

SEMINAR ON "BUILDING EXCELLENCE IN LIFE AND CAREER THROUGH WORK ETHICS AND CULTURE"

Objective: The seminar on "*Building Excellence in Life and Career Through Work Ethics and Culture*" aimed to emphasize the critical role of strong work ethics and a positive cultural mindset in achieving personal and professional excellence. It sought to inspire participants to view excellence as a holistic journey involving intellectual, emotional, social, and spiritual growth, thereby enabling them to realize their unique potential and commit to lifelong development.

The Internal Quality Assurance Cell (IQAC) of St. Bede's College organized an inspiring seminar on "*Building Excellence in Life and Career Through Work Ethics and Culture*" on 18th November 2024 at 12:00 PM. The event was organised under the leadership of IQAC Chairperson Prof. Sr. Molly Abraham, with Dr. Shweta Thakur as the Convener, Ms. Neha Walia as the Co-convener, and Ms. Snigdha Bhatt and Ms. Komal Sharma as the Organizing Secretaries.

Key Highlights of the Seminar

The seminar brought together an esteemed panel of resource persons, including:

- **Prof. N.K. Goyal**, Chairman Emeritus of TEMA and President of CMAI/CSAI
- **Ms. Anjali Verma**, Director of Cyber Security Association of India

Prof. N.K. Goyal delivered an impactful and motivational session on essential life skills, including goal setting, achieving success, managing stress effectively, and fostering emotional well-being. He emphasized that true excellence is not confined to achievements but is a transformative journey toward discovering one's purpose, nurturing unique talents, and committing to lifelong learning and growth.

Engaging Participation and Impactful Outcomes

The seminar fostered an interactive and engaging environment:

- **Student Involvement:** Participants actively engaged in the session by posing thoughtful questions, reflecting their deep interest in the topic. Their curiosity and enthusiasm were rewarded with books, encouraging a spirit of inquiry and learning. Students from nearby colleges also attended the event.
- **Inspiration and Motivation:** Prof. Goyal's insights and practical advice resonated with students, inspiring them to view excellence as a holistic pursuit encompassing intellectual, emotional, social, and spiritual dimensions.

This vibrant exchange of ideas and experiences created a dynamic and supportive atmosphere, leaving students empowered and motivated. The seminar concluded on a high note, marking a significant step in guiding participants toward building strong work ethics, fostering a positive culture, and excelling in life and career.

This resounding success stands as a testament to the importance of such initiatives in shaping young minds for a brighter future.



Outcome

The participants were able to learn the role of goal-setting, stress management, and emotional stability as foundational life skills for achieving excellence.

Inspired participants shall be able to embrace self-discovery, nurture their talents, and commit to continuous growth in both their personal and professional lives.

