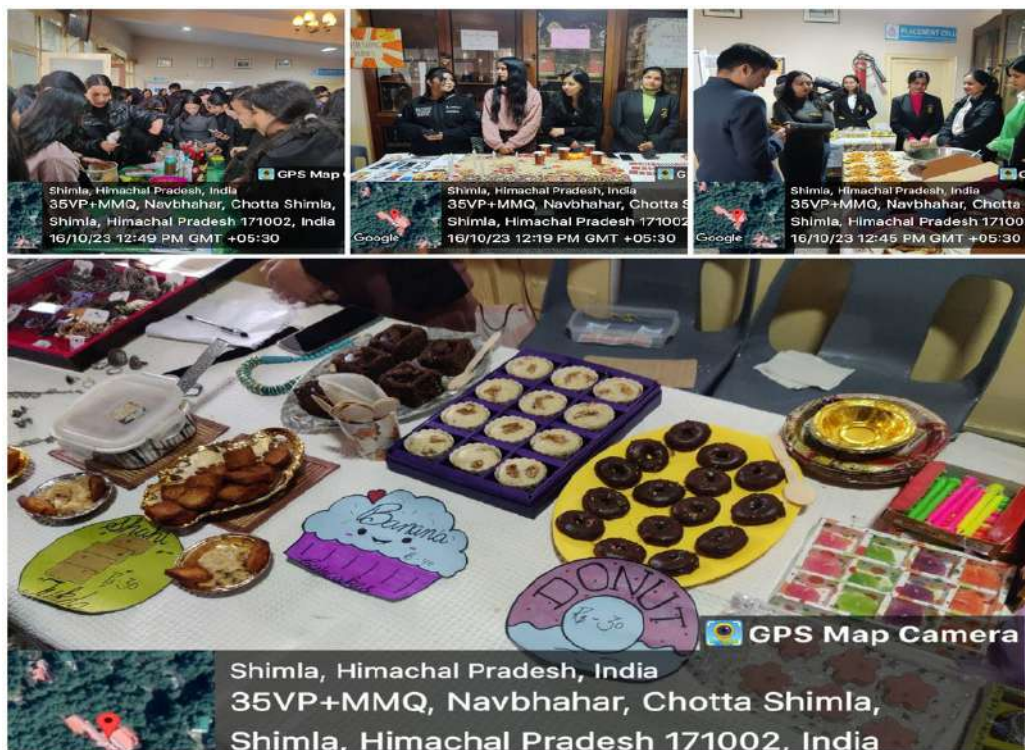
Date: October 16, 2023

Objective: To create a vibrant and impactful event that not only entertains but also educates, empowers, and strengthens the bonds between volunteers and the communities they serve.

Description: NSS Unit of St. Bede's College organized a Carnival on October 16, 2023, in the college auditorium in which various food stalls and games stalls were set up. Students from our college as well as. Participants of other colleges also joined the event. The event was a great success.

Outcomes: The NSS carnival successfully fostered community unity, raising awareness on social issues through engaging activities and cultural displays. The event showcased the

collective impact of NSS volunteers in promoting civic responsibility, leaving a lasting positive impression on the participants.



First Aid Training

Date: October 21, 2023

Objective: To equip volunteers with the necessary knowledge and skills to provide immediate and effective assistance in emergency situations.

Description: NSS Unit of St. Bede's College in collaboration with Red Cross Society organized a Basic First Aid (Life Saving) Training on October 21, 2023, in college auditorium. Volunteers of NSS Unit and D. El. Ed Department of the college participated and learned lifesaving skills.

Outcome: NSS first aid training enhanced the volunteers ability to provide immediate and effective assistance in emergencies.



Unity Day Celebration

Date: October 31, 2023

Objective: Fostering a sense of unity, harmony, and national integration among the students.

Description: On the occasion of National Unity Day, the volunteers participated in a rally conducted on the college campus. Poster making competition was also organized on this day and volunteers participated enthusiastically.

Outcomes: NSS Unity Day celebration strengthened community bonds, fostering a sense of harmony and diversity appreciation. Volunteers actively engaged in cultural exchange, promoting unity in the spirit of India's rich pluralism. The event successfully instilled values of tolerance and civic responsibility among participants.



Constitution Day Celebration

Date: November 26, 2023

Objective: To create an informed and engaged citizenry that actively participates in the democratic process and works towards building a just and inclusive society as envisioned by the Constitution of India.

Description: On the occasion of Constitution Day students visited the Government official portal and

read the preamble of the Constitution to celebrate the spirit of democracy and constitutional governance, emphasizing the role of every citizen in upholding the ideals of the Constitution.

Outcome: The event promoted unity and democratic engagement, inspiring NSS participants to actively contribute to a just and inclusive society. Overall, the celebration strengthened the commitment to upholding the principles laid out in the constitution for a better community.



Red Run Marathon Competition at the Ridge, Shimla

Date: October 1, 2023

Objective: Awareness on HIV& AIDS through Marathon Competition

Description: The Red Run Marathon, held at Ridge in Shimla on October 1, 2023, was organized by the Himachal Pradesh State AIDS Control Society (HPSACS). As part of the event, students from St Bede's College staged a skit aimed at raising awareness about HIV & AIDS. Additionally, forty students from various clubs including the Red Ribbon Club, NSS, and NCC actively participated in the awareness campaign during the event.

Outcome: This event served as a platform for raising awareness about the significance of HIV and AIDS and addressing the issues of stigma and discrimination surrounding them.



Flash Mob

December 2, 2023

World AIDS DAY Celebration at Hotel Peterhoff, Shimla

Date: December 1, 2023

Objective: To promote understanding of the impact of communities on the HIV & AIDS response, the Red Ribbon Club of St. Bede's College joined hands with the NSS and NCC units of the institution for a State Level event held at Hotel Petetrhoff in Shimla. The students of the club actively engaged in the proceedings of the State Level Function, demonstrating their enthusiasm and commitment to the cause.

Outcome: This event played a crucial role in raising awareness about the vital role of communities in spearheading efforts to combat and ultimately eradicate HIV & AIDS.





स्वास्थ्य एवं परिवार कल्याण विभाग हिमाचल प्रदेश
 (हिमाचल प्रदेश राज्य एड्स नियंत्रण समिति)

विश्व एड्स दिवस
 1 दिसम्बर, 2023
 "Let communities lead"

राज्य स्तरीय समारोह
 मुख्य अतिथि
श्री सुखविंदर सिंह सुक्खू
 माननीय मुख्यमंत्री, हिमाचल प्रदेश
 कार्यक्रम के अध्यक्ष
कर्नल (डॉ.) धनीराम शांडिल
 माननीय स्वास्थ्य एवं परिवार कल्याण, सामाजिक न्याय एवं अधिकारिता व
 श्रम और रोजगार मंत्री, हिमाचल प्रदेश
 एवं
 विशिष्ट अतिथि
श्री संजय अवस्थी
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इस अवसर पर आप सादर आमंत्रित हैं।

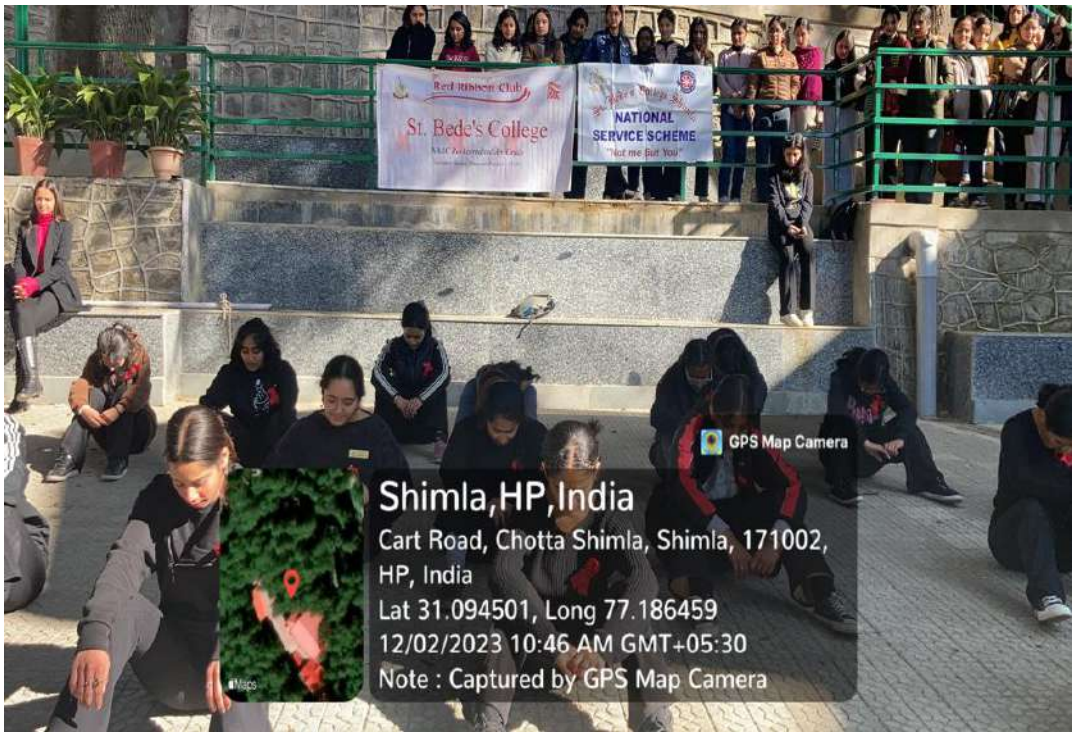
श्री राजीव कुमार (हि.प्र.से.)
 परियोजना निदेशक,
 हि.प्र. राज्य एड्स नियंत्रण समिति

सुश्री एम. सुधा देवी (भा.प्र.से.)
 सचिव स्वास्थ्य एवं परिवार कल्याण
 एवं अध्यक्ष, हि.प्र. राज्य एड्स नियंत्रण समिति




 HPSACS | Himachal Pradesh SACS | www.sechp.org





Shimla, HP, India

Cart Road, Chotta Shimla, Shimla, 171002,
HP, India

Lat 31.094501, Long 77.186459

12/02/2023 10:46 AM GMT+05:30

Note : Captured by GPS Map Camera

GPS Map Camera

#Maps



Shimla, Himachal Pradesh, India

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171002, India

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Long 77.186455°

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GPS Map Camera

Google



Celebration of Bhatiya Bhasha Diwas

Date: December 11, 2023

Objective : To celebrate cultural regional and linguistic diversity of India Description: Volunteers of NSS unit, St. Bede's College, Shimla demonstrated the varied culture of India by traditional portrayal of dresses through ramp walk of diverse regions of India on December 11, 2023.

Outcome: The celebration of Bhatiya Bhasha Diwas contributed to the promotion, preservation, and appreciation of India's linguistic and cultural diversity, fostering a stronger sense of national identity and unity.





Christmas Charity

Date: December 24, 2023

Objective: To bring comfort, hope, and happiness to vulnerable individuals and communities, reflecting the spirit of goodwill and compassion.

Description: On the Occasion of Christmas, St. Bede's College donated ration to the Almighty

Blessings, a selfless service which provides free food to the patients and their visitors. The students of St. Bede's College visited the IGMC Hospital, Shimla and offered their helping hand in serving free langar to the attendants of cancer patients.

Outcome: Overall, involving students in Christmas charity activities not only benefits those in need but also provides valuable opportunities for children to learn, grow, and develop important life skills and values.



NSS Annual Camp (March 23 to March 29, 2024)

Day1

The inaugural day of the 7-day NSS Camp commenced with an assembly where prayers were offered, followed by updates on current affairs and a motivational thought for the day. The day's activities began with a session of 'heartfulness' meditation session, followed by yoga asanas. Post lunch, NSS volunteers were engaged in organizing the archives section of the library, demonstrating their commitment to community service.



Day 2

The second day commenced with another assembly, followed by the second session of 'heartfulness' meditation, focusing on deep cleaning techniques. Later, Miss MitaliGautam, serving as an editor in 'The Statesman' who is also an alumni of St. Bede's College, delivered an insightful talk on the "Role of Media in Elections". Afternoon activities included a cleanliness drive outside the college campus, highlighting the importance of environmental awareness and community cleanliness.




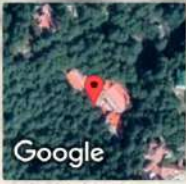
Day 3

On the third day, the assembly started with the customary prayer and a last session of ‘heartfulness’ meditation, emphasizing prayer and gratitude. This was followed by an enlightening session with Ms. Sheetal Vyas, a renowned criminal lawyer at the honourable High Court in Himachal Pradesh, Shimla. She is also an Ex Bedeian who highlighted the significant role of “Women in Nation-building”. Post lunch, volunteers visited underprivileged children, imparting hygiene tips and fostering a sense of social responsibility among the participants.



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 **GPS Map Camera**



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Long 77.186359°
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 **GPS Map Camera**



Day 4

The day commenced with a session of prayers, news updates, and reflective thoughts, and setting a serene tone for the activities ahead. Following this, a presentation on "Research and Development in Sustainability" by Miss Shivani Chauhan, an entrepreneur and an alumni of St. Bede's College. Through her talk she explained about different aspects of Start Ups being supported by Government of Himachal Pradesh. After lunch, the volunteers then embarked on a community service initiative, cleaning the vicinity of the college to promote community service.





Day 5

On day 5, the Students made posters on 'Viksit Bharat' and sorted books and cleaned library premises. Day 5 showcased student's engagement in promoting national development and improving library facilities, reflecting dedication to both community service and institutional enhancement.





Day 6

Starting with the morning assembly, the day began with a relishing prayer. On day 6, Ms Jyoti Rana, ADM (Additional District Magistrate, Shimla), was our guest speaker for the day. She gave valuable insights on the theme "Importance of voting in elections". In the afternoon, the archives section of the library was cleaned and books were rearranged.



Day 7

The last day of the NSS camp started with an energetic assembly followed by the students' visit to Bengali colony, Sanjauli, Shimla to donate clothes to the poor families and children staying there. Afterwards, students gathered for the valedictory session in the seminar room. Our principal, Sr. Molly Abraham graced the session and enhanced the enthusiasm of the NSS volunteers. In the valedictory session a PPT was shown depicting the efforts and endeavours put forth by the NSS volunteers during the camp and throughout the session.

