ST. BEDE'S COLLEGE

ECHOES

2025-26 PRESENTS

DRAMATIQUE

ALL THE WORLD'S A STAGE



“Dramatique” is more than just a theme—it is a perspective, a way of seeing the world and ourselves within it. This magazine becomes a living platform where every student, every voice, and every creative expression takes center stage. It celebrates the notion that each individual in our college is both an actor and a storyteller, contributing to a vibrant, ever-evolving performance.

A stage is not defined merely by lights and curtains; it is any space where ideas are expressed, emotions are shared, and identities are explored. In this sense, our college itself is a grand theatre—its classrooms, corridors, and open grounds echoing with stories waiting to be told. “Dramatique” transforms these everyday spaces into a curated stage, where talent is not only showcased but also honored and amplified.

This magazine reflects the diversity of performances within our institution. From poetry that captures silent emotions, to essays that challenge perspectives, from artwork that speaks without words to narratives that transport us into different worlds—each contribution becomes an act in this collective production. Every page turns like a scene change, offering something new, something unexpected, yet deeply connected to the spirit of the whole.

The theme also emphasizes authenticity. Just as actors bring life to a role, students bring originality to their work. There is courage in stepping onto a stage, in sharing a part of oneself with an audience. “Dramatique” acknowledges this bravery and provides a space where creativity is not judged but celebrated. It encourages individuals to embrace their unique roles and to recognize that their voices matter.

At its heart, “Dramatique” is about participation and connection. A stage is incomplete without both performers and audience, and this magazine bridges that gap. It invites readers to not only witness but also engage—to see reflections of themselves in others’ stories, to feel inspired, and to become part of the ongoing narrative.

Ultimately, “Dramatique – All the World’s a Stage” captures the essence of college life as a dynamic performance—full of growth, experimentation, and discovery. This magazine stands as a testament to the talent within our community, reminding us that every moment, every effort, and every expression contributes to a larger, meaningful story.

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FROM THE PRINCIPAL'S DESK



"The only person who is educated is the one who has learned how to learn and change." — Carol Rogers
"Non Nobis Solum" — Not for ourselves alone — remains the guiding motto of our institution.

It is a privilege to present this edition of the college magazine (2025–2026).
St. Bede's College, established in 1904 and affiliated with Himachal Pradesh University, proudly celebrates over a century of excellence in education. Inspired by the vision of St. Claudine Thevenet, we remain committed to nurturing young women through values such as compassion, courage, and integrity, while promoting academic and holistic growth. Our institution continues to offer a rich academic environment supported by co-curricular and skill-based opportunities, preparing students to meet real-world challenges. The achievements of our students in academics, sports, and extracurricular activities are truly commendable.
We take pride in our accomplished alumni and remain grateful to our dedicated faculty and staff, whose commitment reflects in our academic excellence and NAAC accreditation.
I extend my appreciation to the editorial team for bringing out this engaging and insightful magazine. Let us continue striving for excellence, contributing meaningfully to society, and upholding the legacy of our institution. May we always find peace, joy, and strength in knowing God's love and goodness. God bless you all.

-Sister Rosily T.L
Principal, St. Bede's College, Shimla

THE EDITORIAL



Ms. Snigdha Bhatt
Assistant Professor
Department of English

"Life's a show and we all play a part
And when the music starts
We open up our hearts"
- Joss Whedon

At the vibrant crossroads where experience meets expression, there lies Dramatique: a mesmerizing realm where the mundane metamorphoses into the magnificent, and the everyday unveils its theatrical soul. Life is not a linear journey, it unfurls in dynamic scenes, punctuated by pauses and crescendos, where silences often speak louder than words. Dramatique captures this rhythm, seizing the profound intensity and the tidal wave of emotions that define our human journey. Within these pages, you will uncover fragments of laughter and longing, of conflict and catharsis, of dreams that tremble and voices that soar. Each piece is a moment in motion, a spotlight on stories often left untold, yet deeply felt. Here, the ordinary transforms into the extraordinary, and the unseen claims its rightful stage.

We live our lives as both performers and spectators, feeling deeply, faltering quietly, and rising again with renewed strength. This magazine mirrors that shared journey, where every word carries the weight of lived experience and the beauty of honest expression. I extend my deepest gratitude to our contributors for their courage to share, reveal, and create. My sincere appreciation also goes to the editorial team, whose dedication has woven these scattered moments into a meaningful and cohesive narrative. As you turn these pages, may you lose yourself in these stories, only to find yourself again, somewhere between the lines, in the poetry of it all.

For in the end, life itself is the most powerful drama we will ever know.





Directed By



Shayontika Chakraborty
Editor

"I can be changed by what happens to me. But I refuse to be reduced by it." — Maya Angelou

My journey as the editor of Bede's has been nothing short of incredible. From running around to collect reports to hastily noting down the names of winners from various competitions, it has been nerve-wracking. Yet, somehow, it always made me feel as though I truly belonged here—I felt at home. There were moments when managing everything at once felt overwhelming, but somehow I always found a way through. This post is everything I could have asked for as a student of this prestigious institution.

I suppose you could say I've inherited Beatrice's "merry war" with the world. When I sit down at my desk to edit Echoes, I don't just see a collection of student articles; I see a stage waiting for its script. Logic becomes my armor. While others may get swept away by the dramatique flair of our theme, I'm the one behind the curtain checking the structural integrity of every sentence. I have little patience for fluff—I would rather have a skirmish of wit than a dull paragraph.

From being the co-editor in my second year to taking on the role of editor in my final year, the journey has been truly remarkable. As I step down, I wish all future editors the very best. Trust me, there will be challenges along the way—but I believe in you.



Mahima Sarah Ponsonby
Co-Editor

Serving as the Co-Editor of our college Editorial Board has been one of the most meaningful chapters of my college life. Like Jo March, who found freedom and purpose through writing, I too discovered how powerful words can be when they bring people together. Working on the magazine has been far more than editing pages and arranging articles; it has been a journey of creativity, collaboration, and constant learning. Every meeting, every late-evening discussion over ideas, and every carefully chosen word has taught me something new about responsibility, leadership, and the beauty of collective effort. What makes this experience truly special is the incredible team I have had the privilege of working with. Each member of the board brought their own ideas, talents, and enthusiasm, turning what could have been a simple publication into a shared labour of passion. Their encouragement, patience, and willingness to help at every step made the entire process not only smoother but deeply enjoyable. This tenure has strengthened my love for writing and reminded me that stories gain life when many voices come together. I leave this experience with gratitude for my team, pride in our work, and countless lessons that will stay with me far beyond these pages.

Produced By



Character:Edward Scissorhands
Just like Edward I always felt like a lost peice of a puzzle i could not find. I spent my entire high school life trying to fund the puzzle i belonged to but I realised i was searching at the wrong place. At bedes i found my puzzle just like Edward found Peg. This board helped me discover my potential and myself as a person. I'm extremely privileged and so greatfull i got this opportunity and I shall never forget this experience.

Aahna Chauhan(English Honours 1st year)



Character: Anne
Anne Shirley is a character I deeply relate to. Like her, I'm extroverted, dramatic, and unafraid to speak my mind. I admire her wit, love for words, academic confidence, and quiet feminism. Like Anne, I embrace ambition, independence, and imagination, arriving in the world fully myself and impossible to ignore.

Snigdha Guha (B.A Psychology Honours 1st year)



Character: Doctor Faustus
Drawn to the restless curiosity of Doctor Faustus, I resonate with his unyielding thirst for knowledge and the courage to question limits. His story reflects the eternal drama between ambition and consequence. On the stage of literature, that same pursuit of understanding continues to inspire my voice.

Mansi Rohal (M.A English 2nd year)



Character: Mia Dolan
Joining this board was an unexpected plot twist for me, much like Mia Dolan's journey. I relate to her because she represents the grit behind every dream. Her story reminds me that even when you feel out of place, your unique "spark" is exactly what the world needs to see.

Bhumi Agrawal (B.A Pass Course 1st year)



Character: John Keating
The words of John Keating from the film Dead Poets Society always echo through my mind and heart. As an English teacher, he encourages his students to not merely read books, but to also hold life itself with a gentle yet fierce kind of rebellion. He ignites a passion for the arts in the souls he touches, inspiring them to live to the fullest and catch every glimmer of light the world offers.

Ridhima Munjal (B.A English Honours 3rd year)



Character: Elizabeth Bennet
Just like Elizabeth, I too would despise a prideful man at first glance. Her intelligence and wit is something I try to emulate every day in my life. She is a blend of affection and confidence which speaks deeply to me. Even her judgmental nature resonates with me. Lizzie is truly a part of myself.

Deeksha Singh Jaryal (B.A English Honours 3rd year)



Character: Lara Jean Covey
Words are heart-pieces folded onto paper. Being on the Editorial Board felt like writing a secret letter—personal and hopeful. I learned that stories foster profound connections, nurturing feelings and friendships into something beautiful and shared. It wasn't just work; it was heart.

Anuva Chandra (Biotechnology Honours 3rd year)

Character: Belle
My soul whispers the drama of Belle, restless and luminous within me. I see magic in pages and kindness in broken places. While others chase glittering crowds, I chase stories and truth. I believe love is not about appearance but heart. I long for adventure beyond small town limits with courage and imagination.

-Ananya Sharma (BA Psychology Honours 2nd year)





Charcter: Amélie Poulain
Amélie Poulain feels like a character shaped by quiet wonder, finding magic in small details and unnoticed moments. Like her, I appreciate subtle emotions and hidden stories in everyday life. Though gentle and reserved, her vibrant inner world shows that even the quietest people can influence the world in meaningful ways.

- Gurmilan Monga (B.A Pass Course 3rd year)

Character: Margaret Hale
Margaret Hale resonates with me because she feels deeply yet remains strong. When her world changes moving from the South to the North she questions everything but still chooses empathy over judgment. Her quiet courage and willingness to understand others remind me that sensitivity can be a form of strength.

-Siddhi Maharshi (B.A English Honours 1st year)





Character: Anna
Tolstoy presents Anna as a tragic heroine who struggles between her desire for true love and the rigid expectations of society, and her emotional intensity, vulnerability, and longing for happiness make her a deeply human character and I totally get the reason why she was running for the things she desires because why not go out for the things you want, and that's why I love relating to her. She was not afraid of doing things she wanted, and neither should any women of this age be.

-Aadrija Ray Chaudhuri (B.A English Honours 3rd year)

Character: Max Mayfield
Think Max Mayfield but swapping Demogorgons for college deadlines. Independent, strong-willed, and allergic to nonsense, I believe in quiet strength and loud playlists. I may not say everything I feel, but when it matters, I stand my ground and show up - loyal, resilient, and ready to fight my metaphorical Upside Down.

Saisha Khanna (B.A psychology Honours 2nd year)





Character: Dreamer
I resonate with the Dreamer from White Nights. A poet of fleeting moments and fragile hope. I live intensely within my emotions, loving deeply and longing quietly. A free soul shaped by solitude, I search for home in conversations, in glances, in almosts. I am tender, reflective, and forever wandering toward belonging.

Ridhi Bhargav (B.A English Honours 2nd year)

STUDENT COUNCIL
2025-26

ADMIRAL



MEDHAVI NAUTIYAL

When I first stepped onto this campus after a weary ride from Dehradun to Shimla, I knew in that exact moment that this would be the place I would call home for the next three years. The journey from being a scared first-year student to becoming the Admiral of the Student Council might not have been the most inspiring one, but it has most certainly been a memorable one. And to be able to serve and love this place has been more than a privilege. But what truly stands above it all is not the post or the Bedeian pin, it is the people who made it all happen, all my "Shades of Purple." Because St. Bede's is more than just a place, and no amount of time you spend here will ever be enough, as this place becomes a part of you in the most beautiful way possible. So as I say it for one last time, "Non Nobis Solum," I hope you know that every word comes from the bottom of my heart, engraved in it forever.

And to my juniors, I just want to say this: from everything that could possibly go wrong, I hope you also do not forget to imagine the best-case scenario. And I hope that it brings you back to Bede's—the place where it all started.

With all the love in the world.

VICE-ADMIRAL

Becoming Vice Admiral was a dream moulded into reality, yet I quickly realised it was a continuous test of character that far outweighed the position. This role allowed me to serve the college, support my professors, provide my juniors with new opportunities and learn from the wisdom of my seniors. It pushed me to evolve, striving daily to be more competent, vigilant, and approachable. From the adrenaline of winning inter-college debates to organising a fest, these moments became my most cherished memories. This role challenged me every day to hone my abilities and prove worthy of the trust placed in me. It taught me that leadership isn't a destination, but a daily promise to show up and do better for the people beside you. Lastly, I would like to thank the people who helped build bridges during storms and were the reason why I kept moving forward, my friends, seniors and my Admirals.



NUPUR THAKUR

INS CHIRAG



Serving as the Captain and Vice Captain of INS Chirag has been more than representing a ship; it has been about carrying forward a legacy of unity, passion, and excellence. From joining as members to leading the team, this journey has shaped us with lessons of leadership, teamwork, and resilience. Together, we celebrated victories, faced challenges, and created memories that will stay with us forever. As our tenure ends, we leave with gratitude and pride, knowing INS Chirag will continue to shine. Thank you, Chirgians, for your trust and support. Keep shining and making INS Chirag proud.

INS HIMMAT



As Ship Captain and Vice-Captain, we reflect on a meaningful and transformative journey. This experience taught us responsibility, resilience, patience, and the true spirit of teamwork. We learned that leadership is about listening, understanding, and leading by example. We are sincerely grateful to the college administration and our convenor, Dr. Preeti Koundil Ma'am, for their constant support. As we step down, we carry forward cherished memories, strong values, and hope for future leaders to uphold this spirit.

INS VIKAS



As we conclude our tenure as Captain and Vice Captain of INS Vikrant, we feel immense gratitude and pride. This journey has been about leadership, growth, and unforgettable memories. We thank the College Administration and our Convener for their constant guidance and support. Most importantly, we are grateful to our team, whose dedication and unity made every achievement possible. Together, we became a family. We step down with pride in our accomplishments and cherish the moments that will stay with us forever.

INS VIKRANT



As we conclude our tenure as Captain and Vice Captain of INS Vikrant, we feel immense gratitude and pride. This journey has been about leadership, growth, and unforgettable memories. We thank the College Administration and our Convener for their constant guidance and support. Most importantly, we are grateful to our team, whose dedication and unity made every achievement possible. Bound as a family, we move ahead with pride in our achievements, treasuring the moments that will always stay with us.

CULTURAL SOCIETY



As the Cultural President and Secretary, we take pride in the vibrant spirit of our college. This year showcased a blend of talent, creativity, and unity through various cultural events. From music and dance to art and literature, each platform reflected students' passion. We thank all participants, volunteers, and faculty for their support. Let us continue to celebrate diversity, nurture talent, and keep our cultural spirit alive.

FINE ARTS SOCIETY



As President and Secretary of the Fine Arts Society, we celebrate a vibrant year of creativity, expression, and artistic excellence. This journey was filled with imagination, collaboration, and memorable achievements. We learned that cardboard is impossible to clean, decorations never end on time, and everything runs on passion (and snacks). It was a beautiful chaos of paint-stained hands, laughter, and last-minute miracles. We panicked, we persevered, and we made it happen.

DEBATES & DRAMATICS



This year as members of the Debates and Dramatics Society marks the completion of a truly enriching journey filled with surprises, meaningful conversations, and memorable experiences. The society holds a special place in our hearts as a legacy we proudly carry forward. It has taught us perseverance, determination, and the strength of expression. We sincerely appreciate our fellow members for their enthusiasm and extend heartfelt gratitude to our convenor, Ma'am Devina, for her constant guidance and support.

COMMUNITY OUTREACH



As our term as President and Secretary of the Community Outreach Society concludes, we reflect on a year that has deeply transformed us. Leading this society at St. Bede's College has been an absolute honor. We are grateful to our convener, our team, and the entire Bede's family for their unwavering support. We leave with meaningful memories and a sense of fulfillment, hopeful that the society will continue to grow and touch many more lives ahead.

NSO



As the President and Secretary of NSO, we feel immense pride watching our students represent the college in various matches and inter-college competitions held throughout the year. Every game reflects dedication, teamwork, and true sportsmanship. For us, NSO is not just about victories but about growth, confidence, and unforgettable memories created on the field. Leading this platform is an honour, and seeing the passion of every participant makes this journey truly meaningful and inspiring for us both.

NSS



Serving as President of the National Service Scheme (NSS) has been one of the most enriching experiences of my college life. Leading dedicated volunteers in organizing health camps, cleanliness drives, and awareness programs allowed us to make a meaningful impact on the community. This journey strengthened my leadership, teamwork, and organizational skills while deepening my empathy and sense of responsibility. NSS inspires students to serve beyond classrooms and fosters growth through commitment, compassion, and collective effort.

WOMEN CELL



Serving as the President and Secretary of the Women Cell has been a transformative and empowering journey. This platform enabled us to lead with purpose, foster confidence, and promote equality within our institution. Through impactful initiatives and collective efforts, we witnessed strength, unity, and resilience among our peers. The unwavering support of faculty and students strengthened our mission. This experience not only shaped us as leaders but also deepened our commitment to creating a more inclusive and empowered campus community.

ENGLISH EDITORS



As editors of the college magazine, this journey has been both enriching and creatively fulfilling. It gave us the opportunity to bring together diverse voices, ideas, and talents onto a shared platform. From curating content to shaping each page, we learned the value of collaboration, creativity, and attention to detail. We are grateful to everyone who contributed and trusted us with their work. This experience has not only strengthened our editing skills but also created memories we will always cherish.

HINDI EDITORS



We are what we repeatedly do. Excellence is a habit." Our journey as the Hindi editors with ECHOES taught us teamwork, communication, and leadership. It was a transformative experience that sharpened our skills and broadened our perspective, allowing us to grow both personally and professionally. Under the guidance of Dr. Devina and the editorial team, we're grateful for the opportunity to have been a part of it.

PHOTOGRAPHY CELL



As President and secretary of the Photography cell, we never imagined leading a team of such passionate, creative, and wonderfully chaotic artists. From early morning shoots to last-minute event coverage, we've faced low batteries, blurred shots, and big dreams together. What started as a love for photography became a journey of laughter and lifelong friendships. We don't just capture pictures; we capture emotions and memories. We're proud of this family that turns simple moments into timeless stories, one click at a time.

HOSTEL REPRESENTATIVES



With hearts full of gratitude, we thank everyone who supported us during our journey as Hostel Representative and Vice Hostel Representative of St. Bede's College. This role gave us memories, friendships, and valuable lessons. We are thankful to the management, wardens, staff, and our hostel family for their guidance and trust. Every challenge shaped us into better individuals. Serving the hostel was not just a duty but an honour and a cherished chapter we will always carry with pride.

ENVIRONMENT AWARENESS CELL



Serving as President and Secretary of the Heritage Club Miraasa has been the greatest honour and an incredible experience. While we leave behind our hard work, we carry forward the lessons, friendships, and a deep pride in the legacy we have helped shape. From sleepless nights planning the food carnival to celebrating successful competitions, every moment will be cherished. We will always remain proud to have been part of this journey and grateful for everything it has taught us.

DISASTER MANAGEMENT CELL



As the President and Secretary of the Disaster Management Cell, we reflect with pride and gratitude on our enriching journey. From beginners to confident leaders in planning and preparedness, we have grown immensely. Each initiative strengthened our commitment to resilience, teamwork, and service. We aimed to inspire others while making every effort purposeful and impactful. This experience has shaped us profoundly, and we hope to leave behind a legacy of strength, awareness, and responsibility for future members.

MUN



"Do not follow where the path may lead. Go instead where there is no path and leave a trail." — Ralph Waldo Emerson. As our term comes to an end, we reflect on an incredible journey with our College MUN Society. Serving as President and Secretary has been an honour and a deeply enriching experience. Over the past year, we have grown together as delegates and leaders, strengthening our confidence, sharpening our perspectives, and building lasting friendships. Thank you for trusting us, challenging us, and growing alongside us.

ELECTORAL LITERACY CLUB



As the President and Secretary of the Electoral Literacy Club, we believe that voting is not just a right but a responsibility. Our club works to spread awareness about the importance of free and fair elections, informed decision-making, and active citizenship. Through discussions, activities, and campaigns, we aim to encourage young voters to participate responsibly in democracy. Together, we strive to build a politically aware, confident, and responsible generation.

RED RIBBON CLUB



As the President and Secretary of the Red Ribbon Club, we are deeply grateful to have completed a meaningful and enriching tenure. Together, we organized awareness drives on HIV/AIDS, promoted health and social responsibility, and encouraged youth participation. This journey strengthened our leadership, teamwork, and commitment to community service.

HERITAGE CLUB



Serving as President and Secretary of the Heritage Club Miraasa has been the greatest honour and an incredible experience. While we leave behind our hard work, we carry forward the lessons, friendships, and a deep pride in the legacy we have helped shape. From sleepless nights planning the food carnival to celebrating successful competitions, every moment will be cherished. We will always remain proud to have been part of this journey and grateful for everything it has taught us.

HEALTH CLUB



As we pass the torch, we reflect on an extraordinary year as President and Secretary of the Health Club. It was more than leadership—it was about building a community of purpose and belonging. We thank our administration and mentors for their guidance, and our team for their dedication and unity. This journey taught us that leadership is service and success is shared. We step down with gratitude, proud of our memories, lessons, and the bonds we created together.

PLACEMENT CELL



The Placement and Career Guidance Cell actively supports students in achieving their career goals by connecting them with industry opportunities. Through placement drives, internships, workshops, and mentoring sessions, the Cell enhances employability skills and prepares students to confidently transition from academics to the professional world. Overall, it bridges the gap between education and employment by guiding, training, and providing opportunities that help students build successful and fulfilling careers.

SCOUTS & GUIDES



A year of learning, teamwork, and service—this is our reflection as President and Secretary of the Hindustan Scouts and Guides Unit of St. Bede's College. As our tenure ends, we feel immense pride and gratitude. We thank the college administration and conveners for this opportunity, and our scouts and guides family for their support. We leave with cherished memories and meaningful experiences, encouraging everyone to join and embrace adventure, service, sisterhood, and a strong sense of belonging.

YUVA TOURISM CLUB



Serving as President and Secretary of the Yuva Tourism Club this year has been a journey we will always cherish. The laughter, memories, and bonds we built made every effort worthwhile. We learned teamwork, patience, and leadership while planning activities and overcoming challenges. We are grateful for the support of our conveners, members, and council. This experience shaped us deeply. "Progress through unity, empowerment through tourism."

FLIC



Being the President and Secretary of the Recycling Unit this year has been a true privilege. We learned many new things and were introduced to several fascinating individuals through the activities conducted by the unit. We developed a deeper appreciation for the efforts made by the college to recycle paper.

We would also like to thank Nishant Sir for believing in us and giving us the opportunity to act on behalf of the unit. Our involvement in the Recycling Unit has instilled enduring values that we will carry forward in all our future endeavors.

RECYCLING UNIT



Being the President and Secretary of the Recycling Unit this year has been a true privilege. We learned many new things and were introduced to several fascinating individuals through the activities conducted by the unit. We developed a deeper appreciation for the efforts made by the college to recycle paper.

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MEDIA CELL



St. Bede's College has been more than an institution—it has been our second home, shaping us through knowledge, discipline, and unforgettable memories. With the guidance of inspiring teachers, we have grown into confident, empowered women ready to face the world. Being a Bedian is a legacy built on perseverance, hard work, and pride. Wearing the badge is not just an honor but a responsibility, teaching us the true values of teamwork, leadership, and commitment that will stay with us always.

HACKATHON & IDEATION CELL



As we conclude our term as President and Secretary of the Hackathon and Ideation Cell, we look back with immense pride and gratitude. This year has been a journey of innovation, creativity, and technological exploration. Together, we transformed ideas into impactful solutions and strengthened a culture of collaboration and problem-solving. We sincerely thank our dedicated team and supportive faculty for their constant encouragement. We are confident that the cell will continue to inspire young innovators and shape a future driven by technology and vision.

ANIMAL WELFARE SOCIETY



Serving as the President and Secretary of the Animal Welfare Society in our Student Council has been one of the most heartwarming journeys of our lives. What began as a simple love for animals grew into responsibility, leadership, and courage. We learned to rescue and rehabilitate animals, and to handle difficult situations with patience. Every paw we held taught us compassion, and every small moment made our hearts grow bigger.

INSTITUTIONAL SOCIAL RESPONSIBILITY CELL



As we step down as President and Secretary of the Institutional Social Responsibility Cell at St. Bede's College, Shimla, our hearts are filled with pride and gratitude. This year has been a meaningful journey of growth, empathy, and service. From engaging with children through activities to learning through experience, we realized that we grow by helping others. We thank our mentors, administration, and volunteers for their support. We leave with cherished memories and gratitude for this opportunity.

ANTI-DRUG SQUAD



The Anti-Drug Squad addresses a cause that is the need of the hour, the rising cases of substance abuse in our surroundings. Serving as President and Secretary gave us hope that we could bring about change in society. Our aim was to spread awareness and address students' concerns. With the support of the H.P. Police, we organized impactful events. We are grateful to our convenor, co-convenor, and members. We truly embody the spirit of "Each step leading us to a greater cause."

EBSB



A year of unity and culture has beautifully shaped our journey in the Ek Bharat Shreshtha Bharat Club. Serving as President and Secretary has been a cherished honor. Throughout the year, we celebrated India's rich diversity, strengthening the spirit of national integration. We are deeply grateful to our mentors, members, and administration for their unwavering support. Together, we have built lasting friendships and a profound understanding of our nation's vibrant unity.

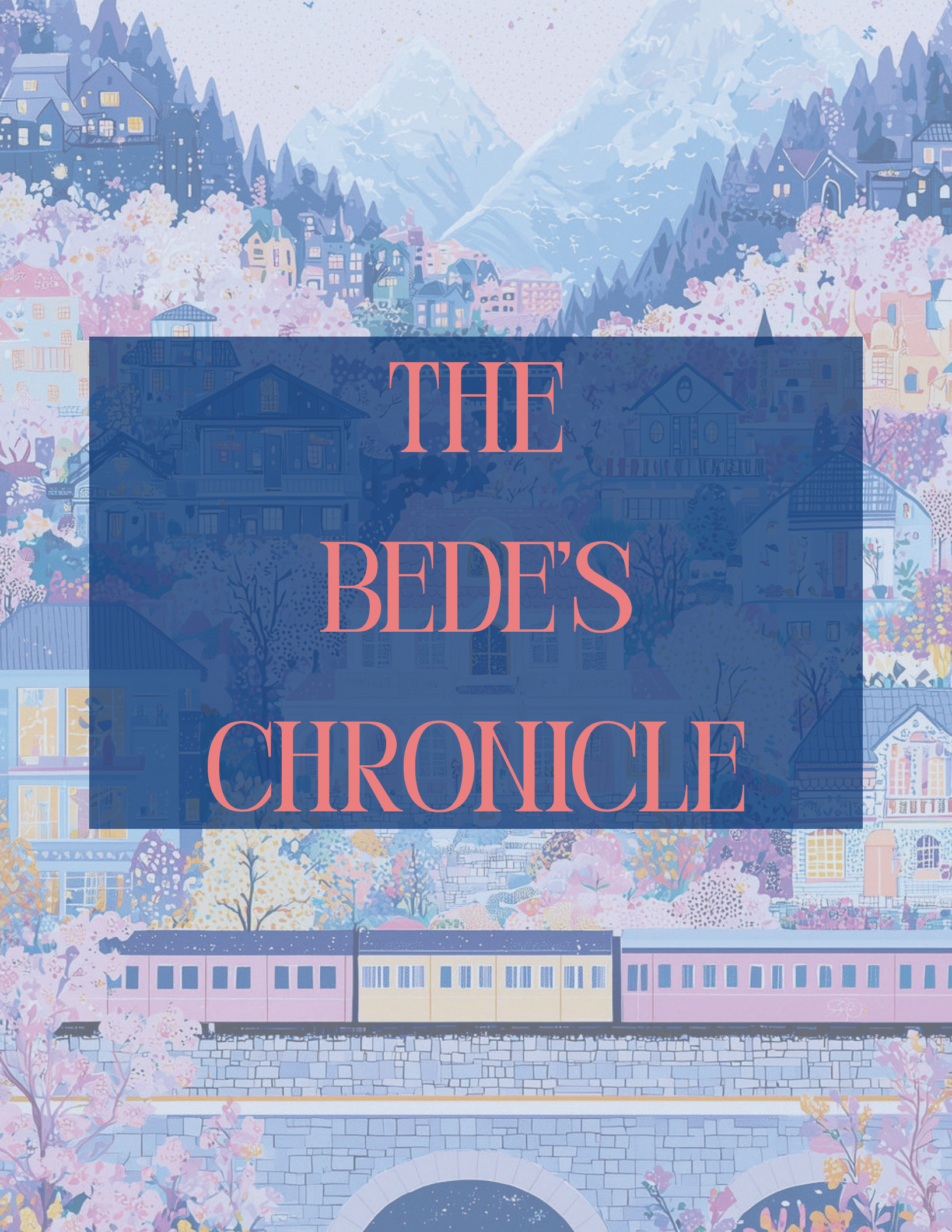
NCC



National Cadet Corps – Beyond the Uniform

The National Cadet Corps (NCC) is more than drills and discipline, it's where confidence grows and comfort zones break. From exciting camps to shared challenges and unexpected fun, every experience shapes us. NCC builds leadership, resilience, and teamwork while giving us the best memories and bonds that last a lifetime. Long after the uniform comes off, the lessons and friendships stay with us.

Jai Hind, Jai Bharat.


THE
BEDE'S
CHRONICLE

June

2nd June

The faculty members of St. Bede's College, along with participants from various colleges across the country, attended an eight-day online programme titled "NEP-2020 Orientation & Sensitization Programme" organized from June 2 to June 10, 2025.



13th June

A grand Rank Promotion Ceremony was held at 7 HP(I) COY NCC, Shimla, honoring the unwavering dedication and leadership spirit of the NCC Cadets. .We congratulate Cadet Pallak Chandel and Cadet Devyani Chauhan on their well-deserved promotions, and wish them continued success for their future endeavours. .



19th-21st June

A yoga and meditation campaign was organised in St. Bede's College. The cadets of NCC unit St. Bede's College became a part of this campaign along with the students of D.El. Ed. Two physical instructors from HPU were a part of this campaign.

21st June

INTERNATIONAL YOGA DAY was celebrated at the Indian Institute of Advance Study , Shimla. The cadets of NCC St. Bedes College also engaged in this activity with great enthusiasm and passion along with other students, cadets and people of Shimla.



23rd June

To celebrate International Olympic Day under the theme of "LET'S MOVE" TOGETHER FOR MORE MOTIVATION, COMMUNITY AND JOY", National Sports Organization (NSO), organized an International Online Workshop in collaboration with UGC Cell.

29th June to 10th July

The first phase of the Thal Sainik Camp TSC (2025) was held from 29th June to 10th July 2025 at Nauni, Solan and the second phase was held at Ropar, Punjab from 11th July to 20th July 2025, respectively. The camp provided an opportunity to learn new skills, enhance abilities, and experience NCC training in a disciplined environment.



July

10th JULY

The Health Club of St. Bede's College organized an International Workshop on Falun Dafa (An Ancient Meditation Practice) in association with Falun Dafa Association of India in collaboration with IKS and Bhasha for the students. The resource person for the event was Chiristiane Teich, a close associate.



14th-23rd July

A total of 18 cadets from NCC Unit, St. Bede's College actively participated in the camp. Cadets showcased talent in cultural events like group dance, group song, duo performances, and in sports like basketball and kho-kho. They secured 1st position in group dance and 2nd in group song and won the Best Cultural Program overall.

16th July

The Debates and Dramatics Society staged the play "Maa Mujhe Tagore Bana Do" performed by Lucky Gupta. It focused on powerful social themes, particularly the struggles of the marginalized sections of society, emphasizing how poverty and systemic oppression restrict dreams and aspirations.



20th July

Students from the college, along with the teaching staff, visited the school and conducted engaging activities. The program aimed to create a safe and supportive space for the children to express their emotions and enhance their emotional well-being.

24th July

On the occasion of International Day, the Red Ribbon Club of St. Bede's College organized an innovative and thought-provoking Umbrella Painting Activity . The event was designed to raise awareness on the vital theme of HIV and Drug Abuse, while also engaging students in a creative platform to express their perspectives through art.



24th July-2nd August

A total of 18 cadets from St. Bede's College NCC Unit took part in the camp.They excelled in cultural and sports activities, winning Excellence Proforma in Group Dance and 2nd place in Tug-of-War.Sergeant Rakshita and Cadet Samruddhi were awarded as the Best Anchors.

24th July

The Department of Physics hosted a thought-provoking talk on "A Physics Perspective of Ākāśa in Indian Knowledge Systems". The session was delivered by Prof. O. S. K. S. Sastri, a distinguished physicist from the Central University of Himachal Pradesh, Dharamshala, known for his work in theoretical and computational physics & Nuclear Physics.



26th July

Cadets of St. Bede's College proudly participated in the event.The programme honoured the valour and sacrifices of the Indian Army during the 1999 Kargil War.Fallen heroes were remembered, and war veterans were felicitated for their service.The ceremony was graced by Lt. Gen. Devendra Sharma, PVSM, AVSM, SM.

27th July

A special program was organized at Mashobra School with the theme of reading and storytelling. Students from the college, along with the teaching staff visited the school and conducted engaging activities. The program was to help them learn and read about stories and comprehend their meaning.



August

3rd August

This session was conducted for the students of Mashobra School based on the theme of Reading and Storytelling. To keep the day exciting and engaging, a variety of activities were included like dance, sketching and English Speaking Skills .



5th August

The FINE Arts Society of St. Bede's College, organized "Beyond Breath Workshop" in the college auditorium. The session aimed to inspire students to adopt a positive mindset, manage stress effectively and live a balanced and fulfilling life.

6th August

On the solemn occasion of Hiroshima Day, the Heritage Club Miraasa of St. Bede's College organized a documentary screening on August 6, 2025, at 11:00 AM. The event was conducted under the theme "Fostering a Culture of Peace", aimed at raising awareness among students about the devastating consequences of war and the importance of promoting peace and harmony.



St. Bede's College visited the Himachal Pradesh Pollution Control Board. The visit was organized to provide students with practical exposure to pollution monitoring methods and to assess the quality of water samples collected from different locations of Shimla in order to determine their suitability for human consumption.

8th August

The objective of the orientation was to educate and inspire First-year students about the National Cadet Corps (NCC) and its significance, encouraging them to join the prestigious organization.The NCC orientation session introduced new cadets to the structure, objectives, and benefits of the program while preparing them for the journey ahead.



12th August

On International Youth Day, the Heritage Club Miraasa of St. Bede's College organized a plantation drive on August 12, 2025, in the college courtyard. The event was conducted under the theme "Local Youth Actions for the SDGs and Beyond," highlighting the crucial role of young people in promoting sustainable development and environmental conservation.



12th-14th August

St Bede's College observed Anti Ragging week, the event was a significant initiative that aimed to promote a ragging free environment in the college campus. Various events were organized during the week which included A signature Campaign, Poster making competition and oath taking ceremony.

13th August

The academic year at St. Bede's College commenced with the inaugural mass, held with great solemnity, in the college auditorium. The occasion was graced by the presence of the college principal, Sr. Rosily, faculty members, and the students' community. The mass was led by Father Anil Sequira.



The Anti-Drug Squad of St. Bede's College, in collaboration with the Himachal Pradesh Police, hosted an awareness seminar titled "A Choice: The Domino Effect of Saying Yes or No" in the college auditorium. Mr. Ashok Tiwari, Director General of Police (DGP), Ms. Geetanjali Thakur, Deputy Superintendent of Police (DSP), Lady Constable Ms. Nikita, Dr. Animesh Tiwari, and Dr. Puja Banshtu.

14-15th August

St Bede's College celebrated Independence Day on August 15th with great enthusiasm and patriotism. The flag hoisting ceremony was held in the college courtyard, attended by students and staff. As part of the pre-Independence Day celebrations, a special event was organized on August 14th, featuring a series of cultural events, including a patriotic song, a dance performance, and a skit.



14th August

The NSS unit of St Bede's College organised "Har Ghar Tiranga" campaign. NSS volunteers actively participated in rally along with patriotic posters and raising slogans related to Independence Day. The rally began from the College auditorium to the college main gate and upto Jesus and Marry school.

19th August

The Department of Zoology, St. Bede's College, Shimla, organized a session on "Meditation in India: Ancient Wisdom for Modern Minds". Led by Mr. Varun Azad, the session highlighted meditation as India's ancient gift with modern-day relevance. Students practiced laughter meditation, deep listening, and unity of mind exercises for calmness and clarity.



St. Bede's College organized an enrollment drive for first year students to join the National Cadet Corps (NCC) under the 7 HP (I) COY, NCC Shimla. The event aimed to promote unity, discipline, and a spirit of service among young individuals. A total of 27 students participated in a comprehensive ground test, which included physical assessments such as pushups and other activities to evaluate their fitness and skills.

23rd August

The Electoral Literacy Club organized a documentary screening on 23rd August with the objective of creating awareness among students about contemporary politics and leadership. The documentary titled "An Insignificant Man's Significant Journey" was based on the political journey of Arvind Kejriwal and aimed to inspire students to think critically about democracy and governance.



The Department of Physics celebrated National Space Day on by organizing a special talk on "Observational & Data-Driven Astronomy". The event aimed to inspire students and faculty by highlighting the growing importance of astronomy in the modern scientific era.

21st-25th August

The Fresher's Week was celebrated with great enthusiasm and participation by all the first year students. The week was filled with a variety of activities that provided a platform to showcase their skills and talents across different domains.



27th August

The Investiture Ceremony of St. Bede's College was held on 27/08/25 with great zeal and dignity in the college auditorium. The solemn occasion marked the formal installation of the newly elected Student Council, who were entrusted with responsibilities to lead and serve their fellow students.

29th August-6th September

National Sports Organization organized a sports fest: 2025 for the celebration of National Sports Day in collaboration with Physical Education Foundation of India from 29th August to September 6th, 2025. Skipping, Yoga, Table Tennis, Badminton, Volleyball, Basketball and Running competitions were organized on this occasion. More than 150 students participated enthusiastically in the fest.



31st August 2025

A conference was organised by Sai Eternal Foundation at New Shimla, attended by several eminent personalities, including High Court Judges, local leaders, academicians, and students from reputed institutions such as St. Bede's College and Sanjauli College. The program commenced at 4:00 PM with a warm traditional welcome.

SEPTEMBER

9th September

The much-awaited event AAGAZ: A Gala of Timeless Elegance was held at St. Bede's College. The celebration commenced with the Tilak ceremony, lamp lighting, and a graceful welcome dance. Esteemed dignitaries, including Chief Guest, Dr. Girija Sharma, Adv. Sheetal Vyas and Ms. Shikha Sood graced the occasion.



10th September

The Anti-Drug squad organized an event and it was graced by Ms. Geetanjali Thakur (DSP), Dr. Puja Banhu (ADA), and Lady Constable Ms. Nikita. A thought-provoking documentary, "Chitta: Heroin in the Hills" by Akshay Chauhan of [@tablehousepicturesl unveiled the grim reality of heroin silently corroding the paradise of Himachal Pradesh, compelling the audience to confront the crisis.

The NSS Unit of St. Bede's College, Shimla, organised a plantation drive at Sanjay Van, Bhatakufer, Dhalli, under the theme "Ek Ped Maa Ke Naam 2.0", following the directives received from the Government of India. During the drive, NSS volunteers enthusiastically planted a various species such as oaks, pines, chestnuts, and silverwood.



11th–12th September

The Women's Cell of St. Bede's College, in collaboration with YWCA, organized "Rise Up! A Workshop on Gender Equity, Empowerment & Future Leadership" on 11–12 September 2025. This two-day workshop provided a safe, inclusive, and empowering platform for young women, bringing together students from institutions, including RKMV, RGGC Kotshera, and COE Government College Sanjauli.



13th September

On the occasion of Hindi Diwas, a grand ceremony was organized by the Hindi Department of St. Bede's College, Shimla. The event was held in the college auditorium in the presence of the college principal, Sister Rosily TL, Teaching, non-teaching staff, and all the students were present as a delightful cultural program unfolded before them. Through group songs, poetry recitation, speeches, and drama performances, they highlighted the dignity and importance of Hindi and emphasized the responsibility of the younger generation to preserve the language.

In alignment with the global call for sustainable environmental practices, the Department of Geography, St. Bede's College, Shimla, organized a Tree Plantation Drive on campus. The event was conducted under the theme "Plant Today, Sustain Tomorrow", emphasizing the critical role of afforestation in combating climate change, preserving biodiversity, and promoting ecological sustainability



17th September

Teacher's Day was celebrated with the vibrant theme "The Grand Retro Fair", filling the campus with colourful decorations, cheerful students, and a spirit of gratitude towards teachers. The event featured lively Bollywood performances, medley, and the traditional Himachali Nati.



19th September

The NSS Unit of St. Bede's College, Shimla, organised a blood donation drive in the college auditorium with enthusiastic participation from both the students and the public. Around 100 donors generously donated blood for this noble cause. The Principal, Sister Rosily warmly welcomed the medical team and felicitated Dr. Savy Dhola who, along with her dedicated team, ensured the smooth and safe conduct of the drive.

20th September

The debate competition was held on 20th September 2025 at 11:00 am in the seminar room. The event was organized by President Shruti Sharma and Secretary Anushka Sharma, with Mrs. Komal Sharma as the convener. Four teams participated, each comprising two members—one speaking for and the other against the motion.

The Heritage Club: Mirasa of the History Department, St. Bede's College, under the aegis of IQAC, organised a vibrant Cooking Competition cum Food Carnival as part of Aarabi: Roots of Indian Knowledge System. The event was held on the theme "Parampara ki Thali".



23rd September

The declamation competition took place on in the Seminar room. The event began with a brief three-minute speech highlighting the significance of International Peace Day. Which was followed by powerful speeches on the theme- "Building a culture of peace through democratic government and respect for human rights."



24th September

The NSS Unit of St. Bede's College enthusiastically celebrated NSS Day on with a vibrant and meaningful program. program commenced with a welcome address and a brief presentation on the history and objectives of NSS, which reminded everyone of the motto "Not Me, But You."


सेंट बीड्स कॉलेज और क्रिसेंट स्कूल में मनाया एनएसएस डे

शिमला। सेंट बीड्स गर्ल्स कॉलेज शिमला में बुधवार को एनएसएस डे मनाया गया। इसमें छात्राओं ने रंगारंग प्रस्तुतियां दीं। प्राचार्य डॉ. सिस्टर रोजिली टीएल ने छात्राओं द्वारा दीं प्रस्तुतियों को सराहा।

अध्यक्ष मनसिमरन कौर और सचिव आविशी सिंह ने कार्यक्रम में शिरकत की। वहीं क्रिसेंट स्कूल टुटू में भी राष्ट्रीय सेवा योजना दिवस मनाया गया।

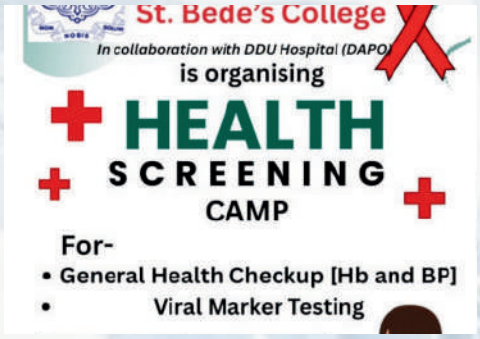
कार्यक्रम में 57 एनएसएस

25th September

The NSS unit of St. Bede's College organised a cleanliness drive in and around the Navbahar area with enthusiastic participation from volunteers. As part of the initiative, volunteers collected and disposed of plastic waste and litter to promote a clean and hygienic environment. The drive reflected the dedication and social responsibility of the NSS members and was appreciated by the local residents.

The Physics Club: Spectrum, successfully organized a (PPT) session on the theme: "Indian Knowledge System (IKS): From Vedic Wisdom to Modern Applications." The presentations were delivered by B.Sc. 2nd and B.Sc. 3rd non-medical students, who explored various aspects of the Indian Knowledge System—ranging from ancient Vedic sciences and philosophical thought to their relevance and application in modern physics and technology.

The Red Ribbon Club of St. Bede's College, Shimla, organized a Health Screening Camp in collaboration with DDU Hospital (DAPO). The camp was held in the college auditorium began with an inaugural ceremony attended by faculty members, students, and representatives from DDU Hospital



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OThe cadets of St Bede's College organised a cleanliness drive on the topic "Swachh Bharat Diwas Swachhotsav". The event aimed to spread awareness about the importance of cleanliness and hygiene in our surroundings. During the drive, cadets cleaned the premises, collected garbage and displayed posters and slogans to motivate others to join the initiative.



26th September

The objective of organizing the Youth Parliament was to provide students with a platform to understand the functioning of democratic institutions and the art of parliamentary debate. It focused on developing critical thinking, public speaking, and constructive dialogue while nurturing respect for diverse opinions.

28th September

The activity at Balika Ashram on the theme "Know Your Rights" engaged children through videos, flashcards, skits, and a quiz, making learning enjoyable and effective. The session enhanced their understanding of Fundamental, Women's and Child Rights, highlighting their importance for equality and empowerment.



29th September

St. Bede's College, Shimla, celebrated Navratri under the IQAC Inter-ship Activity, showcasing the rich cultural heritage of Himachal Pradesh and saw enthusiastic participation from all students.

OCTOBER

2nd October

The Hindustan Scouts and Guides unit of St. Bede's college organized a virtual Gandhi Jayanti celebration on Google Meet. The theme of the event was, "Bapu's ideas in 21st century" which highlighted Mahatma Gandhi's Legacy by remembering his philosophies and movements for freedom.



4th October

The Department of Physics organized an educational visit to the Centre for Science Learning and Creativity (CSLC), Shogi, Shimla on October 4, 2025, for B.Sc. non-medical students. The visit aimed to enhance understanding of scientific concepts through interactive exhibits and hands-on learning experiences.



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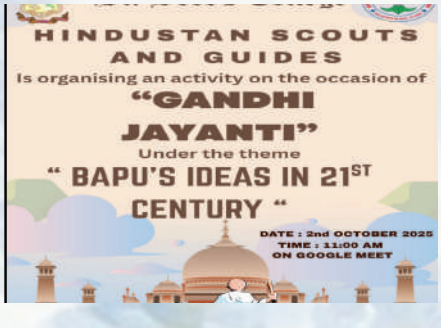
5th October

A Vedic Mathematics Workshop was conducted at Mashobra School, organized by St. Bede's College, Shimla. The workshop introduced students to ancient Indian techniques for solving mathematical problems quickly and easily. It's aim was to make mathematics enjoyable while helping students in improving their calculating speed and accuracy.



7th October

The NSS Unit of St. Bede's College organised a Dry Ration Donation Drive in the college to support underprivileged families and patients at IGMC Hospital, while also instilling a sense of social responsibility and compassion among students. Ration items including rice, pulses, flour, oil, sugar, and other essential groceries were collected with active participation from students and faculty.



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13th October

The Financial Lab cum Incubation Center (FLIC), St. Bede's College, successfully organized an exhibition on 13th October to encourage and showcase students' entrepreneurial and creative skills. A total of three stalls were set up, each displaying unique range of handmade products such as clips, phone charms, crochet items, pipe-cleaner crafts, and scented candles.

14th October

The Economics Department of St. Bede's College organized a Diwali Carnival to celebrate the festival of lights with great enthusiasm. The day began with an assembly highlighting the significance of Diwali, followed by the formal inauguration of the carnival in the courtyard through a ribbon-cutting ceremony.



The Department of Psychology observed Mental Health Week 2025 through a presentation and a musical drama which was based on the theme "Access to Services: Mental Health in Catastrophes and Emergencies." The presentation highlighted statistics related to the recent Himachal Pradesh landslides and the relief measures provided by the government.

15th October

The Anti-Drug Squad of St. Bede's College, in collaboration with the Department of Psychology, organized a Nukkad Natak titled "Say Yes to Life, No to Drugs" at Government Senior Secondary School, Dhali. Performed by eleven students, the street play highlighted the harmful effects of substance abuse and the importance of making healthy life choices.



6th to 15th October

Cadet Durgesh attended the Vibrant Village Camp at Kalpa, Kinnaur, from 6th to 15th October 2025, where she explored local villages and learned about their culture, traditions, and lifestyle. She participated in an acclimatization walk, village visits, and a horticulture lecture, gaining insight into rural life.



16th October

The Women's Cell and Gender Champions Club of St. Bede's College organized an engaging Treasure Hunt on 16th October 2025 to mark the International Day of the Girl Child. The event aimed to celebrate the strength and potential of young women while promoting gender equality and empowerment.

To commemorate World Food Day, the Department of Biotechnology, St. Bede's College, Shimla, organized a Fireless Food Cooking Competition on the theme "Balancing Taste and Wellness the Indian Way", celebrating India's rich culinary heritage while promoting sustainable eating practices.



The Department of Biotechnology organized a student competition on 16th October 2025 to mark World Health Day, focusing on healthy living and sustainable food choices. Students showcased creativity by preparing nutritious food items and health-based products that align with the theme of wellness and sustainability.

The Department of Chemistry, St. Bede's College, organized a Herbal Cosmetics Exhibition in the college courtyard, inaugurated by Principal Sr. Rosily, who appreciated the students' innovative efforts. This event was conducted through the student-faculty startup 'Soul Root Naturals'.

25th October

NCC Cadets organized a lively Carnival showcasing their creativity, teamwork, and leadership skills. The event featured cultural performances, including music, dance, and drama, along with food stalls offering Golgappe, Wai-Wai Chaat, cookies, and momo.



28th October

The Disaster Management Cell, in collaboration with the State Disaster Management Authority (SDMA), organized an awareness drill and exhibition at the college auditorium and campus. Students actively participated, gaining practical skills in crisis response, CPR, first aid, and knot-tying which provided them with hands-on experience.

31st October

To mark the International Year of Quantum Science and Technology, the Department of Physics, St. Bede's College, in collaboration with (IAPT), RC 23, organized a one-day program titled "Engaging Young Minds: A Quantum Celebration".



The Ek Bharat Shrestha Bharat Cell, in collaboration with the NSS Unit, celebrated National Unity Day on 31st October 2025. The event began with the National Unity Pledge, led by Principal Sr. Rosily, who highlighted the importance of unity, integrity, and national cohesion.

November



1st November

The Winter Festival held on 1st November 2025 at Rashtrapati Niwas, Shimla, was a vibrant celebration of culture, unity, and artistic expression. Students from various institutions participated enthusiastically, presenting colourful performances and traditional dances that beautifully reflected the region's rich cultural heritage.

7th November



Sergeant Rakshita Chaturvedi, Sergeant Manisha Thakur; and Cadet Chyriel Thomas of St. Bede's College, Shimla, attended the Army Attachment Camp held at Mamun Cantt, Pathankot, with the 21 Rajput Battalion.

12th November

The Departments of Commerce and Management and Economics jointly organized a Financial Literacy Awareness Workshop in collaboration with the Reserve Bank of India (RBI). The main objective of the workshop was to enhance students understanding of financial planning, savings, investments, banking services, and the responsible use of financial resources.

14th November



On the occasion of Children's Day St. Bede's College celebrated the event with great enthusiasm and a spirit of togetherness in the college auditorium. A series of engaging and fun-filled games were then organized for the students, encouraging active participation and showcasing their talents, after which the winners were felicitated with prizes in recognition of their efforts.

15th November

The Himachal Pradesh Police Department organized a large-scale rally against drug abuse, specifically targeting the growing menace of Chitta. The walkathon commenced from The Ridge and continued till Chaura Maidan, Shimla.

16th November



To promote community participation in environmental conservation, the Environmental Awareness Cell of St. Bede's College, in collaboration with the Healing Himalayan Foundation, organized a Cleanliness Drive. The event aimed to clean waste-affected areas, spread awareness on proper waste management, and encourage collective responsibility among students and local residents towards maintaining hygienic surroundings.

20th November

Throughout the day, a large number of students visited the library to explore the collection. Many showed great interest in the newly released titles. The display counters were arranged in an attractive and systematic manner; allowing students to browse books comfortably.

22nd November



The Department of Geography at St. Bede's College organized an insightful webinar titled "Introduction to Geo-AI" as part of its GIS Webinar – 2025 series, and it brought together students and teachers. The webinar was conducted in collaboration with Swastik Edustart, GIS Training Institute, Delhi.

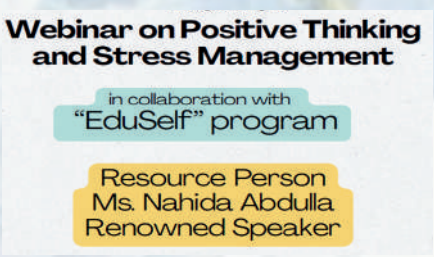
From the beginning, the session aimed to introduce participants to the rapidly growing field of Geospatial Artificial Intelligence (Geo-AI). As the volume of geospatial data continues to increase, understanding how AI tools can process, analyze, and interpret this information has become extremely important. Dr; Dey explained these concepts in a simple and relatable manner; making the emerging field feel accessible even to beginners.

The Placement and Career Guidance Cell, Dr. Raman Bassi, St. Bede's College, Shimla organized a session on "Resume Building Techniques" for the students. The session was designed to equip students with the knowledge and skills required to create professional, polished, and industry-ready resumes.

December

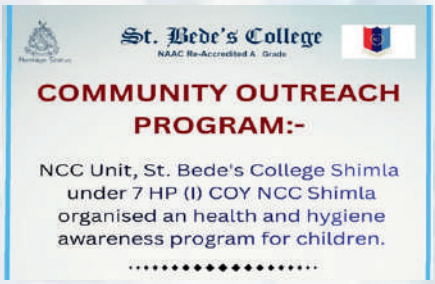
3rd December

The Women's Cell & Gender Champion Club of St. Bede's College, Shimla, in collaboration with the EduSelf Program, organized an inspiring webinar on "Positive Thinking & Stress Management" on 3rd December 2025. The session aimed at promoting emotional well-being and resilience among young women by addressing the increasing stress in academic and personal life.



5th December

The NCC unit of St. Bede's College, in collaboration with the Department of Physical Education, conducted a community outreach program on "Health and Hygiene Awareness session" at Govt. School Sanjauli, Shimla. The event educated students on healthy lifestyles through talks, demonstrations, and activities.



8th December

The Department of Biotechnology of St. Bede's College, organized an insightful guest lecture titled "Agro-Biotechnology: Through the Lens of India's Traditional Knowledge" on December 8, 2025. The session aimed to highlight the intersection of modern agricultural biotechnology with India's vast reservoir of indigenous knowledge systems.

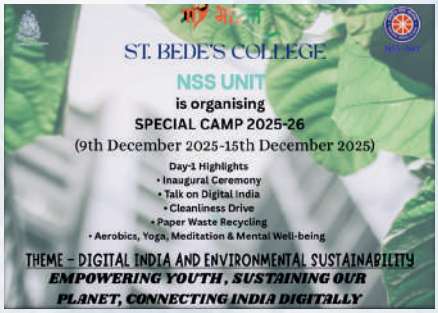


9th December

NSS Unit of St. Bede's College had its Day 1 of NSS Camp which began with an inauguration ceremony followed by a PPT presentation highlighting the various activities and initiatives undertaken by the NSS Unit. Volunteers actively participated in paper recycling activity to promote sustainable practices.

10th December

The day began with yoga asanas followed by a talk on environmental sustainability. A zumba session energised the volunteers. Students then participated in cleaning and dry work in the library and infirmary, along with a waste-paper recycling activity.



11th December

the volunteers began the day with a nature walk to IGMC Hospital. After reaching the hospital, they visited the cancer wards and interacted with patients in a compassionate and empathetic manner. The volunteers also actively participated in Langar Seva, serving food to patients and their attendants with dedication and care.

The programme featured a historical talk that provided students with deeper insights into Rani Lakshmibai's role in the Revolt of 1857, highlighting her courage, leadership, and enduring legacy. This was followed by poetry recitations, where students brought alive the literary portrayals of the Rani, blending history with creative expression

Students of B.A. and B.Com. were provided with a platform to enhance their writing and recitation skills. During the event, they presented songs and poetry recitations in their respective Pahari folk languages, showcasing the richness of their linguistic heritage.



12th December



On the fourth day of the NSS camp, volunteers visited a nearby village and carried out a cleanliness drive by collecting litter and waste from the roads. After completing the drive, the volunteers explored the village and observed the apple orchards, which provided insight into rural life and the local environment.

The seminar was organized on Google Meet platform. Dr. Dilsad Ahmad, Department of Humanities and Social Sciences, Prince Mohammad Bin Fahd University, Saudi Arabia was the resource person for the seminar.

13th December



The day began with a session on breast cancer awareness by Mrs. Naina Negi, focusing on early detection and prevention. This was followed by a talk on the intersectionality of caste and gender discrimination and its legal implications by Advocate Yogita Dutt Sharma, Member, HP State Consumer Commission.

The meeting provided a platform for constructive interaction between parents and teachers regarding students' academic progress, attendance, and overall development.Faculty members discussed academic performance, addressed parents' concerns, and offered guidance to help students improve. Parents actively participated in the discussions, making the meeting productive and meaningful.

14th December



The day began with light physical exercises aimed at maintaining body fitness and refreshing the volunteers. This was followed by activities such as making useful items from recycled paper, which encouraged eco-friendly practices. Volunteers also participated in the segregation of plastic waste to understand the importance of proper waste management.

15th December

The seventh and concluding day of the Annual Special NSS Camp began with a calm and rejuvenating meditation session conducted by Jyotika Ma'am, which helped the volunteers relax and reflect on their journey during the camp. This was followed by a vibrant cultural programme in which the volunteers actively participated.



The Civil Services Power Workshop, held at St. Bede's College, Shimla, was a significant career counselling session organized by the Placement and Career Guidance Cell of the college in collaboration with MAAN's Chandigarh IAS Academy.

The department of Biotechnology along with the NSS Unit of St. Bede's College, Shimla organized a sale of compost on December 15, 2025. The compost was prepared in the composting unit of the college using the food waste material collected from the college mess and canteen. The idea is to promote proper waste collection and its disposal.

17th December



The objective of the Hackathon Exhibition was to provide students with a practical platform to showcase their technical knowledge, creativity, and innovative skills through working models. The event aimed to encourage interdisciplinary collaboration between the Computer Department and other participating students, particularly from electronics and technology-related fields

The session was conducted by Ms. Shilpa Sood, a senior Advocate, practicing in the High Court of Himachal Pradesh for the past 25 years. She has served as the Additional Advocate General in the Supreme Court of India, representing the State of Punjab for six years, and has also worked as the Central Government Standing Counsel in the High Court of Himachal Pradesh.

20th December

A meditation assembly was organised by NSO and Health Club of St. Bede's College in collaboration with the Art of Living Foundation under the aegis of Indian Knowledge System on the occasion of World Meditation Day, celebrated every year on 21st December as directed by the United Nations.



22nd December

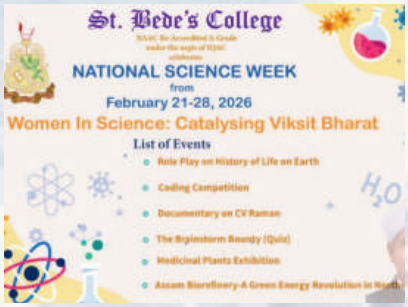
The Mathematics Department of St. Bede's College organized a presentation on life and works of Ramanujan, a quiz, and a Video Making Competition (centred around the works in Mathematics) to celebrate Ramanujan's birth anniversary. The quiz champions were Payal Mehta, Arushi, and Shraddha Thakur; while the runner-up position was secured by Aditi Sharma, Aastha Verma, and Garima Channa. Aarya Verma grabbed the 1st position in Video making competition while Jessica Secured 2nd position.



February

19th February

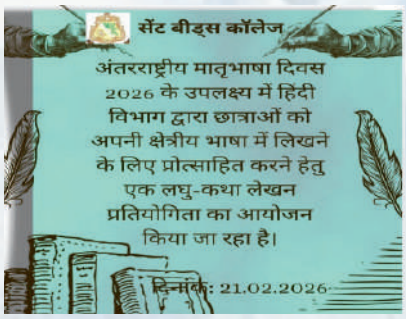
The Department of Economics, St. Bede's College, organized an Inter-College Economics Literary Meet in the college auditorium. The event witnessed enthusiastic participation from the Centre of Excellence, Sanjauli and RGGDC Chaura Maidan, creating a vibrant and intellectually stimulating atmosphere. The programme was graciously facilitated by the Principal Sister Rosily T. L.



21st February

The role play activity organized during National Science Week aimed to strengthen students' conceptual understanding of evolutionary theories through experiential and performance-based learning. By presenting Lamarckism, Darwinism, and Neo-Darwinism in an interactive format, students critically analyzed their postulates, evidences, and scientific relevance while developing communication and teamwork skills.

The Department of Hindi, St. Bede's College, Shimla organized a short- story writing competition. Students were encouraged to present write their self-written short stories in their respective mother tongue. Students participated in the activity with great enthusiasm. Ms. Srijan Sharma, B. A Pass Course 2nd Year bagged 1st position followed by Ms. Siyanshi, B. A Pass Course 2nd position.



22nd February

The cadets of St. Bede's College, under 7 HP (I) Coy NCC Shimla, in collaboration with the cadets of Rajiv Gandhi Government Degree College (RGGDC), Kotshera, organized and conducted a cleanliness drive at Khalini. Upon reaching the designated location, a specific area was assigned to the cadets for carrying the activity. The cadets enthusiastically and responsibly undertook the task of cleaning the allotted area by collecting litter; segregating waste, and ensuring its proper disposal.



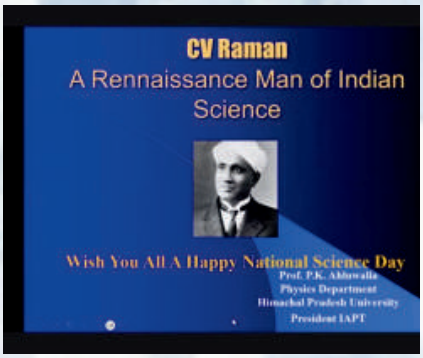
23rd February

A Coding Competition was organized to celebrate National Science Week to encourage students to improve their programming and problem-solving skills. The competition provided a platform for students to showcase their logical thinking, coding ability, and creativity in solving programming problems.

24th February

The primary objective of Brainstorm Bounty was to encourage students to apply mathematical concepts beyond the classroom. The activity was designed to enhance logical reasoning, critical thinking, and collaborative learning while fostering enthusiasm for mathematics.

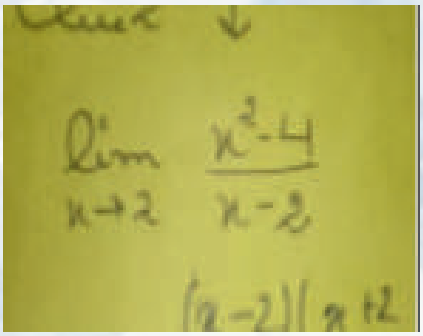
The program commenced with the screening of a documentary on Sir C. V. Raman, highlighting his life journey, struggles, and the groundbreaking discovery of the Raman Effect. Following the screening, a quiz competition based on the documentary was conducted.



25th February

An exhibition on medicinal plants was successfully organized by the Department of Botany in collaboration with Herbal Garden Cell to celebrate National Science Day. The exhibition displayed a wide variety of medicinal plants commonly used in herbal medicine and traditional systems such as Ayurveda.

On the occasion of National Science Day, a presentation titled "Assam Biorefinery: From Bamboo to Biofuel – Empowering a Sustainable Future" was delivered by Astha Nresht, a student from B.Sc. (Hons.) Biotechnology 3rd Year. The presentation highlighted the concept of biorefineries and focused on the Assam Biorefinery project, which utilizes bamboo as a renewable biomass to produce second-generation ethanol.





27th February

The Department of Chemistry, St. Bede's College celebrated National Science Week under the theme "Women in Science: Catalysing Viksit Bharat." The celebration aimed to highlight the significant contributions of women in the field of science and to encourage students to develop scientific thinking and practical skills.

The Health Club of St. Bede's College, under the aegis of IQAC, organized a Free Medical Ayurveda Camp in collaboration with BAMS doctors from Swasth Bharat Foundation Trust for the staff, students, and the general public. Dr. Osheen Dharmaik (Medical Officer) was the resource person for the awareness talk.



28th February

The program was organized as a webinar with the objective to celebrate India's scientific achievements and to deliberate upon the role of women in shaping the scientific landscape of the country. The session began with National Science Day greetings, followed by a warm welcome address by Dr. Sapna Sharma.

St. Bede's College celebrated its Annual Prize Distribution Ceremony for the academic session 2025-26 with great enthusiasm and dignity in the college auditorium. The function was graced by the Hon'ble Vice Chancellor of Himachal Pradesh University as the Chief Guest, while Professor Dr. Joginder Singh Dhiman, Professor, Department of Mathematics and Dean, Planning & Teachers Matters, Himachal Pradesh University, attended as the Guest of Honor. The program began with the lighting of the ceremonial lamp, followed by a welcome address by Dr. Anupama Tandon, the rendition of the college anthem, and the presentation of the annual report by the principal. Special awards and trophies were presented to meritorious students in recognition of their dedication, talent, and hard work.



The Hackathon and Ideation Cell of St. Bede's College successfully organized an Intercollege Hackathon on February 28, 2026. The event was convened by Ms. Nivedita Bhardwaj, Convener of the Hackathon Cell, and co-convened by Mr. Nishant. The hackathon brought together young innovators from various colleges, providing them with a vibrant platform to showcase their technical expertise and creative problem-solving abilities.



March

7th March

The Women Cell and Gender Champion Club of St. Bede's College, Shimla, organized a series of meaningful and engaging activities on 7th and 8th March 2026 to celebrate International Women's Day, with the objective of promoting women's empowerment, gender equality, and social awareness among students and the community. The celebration commenced on 7th March 2026 on the college premises. The program was organized in collaboration with the NSS Unit and the Department of Botany.



9th March

The NCC cadets of St. Bede's College, Shimla, under the 7 HP Independent Company NCC, celebrated the 6th Raising Day of the college NCC unit on 9 March 2026 with great enthusiasm and discipline. The program commenced with an impressive drill parade displayed by the NCC cadets, showcasing their coordination, discipline, and confidence. The display reflected the training and dedication of the cadets and was appreciated by the audience. This was followed by a cultural program in which the cadets actively participated and presented various performances, adding vibrancy to the celebration.



10th March

The Department of Physics and the Department of Computer Science at St. Bede's College successfully organized a workshop titled "Inside Artificial Intelligence: From Origins to Real-World Impact and Ethical Innovation." The event was held in collaboration with IAPT RC23 and the Department of Physics and Photonics Science, NIT Hamirpur. The sessions were conducted by Mr. Ajay Mokta and Mr. Dishant Gupta from Unisole Company, who shared valuable insights into the origins, development, and real-world applications of artificial intelligence.



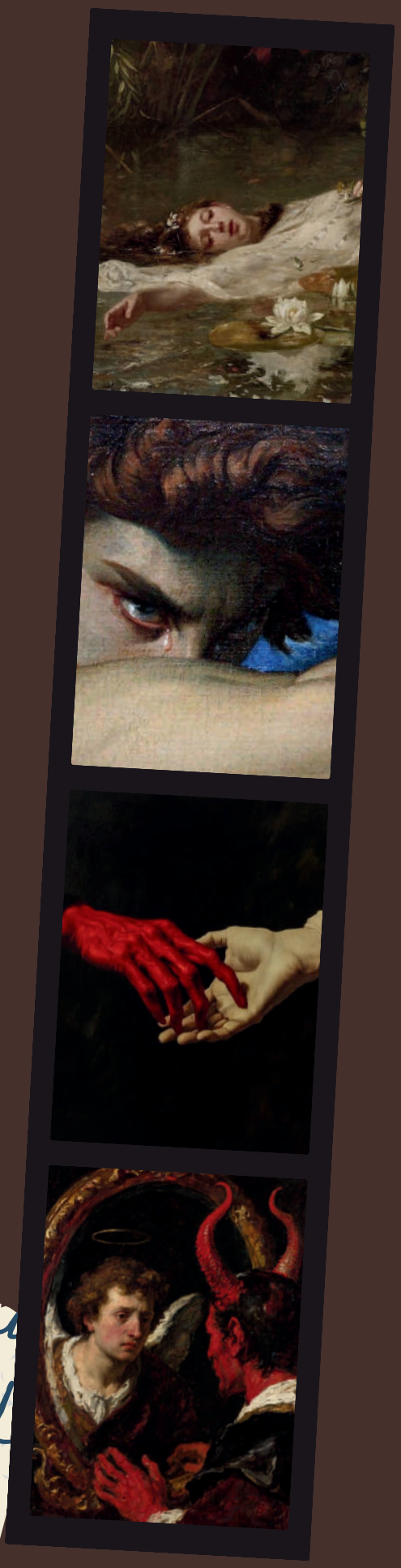
16th March – 23rd March

From March 16–23, 2026, St. Bede's College conducted a One-Week Faculty Development Programme (FDP) on Service Rules for Grant-in-Aid Colleges under the aegis of the Internal Quality Assurance Cell in hybrid mode.
The programme began with Sandeep Sharma speaking on file and record maintenance. Gopal Krishan covered APAR, API, and the Right to Information Act. Ravi Verma discussed procurement and the Government e-Marketplace (GeM), while Amar Dutt Bhardwaj explained service rules, including pay, leave, and conduct. Prashant Kumar highlighted social security schemes such as the Employees' Provident Fund Scheme, Employees' Pension Scheme, and Employees' Deposit Linked Insurance Scheme.
The programme concluded with a valedictory session, where the Principal distributed certificates and wished participants success in their future endeavours.



The Bede's Art Gallery





CAPTURED



Manan Bali
B.Com 1st Year



Gurmilan Monga
B.A Pass Course 3rd year



Deeksha Singh Jaryal
English H 3rd year



Suhani Rana
Bsc Biotechnology Hons
2nd year



Aahna Chauhan
B.A English H 1st year



Shayontika Chakraborty
English H 3rd year

ART WORK







Rudrani Choudhary
B Sc Medical 1st year







Jahnavi Jain
BA Geography Honours 2nd Year







Priyam Swarnim
BSc Biotechnology Honours
1st year



Aahna Chauhan
B.A English Honours 1st year







Mamta Mehra
BSC Biotechnology Honours
3rd year



Garbeeta Ray
Economics Honours 3rd year



Mannat Kapoor
B.A Psychology
Honours 3rd year





Harmanpreet Kaur
B.A Psychology
Honours 3rd year

MUCH ADO ABOUT WORDS :

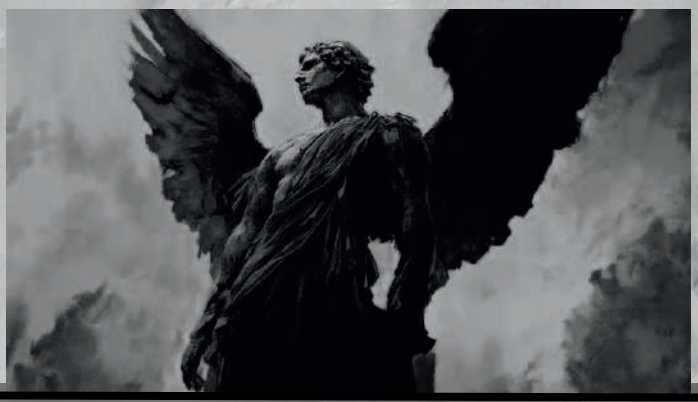
- POETRY
- ARTICLES
- BOOK REVIEWS
- MOVIE REVIEWS

The Day Lucifer Cried.

Oh Lucifer do you really not cry?
Tell me that day not a single tear escaped your eyes?
Cause I know the picture otherwise
Didn't the distance bring up a single tear?
Didn't the thought of losing me brought up a fear?
Why was it that our love didn't save us?
Why didn't your hell stop the time for us?
Why was it that your hands didn't reach mine?
Why was it that you didn't try?
You knew all along this filthy faith
Yet, Yet you kept loving me, knowing we couldn't be saved
It hurted like your home when they pushed me behind
Aparting me from the only one I wanted to call mine
But
The moment I saw you
I knew we could never be a part
No heaven
No hell
Could brought us together like we were never apart

Aahna Chuahan
BA English Honours 1st year







Life does not break us all at once.
It wears us down slowly,
In ordinary moments that go unnoticed—
Unanswered questions,
Dreams paused at the edge of becoming,
And nights that feel heavier than days.
We learn struggle
Not from falling,
But from standing up
With tired hearts and uncertain faith,
Learning to carry pain
Without letting it define us.
There are days when the world feels distant,
When silence becomes loud,
And hope feels like something
We once believed in deeply
But now reach for cautiously.
On such days, even breathing
Feels like an act of courage.
We question ourselves in quiet corners,
Wondering if effort is enough,
If patience will ever be rewarded,
If the waiting has meaning at all.
Yet life does not answer—
It only asks us to continue.
And somehow, we do.
Relief arrives quietly.
Not in grand victories,
But in small mercies—
A calm morning,
A moment of laughter,
A reminder that survival itself
Is not ordinary, but brave.
Life teaches us that strength
Is not always loud.
Sometimes it is choosing kindness
After disappointment,
Hope after failure,
And belief after doubt.
We rise with lessons etched into us,
With scars that no longer hurt
But remind us of distance travelled.
We rise not untouched,
But aware—
More patient, more human.
And one day, we look back
Not with regret,
But with understanding.
What once tried to break us
Quietly built us.
Still, we rise—
Not because life became easier,
But because we became stronger
In ways that truly matter.

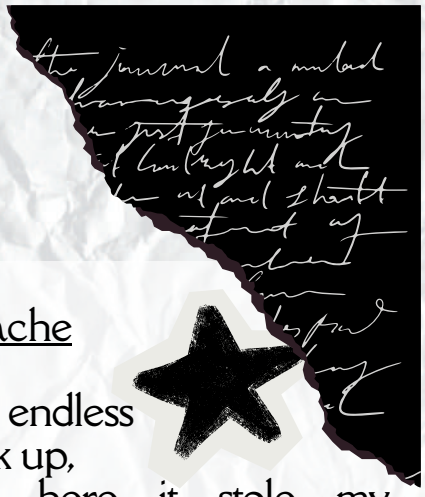
Nishtha Verma
B.Sc. 3rd Year (Medical)

RISE AND TRY



Dreams don't grow infear or doubt,
They rise when effort finds a route.
Each small step, though slow and shy,
Builds the wings that help you fly.
Falls don't mean the end is near,
They train your heart to face the fear.
Stand up strong, lift your eye,
Learn, improve, and aim high.
When nights feel long and hope feels small,
Remember—great things start from fall.
Hard work speaks when luck says bye,
Patience whispers, "Why not try?*
So walk of'ead with faith held high,
Let courage be your constant ally.
No dream is far, no goal too high—
Just trust yourself, and always try.

Manan Bali
Bcom Ist Year



Sky ache

The endless
I look up,
And here it stole my breath,
A canvas stretched beyond my death...
Too vast to hold,
Too free to tie,
How dare you be so beautiful and
cruel at the same time my sweet sky?
You blush at dusk, you bleed at dawn
And looking at every shade of thee,
my soul is drawn...
It hurts to love you, it hurts to see,
That something so divine,
won't bleed for me...

Siddhi Maharshi
BA English hons 1

Burned but alive

One moon night that vanished the shades
Called upon the sun and given shine
Wavy ocean and stripping clouds
having in all beauty yet no one could handle
down
deep inside and fire life
not burning but being alive.

Shreyasi Sharma
BA English Hons 1st year

The Mirror, Stage, and the Performance: On the interwoven tapestry of Literature, Theatre, and Life

"Do you take pride in your hurt? Does it make you seem large and tragic? Well, think about it. Maybe you're playing a part on a great stage with only the audience as yourself."

-John Steinbeck, East of Eden

In the intricate theatre of this society and the world, the threads of literature and performance are deeply interwoven, shifting with each step we take on this journey. The world acts as a stage where every individual is playing several 'roles' that piece together to form their identity and existence. However, beyond the societal script of expectations, the true soul of a person yearns to be heard, seen and touched with gentle hands. We live within the confines of a rigid script that is not written by our own selves, but rather by the cruel hands of the society that fully engulfs us. Every soul is pulled into the rehearsal for a performance where the audience can never be truly joyful. Wearing several masks for the sake of society makes us forget the real face and the voice behind it. An individual is torn apart from feeling the glimmering sunlight on their actual face, and can not even draw its silhouette even if God asked. The face in the mirror remains unidentified, with a stifled scream lodged in the base of the throat, refusing to be let out. A chorus of haunting voices are constantly screaming around us, telling us what we can be and what we can not be. The prying eyes dissect our dreams, until we forget the ability to dream itself. The script of each and every role is handed into our innocent hands since childhood, with a list of features to be followed till death comes to sit by our side. The labels of 'good daughter', 'good employee', 'the failure' are written into our lives with burning red ink. Under this blistering sunlight, we can not touch the colours of the world, nor hear the lullaby of our own dreams. We can only reminisce about the stories told to the moon, our voices dappled with the hues of our childhood. To escape this world, we find refuge in literature and the stories that have unfolded across the pages of time. From the rebellious love filled verses of Faiz Ahmed Faiz, to the haunting lyrical prose of Arundhati Roy, we are often found telling stories to ourselves that help us to walk inside the hidden chambers of our own minds.

We find our own truth in these words, the truth that is yet too heavy to be held by our shaking hands.It starts to hurt to breathe under the weight of these masks, however you keep on walking on the designated path, fearing what would occur if you had the courage to stop and listen to your heart. You try to scream but there is no voice left to be let out. You carry around a deep silence tied to you as you wander on this path. Then a day comes when the melting sun is hidden behind clouds, and you finally stand in front of a mirror. The person staring back at you can not be identified. You start tearing through the layers of the masks and it hurts. Without stopping at just the first one, you peel back all of them, and see aching eyes looking back. The catharsis of going through this process leads to a raw yet healing pain in the soul. You step out of your own body, and no one is going to clap for this 'bad' performance. There is no standing ovation, just the feeling of being free. You realize your only fatal flaw is not a shadowy blackened line cutting through your soul, it is adhering to a script that was never meant for you. As your heart breaks free from the narrative, a voice is let out that is not shaking anymore. It is finally returned to you. You are finally free to see the colours of the world, from the golden white snow of the Himalayas to the rushing blue waters of the Ganga.

In this theatre of your life, the lights have now turned into a warm yellow glow, reflecting off your dreams and stories that you wish to give to the world. You are the playwright of your own script, make sure you truly live to tell your story. Write from your soul, with the only audience as yourself.

Ridhima Munjal
BA English Hons

Never Just An Organ

Not to over-exaggerate, but if you were to perform an autopsy on my heart you'd find more than just muscles and veins. You'd find some things I should've let go of but never did. It wouldn't be a neat, clinical dissection. It would be messy, raw, spilling over with things I never had the heart to leave behind.

In the right atrium, you'd find the imprints of my first best friend, the one I don't talk to anymore but whose phrases still slip from my mouth, as if they were stitched into my soul instead of just my vocabulary. I wonder if she ever catches herself saying something like me. If she ever stops mid- sentence and thinks about me ?

Move further and in the left ventricle you'd find the decisions I never took and the guilt that never left with them. They sit there quietly, just existing. Sometimes they feel heavier than the mistakes I actually made.

The aorta is lined with my grandmother's memories. The way she'd pull me inside when I stayed out playing too late on cold winter evenings, taking my frozen hands in hers and rubbing them. The way she never hesitated when I tugged at her bangles, sliding them onto my wrists even though they clinked together and nearly slipped off.

And if you dig deeper, past the thickest walls, you'd find little me, someone who is already gone. If you listened carefully, maybe you'd still hear her footsteps, faint but there, walking away.

When the autopsy is done, when every chamber has been split open, you'll see that this heart was never just an organ.

Saizal
BA Pass Course III

Why Korean Literature and Cinema Speak to a Global Audience

Exploring stories beyond borders

Over the past two decades, Korean storytelling has travelled far beyond the borders of South Korea. What was once entirely regional has now become a totally global cultural phenomenon. From novels to internationally acclaimed films and television series, Korean narratives have captured audiences around the world. The growing popularity of Korean literature and cinema raises a question: What makes these stories resonate so deeply with people from diverse cultures and backgrounds?

It is my belief that, one of the primary reasons is the universality of the themes that are explored in their storytelling. Korean writers and filmmakers often focus on emotions and experiences that are common to all. Whether it's love or loneliness, family conflict or ambition, these themes extend beyond language and geography, allowing audiences from around the world to find something familiar in these narratives. For example, works by South Korean novelist Han Kang explore the complexity of human suffering, memory, and identity, themes that readers across the world can relate to.

Another important factor is the distinctive narrative style of Korean storytelling, literature, and cinema, which often blends realism with deep emotional intensity. Stories often portray ordinary individuals struggling with societal pressures, economic hardships, or personal trauma. This focus on the everyday lives of people creates a sense of familiarity that makes the narratives both powerful and relatable. Korean storytellers frequently emphasize on emotional depth and character development.

Korean cinema has particularly gained international recognition for its bold storytelling and social commentary. A great example would be the film "Parasite" directed by Bong Joon-ho. The film explores themes of class inequality and social division while combining elements of dark comedy, thriller, and drama. Its success at the Academy Awards, where it won the award for Best Picture, marked a historic moment for non-English language cinema and demonstrated the universal power of Korean storytelling.

Similarly, Korean television has captured global attention with series such as Squid Game.

The show delves into issues like economic struggle, desperation, and moral choices under extreme circumstances. Despite its cultural specificity, the narrative reflects anxieties shared by many societies in the modern world, making it relatable to viewers across continents. Korean stories often incorporate elements of their history, traditions, and social structures. However, these cultural details do not alienate international audiences; instead, they provide a rich and authentic context that enhances the storytelling. In fact, the uniqueness of Korean culture often makes these narratives even more intriguing for global audiences. The rise of digital streaming platforms has significantly contributed to the international visibility of K-media.

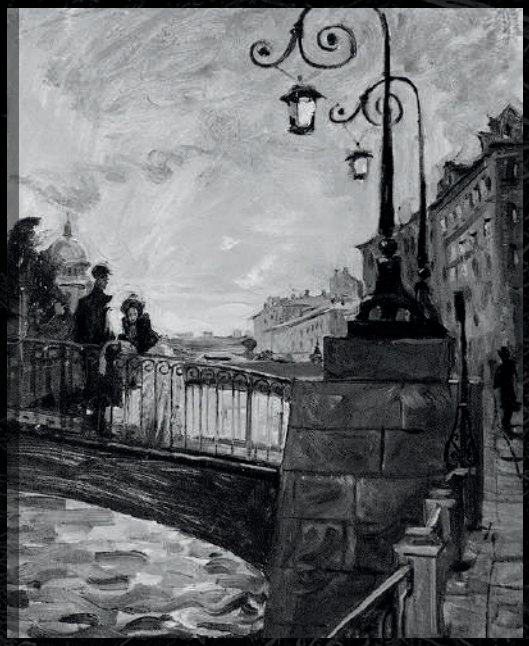
Their stories also remind us that despite differences in language or culture, human experiences remain strikingly similar. Korean literature and cinema, therefore, stand as powerful examples of how storytelling can bridge cultures and connect people across the world.

Shayontika Chakraborty
B.A English Honours 3rd year

White Nights

Fyodor Dostoevsky

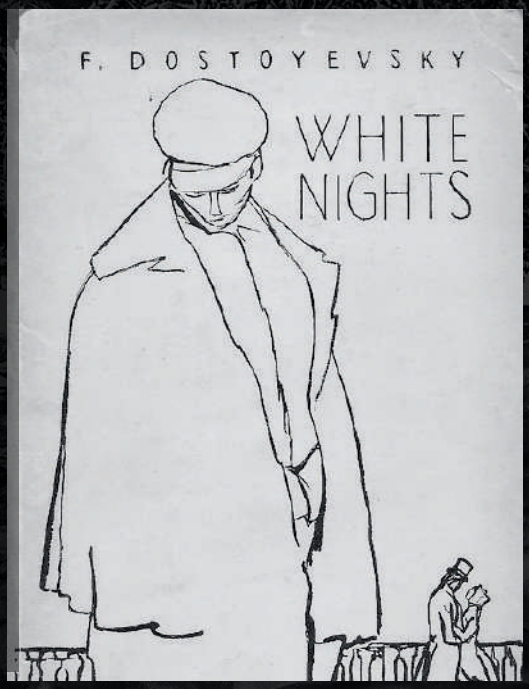
White Nights by Fyodor Dostoevsky is a short yet emotionally powerful story that explores loneliness, love, and the fragile nature of human attachment. The novella follows a nameless narrator, often called the "dreamer," who lives a very isolated life in Saint Petersburg. One night he meets a young woman named Nastenka, and over the course of four nights, they share their thoughts, fears, and hopes with each other. Through their conversations, Dostoevsky shows how deeply people long for connection.



Personally, I really liked this book because of how simply yet beautifully it portrays emotions. The narrator's character feels very real. His loneliness and his habit of living in dreams rather than reality make him both sympathetic and relatable. The conversations between him and Nastenka feel genuine, almost like listening to two people discovering friendship and comfort in each other.

However, the ending of the story made me feel quite sad. Just when it seems that the narrator might finally find love and companionship, things turn out differently. Nastenka reunites with the person she truly loves, leaving the narrator alone again..

Although the ending is heartbreaking, it also carries an important message.One lesson I took from this novella is that we cannot hold onto someone who is not meant for us. Sometimes love also means letting the person go so that they can be happy, even if it hurts us. At the same time, the story also suggests a practical lesson: we should be careful not to become so emotionally attached to someone that their absence or memory causes us deep pain. Balance in our emotions is important.



Overall,White Nights is a touching and thoughtful story about love, hope, and the quiet sadness of unfulfilled dreams. Despite its tragic ending, it leaves the reader reflecting deeply on relationships and the nature of human attachment.

Mahima Sarah Ponsonby
BA English Honours 2nd Year

Animal Farm

George Orwell

Animal Farm written by George Orwell, is a satirical allegory on the cycle of tyranny and the Russian revolution. Written and published in 1945, the book is about a rebellion on a farm led by animals, and their gradual downfall and descent into oppression. The novella won the Prestigious Restrospective Hugo Award for best novella in 1996 and Prometheus Hall Of Fame Award in 2011. Animal Farm employs a third person narrator, written like a fable and uses intense dramatic irony to critique revolutions. Orwell uses allegory and Anthropomorphism to illustrate the cycle of tyranny. Orwell's writing style in Animal Farm is extremely simple, concise and easy to understand, that feels very shady and manipulative. The story explores themes of power, corruption and how political systems can change over time.

On the surface the story may look normal, but it is about recurring oppressions and failed revolutions. The story starts with oppression. Oppression not of the body, but of the soul. The animals of the farm, exploited and subjugated by their human owner cause a rebellion, which gives rise to a revolution. A small light of hope and happiness is shown in the life of the wretched. But who is wretched? What is wretched? Wretched is he who cannot walk upon a land he owns, wretched is he who cannot, for even once, look at what he has lived through and make a smile out of it. The rebellion brought happiness, but a transient one, for what terrifies sentience is not the surrounding, but what lies deep inside its heart, that never shows itself, but still is more horrifying than anything else. It is indeed, a man himself. And in the context of this book, it is the pigs. The pigs become the very thing they hated i.e. a tyrant. They hated the fact that just because they can't speak and walk on four legs they're forced to be slaves of those who CAN talk and walk on two legs. But when the power is shifted from the human to the pig, it becomes the very thing he hated, as quoted in the book, " four legs good, two legs bad."
The book is artistically as well as politically real and an allegory of every form of system. The man with power keeps exploiting his people and the ordinary workers labor tirelessly and are subtly manipulated and persuaded to work even harder.

Through this dynamic, the novella reveals how authority can be used to control the masses, allowing those in power, often detached from the struggles and emotions of the common beings, to accumulate greater wealth and privilege while the rest continue to toil. Even today capitalism is more prominent than at any other time in history and the nations with more power and resources are not hesitant to subjugate and suppress nations which have no power to fight. As I'm mentioning Orwell in every paragraph I must mention him in this one too. He is a profound and revolutionary writer and in this specific story, although fiction in itself, is inspired from a real life event. That was the rise of the Soviet Union and the Russian Revolution. Every character in the novella is inspired by a real figure of the Russian Revolution. Old major is inspired from Lenin, Napolean being inspired from Joseph Stalin, Snowball being inspired from Leon Trotsky, the trained dogs in the novella being inspired from Stalin's secret police, and the other animals being inspired from different groups and classes of people. George Orwell was a genius who portrayed these ideas through the story of animals. Animal farm is a must read satirical allegory of the continuous abuse of power and one form of control simply replaced by another. In the end I would like to quote the most famous lines from the book, which are even credible in today's world, "All animals are equal, but some animals are more equal than others."

Saijal Jamwal
B.A English Honours 2nd Year

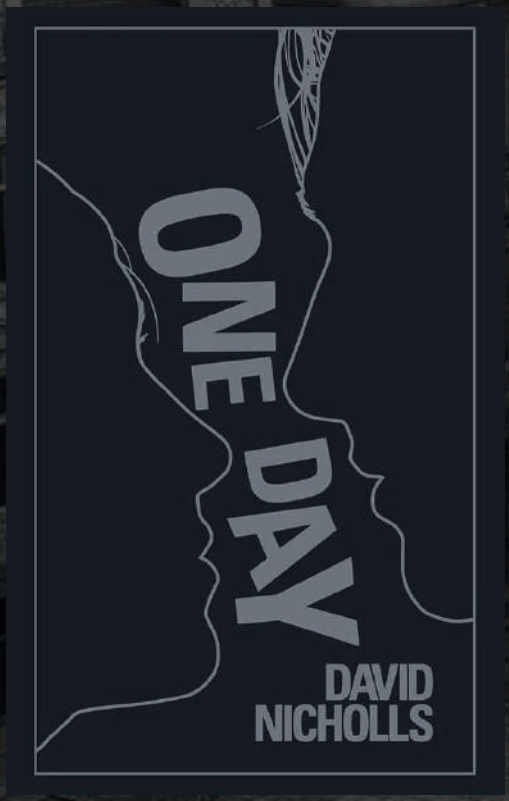


ONE DAY

David Nicholls

"Be courageos, and bold, and make a difference. Not change the world exactly, but the bit around you.
Cherish your friends.
Stay true to your principles.
Live Passionately, and fully, and well.
Experience new things.
Love, and be loved, if ever you get the chance."

-David Nicholls, "One Day"



Reading One Day by David Nicholls feels like opening a scrapbook of life's uncertainties—those confusing years after college when friendships blur into something deeper, ambitions falter, and timing seems to shape everything. The novel begins on graduation night in 1988 at the University of Edinburgh, when Dexter Mayhew, a privileged yet reckless charmer, meets Emma Morley, an intelligent and idealistic young woman determined to make a difference in the world. They spend one night together, sharing conversations and possibilities, but their lives move in separate directions afterward.

Nicholls' narrative technique is what makes the novel truly distinctive. Instead of telling the story continuously, he revisits Dexter and Emma on the same date—15 July—every year for the next twenty years. Through these annual glimpses, readers witness the evolution of their friendship, their successes and failures, and the complicated emotions that continue to bind them together. The structure creates a sense of intimacy, as each chapter feels like a snapshot capturing a specific moment in their lives.

Dexter's journey reflects the seductive highs and inevitable consequences of fame and privilege. He becomes a popular television presenter during the flashy 1990s, but his success gradually gives way to destructive habits and personal turmoil. Emma, on the other hand, faces the quiet struggles of ambition without recognition. She works unsatisfying jobs, navigates difficult relationships, and wrestles with the frustration of unrealized dreams. Despite moving through different worlds, their paths continue to cross—in cities like Paris and London—through awkward reunions, emotional conversations, and lingering "what if's."

What elevates One Day beyond a typical romantic story is Nicholls' sharp wit and emotional honesty. His writing explores themes of privilege, failure, friendship, and the unpredictable nature of time. The dialogue feels natural and compelling, often revealing more about the characters than lengthy descriptions could. Memorable scenes—such as the pair revisiting Arthur's Seat—capture the bittersweet realization that life rarely unfolds as expected.

First published in 2009, the novel became an international bestseller and later inspired a film adaptation starring Anne Hathaway and Jim Sturgess, as well as a recent series adaptation on Netflix. While these adaptations bring the story to the screen, the novel's emotional depth and internal reflections remain its greatest strength.

Ultimately, One Day is more than a love story. It is a thoughtful meditation on time, missed opportunities, and the enduring impact of human connections. For young readers especially, the novel resonates as a reminder to appreciate the present moment before it quietly becomes part of the past.

Aadrija Ray Chaudhury
B.A English Honours 3rd year

THE DEVIL ALL THE TIME

It's crazy how a movie can shape something as tainted as sin in such a way that it makes you feel better as a person even if you aren't. No amount of courage can prepare you for the constructed plot of this movie. It shows how every sin is deliberately connected to each other. It reflects the fact that one sin is the karma of another and how god can be disguised as a bait for devils to lore people in. "God demands sin" that is what the movie depicts in the most bone chilling way possible.

The story of The Devil All the Time unfolds like a slow, suffocating prayer whispered in a world that has forgotten how to listen.In the small, dust-coloured towns of Ohio and West Virginia, faith hangs in the air like damp clothes heavy, sour, and impossible to escape. Men kneel in the woods and pray not for forgiveness but for miracles violent enough to silence their fear.At the center of this quiet storm stands Arvin Russell, a boy raised among ghosts: the ghost of war, the ghost of a father's broken faith, and the ghost of a God who never answers. His father, Willard Russell, returned from World War II carrying horrors that clung to him like mud. In desperation he built an altar in the forest, praying with blood and trembling hands, believing sacrifice could bargain with heaven. Heaven, however, remained silent.

When his mother dies and his father collapses under the unbearable weight of faith and grief, Arvin inherits not comfort, but a world already rotting from the inside. Around him drift other lost souls: a preacher who twists holiness into hunger, a wandering couple who turn highways into quiet graveyards, and a sheriff who hides his corruption behind a badge. Each of them moves through life like insects trapped in amber alive, yet already doomed. Arvin grows with a quiet fury inside him. He does not seek violence, but violence seems to recognize him, as if the world itself has decided he must become its instrument. One by one, the monsters that circle him fall by his hand. Justice and sin begin to look disturbingly alike.By the end, Arvin walks alone down an endless road, leaving behind the towns where prayers sound like threats and salvation arrives only through blood. The future stretches before him like an empty confession booth.And somewhere, perhaps, the devil is still listening patiently because in this world, he has all the time there is.





Aahna Chauhan
BA English Honours Ist Year

EVEN IF LOVE DISAPPEARS FROM THE WORLD TONIGHT



Some films merely tell a love story: others allow the audience to feel the quiet ache of love that exists beyond time and memory. Even If This Love Disappears from the World Tonight is one such film—a delicate and deeply emotional narrative that explores the fragility of memory and the enduring power of affection.

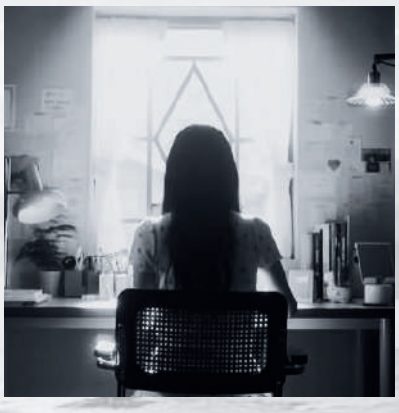
The film follows the story of two high school students. Kim Jaewon and Han Seo Yoon. Seo Yoon suffers from anterograde amnesia. a condition that causes her to lose the memories of each day when she falls asleep. To navigate her life. she records her daily experiences in the form of diary entries on her computer. The walls of her room are covered with notes reminding her of her condition and prompting her to check her computer in order to understand what is happening in her life. These small yet poignant details create a powerful sense of vulnerability and highlight the emotional weight of her circumstances.

The film finds its strength in subtle. intimate moments—shared conversations. quiet walks. and the gentle patience required to rebuild a relationship every single day. Jaewon's devotion to Seo Yoon becomes the emotional centre of the narrative. portraying a love defined not by permanence but by persistence.

Visually. the cinematography complements the film's tone beautifully. Soft lighting and muted colours create a reflective and melancholic atmosphere that enhances the emotional depth of the story. The performances of the lead actors further elevate the narrative. portraying vulnerability and sincerity with remarkable authenticity.

Thematically. the film resonates with ideas often explored in literature—the impermanence of life. the significance of memory. and the question of whether love can survive beyond the limits of time. Much like a poignant novel. the story invites viewers to reflect on how memories shape relationships and how love can endure even when memories fade.

Ultimately. Even If This Love Disappears from the World Tonight is not simply a romantic film: it is a quiet exploration of human connection. It reminds us that love is not always measured by how long it lasts. but by the depth of feeling contained within each fleeting moment.







Shayontika Chakraborty
B.A. English Honours 3rd Year

ME BEFORE YOU







"Me Before You" (2016) is that kind of movie that sneaks up on you—starts off light and quirky, then hits you right in the feels with a story about love, loss, and figuring out what makes life worth sticking around for. You've got Emilia Clarke playing Lou Clark, this bubbly, oddball girl with wild outfits and endless optimism, who lands a gig taking care of Will Traynor (Sam Claflin), a rich guy whose thrill-seeking days crashed to a halt after a motorcycle wreck left him paralyzed. It's based on Jojo Moyes' hit book, and director Thea Sharrock turns it into a rollercoaster of laughs, tears, and those big "what if" questions that stick with you long after the credits roll—perfect fodder for a college mag review where we're all pondering our own messy paths ahead.

Right from the jump, Lou bounces into Will's gloomy world like a burst of sunshine in bumblebee tights, clashing hilariously with his sharp-tongued sarcasm. She's scraping by in a dead-end town, stuck in a meh relationship with a jogging-obsessed dude (shoutout to Matthew Lewis for nailing that comic relief), while Will's plotting an exit via assisted suicide in Switzerland because, to him, a life without skydiving or spontaneous adventures just ain't it. But as Lou drags him on impromptu outings—think beach trips, concerts, and buttery-melting-on-hot-muffins moments—their vibe shifts from bickering to something real, electric even. She starts dreaming bigger, he cracks a genuine smile, and bam, romance blooms amid the chaos of wheelchairs, family drama, and those raw talks about dignity and joy.

Let's talk acting because that's the secret sauce here. Emilia Clarke—yeah, Khaleesi herself—lights up the screen as Lou, all wide-eyed wonder and goofy charm that makes you root for her to break free from her rut. It's the kind of role that screams "relatable college chaos," chasing stability while craving more. Sam Claflin? Total powerhouse as Will—brooding, witty, heartbreakingly real in his bottled-up pain, peeling back layers without ever going over-the-top. The side characters flesh it out nicely, too: Jenna Coleman as Lou's sassy sister, Charles Dance, bringing gravitas as Will's dad, and that whole ensemble keeps things grounded and buzzing.

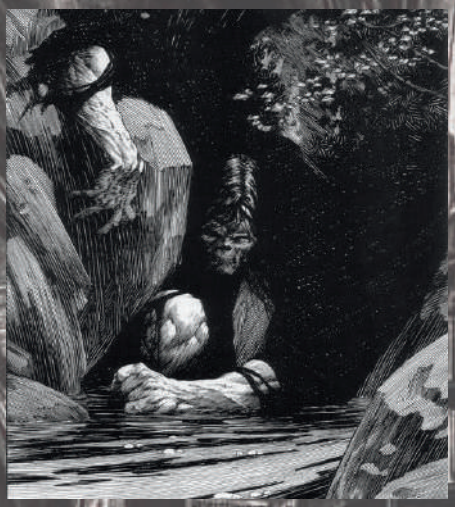
What I dig most is how the movie doesn't skimp on the pretty—gorgeous English landscapes, Lou's riotous wardrobe, and snappy banter that feels ripped from real life. It's got that "Fault in Our Stars" vibe but with a cheeky British twist, tackling heavy stuff like disability and euthanasia without preaching, just letting you feel it all. Sure, haters gripe about the ending being a tearjerker gut-punch that kinda glamorizes checking out, or how it paints quad life as mostly bleak through Will's privileged lens. Fair points—it tugs heartstrings hard and might not vibe with everyone—but that's what sparks those epic post-movie debates over pizza: Is love enough? What's a life worth living?

Adrija Ray Chaudhury
B.A English Honours 3rd Year

FRANKENSTEIN

GUILLERMO DEL TORO'S CREATURE RISES

In seeking life, I created death." Those words from Victor really stuck with me—they perfectly capture the tragedy of the whole story. Even though Guillermo del Toro takes his own path and doesn't follow the book exactly, it doesn't even matter because the movie is just so stunning to look at. Every single shot is like a painting; the cinematography is absolutely immaculate. The way the light flickers in the laboratory and the cold, blue shadows of the mountains make the world feel alive and dangerous. What really makes this version special is the brilliant script. It doesn't just treat the Creature like a monster; it treats him like a poet. At one point, he asks Victor, "Did I request thee, Maker, from my clay to mould me man?" It's heartbreaking. The dialogue is so sharp and poetic that it gives the actors so much to work with. It forces you to side with the "monster" because his pain feels more human than Victor's cold ambition. Jacob Elordi and Mia Goth were incredible—it honestly felt like they weren't even acting anymore. They lived and breathed their characters so naturally that you forget you're watching a movie. Elordi brings a physical sadness to the role that is hard to watch, while Goth is absolutely haunting in every scene she's in. It's rare to see that kind of raw energy on screen. Honestly, this movie is a total masterpiece. It's a ghost story, a family drama, and a warning all wrapped into one. It's one of those rare films that actually makes you think about what it means to be human and the heavy price of playing God. If you haven't sat down to watch this marvel yet, you are seriously missing out







Bhumi Agrawal
B.A Pass Course I[st] year

Fashion

ALL THE WAY

As I always say, 'to be bold, to be brave, and to be me.' I've been fortunate enough to live these words, and my journey has been nothing short of incredible. Last year, I was crowned WFF Miss Himachal First Runner-Up, a testament to my passion for fashion and modeling. As T.S. Eliot once said, 'Only those who will risk going too far can possibly find out how far one can go.' I've certainly taken risks, and they've led me to amazing opportunities. 've had the thrill of participating in Miss North, working on a TV show, starring in a music video, and collaborating with renowned brands like Verma Sums Jewellers. My face has adorned hoardings across Shimla, Solan, and Chandigarh - it's surreal! As Rudyard Kipling said, 'If you can dream it, you can do it.' I've dreamed big, and I'm making it happen. And it's not just about the glamour; I'm also committed to my studies and college activities, whether it's singing, dancing, or taking on new challenges. My teachers have always encouraged me to pursue my passions, and I'm grateful for their support. As I continue to strive for excellence, I'm reminded of my own mantra: 'The sky's the limit, and I'm reaching for the stars.

Tanvi Hetta B.A English Honours 3rd year















POOJA B.A PASS COURSE

Pooja's journey in the world of fashion reflects confidence, dedication, and rising recognition. She has walked the runway at India Cult Lifestyle Fashion Week, showcasing grace and stage presence. She has also modelled for Label Garry's, bringing contemporary designs to life on the ramp. Adding to her achievements, she was also a finalist at the Miss Shimla Winter Carnival, highlighting her poise, confidence, and charisma. With every appearance, she continues to carve a promising path in the world of fashion and modelling.

THE SPIRIT OF NCC







Sergeant Rakshita Chaturvedi, Sergeant Manisha Thakur, and Cadet Chyriel Thomas of St. Bede's College, Shimla, proudly represented their institution at the Army Attachment Camp held at Mamun Cantonment, Pathankot, with the 21 Rajput Battalion from 27 October to 7 November 2025. The camp provided the cadets with an enriching opportunity to experience the disciplined and dynamic life of the Indian Army up close.

During the course of the camp, the cadets actively participated in a wide range of activities designed to strengthen both their physical abilities and leadership skills. From rigorous drill sessions and weapon training to firing practice and field demonstrations, each activity gave them valuable insights into military life and the importance of discipline, teamwork, and dedication. A particularly inspiring part of the experience was the opportunity to interact with gallantry awardees, whose stories of courage and service deeply motivated the cadets and reinforced the core values of the NCC.

The cultural segment of the camp allowed cadets to showcase their talents and celebrate diversity. The students from St. Bede's enthusiastically represented their culture through a lively Nati dance performance and a group song, earning appreciation from fellow participants.

Rank Holders

- SUO Pallak Chandel
- UO Devyani Chauhan
- SGT Rakshita Chaturvedi
- SGT Manisha Thakur
- SGT Vasundhara Sharma







- Cadet Pooja Sharma attended the Basic Leadership Camp (BLC) held in Malout, Punjab, under the banner of 7 HP (I) Coy NCC, Shimla.
- Cadet Aditi, represented St. Bede's College, proudly participated in the prestigious Thal Sainik Camp (TSC), showcased exceptional dedication and determination.
- The NCC cadets of St. Bede's College proudly participated in the NCC Camp CATC-198, showcasing outstanding talent and discipline.
- The NCC cadets of St. Bede's College delivered an outstanding performance at CATC-201 Camp.
- Independence Day Parade 2025, Sergeant Manisha Thakur was appointed as the Contingent Commander for the second consecutive year, an achievement of exceptional merit and a moment of great pride for the college
- Cadet Durgesh attended the Vibrant Village Camp held at Kalpa, Kinnaur, from 6th to 15th October 2025
- SGT Vasundhara Sharma and Cadet Aashna Mehta have attended the National RCTC Camp held at UK Pithoragarh, Uttarakhand, from 11th to 18th October 2025
- Cadet Tia Sharma of St. Bede's College, under 7 HP (I) COY NCC Shimla, proudly represented her college and unit by attending the three initial camps of RDC 2026 in the Cultural Category
- Cadet Tia Sharma, attended the State Republic Day Camp (CATC-259) from 18th to 27th January 2026 at GSSS Khalag, Jubbal Hatti

My NCC journey turned me from "I'll do it tomorrow" to "fall in at 8AM" (against my will, but still). From punishments to proud moments, everything somehow built discipline, confidence, and a slightly tougher attitude. The uniform didn't just look good, it made me act better too. To my juniors, NCC isn't just about drills and ranks, it's about growth (and surviving early mornings). You'll lose sleep, maybe some patience, but you'll gain strength, memories, and stories you'll laugh about later.
Regards
SUO Pallak Chandel



* Fare Thee Well *

CLASS OF 2026

CONGRATS!

St. Bede's College hosted a heartfelt farewell for the graduating batch of 2026 on 3rd March 2026 in the college auditorium. The campus was transformed into a beautiful celebration of culture and tradition. From the entrance to the main stage, the décor featured intricate rangoli patterns, elegant ethnic motifs, and warm festive lighting, creating an atmosphere of grace and nostalgia.

The event was patronized by the Principal, Sister Rosily, whose presence and constant encouragement added warmth and prestige to the occasion. The programme was further honoured by the esteemed Chief Guest, Dr. Purnima Chauhan, who addressed the graduating students with inspiring words. In her speech, she spoke about the transition from campus life to the professional world, urging students to embrace change with confidence while holding on to the values and memories shaped during their years at the college.



Miss Bede's – Gunjan Chauhan
1st Runner-Up – Sakshi
2nd Runner-Up – Vidhushi
Miss Charming – Aarti
Miss Vivacious – Taniya
Miss Crowning Glory – Mamta
Miss Eleganza – Vidhushi
Miss Fashion Icon – Srishti Verma



The cultural segment of the evening showcased the vibrant talent of the students and kept the audience thoroughly engaged. Energetic dance performances and melodious musical presentations created a lively and celebratory atmosphere, highlighting the creativity and enthusiasm of the participants. The highlight of the evening was the thematic ramp walk, where participants confidently displayed their style, poise, and individuality while embracing the spirit of the event's theme. The participants were judged on their walk, personality, confidence, and performance during the question-and-answer round. The judging panel included Dr. Kavita Kumra and Ms. Sheena Kataria, whose thoughtful evaluation ensured a fair and engaging competition. The graduation party concluded on a joyful and emotional note, leaving behind cherished memories for the graduating students.

* *YOU DID IT!* *





Hasta La Vista





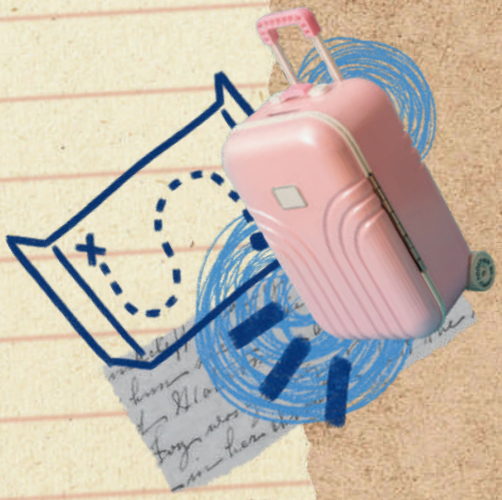








TRAVEL DIARIES







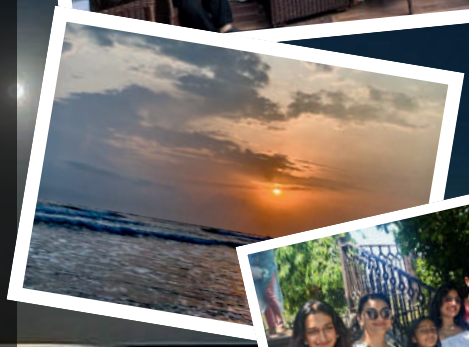
GOA- PEARL OF THE ORIENT

St. Bede's College organized an educational tour to Goa from 5th to 12th October 2025 for 50 undergraduate students, accompanied by four faculty members. The tour was designed to provide students with practical exposure to history, culture, heritage, tourism, and coastal ecology, thereby enriching their academic learning beyond the classroom.

The group travelled to Goa via New Delhi and, upon arrival, was accommodated at their designated place of stay. An orientation session was conducted to inform students about the tour schedule, objectives, and code of conduct. Over the following days, students visited several important locations across North Goa, including Calangute, Baga, and Candolim beaches. These visits helped them observe the tourism-driven economy and understand how coastal communities depend on tourism for their livelihood. The Dona Paula viewpoint further provided insights into Goa's scenic coastal geography.

A major academic highlight of the tour was the visit to Old Goa. Students explored heritage sites such as the Basilica of Bom Jesus, Se Cathedral, and the Archaeological Museum of Goa. These visits enabled them to learn about Goa's colonial past, Indo-Portuguese architecture, and the importance of preserving historical monuments.











The tour also included a visit to Fort Aguada, a 17th-century Portuguese fort, which offered valuable knowledge about maritime defense and colonial history. The Shri Mangueshi Temple gave students an opportunity to understand Goa's indigenous religious and architectural traditions, highlighting the state's multicultural identity.

One of the cultural highlights of the tour was the Mandovi River cruise, which featured traditional music and dance performances. This activity helped students appreciate how local culture is integrated into Goa's tourism industry.

Faculty members conducted reflection sessions during the tour, encouraging students to discuss their observations on culture, sustainability, and environmental challenges. The group returned safely on 12th October 2025. Overall, the tour was a highly enriching experience that successfully fulfilled its academic and educational objectives.

JAIPUR









St. Bede's College organised a week-long educational journey across Rajasthan from 7 to 12 October 2025, covering the cities of Jaipur, Pushkar, Ajmer, and Udaipur. The group's adventure started in Jaipur, the Pink City, where they explored Amber Fort, Jantar Mantar, and the Albert Hall Museum. These visits introduced them to ancient scientific ideas, artistic traditions, and the unique mix of cultures that shaped the region. The group then travelled to Pushkar, visiting the sacred lake and the Brahma Temple, before continuing to the Ajmer Dargah Sharif, a peaceful and meaningful spiritual site.

Students also visited Jaipur's iconic Hawa Mahal and Jal Mahal, which added charm and elegance to their experience. Walking through the busy markets exposed them to traditional crafts, colourful clothing, and jewellery that reflected the city's artistic identity. A quiet moment at Akshardham Temple offered a soothing end to their stay in Jaipur.

Their next destination was Udaipur, the City of Lakes, where students explored the grand City Palace, the historic Jagdish Temple, and the beautifully designed Saheliyon ki Bari. A gentle evening by Fateh Sagar Lake helped them take in the natural beauty of the city. Each visit deepened their connection to Rajasthan's culture and history.

The journey helped the group appreciate the richness of Rajasthan in a meaningful way. By the end, they left with lasting memories and a deeper understanding of the state's heritage.

DEPARTMENT OF GEOGRAPHY



The Department of Geography, St. Bede's College, Shimla, conducted an enriching two-day educational tour designed to bridge theoretical classroom concepts with real-world applications in environmental studies and geospatial science.

On December 18, students visited Chhatbir Zoo near Chandigarh to study biodiversity conservation. This visit provided practical insights into biogeography and animal welfare, emphasizing the importance of habitat planning and the critical role zoological parks play in environmental sustainability and ecosystem management.

The focus shifted on December 19 to space technology at the Indian Institute of Remote Sensing in Dehradun. After a museum tour detailing satellite systems and sensors, students attended an expert lecture by Ashutosh Bhardwaj, Scientist/Engineer at IIRS. He provided a comprehensive overview of Indian Space Research Organisation and the transformative applications of Remote Sensing and GIS in fields such as disaster management, urban planning, and agriculture. His session also highlighted emerging geospatial technologies and potential academic and career opportunities.

Overall, the educational tour proved to be highly successful, reinforcing the interdisciplinary nature of geography. By combining field observations with exposure to advanced scientific research, the visit significantly broadened the students' academic perspective on how geographical principles can be applied to address complex real-world challenges.



The Department of Geography organized a field survey to Jaipur, Rajasthan, from October 2 to 6, 2025, as part of the undergraduate academic curriculum. The primary objective of the survey was to provide students with practical exposure to field techniques, primary data collection, and real-world observation of urban and environmental issues. The survey enabled students to apply theoretical knowledge to practical situations through direct interaction with the local community.

During the fieldwork, students conducted surveys at Badi Chaupar, a prominent public square in the historic part of the city. Divided into groups, they collected primary data using structured questionnaires and interacted with local residents, shopkeepers, and visitors. This exercise helped students gain valuable experience in survey techniques, data collection, and community engagement.

The group also visited the historic City Palace, where students observed the architectural beauty and cultural heritage of Jaipur. The visit also encouraged discussions on the growing pressures of tourism and the challenges involved in conserving heritage sites.

Students later experienced the vibrant cultural traditions of Rajasthan at Chokhi Dhani, where they enjoyed folk performances and traditional cuisine.

Further fieldwork was conducted near Albert Hall Museum and Jantar Mantar, focusing on solid waste management and heritage conservation. Students interacted with local authorities, vendors, and tourists to understand waste management practices and environmental challenges.





FEST FEVER

YOUTH FESTIVAL

St Bede's College proudly participated in the recently held Youth Fest
(Group 1) from 13th to 15th November, 2025, with a team of enthusiastic students representing us across various events. Our students participated in multiple events, including a quiz, Hindi and English debate, Hindi and English elocution, poster making, cartooning, collage making, and rangoli. Each participant demonstrated commendable skill, creativity, and sportsmanship throughout the fest.
The following results were recorded:

Garbeeta Ray (B.A. Economics Honours, 3rd Year) secured 3rd position in Cartooning.

Ananya Singh (B.A. Pass Course, 1st Year) secured 3rd position in English Elocution.

The Youth Fest provided an opportunity for students to demonstrate their skills, creativity, and competitive spirit, as well as to interact with peers from other institutions. Overall, our college's participation in the Youth Fest was a proud moment, showcasing talent, teamwork, and the spirit of healthy competition.







CGC MOHALI, LITERATURE FEST





Chandigarh Group of Colleges, Mohali organised its National Literature Fest, Sahityam, from 2nd to 4th February 2026, witnessing an overwhelming participation of more than 3000 students from institutions across India. The three-day celebration of literature and ideas brought together young minds for debates, poetry, and creative discussions, creating a dynamic space for intellectual engagement.
Representing St. Bede's College, Medhavi Nautiyal (B.A. Psychology Honours, 3rd Year) and Nupur Thakur (B.Sc. Biotechnology Honours, 2nd Year) participated in the Debate Competition alongside participants from esteemed institutions such as National Institute of Technology Jalandhar and University of Delhi. The topic, "Digital platforms are redefining the future of literature for the better," encouraged critical reflection on the evolving literary landscape. With well-structured arguments and confident delivery, they highlighted how digital platforms have enhanced accessibility, amplified diverse voices, and reshaped reading culture.
Competing at such a large national platform, their impressive performance earned them the Second Position, bringing pride and recognition to the college.





RKMV FEST

St. Bede's College proudly showcased its talent and spirit at the Cultural Fest 'Rasotsav', organised by RKMV College on the 20th of September. The event saw enthusiastic participation from several reputable institutions, providing students with a vibrant platform to showcase their creativity and skills.

Representatives of St. Bede's College enthusiastically participated in a wide range of activities, including Debate, Declamation, Essay Writing, Solo Dancing, Solo Semi-Classical, Group Folk Dance, Group Bollywood Dance, Nukkad Natak, Photography, Reel Making, Rangoli, and Live Painting. St. Bede's College also secured the 3rd Position Overall in the fest.

KASAULI LITERATURE FEST

The Department of English of St. Bede's college attended the Khushwant Singh Literary Festival held in Kasauli on 11th October, 2025. This prestigious event welcomed eminent speakers including Shobha De, A.S. Dulat, and Amol Palekar, among other distinguished authors and thinkers. The festival's theme "Voices For Tomorrow - Navigating the Future through Words" emphasized literature's transformative power to inspire hope, responsibility, and innovation in a world facing global challenges.





During the fest, students had the opportunity to engage with sessions covering diverse subjects such as heritage, mental health, philanthropy, and the cultural significance of literature. The presence of cultural icons like Amol Palekar, known for his contributions to art, theatre, and film, and Shobha De, alongside insightful discussions by A.S. Dulat, enriched students' understanding of the intersections between creativity, society, and history.

Participants gained great insight into the role of literature as a force for harmony and social reflection.

SYMPHORIA

St. Bede's College witnessed an electrifying celebration of creativity and culture on 7th and 8th, 2025, as it proudly hosted its annual cultural festival, 'Symphoria.' The name, meaning a collective feeling of harmony and unity, reflected the spirit of the event. The festival's mascot, the Phoenix, symbolised renewal and resurgence, representing the grand revival of this vibrant celebration.

The inaugural ceremony was graced by the Honourable Governor of Himachal Pradesh, Shree Shiv Pratap Shukla, who attended as the Chief Guest. In his address, he emphasized the importance of encouraging youth creativity and fostering cross-cultural exchange through such platforms.

The festival drew enthusiastic participation from students representing prestigious institutions across Chandigarh and different regions of Himachal Pradesh, transforming the campus into a vibrant hub of talent and youthful energy. Adding to the grandeur of the event, the renowned police band Harmony of the Pines delivered a captivating performance, enthralling the audience with its musical brilliance and elevating the festive atmosphere.

Day one of Symphoria featured a diverse lineup of competitions, including Nukkad Natak, Battle of the Bands, Fashion Show, Debate, Dance Contest, Live Painting, Short Film Contest, Data Analysis and Visualisation, and the Innovation Model Challenge. With its dynamic blend of artistic, cultural, and intellectual events, Symphoria emerged as a vibrant platform celebrating talent, creativity, and collaboration, reaffirming the institution's commitment to nurturing holistic development among students.



The college's annual fest symbolized a renewed spirit of creativity, unity, and cultural expression. The vision was to establish it as a dynamic platform where talent thrives, ideas are celebrated, and students from diverse backgrounds come together, ensuring the festival continues to inspire and grow in the years ahead.





Echoes of the Fest

Nukkad Natak brought powerful storytelling to the streets of the campus, using raw emotion, satire, and dialogue to highlight pressing social issues. The performances captivated the audience with their energy and authenticity, proving how theatre, in its simplest form, can spark awareness, reflection, and meaningful conversations within society.

The Dance Competition was a vibrant display of rhythm, expression, and creativity. Participants from various institutions captivated the audience with energetic performances and graceful choreography, blending classical elegance with contemporary styles. The stage came alive with passion and talent, making it one of the most engaging and visually spectacular highlights of the festival.

The Battle of the Bands electrified the festival with powerful music and high-energy performances. Talented student bands showcased their creativity through original compositions and popular covers, captivating the audience with rhythm, harmony, and stage presence. The competition created an atmosphere of excitement, celebrating youthful passion for music and artistic collaboration.

The Data Analysis event challenged participants to interpret complex datasets and present meaningful insights. It tested analytical thinking, problem-solving skills, and clarity of presentation, highlighting the importance of data-driven understanding in today's world.

The Live Painting event showcased creativity in motion, as artists transformed blank canvases into vibrant artworks. Their imagination, technique, and spontaneity captivated the audience, celebrating visual expression and artistic talent.

The Short Film Competition provided a platform for budding filmmakers to showcase their storytelling and cinematic creativity. Through compelling visuals and thoughtful narratives, participants explored diverse themes and social issues. Each film reflected originality, technical skill, and artistic vision, captivating the audience and highlighting the power of cinema as a medium of expression.

The Fashion Show dazzled the audience with confidence, creativity, and style. Participants showcased unique themes and striking ensembles, turning the runway into a celebration of individuality and expression. The event beautifully blended elegance, innovation, and stage presence, making it one of the most captivating highlights of the festival.

The Debate Competition brought together sharp minds and persuasive voices. Participants presented well-structured arguments on thought-provoking topics, demonstrating critical thinking, confidence, and eloquence. The exchange of ideas created an engaging intellectual atmosphere, highlighting the power of dialogue, reasoning, and articulate expression among students.

The Innovation Model Challenge encouraged participants to transform ideas into practical solutions. Through creative models and thoughtful explanations, students showcased originality, technical understanding, and problem-solving skills, highlighting the power of innovation in addressing real-world challenges and inspiring forward-thinking approaches among young minds.

Magic Behind The Moments






























Sk. Bede's College, Shimla
SYMPHORIA
Cultural Fest
INTER COLLEGE DANCE COMPETITION
THEME- 'RHYTHM REIGN'
INDO WESTERN GROUP DANCE
2025


St. Bede's College
Cultural Fest-2025
Symphoria


SYMPHORIA
2025


Cultural Fest-2025
Symphoria

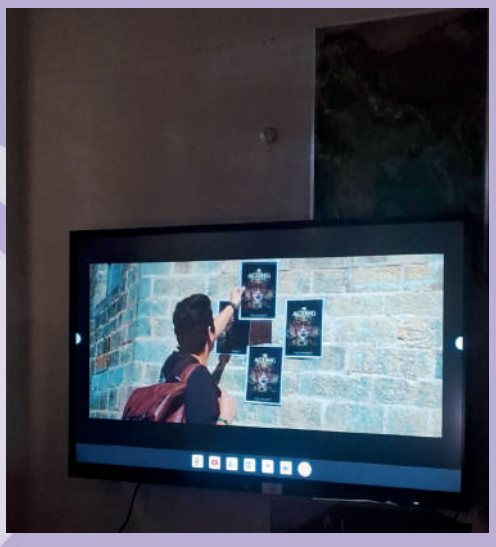












TEACHER'S ACHIEVEMENTS

DR. SAPNA SHARMA (DEPARTMENT OF PHYSICS)

Presented a paper (Poster) "Reliving Virtually Millikan's Historic Experiment To Find the Value of Planck's Constant: A PER Case Study" at IUPAP International Conference on Physics Education (ICPE 2025) organized at IIT Ropar from 16-20 December 2025 and received Best Poster Award.

DR. ANUPAMA TANDON TOMAR (DEPARTMENT OF ECONOMICS)

- Published a book titled Introductory Microeconomics (2026), which was formally released by the Hon'ble Vice Chancellor of Himachal Pradesh University in the presence of the Dean, College Development Council.
- Authored Macro Economics (2025), published by Indu Book Services Pvt. Ltd..
- Authored Computer Oriented Statistical Methods (2025), published by Kalyani Publishers.

DR. VISHAL CHAUHAN (DEPARTMENT OF ECONOMICS)

Published a research paper titled "Economics of Apple Production in Different Farm Size: A Comparative Study of Jubbal and Kotkhai Tehsil of District Shimla" in Agricultural Reviews.

DR. PANKAJ ASHISH (DEPARTMENT OF GEOGRAPHY)

Published the following research papers :

"Analyzing land use change and surface water dynamics (1990–2020) in the upper Bhima River basin using Google Earth engin", in Discover Water (Springer Nature),

" Solid waste management and Environmental Sustainability: A Case Study of Ajmer City, Rajasthan" in International Journal of Development Research Vol. 15, Issue, 10.

"A GIS-Based Hydrological Assessment of Urban Runoff in Shimla Using the SCS-CN Method"in International Journal of Social Science and Economic Research Volume:10, Issue:06

DR. PREETI KAUNDAL, DR. SANGEETA SHARMA AND MS. TITIKSHA KAMAL (DEPARTMENT OF BOTANY)

Published a research paper titled: " Essential oils as Green Herbicides: A Sustainable Approach to Weed Control" in Biothink E-Magazine. Vol.2, Issue 3.

DR. KANU MEHTA
(DEPARTMENT OF MATHEMATICS)

Published a book chapter titled "Stability analysis of convection in rotating fluid layers with triple diffusion", in Applied Engineering Mathematics (Fluid and Solid mechanics in Life Science) edited by Apul Dev, Sayantan Guha.

MS. ASMITA SHARMA
(DEPARTMENT OF ENGLISH)

Published a research paper titled "The Sacred and Its Adaptation: Negotiating Folklore and Scriptural Authority" in the MELOW Journal of World Literature MEJO Volume 10, Challenges in Adaptation: Interplay of Tradition and Innovation (peer-reviewed interdisciplinary journal; Vol.10, February 2026).

MS. KIRAN NEGI
(DEPARTMENT OF CHEMISTRY)

Published a book chapter titled "Effect of Different Additives (Organic/ Inorganic) on Micellization Behavior of Surfactants" in Industrial Applications of Individual and Mixed Surfactant Systems - Volume 1 : Springer publications

DR. ANITA CHAUHAN
(DEPARTMENT OF BIOTECHNOLOGY)

Awarded the DST WISE-SCOPE Fellowship (2025) for the project titled "Eco-friendly Utilization of Pine Needles to Treat Severe Respiratory Diseases in Tribal Areas of Lahaul and Spiti Regions of Himachal Pradesh."
Total Sanctioned Cost: ₹36,72,924
Duration: 3 Years

Books:

1. Cancer Systems Biology-Understanding the Basics, Notion Press,2025 ISBN: 978-93- 342-5030-5.
2. The New Science of Metagenomics, Notion Press, 2025, ISBN: 978-93-5619-532-5.

Other Publications:

1. Chauhan A, Suman A, Beta-N-Mehylamino- L-alanine neurotoxicity and amino acid inhibition in alzheimer's, P Int J Compr Adv Pharmacol 10 (4), 198–203.
2. Anita Chauhan, Aastha Nresht , Lavanya Bhatt , Shatakshi Rawat, Isolation of plasticdegrading bacteria from soil: A systematic review,International Journal of Ecology and Environmental Sciences 8 (1), 108-115.

DR. RAMAN MATHARU BASSI

Published a research paper titled: "Demograpic and Behavioural Determinants of UPI Fraud Vulnerability: A Descriptive Study from Shimla District, Himachal Pradesh" in Journal Of Forensic Science and Research

Academic Awards

B.A. I

SUBJECT	POSITION	NAME OF THE STUDENT
Political Science	First	Prerna Chandel
	Second	Anushka Sharma
Psychology	First	Parul Sharma
	Second	Prabhnoor Kaur
English	First	Mehak Tomar
	Second	Tanvi Thakur
Compulsory English	First	Naira Ahuja
	Second	Sanskriti Sharma
Economics	First	Rajnandini Rathour
	Second	Pratishtha Sharma
Computer Applications	First	-
	Second	-
History	First	Sneha Verma
	Second	Aprajita Chauhan
Geography	First	Prerna Chandel
	Second	Samridhi
Hindi Compulsory	First	Naira Ahuja
	Second	Sanskriti Sharma
AECC	First	Yuvika Kanwar
	Second	Tejasvini Abrol
Physical Education	First	Pooja
	Second	Ridhima

B.A. II

SUBJECT	POSITION	NAME OF THE STUDENT
Political Science	First	Shrooti Sharma
	Second	Annandita
Psychology	First	Kritika Thakur
	Second	Gurmilan Monga
English	First	Prachi Singh
	Second	Muskan Sharma
Compulsory English	First	Gauri Negi
	Second	Sanchi
Computer Applications	First	Jaanvi Singh
	Second	-
History	First	Payal Jamwal
	Second	Palak
Geography	First	Vrity Sharma
	Second	Srijal Sharma
Hindi Compulsory	First	Payal Jamwal
	Second	Harshita Sharma
Nutrition and Health Education	First	
	Second	
Economics	First	Archi Chauhan
	Second	Samreen Kaur
Physical Education	First	Archi
	Second	Sneha

B.A. III

SUBJECT	POSITION	NAME OF THE STUDENT
Political Science	First	Riya Sharma
	Second	Jahnvi
Psychology	First	Bhumika Verma
	Second	Umang Taank and Venus Chauhan
English	First	Riya Sharma
	Second	Anushka Chauhan
Economics	First	Yashika
	Second	----
Computer Science	First	----
	Second	----
History	First	Kritika Pundir
	Second	Ritika Beri
Geography	First	Ananya Saroch
	Second	Kritika Chaudhary
Hindi	First	----
	Second	----
Nutrition and Health Education	First	Pema Tashi
	Second	
Physical Education	First	Nikita Thakur
	Second	-

B.A. I (Honours)

SUBJECT	POSITION	NAME OF THE STUDENT
English	First	Riya Sharma
	Second	Saijal Jamwal
Psychology	First	Smridhi Gupta
	Second	Eirikka Kaundal
Geography	First	Tanvi Chauhan
	Second	Shivanshi

B.A. II (Honours)

SUBJECT	POSITION	NAME OF THE STUDENT
English	First	Mitali Kaistha
	Second	Shayontika Chakraborty& Deeksha Jaryal
Psychology	First	Mannat Kapoor
	Second	Muskan Chauhan
Geography	First	Arpita Verma
	Second	Aastha Sharma
Economics	First	Avani Thakur
	Second	Silvi

B.A. III (Honours)

SUBJECT	POSITION	NAME OF THE STUDENT
English	First	Nikita Thakur
	Second	Harshita Thakur
Psychology	First	Vrinda Sharma
	Second	Jahnavi Wali
Economics	First	Harshita Thakur
	Second	Shrishti Gupta
Geography	First	Devangi Sharma
	Second	Parul Mehta

M.A I

SUBJECT	POSITION	NAME OF THE STUDENT
English	First	Mansi Rohal
	Second	Simran

M.A II

SUBJECT	POSITION	NAME OF THE STUDENT
English	First	Varuna Rajvi
	Second	Srishti Basnet

B.Sc. I

SUBJECT	POSITION	NAME OF THE STUDENT
BOTANY	First	Shweta
	Second	Shriya Sawant
ZOOLOGY	First	Vanshika
	Second	Shriya Sawant
CHEMISTRY	First	Shweta and Rakshita Kamal
	Second	Aastha Verma
PHYSICS	First	Rakshita Kamal
	Second	Jessica Sharma
MATHS	First	Rakshita Kamal
	Second	Aastha Verma
COMPUTER SCIENCE	First	-------
	Second	-------
B.SC. (HONS.) MICROBIOLOGY	First	-------
	Second	-------
B.SC. (HONS.) BIOTECHNOLOGY	First	Nupur Thakur
	Second	Suhani Rana

B.SC II

SUBJECT	POSITION	NAME OF THE STUDENT
BOTANY	First	Aarushi Mehta
	Second	Aditi
ZOOLOGY	First	Ashanya Verma
	Second	Samiksha Verma
CHEMISTRY	First	Deeya Bali
	Second	Aastha Sharma
PHYSICS	First	----
	Second	----
MATHS	First	Payal Mehta
	Second	Aditi Sharma
COMPUTER SCIENCE	First	----
	Second	----
B.SC. (HONS.) MICROBIOLOGY	First	----
	Second	----
B.SC. (HONS.) BIOTECHNOLOGY	First	Aanshika Thakur
	Second	Aastha Nresht

B.Sc.III

SUBJECT	POSITION	NAME OF THE STUDENT
BOTANY	First	Riya Devi
	Second	Rishika
ZOOLOGY	First	Lakshya
	Second	Aditi
CHEMISTRY	First	Shorya Sharma
	Second	Sanyogita Chauhan
PHYSICS	First	Aishani Kanwar
	Second	Kritika Rathore
MATHS	First	Roopanshi Gupta
	Second	Himani
COMPUTER SCIENCE	First	----
	Second	----
B.SC. (HONS.) MICROBIOLOGY	First	Neetika Mehta
	Second	----
B.SC. (HONS.) BIOTECHNOLOGY	First	Kanan Sharma
	Second	Aanchal Shyam

M.Sc. Botany I

SUBJECT	POSITION	NAME OF THE STUDENT
M.Sc	First	Priyanka Sharma
	Second	Deepika Damseth

M.Sc. Botany II

SUBJECT	POSITION	NAME OF THE STUDENT
M.Sc	First	Sakshi Bhardwaj
	Second	Sneha Thakur

BBA I

Subject	Position	Name of the Student
BBA	First	Sneha Verma
	Second	Ruchika Verma

BBA II

Subject	Position	Name of the Student
BBA	First	Shimmer
	Second	Kashish Thakur

BBA III

Subject	Position	Name of the Student
BBA	First	Garima
	Second	Sizzel Rana

BCA I

Subject	Position	Name of the Student
BCA	First	Divanshi Sharma
	Second	----

BCA II

Subject	Position	Name of the Student
BCA	First	Tarana Sharma
	Second	Nishkriti

BCA III

Subject	Position	Name of the Student
BCA	First	Palak Thakur
	Second	Ankita Negi

B.Com I

Subject	Position	Name of the Student
B.com	First	Naira Ahuja
	Second	Mehak Negi

B.Com II

Subject	Position	Name of the Student
B.com	First	Parikshita Narwal
	Second	Sanchi

B.Com III

Subject	Position	Name of the Student
B.com	First	Shreya Sharma
	Second	Sneha (univ roll no 3221350020)

D.El.Ed

SUBJECT	POSITION	NAME OF THE STUDENT
1st Year	First	Sonam
	Second	Pranjal Sharma
2nd YEAR	First	Aakanksha
	Second	Anjali Sharma

Non-Academic Awards

SOCIETIES CLUBS & CELLS

DISASTER MANAGEMENT CELL

Name of the Student/ Department	Class	Name of the Occasion	Event Name	Position
Payal Thakur	M. Sc Botany 1st Semester	Disaster Risk Reduction Day	Poster making Competition	1st
Ananya Thakur	Bio-Technology 1st year			1st

YUVA TOURISM

Name of the Occasion	Event Name	Name of the Student	Class	Position
World Tourism Day	Slogan writing Competition	Oshin Sewal	B.A. 3rd year	1st
World Tourism Day	Slogan writing Competition	Priyan Larzoo Akanksha Sharma	B.A. 3rd year B.A. 3rd year	2nd

PHOTOGRAPHY CELL

Name of the Student/ Department	Class	Name of the Occasion	Event Name	Position
Navya Upadhyaya	B.A Psychology Honours (2nd year)	Christmas	Photography	1st
Shivanshi	B.A Geography Honours (2nd year)	Christmas	Photography	2nd

RED RIBBON CLUB

Name of the Student/ Department	Class	Name of the Occasion	Event Name	Position
Aastha Nresht	B.SC 3rd year	World AIDS Day	Reel Making Competition	1st
Muskan Rohal	B.A 2nd	World AIDS Day	Reel Making Competition	2nd
Ananya Thakur	B.SC Honours(1st) Biotech	Poster Making Competition on HIV /AIDS Awareness	Poster Making Competition on HIV /AIDS Awareness	1st
Kusumanjali Thakur	B.SC Honours(1st) Biotech	Poster Making Competition on HIV /AIDS Awareness	Poster Making Competition on HIV /AIDS Awareness	2nd

ENVIRONMENT CELL

Name of the Student/ Department	Class	Name of the Occasion	Event Name	Position
Ashna Mehta	B.A Geog 3rd year	Pollution Awareness	Poster Making	1st
Aarti Kumari	B.A Geo.Hons. 3rd	Pollution Awareness	Poster Making	2nd

MIRAASA -HERITAGE CLUB

Name of The Occasion	Event Name	Name of the Student	Position
Activity Under Indian Knowledge System	Cooking Competition cum Exhibition	Archi Chamtal B.A.3rd Akshita BA1st Yamini BCA 1st Shruti Sharma B.A. 2nd Sneha Verma B.A. 2nd Sakshi Sharma B.A. 2nd Priyanshi Sharma B.A. 2nd Divyanshi Sharma B.A. 2nd	1st (Group)
National Unity Day	Essay Writing Competition	Kashish Guravalia B.A. 3rd Year Annandita Sharma B.A. 2nd	1st 2nd

MODEL UNITED NATIONS

Name of the Student/ Department	Class	Event Name	Position
Priyan Rukta	B.A. 3rd Year	Mock Parliament	(Best speaker) 1st
Astha sharma	B.A. 1st Year		(Best speaker) 2nd

ELECTORAL LITERACY CLUB

NAME OF THE EVENT	NAME OF THE STUDENT	CLASS	POSITION
Poster making competition (on gender equality politics)	Kritika Verma Priya	B.A 3rd year B.A 2nd year	1st 2nd
Declamation on International Peace Day	Srijan Sharma Priyan Rukta	B.A 2nd year B.A 3rd year	1st 2nd

ANTI RAGGING COMMITTEE

Ananya Garg of BA first year secured first position in the poster making competition, while Shivanshu of BA II Psy Honours stood second

NSO-SPORTS FEST: 2025 (NATIONAL SPORTS DAY)

Skipping

Name	Class	Position
Prerna	BA Pass Course II Year	II
Harshita	BA Pass Course I Year	I

Yoga

Name	Class	Position
Shivanshi	Bio Tech. Hons. I Year	II
Suhani	BSC Non-Med. I Year	I

Table Tennis

Name	Class	Position
Anshika Bhatia	B.Com III Year	II
Urvashi	BA Pass Course I Year	I

Basketball

Name	Class	Position
Pragya Acharya	Economics Hons. III Year	I
Paurl Sharma	BA Pass Course II Year	I
Prerna	BA Pass Course II Year	I
Suhani Rangta	BSC Non Med. I Year	I
Rishita Bhardwaj	BA Pass Course I Year	I
Yashika	BA Psychology I Year	I
Megna Kshyap	BA Pass Course I Year	I

Volleyball

Name	Position
Archi	Ist
Masuma Chauhan	
Harshita	
Vakshita	

Running

Name	Class	Position
Suhani	Bsc-Non Medical	II
Pragya Acharya	Economics Hons. III Year	I

Badminton

Name	Class	Position
Tanya	English Hons. III Year	II
Prerna	B.A Pass Course	I

NATIONAL SERVICE SCHEME NSS

Name of The Occasion	Event Name	Name of the Student	Position
Pre R.D selection camps	Pre R.D camp	Prerna	National Certificate

DEPARTMENTS

DEPARTMENT OF BIO-TECHNOLOGY

Name of the Student/ Department	Class	Name of the Occasion	Event Name	Position
Sia Saklani Suhani Pathania	Bio-Technology 2nd Bio-Technology 2nd	World Food Day	Fire less cooking competition	1st
Muskan Garg Riya Kanwar	Bio-Technology 2nd Bio-Technology 2nd	World Food Day	Fire less cooking competition	2nd

DEPARTMENT OF MATHEMATICS

Name of the Occasion	Event Name	Name of the Student	Class	Position
National Mathematics Day	Video Making Competition	Aarya Verma Jessica	B. Sc 1st year B. Sc 2nd year	1st 2nd
National Mathematics Day	Quiz Competition	Shraddha Thakur Arushi Payal Mehta	B.Sc Sc 1st year B. Sc 2nd year B. Sc 3rd year	1st (group)
National Mathematics Day	Quiz Competition	Garima Channa Aastha Verma Aditi Sharma	B.Sc Sc 1st year B. Sc 2nd year B. Sc 3rd year	2nd (group)

DEPARTMENT OF BOTANY

Name of the Student/	Class	Event Name	Position
Aastha Nresht Satakshi Rawat Lavanya Bhatt	B. Sc Bio-Technology 3rd year (all)	Interdepartmental Quiz Competition On Ayurveda	1st
Nupur Thakur Riya Kanwar Suhani Pathaniya	B. Sc 2nd year (all)	Interdepartmental Quiz Competition On Ayurveda	2nd
Urshika Chauhan Anshika Thakur Sakshi sharma	B. Sc 1st year (medical) (all)	Interdepartmental Quiz Competition On Ayurveda	2nd
Mishti Chauhan Saloni Prerna	B.Sc. Medical 1st year m.sc 1st sem B.Sc. Medical 1st year	Botanical Tambola	

DEPARTMENT OF ECONOMICS

Name of the Student	Event Name	Class	Position
Ananya Singh	Jataka Tales on Wealth and Poverty	B.A. 1st Year	1st

DEPARTMENT OF POLITICAL SCIENCE

NAME OF THE EVENT	NAME OF THE STUDENT	CLASS	POSITION
Poster making competition (on gender equality politics)	Kritika Verma Priya	B.A 3rd year B.A 2nd year	1st 2nd
Declamation on International Peace Day	Srijan Sharma Priyan Rukta	B.A 2nd year B.A 3rd year	1st 2nd

DEPARTMENT OF PHYSICAL EDUCATION
Poster making & Paper Presentation Competition

Name	Class	Theme	Position
Ridhima	Eng. Hons. III	Impact of Social Media on Youth	II
Ridhima & Pooja	B.A II	Impact of Social Media on Youth	II
Aashta & Lavnya	Bio Tech. III	Vikshit Barat@2047	I
Manan Bali	B.Com I	Impact of Social Media on Youth	I

DEPARTMENT OF COMPUTER SCIENCE

Sr. no.	Student name	Event name	Class	Position
1.	Divya Verma Shivani	Treasure hunt Treasure hunt	BCA 3rd year BCA 3rd year	1st 2nd
2.	Sargam	Debate	BCA 2nd year	1st
	Yamini	Debate	BCA 1st year	2nd
3.	Harshita Hasta	Speed typing	BCA 2nd year	1st
	Tarana	Speed typing	BCA 3rd year	2nd
4.	• Urvashi • Divanshi Sharma • Sneha Verma • Surya Tejasvni Chandel	Rangoli	BCA 2nd year	1st
	• Ishita • Rashita Thakur • Yamini • Aditi • Sristi • Vedika • Vanshika • Arshya • Anshika • Sakshi	Rangoli	BCA 1st year	2nd
	• Tarana • Surya Tejaswini Chandel	Coding Competition	BCA third year BCA second year	1st
	• Nishkriti • Rashita	Coding Competition	BCA third year of BCA first Year	2nd

HINDI DEPARTMENT

Name of the Department	Name of the Occasion	Event Name	Name of the Student	Class	Position
Hindi	Hindi Week	PPT competition on IKS	Saizal Sharma Shriya	BA 3rd year B.Sc 2nd Year	1st 2nd
	Antarashtriya Matribhasha Diwas	Short Story Writing Competition	Srijan Sharma	BA 2nd year	1st
	Antarashtriya	Short Story Writing Competition	Siyanshi	BA 1st Year	2nd
	Matribhasha Diwas				

DEPARTMENT OF PHYSICS

Name of the Student	Event Name	Class	Position
Anushka Chauhan	Slogan writing competition under the theme " Women in Science Catalysing Viksit Bharat	B.Sc 2nd year	1st
Jiya Saraswat	Slogan writing competition under the theme " Women in Science Catalysing Viksit Bharat	B.Sc 1st year	2nd
Shradha Thakur	Poster Making competition under the theme Women in Science Catalysing Viksit Bharat	B.Sc 1st year	1st
Arya Verma	Poster Making competition under the theme of women in Science Catalysing Viksit Bharat	B.Sc 1st year	1st

DEPARTMENT OF ZOOLOGY

Name of the Occasion	Event Name	Name of the Students	Class	Position
World Animal Welfare Day	Interdepartmental Quiz Competition	Ananya Muskan	Bio-Technology 1st year Bio-Technology 1st year	1st
World Animal Welfare Day	Interdepartmental Quiz Competition	Trisha Sakshi	B.Sc 1st year B.Sc 1st year	2nd
World Animal Welfare Day	Photography Competition	Shivanshi Ananya	Bio-Technology 1st year Bio-Technology 1st year	1st 2nd

YOUTH FESTIVAL

Name of the Students	Event Name	Present Class and Year	Certificate
MEDHAVI NAUTIYAL	Debate	BA PSYCHOLOGY HONOURS 3RD YEAR	Certificate of Participation
NUPUR THAKUR	Debate	BSC BIOTECHNOLOGY HONOURS 2ND YEAR	Certificate of Participation
SAIZAL SHARMA	Quiz	BA PASS COURSE 3RD YEAR	Certificate of Participation
AASTHA NRESHT	Quiz	BSC BIOTECHNOLOGY HONOURS 3RD YEAR	Certificate of Participation
ISHIKA CHAUDHARY	Quiz	BA ENGLISH HONOURS 2ND YEAR	Certificate of Participation
SNEHA SINGH	Elocution (Hindi)	BA PASS COURSE 1ST YEAR	Certificate of Participation
ANANYA SINGH	Elocution (English)	BA PASS COURSE 1ST YEAR	3rd Position
JASMEEN	Poster making	BA PSYCHOLOGY HONOURS 1ST YEAR	Certificate of Participation
PRIYAM SWARNIM	Rangoli	BSC BIOTECHNOLOGY HONOURS 1ST YEAR	Certificate of Participation
GARBEETA RAY	Cartooning	BA ECONOMICS HONOURS 3RD YEAR	3rd Position
CHARVI KASHYAP	Debate (Hindi)	B.COM 1ST YEAR	Certificate of Participation
MANAN BALI	Debate (Hindi)	B.COM 1ST YEAR	Certificate of Participation
SUHANI NEGI	Collage making	PSYCHOLOGY HONOURS 2ND YEAR	Certificate of Participation

YOUTH FESTIVAL GROUP -2 MUSICAL

Indian Classical Vocal Solo

Sr. No	Name of 'Participant	Class	Position
1	Supriya	B.A 1st year	Participation

Classical Instrumental Solo (Sitar)

Sr. No	Name of Participant	Class	Position
1	Dimpal	B.A 1st year	Participation

Light Vocal Music Indian

Sr. No	Name of Participant	Class	Position
1	Muskan	B.A 1st year	Participation

Western Vocal Solo

Sr. No	Name of 'Participant	Class	Position
1	Ananya Thakur	Biotech Hons 1st year	Participation
2	Harshita Kashyap	B.com 2nd year	Participation

Indian Light Music (Folk solo)

Sr. No	Name of 'Participant	Class	Position
1	Dimple	B.A 1st year	Participation

Group Song Indian

Sr. No	Name of 'Participant	Class	Position
1.	Dimple	B.A 1st year	Participation
2.	Srishti Sharma	B.com 2nd year	Participation
3.	Shweta	B.com 2nd year	Participation
4.	Muskan	B.A 1st year	Participation
5.	Muskan	B.A 1st year	Participation
6.	Supriya	B.A 1st year	Participation

Classical Instrumental Solo (Percussion)

Sr. No	Name of 'Participant	Class	Position
1	Muskan	B.A 1st year	III

Western Instrumental (Solo) POSITION

Sr. No	Name of 'Participant	Class	Position
1	Harshita Kashyap	B.com 2nd year	III

BEST USERS OF THE LIBRARY

1. Priyan Rukta B.A 3rd year Pass Course
2. Tamanna Sharma B.Sc 1st year Bio-Technology

SR. PASCAL MEMORIAL SCHOLARSHIP FOR FULL ATTENDANCE

SR. NO.	NAME OF THE STUDENT	YEAR	SUBJECT
1.	Annandita Sharma	BA III	Political Science
2.	Niharika and Sneha	BBA III	Management
3.	Apoorva Guleria	BSC I	Chemistry
4.	Pooja	BA II	Physical Education
5.	Sunidhi Paul	BA III	Geography Hons
6.	Smridhi Gupta	BA II	Psychology Hons
7.	Suhani Negi	BA II	Psychology Hons
8.	Priyanka Negi	I	D.EL.ED

SR. PASCAL MEMORIAL SCHOLARSHIP FOR ACADEMIC EXCELLENCE

SR. NO.	NAME OF THE STUDENT	YEAR	SUBJECT
1.	Payal Mehta	BSc III	Maths
2.	Aastha Nreshta	BSc III	Biotechnology
3.	Navdha Mehta	BSc II	Zoology
4.	Medhavi Nautiyal	BA III	Psy Hons
5.	Shrooti Sharma	BA III	Political Science
6.	Parikshita Narwal	BCom III	Commerce
7.	Palak Rawat	BBA III	Management
8.	Aastha Verma	BSc II	Chemistry
9.	Aarushi Mehta	BSc II	Botany
10.	Deepika Damseth	MSC (II SEM)	Botany
11.	Arpita Verma	BA III	Geog Hons
12	Anandita Sharma	BA III	History
13	Gunjan Sharma	II	D.El.Ed
14	Mitali Kaistha	BA III	Eng Hons
15	Avani Thakur	BA III	Eco Hons
16	Archi Gupta	BA III	Economics

AWARDS SPONSORED BY PARUL SAMRITI FOUNDATION 2025-2026

SR. NO.	NAME OF THE STUDENT	CLASS	YEAR
1.	Harshita Sharma	B.A. 1st year	2025-2026
2.	Anyata Chauhan	B.A Psychology 3rd year	2025-2026
3.	Ananya Toppo	B. Com 1st year	2025-2026

Best Ship Captain

Harmanpreet Kaur (B.A Psychology Honours 3rd year)

Best Ship Of The Year

INS Vikas

AWARDS SPONSORED BY PARENTS TEACHER ASSOCIATION FOR ALL ROUNDER STUDENTS

SR. NO.	NAME OF THE STUDENT	YEAR	SUBJECT
1.	Priyan Rukta	BA III	Political Science
2.	Nupur Thakur	BSC II	Biotechnology
3.	Divanshi Sharma	BCA II	Computer Sc
4.	Shreya Verma	BSC II	Zoology
5.	Mannat Kapoor	BA III	Psychology Hons
6.	Anshul Sharma	BCOM III	Commerce
7.	Kashish Thakur	BBA III	Management
8.	Deeya Bali	BSC III	Chemistry
9.	Sneha Khimta	BSC II	Botany
10.	Ojhal Chauhan	MSC IV SEM	Botany
11.	Tamnna Nautiyal	BA III	Geography Hons
12	Srijal Sharma	BA III	History
13	Jagriti	II	D.EL.ED
14	Deeksha Jaryal	BA III	Eng hons
15	Anima Sharma	BA III	Eco Hons
16	Samreen Kaur	BA III	Economics
17	Avni Gupta	BA III	Economics

CDD Sports Trust Scholarship 2025-2026

Sr. No.	Name	Game	Class
1.	Deepika Negi	Boxing	B.A II
2.	Ritu		B.A II
3.	Priya		B.A II
4.	Anjali Kumari		B.A II
5.	Urvashi Sharma	Table Tennis	B.A I
6.	Rishita Bhardwaj	Basketball	B.A I
7.	Tejasvini Abrol	Chess	B.A II
8.	Anshika Bhatia	Table Tennis	B.Com III
9.	Suhani Thakur	Kabaddi	B.Com III

Special Awards

Dr. RANA NAYAR –Trophy for excellence in English Honours was awarded to

- Ridhima Munjal
- Shayontika Chakraborty

of B.A. III English Honours.

हिंदी अनुभाग

अनुक्रमणिका

	पृ सं
1. दो शब्द	1
2. सम्पादिका की कलम से	2
3. मन के झरोखे से	4
4. किस्सागोई	7
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दो शब्द



सेंट बीड्स महाविद्यालय की वार्षिक पत्रिका, 'इकोज़', का 2025–26 संस्करण आपके समक्ष रखते हुए मुझे बेहद खुशी हो रही है। हिंदी विभाग की ओर से छपने वाले अनुभाग की प्रधान सम्पादिका होने के नाते, हर साल छात्राओं की मेधा, उनकी रचनात्मकता और सोच की उड़ान को गति देने की ज़िम्मेदारी निभाते हुए मुझे अत्यंत गर्व का अनुभव होता है। साथ ही, युवा वर्ग के नवीन विचारों को समझने और साझा करने का भी सौभाग्य प्राप्त होता है। इस वर्ष भी विभाग की ओर से यह सतत प्रयास रहा कि हिंदी भाषा और साहित्य के संवर्धन और महत्ता को रेखांकित करने का लक्ष्य महाविद्यालय की छात्राओं के मन में जगाया जाए, ताकि भावी जीवन में वे अपनी ज़मीन से, अपनी जड़ों से तथा अपनी संस्कृति से जुड़े रहें। हिंदी विभाग की ओर से यह यत्न हमेशा रहता है कि पाठ्यक्रम में जो पढ़ाया जा रहा है, उससे इतर छात्राओं को अनेकानेक गतिविधियों में सक्रिय भागीदारी के लिए प्रोत्साहित किया जाए, ताकि उनका सर्वांगीण विकास हो सके। सर्वांगीण विकास की यात्रा में हमारी छात्राएँ नेतृत्त्व की योग्यता, हिंदी में लेखन, भाषण, सम्पादन से लेकर सर्जनात्मक लेखन और टंकण तक के पड़ाव पार करती हैं। यही हम प्राध्यापकों की असली पूंजी साबित होती है, जब हमारी छात्राएँ पूरे आत्मविश्वास के साथ अपनी निपुणता दर्शाती हैं। प्राध्यापिका के रूप में उनकी सराहना करना, उन्हें प्रेरित करना और उनकी कला को निखारना हमारा असली धर्म बन जाता है। आज की युवा मनीषियां हिंदी भाषा और अपनी संस्कृति, देश–विदेश में हो रहे राजनीतिक उथल–पुथल, स्त्री विषयक विमर्श और अपने पर्यावरण के बारे में कितनी सजग और सतर्क हैं, और उनके बारे में कितनी मुखर हैं, यह आप उनके द्वारा लिखित कविताओं, कथाओं और लेखों के माध्यम से जान–परख सकेंगे, जो इस पत्रिका में सम्पादित किये गए हैं। भाषा की धारा तब तक गतिशील रहती है, जब तक उसमें साहित्य का पोषण किया जाता है। प्राध्यापिका के रूप में इस पोषण का उत्स हम बन सकते हैं, परन्तु गतिशीलता बनाए रखने का महती कार्य युवा पीढ़ी के कन्धों पर है। इसी उम्मीद के साथ, कि यह धारा अनवरत बहती रहे। मेरी शुभकामनाएँ आप सभी रचनाकारों और पाठकों के साथ हैं।

डॉ. देविना अक्षयवर
प्रधान सम्पादिका
हिंदी विभाग

सम्पादिका की कलम से



प्रिय पाठको! शब्द केवल अक्षरों का मेल नहीं होते, वे भावनाओं, विचारों और अनुभवों की अभिव्यक्ति होते हैं। हर लेख, कविता और विचार के पीछे किसी विद्यार्थी की मेहनत, संवेदनाएँ और सोच छिपी होती है। एक महाविद्यालय की पत्रिका भी केवल पन्नों का संग्रह नहीं होती, बल्कि यह उन सपनों, संघर्षों और रचनात्मक विचारों का दर्पण होती है, जो हर छात्र के मन में बसते हैं। सेंट बीड्स महाविद्यालय की पत्रिका 'इकोज़' उन अनगिनत विचारों और भावनाओं का मंच है, जो छात्राओं के मन में जन्म लेते हैं। यह मंच छात्राओं को अपनी प्रतिभा, कल्पनाशीलता और अनुभवों को व्यक्त करने का अवसर देता है। हिंदी भाषा हमारी संस्कृति, हमारी परंपरा और हमारी पहचान का महत्वपूर्ण हिस्सा है। इस पत्रिका के माध्यम से हम हिंदी की उसी सुंदरता और अभिव्यक्ति की शक्ति को महसूस कर सकते हैं। 'इकोज़' पत्रिका के हिंदी अनुभाग की सम्पादिका के रूप में मेरे लिए यह गर्व की बात है कि मुझे ऐसी प्रतिभाशाली छात्राओं की रचनाओं को पढ़ने और उन्हें इस मंच तक पहुँचाने का अवसर मिला। मैं आशा करती हूँ कि यह पत्रिका आप सभी को प्रेरित करेगी और आपके भीतर की रचनात्मकता को और आगे बढ़ाएगी। महाविद्यालय के हिंदी विभाग की अध्यक्षा, डॉ. देविना अक्षयवर और प्राध्यापिका सुश्री अंजना देवी की मैं आभारी हूँ जिन्होंने मुझे इस महत्त्वपूर्ण काम के लिए योग्य समझा। सम्पादन कार्य करते हुए मैंने अपनी ही नेतृत्त्व और सृजन– क्षमता को पहचाना है।

धन्यवाद।

सुश्री आर्ची

हिंदी अनुभाग सम्पादिका

बी.ए. तृतीय वर्ष

हम जो बार–बार करते हैं, वही बन जाते हैं। उत्कृष्टता हमारी आदत बन जाती है। सेंट बीड्स महाविद्यालय द्वारा प्रकाशित वार्षिक पत्रिका, 'इकोज़' के इस संस्करण में मैंने हिंदी अनुभाग के लिए सह–सम्पादिका के तौर पर काम किया। इस बीच मेरा अनुभव निस्संदेह नवीन रहा, लेकिन साथ ही इस कार्य को करते हुए मेरा हुनर और भी निखरता गया। इस भूमिका ने मुझे टीम वर्क करना सिखाया, मेरी संचार और नेतृत्व – क्षमता को निखारा, जिससे मेरी योग्यता में वृद्धि हुई। यह एक परिवर्तनकारी यात्रा थी, जिसने मेरे कौशल को विकसित किया और दृष्टिकोण को विस्तृत किया। इसका मेरे व्यक्तिगत और पेशेवर विकास में महत्वपूर्ण योगदान रहा। हिंदी भाषा सम्बन्धी ज्ञान, सृजन–शक्ति और सम्पादन कला, इन सबको ग्रहण करने की प्रेरणा मुझे हिंदी विभाग की अध्यक्षा और मेरी प्राध्यापिका, डॉ. देविना अक्षयवर से मिली। मेरे ऊपर विश्वास रखकर उन्होंने न सिर्फ़ साहित्य के प्रति मेरी संवेदनशीलता बढ़ाई है, बल्कि ज़िम्मेदारी से काम संभालने की भी प्रेरणा दी है। उनके मार्गदर्शन और संपादकीय टीम के सहयोग से काम करने का अवसर पाकर मैं स्वयं को सौभाग्यशाली मानती हूँ।



धन्यवाद।

सुश्री प्रेरणा

सह–सम्पादिका

बी.ए. द्वित्तीय वर्ष

मन के झरोखे से

भावों की भाषाः हिन्दी

केवल बोलचाल का ज़रिया नहीं हिन्दी,

यह प्रमाण है, हमारी अस्मिता का।

यह ध्वनि है, एकता की, स्वतंत्रता की,

नारा है भाईचारे का।

यह गान है वह,

जिसमें माँ की लोरी है गूँजती।

यह बयार है वह,

जिसमें खेत की मिट्टी है महकती!

यह वाणी है,

जिसमें संतों, महंतों और कवियों की,

धड़कने धड़कती हैं।

पर अफसोस !, आज अपनी ही भाषा को

मापने लगे हैं हम

दूसरों के पैमाने पे !

अपनी ही धरोहर को,

तौलते हैं किसी विदेशी ताकत के आधार पे

याद रखो !

जो अपनी ही भाषा को भूल जाता है,

वो अपनी ही जड़ों से कट जाता है।

और जो अपनी जड़ों से कट जाता है,

वो ऊँचाइयों तक उड़ान नहीं भर पाता है।

हिन्दी हमारी पहचान है,

हिन्दी हमारा सम्मान है।

इसे हिन्दी के एकमात्र दिवस तक सीमित न रखें ,

इसे शिक्षा, तकनीक और विज्ञान का खुला मैदान बनाएँ!

आओ मिलकर प्रतिज्ञा ले!

हिन्दी का नाम बढ़ाएँगे

विश्व पटल पर इसकी गूँज पहुँचाएंगे।

क्योंकि हिन्दी आगे बढ़ेगी,

तो भारत का नाम रोशन होगा।

और जब–जब हिन्दी का जयघोष गूँजेगा,

तब–तब हम भारतीयों का सिर गर्व से ऊँचा होगा।

सुश्री पलक अग्रवाल

बी.ए. तृत्तीय वर्ष

मैं'मैं'हूँ!

चल पड़ी हूँ मैं राहों पर, सपनों की सौगात लिए,

कभी हवा संग उड़ती जाती, कभी कदमों में गति लिए।

मन पूछे –" कौन है तू?"

दिल कहता –" खुद की पहचान।"

धीरे–धीरे समझ में आया,

मैं ही हूँ अपनी जान।

हूँ मैं बेटी घर की किरण,

मुस्कानों की हल्की धुन

मैं बहन – सादगी संग,

रिश्तों में भरती मधुर एहसास

मैं माँ प्यार–दुलार की छांव

जिसके स्पर्श से भरता हर एक घाव

पर इन सब नामों के भीतर एक "मैं" भी हूँ अनजान।

कभी गिरती, कभी संभलती, कभी रोती, कभी हँसती मैं,

टूटकर भी खिलती रहती,

हर पल खुद से मिलती मैं।

रास्ता भी मैं, मंजिल भी मैं

मैं चाहत भी और आसमान भी मैं

हार नहीं मैं, हिम्मत हूँ, धड़कन भी, और जान भी हूँ।

आज समझी एक बात ये यात्रा ही मेरी शान,

जितना चलूँ, उतना पाऊँ,

हाँ–मैं बेटी, माँ और बहन पर इन सब से बढ़कर जानूँ मैं" मैं" हूँ।

और यही मेरी सबसे खूबसूरत पहचान।

सुश्री मनन बाली

बी.कॉम प्रथम वर्ष

सियासत, शहादत और अमन की आस

वही कहानी , वही मंज़र बरसों से सह रहे हम दहशत का ये प्रहार,

उजड़ गए न जाने कितने हँसते – खेलते घर. बार।

दशकों से चला आ रहा दुखों का ये सिलसिला,

अब किससे कहें अपना दर्द, किससे करें हम गिला

बदली हैं कितनी सरकारें, बदले कितने चेहरे,

पर नफ़रत की इन दरारों पर पहरे हैं गहरे।

दिलों के फ़ासले मिटाने की कोशिश आज भी अधूरी है,

मंजिल तो सामने है, पर बीच में बड़ी दूरी है।

हवाओं का रुख बदला – बदला है थोड़ा सा मिजाज,

पर थमा नहीं है अब तक नफ़रत का ये राज।

आज भी उम्मीदें हमारी हार कर इंतज़ार करती हैं,

सरहदें अब भी अपनों के खून से आहें भरती हैं।

सरकारें बदलीं तो बस आवाज़ नई हो जाती है,

सच्चाई अक्सर वादों के शोर में खो जाती है।

इसी खामोशी की आड़ में दुश्मन फिर वार करता है,

भरोसे के हर कच्चे धागे को चुपचाप तार– .तार करता है।

पुलवामा और पहलगाम की वो सहमी हुई वादियाँ,

याद दिलाती हैं शहादत की वो दर्द भरी सदियाँ।

बेचैन रूह रातों को अक्सर जाग जाती है।

हर आँख के आँसू से बस यही दुआ निकलती है,

ये खौफ की रात अब तो ढलनी चाहिए।

न माँ रोए, न बचपन खोए, न घर कोई वीरान हो,

अमन का सूरज उगे और हर चेहरे पर

मुस्कान हो।

सुश्री शिमोना जनदेव

बी.ए. द्वित्तीय वर्ष

बेटी

जब-जब जन्म लेती है बेटी, खुशियाँ साथ लाती है बेटी।

ईश्वर का आशीर्वाद है बेटी।

सुबह की पहली सौगत है बेटी।

तारों की शीतल छाया है बेटी, आंगन की

चिड़िया है बेटी।

त्याग और समर्पण सिखाती है बेटी, नये-नये रिश्ते बनाती है बेटी।
बेटी की कीमत उनसे पूछो जिनके पास नहीं है बेटी।

सुश्री अवंतिका गांगटा
बी.ए. तृत्तीय वर्ष

किस्सागोई

बलग की अद्भुत कहानी

हिमाचल प्रदेश के ज़िला शिमला के 'बलग' नामक गाँव की यह एक अद्भुत कहानी है। बलग गाँव में एक सोहन नाम का बालक रहता था, वह बहुत गरीब परिवार से संबन्धित था। उसका मकान भी बहुत कच्चा और जर्जर था और उसके घर में खाने–पीने का गुज़ारा भी बहुत मुश्किल से होता था। वह और उसके माता–पिता खेती का काम करते थे। उसके परिवार में कुल 5 सदस्य थे। पुरानी मान्यताओं के अनुसार बलग प्राचीनकाल में पाण्डवों की नगरी रही है और वहाँ पर देवी–देवताओं का वास है । लोगों की देवी–देवताओं और भगवान पर बहुत श्रद्धा होती है।

एक दिन सोहन ने यह कहना शुरू कर दिया कि मेरे अंदर शिव भगवान आते हैं और मेरी बहन के अंदर माता आती है। लोगों ने इस बात पर विश्वास कर लिया और वह लोगों की आस्था से खिलवाड़ करने लगा। लोग बहुत दूर–दूर के क्षेत्रों और दूसरे ज़िलों से भी उनके पास आने लगे। अधिक लोगों के आने की वजह से वहाँ भीड़ होने लगी, जिसके कारण लोग उनको देखने के लिए 12 से 15 किलोमीटर तक की पैदल यात्रा करने लगे, परंतु एक दिन एक ऐसी घटना घटित हुई जिस कारण लोगों को उस पर शक हुआ। जब उसने वहाँ के स्थानीय देवता, भूतेश्वर महाराज के बारे में बहुत बुरा कहा कि वह मेरे पैरों के नीचे है, तो वहाँ के लोगों के मन में उसके प्रति आक्रोश उत्पन्न हो गया।

कहा जाता है कि वहाँ के देवता ने उसे कुछ ऐसा कर दिया कि वह नदी से पार नहीं आ सकता।वहाँ के लोगों का कहना था कि वह केवल पैसों के लिए ऐसा करता था।

धार्मिक मान्यताओं के नाम पर झूठ और अंधविश्वास फैलाने वालों के साथ शायद ऐसा ही होता है। धार्मिक आस्था अपनी जगह सही होती है, लेकिन उसके नाम पर लोगों के साथ छल करना स्वयं अपने धर्म के साथ छल करने के बराबर है। इससे हम सबको बचना चाहिए।

सुश्री स्मृति शर्मा

डी.एल.एड. प्रथम वर्ष

वह कमरा

घर का वह एक कमरा आज भी वैसा ही है; शांत, स्थिर, जैसे समय ने वहाँ कदम रखने से मनाकर दिया हो। ज़मीन पर बिछी दरी का एक कोना अब भी हल्का–सा मुड़ा है। दादी आदत से हर शाम उसे सीधा करती थी। खिड़की से आती धूप पहले उन के सफ़ेद बालों पर चमकती थी, अब वही धूप बिस्तर पर फैलकर जैसे किसी को ढूँढ़ती रह जाती है। दीवार से सटी उनकी छड़ी बहुत दिनों तक वही खड़ी रही। किसी ने उसे हटाया नहीं, मानो उसे हटाने से यह स्वीकार करना पड़ता कि अब लौटकर कोई उसे थामेगा नहीं। कमरे में अब भी वही हल्की–सी खुशबू है, तेल की, दवा की और रसोई की। पहले यह एक साधारण सी महक थी, जिस पर कभी ध्यान नहीं जाता था। अब वही खुशबू सब से गहरी याद बन गई है। पहले इस कमरे में हल्की–सी आहट रहती थी, धीमी सीखाँ सने की आवाज़, कुछ हलकी–फुल्की बात और यह भरोसा, कि दादी यहीं है। बिना देखे भी उनकी मौजूदगी महसूस हो जाती थी। अब वहाँ पूरा सन्नाटा है। ऐसा सन्नाटा, जिसमें दादी का मौन अब हमेशा के लिए दर्ज़ हो गया है।

घर की बाकी ज़िंदगी चलती रहती है, लोग बात करते हैं, काम करते हैं, दिन बीत जाते हैं। लेकिन इस कमरे में सब कुछ जैसे उसी दिन पर ठहर गया है, जिस दिन उनकी आवाज़ आखरी बार सुनाई दी थी। कहते हैं, मृत्यु एक घटना है। पर यहाँ वह एक लंबी खामोशी है, जो हर दिन थोड़ी–थोड़ी गहरी होती जाती है।

सुश्री सेज़ल
बी.ए.तृत्तीय वर्ष

सेबां रे बाग

ऊपरी शिमला रे इक छोटे जे गांव मं कर्मू नां रो छोरो रैंदो थो। ओ अपने बाबे संग सेबां रे बाग मं कम करदो थो।

सवेरै–सवेरै ठंडी हवा चलदी, दूर पहाड़ां री चोटियां बरफ स्यूं ढकी दिसदी।

इक साल आंधी–बूंदाबांदी घणी पई। सेबां रे फुल झड़न लाग पए। कर्मू घबरा गयो, बोला,

"बाबा, जां सारा फसल खराब हो गयो तां?"

बाबा हँस के बोल्या,

"छोरे, पहाड़ां रो जीवन धीरज सिखांदा। मेहनत कर, बाकी सब ऊपरवाले ते छोड़।"

कर्मू रोज बाग साफ करदो, टूटे डंगरां नूं सहारो देदो, ते पाणी रो रास्तो ठीक करदो।

थोड़ै दिनां बाद मौसम साफ हो गयो। फुलां री जगह लाल–लाल सेब लटकन लाग पए।

गांवां वाले देख के खुश हो गए। बाबा बोल्या,

"देख्या कर्मू, जां दिल सच्चो होवे ते मेहनत साथ देवे, तां पहाड़ भी साथ देन्दा।"

ओ दिन कर्मू नूं समझ आ गयो कृ

ऊपरी शिमला री धरती धीरज, मेहनत ते भरोसे री कहानी ऐ।

सुश्री सियांशी

बी. ए. प्रथम वर्ष

कृष्णा लीला

ताईं तो पुछुला सौदा मेरी माइये कोस रुपे मौऊ चन्द्रावली। कांगणो बीड़े

ला सनागणो कानहिया तेस रुपे मोहे चन्द्रावली। रूपोए तो कोरे ला बेसवा रा कानहिया तेस रुपे मोहे चन्द्रावली। रुशुआ दो कानहिया शुण पूण लाओ ला जाय बेशो सुनुओ।

री हाटे

ताई तो पुछु ला सुनुओ री भाबीए किंदा डेवा सुनु मेरा भाए। ऐरे कवचणो मत बोले

भाबीए सुनु सातो जुगो रा भाई। घोरे तो जाणा मेरे मोथुरे री नोगरी मेरे दिंदा गेहणे गड़ाए कोदके तेरे ऊ सुनुओ रे भाबटी कोदका सुनु तेरे भाए गेहणे ज़ेरे होले राणी आगे सोरसु तेरे दिंदा गेहणे गड़ाए। रुशुआ दो कानहिया शुण पूण लाओ ला जाय बेशो सोईओ ।

री हाटे

ताईं तो पुछु मोले सोइओ री भाबीए किंदा डेवा सोई मेरा भाए ऐरे कवचणो मत बोले भाबीए सोई सातो जुगो रा भाई। धोरे तो जाणा मेरे मोथुरे री नोगरी मेरे दिंदा कापडू स्लाए। कोदके तेरे ऊ सुनुओ रे भबटी कोदका सोई तेरे भाए। कापडू ज़ेरे होले राणी आगे सोरसु तेरे दिंदा कापडू स्लाए। रुशुआ दो कानहिया शुण पूण लाओ ला जाय बेशो बेसवे रे धोरे। ताई तो पुछु मोले बेसवे बचारिये सातो हुंदी जुगो रे भाए। घोरे तो जाणा मेरे मोथुरे री नोगरी मेरे दिंदी बाळणी बनाए। बाळणी ज़ेरे होले राणी आगे सोरसु तेरे दिंदी बाळणी बनाए। रुशुआ दो कानहिया शुण पूण लाओ ला जाय बेशो जाए बेशो।

जोमुने किनारे

ताईं तो पुछु आरा जोमने रे तारुआ सातो होंदा जुगो रा भाए। घोरे तो जाणा मेरे मोथुरे री नोगरी मुंदो दर्दीदा जोमुना तराए। आजका डेरा मोला मेरी पाए हाटीए कल टपाऊ नोदी पारे। ष्छाड़ तमाचा दाद चोड गोए तारूपे कानहिया तोरा नोदी पारे। रुशुआ दो कानहिया शुण पूण लाजो ला जाय बेशो। कोस तो राजे री गवाल्टू भडालट्रे ६ कोस री ओ धेनुए चराउंदे ६ रुशुआ दो कानहिया शुण पूण लाओ ला जाय बेशो बावड़ी पनेरे। कोस तो राजे रे धोबी आ तू चिरिया कोस री तू कापडू धलाऊदें६

कांसो तो राजे रे आं धोबी आ बे चिरिया ऊ बीरो रे तू कापडू धलाऊदें।

रुशुआ दो कानहिया शुण पूण लाओ ला जाय बेशो आपणे घोरे।

फेट कलछणो सौदा मेरी माईये। आपणा ना काहनिया परेण। रुस्गा ओ काहनिया थुण पुन लागां ता। जाय देशी पोह किनारे। ताई तो पुछ आरा पोह रे पुरोहिता। सातो हुंदा दुग्गो रा भाई।

सार्सु राणी आगे खबरो कराइला। हिरा बाणी मिलदे आए। हौळी तो हौळी मिले मेरिये बहना। मैं हुंदी रास्ते री खिली। गरमा जो गरम पाणी ले आया। ओ चल बहना दोनो नहावंगे। गरमा जो गरम मैं नही जाऊँगी। मैं नहाई सैल के द्वारा। कांसो राजे पोलग्गो ढलाइयो। आओ बहना दोनो सोएंगे। नो तो आगड़ी ओ पाये कन्हइया। पाये छः महीने रे राती। शावणे होठणे स्वर्ण दांतेये। खिल खिल हासणे रे बाही। फेट कलछण काना वाला देवता। मौणे गय ओ तिने मोहे। चाँद तो मोहे मोएँ सुरजो बे राणीये नोई लाख गेणी रे तारे। डाली तो डाली रे चोडू मोह पोंखरु माणु का ओ मोहणे बचारे।

सुश्री सृजन शर्मा

बी.ए. द्वित्तीय वर्ष

हमारी सांस्कृतिक धरोहर

अंतरराष्ट्रीय लवी मेला : इतिहास और व्यापारिक महत्त्व

लवी मेला हिमाचल प्रदेश के शिमला ज़िले में स्थित, ऐतिहासिक नगर रामपुर बुशहर में प्रतिवर्ष आयोजित होने वाला एक प्रसिद्ध व्यापारिक मेला है। यह मेला हर वर्ष 11 नवंबर से 14 नवंबर तक, अर्थात चार दिनों तक आयोजित किया जाता है। लवी मेला अपने ऐतिहासिक व्यापारिक स्वरूप और स्थानीय अर्थव्यवस्था में योगदान के लिए जाना जाता है।लवी मेले का इतिहास लगभग 300 वर्ष पुराना है। इसकी शुरुआत बुशहर रियासत के शासक, राजा केहरी सिंह द्वारा की गई थी। उस समय रामपुर बुशहर भारत और तिब्बत के बीच व्यापार का एक प्रमुख केंद्र था। लवी मेला व्यापारियों के लिए वस्तुओं के आदान–प्रदान का एक संगठित माध्यम बना, जिससे दूर–दराज़ के क्षेत्रों से व्यापारी यहाँ आने लगे। हालाँकि मेला आधिकारिक रूप से चार दिनों का होता है, लेकिन हिमाचल प्रदेश प्रशासन व्यापारियों को लगभग एक महीने तक व्यापार करने की अनुमति देता है। इस अवधि में व्यापारी अपनी दुकानों और अस्थायी बाज़ारों के माध्यम से सामान की खरीद–फ़रोख़्त करते हैं। इससे व्यापारियों को पर्याप्त समय मिलता है और स्थानीय लोगों को भी लाभ होता है।

लवी मेले का एक प्रमुख आकर्षण किन्नौर मार्केट है, जहाँ किन्नौर क्षेत्र के लोग अपने स्थानीय उत्पाद, जैसे सेब, सूखे मेवे, ऊनी वस्त्र, हस्तनिर्मित सामान और अन्य पारंपरिक वस्तुएँ बेचने के लिए लाते हैं। यह मेला स्थानीय व्यापार और रोज़गार को बढ़ावा देता है।

इसके अतिरिक्त, लवी मेले के दौरान स्थानीय गायकों और कलाकारों को एक मंच प्रदान किया जाता है, जिससे उन्हें अपनी प्रतिभा दिखाने और आगे बढ़ने का अवसर मिलता है। यह पहल युवाओं को प्रोत्साहित करती है और क्षेत्रीय प्रतिभा को पहचान दिलाने में सहायक होती है।इस प्रकार लवी मेला एक ऐतिहासिक, व्यापारिक और आर्थिक रूप महत्त्वपूर्ण आयोजन है, जो आज भी रामपुर बुशहर की पहचान बना हुआ है।

सुश्री शीतल

डी.एल.एड. प्रथम वर्ष

किन्नौरी लोकपर्व : राओलाने

हिमाचल प्रदेश हिमालय के ह्रदय में स्थित है, जिसे 'देवभूमि' के रूप में जाना जाता है और इसे देवी–देवताओ का निवास माना जाता है। समृद्ध हिमाचल प्रदेश में कुल 12 ज़िले हैं। उन्हीं में से एक है सुप्रसिद्ध किन्नौर ज़िला है। भारत किन्नौर ज़िला और तिब्बत के बीच प्राचीन व्यापार मार्ग पर स्थित, पर्वतमालाओं से घिरा है। यह अच्छी तरह से संरक्षित संस्कृति और कालातीत रीति–रिवाज़ो के साथ एक समृद्ध भूमि है। किन्नौर ज़िला न केवल किन्नौरी सेब, राजमा, अखरोट आदि के लिए, बल्कि शादी के रीति – रिवाज़ एवं आदिवासी संस्कृति (ट्राइबल कल्चर) के लिए भी प्रसिद्ध है।

किन्नौर में कई सारे गाँव हैं, उन्हीं में से एक है कल्पा गाँव। कल्पा गाँव न केवल अपनी खूबसूरती के लिए प्रसिद्ध, है बल्कि काफ़ी अन्य चीज़ो के लिए जाना जाता है,जैसे कि किन्नर कैलाश पर्वत, ब्रह्मा विष्णु मंदिर,नारायण नागिन मंदिर और कोठी देवी दुर्गा के किले। यह गाँव छोटा सा है परंतु बेहद ही खूबसूरत है। ठीक उसी प्रकार, यह गाँव अपने एक खास त्योहार के लिए माना जाता है,जिसे सस्कर एवं राओलाने कहा जाता है। किन्तु यह पर्व 'राओलाने' के नाम से अधिक प्रसिद्ध है। किन्नौर के जंगलों के बीचो – बीच बहुत सारे खेत होते हैं जो कि वास्तविक गाँव से कुछ ऊँचाई पर होते हैं। उन्हें किन्नौर में 'कण्डे' कहा जाता है।प्राचीन काल से ऐसा माना जाता है कि इन कंडों में परियाँ निवास करती थीं, जिसे स्थायी भाषा में 'साओनी' कहा जाता है। अब यहाँ के स्थायी निवासियों के अनुसार ऐसा माना जाता है कि ये परियाँ साल में एक बार कंडों से नीचे आती हैं। ये परियाँ मार्च महीने में होली से 3 दिन पहले आती हैं, और साथ ही ये 8 दिनों तक यहाँ रहती हैं। अब चूंकि ये परियाँ (साओनी) कंडों से गाँव में आती हैं तो इसी उपलक्ष्य में गाँव वाले इन परियों को खुश करने के लिए पूरे आठ दिन पूजा करते हैं।

होली से तीन दिन पहले गाँव के सभी घरों में पूजा होती है,जिस में घर की कोई स्त्री अपने किन्नौरी पारंपरिक पोशाक और आभूषण पहनकर, सज–धज कर प्राकृतिक जल –स्रोत के पास जाकर वहाँ से जल लाती है।इसी दौरान कोई भी व्यक्ति एवं घर का सदस्य उसे नहीं छूता है,क्योंकि वह स्त्री शुद्ध मानी जाती है। जल लाकर वह स्त्री घर में सभी पूजा में प्रयोग होने वाली खाने की चीज़े बनाती है, जैसे कि फ़ाफ़ड़े, कुट्टू और ओगले के आटे का चिल्टा, जिसे किन्नौर में 'पोचा' कहते हैं। पूड़ियाँ आदि भी बनती हैं। उस के बाद, घर के कोई स्त्री–पुरुष प्राकृतिक जल–स्रोत के पास जाकर पानी लाते हैं। उस पानी से शुद्ध होकर वे पूजा करते हैं।यह पूजा परियों को खुश करने के लिए की जाती है।

अब तीसरे दिन के बाद 'राओलाने' शुरू होता है, जिसमें कल्पा गाँव के हर एक क्षेत्र से एक या दो तीन राओला और राओलाने निकलते हैं,परन्तु एक निकालना ज़रूरी ही होता है।' राओला' उसे कहा जाता हैजो साधु की तरह होता है। वहीं 'राओलाने' साध्वी को कहते हैं। राओलाने को किन्नौरी दुल्हन की तरह सजाया जाता है, परन्तु वह असल में लड़का होता है और राओला भी लड़का ही बनता है। उसके चेहरे को एक कपड़े से छुपा दिया जाता है,दोनों (राओला–राओलाने)का चेहरा नहीं दिखना चाहिए।

अब इन दोनों को विष्णु नारायण मंदिर में ले जाकर नचाया जाता है और परियों को नाच – गाना करके खुश किया जाता है। नाचने से पहले ढोल –नगाड़ों की पूजा की जाती है, जिससे देवी– देवता नाराज़ नहीं होते हैं।

यह कार्यक्रम पांच दिनों तक चलता है। इस पर्व को पूरे कल्पा में बड़ी धूम–धाम से मनाया जाता है। पूरे किन्नौर में यह एक मात्र गाँव है जहाँ अभी तक इसे मनाया जाता है। इस पर्व के आखिरी दिन परियों की विदाई की जाती है। सभी गाँव वाले अपने घरों की छतों पर पूजा करके परियों (साओनी) को विदाई देते हैं। यह पर्व साओनी परियों को खुश करने के लिए मनाया जाता है, क्योंकि कहा जाता है कि इन परियों को खुश करने से पूरा साल बहुत अच्छे से बीतता है और किसी भी प्रकार का संकट नहीं आता है।

किन्नौर अपने अलग रीति–रिवाज़ों के लिए जाना जाता है। उम्मीद है कि सस्कर पर्व हर साल इसी हर्षोल्लास के साथ मनाया जाता रहेगा।

सुश्री दीक्षिता नेगी

बी.ए.द्वित्तीय वर्ष

पहाड़ी उत्सव का केंद्र : रामपुर बुशहर

रामपुर बुशहर हिमाचल प्रदेश के शिमला ज़िले में सतलुज नदी के सुंदर किनारे बसा एक प्राचीन और ऐतिहासिक नगर है, जो कभी बुशहर रियासत की राजधानी हुआ करता था। यह रियासत 7वीं शताब्दी में सूर्य वंश से जुड़े राजाओं द्वारा स्थापित की गई थी और बाद में राजा केहरी सिंह ने इसे व्यावसायिक और राजनीतिक केंद्र के रूप में विकसित किया। रामपुर का राज दरबार, जिसे आज भी **पदम पैलेस** के नाम से जाना जाता है, प्रशासन और व्यापार का प्रमुख केंद्र था ,जहाँ ऊन , नमक और अन्य वस्तुओं का व्यापार नियंत्रित होता था। इतिहास में यहाँ कई शासक हुए , जैसे राजा केहरी सिंह और राजा पदम सिंह। आधुनिक समय में रामपुर के राजा वीरभद्र सिंह (1947– 2021) रहे।

इसी राजदरबार में हर वर्ष मेला आयोजित किया जाता है, जो एक ऐतिहासिक और सांस्कृ–तिक उत्सव है। यह मेला बसंत ऋतु और नव वर्ष के अवसर पर मनाया जाता है और इसमें पहाड़ी संस्कृति, परंपराएँ और रीतियाँ जीवंत रूप में दिखाई देती हैं। मेले में लगभग 17–26 देवी–देवता आते हैं और राजदरबार को आशीर्वाद देते हैं। परंपरागत रीति–रिवाज के अनुसार , एक दिन पहले सभी देवी–देवता आकर राजदरबार में निवास करते हैं, और अगले दिन से मेला प्रारंभ होता है। तीन दिनों तक देवी–देवता राज दरबार में रहते हैं और अपनी झांकियाँ प्रस्तुत करते हुए आगमन करते हैं। मेले के दौरान लोग देवी–देवताओं के साथ होली खेलते हैं, नाच–गाना करते हैं और देवी–देवता भी नृत्य करते हैं। इसके अलावा, देवी–देवता राजा के दरबार में आशीर्वाद देने के बाद अपने–अपने स्थानों को लौट जाते हैं। इस दौरान कुल्लू,

शिमला , रामपुर, किन्नौर आदि क्षेत्रों के लोग अपने देवताओं के साथ नृत्य करते हैं और दूर–दूर से व्यापारी आते हैं, बाजार लगाते हैं और देवी–देवताओं से आशीर्वाद प्राप्त करते हैं। पूरे तीन दिनों में यह मेला लोगों के लिए एक सामाजिक और धार्मिक मिलन का अवसर बनता है, जहाँ देवी–देवताओं का मिलन , पहाड़ी संस्कृति और सामूहिक उत्साह देखने को मिलता है।

सुश्री अमृता सिंह

डी.एल.एड प्रथम वर्ष

बलगः आस्था की अमर धरती

बलग गाँव का परिचय

हिमाचल प्रदेश के ज़िला शिमला की तहसील ठियोग में स्थित बलग गाँव एक प्राचीन, पवित्र और ऐतिहासिक महत्व रखने वाली भूमि है। यह गाँव अपनी शांत प्राकृतिक सुंदरता, धार्मिक आस्था और पौराणिक परंपराओं के लिए जाना जाता है। स्थानीय जन श्रुतियों के अनुसार बलग केवल एक ग्रामीण बसावट नहीं, बल्कि यज्ञ, तपस्या और देव आराधना की भूमि रहा है। यहाँ की मिट्टी में इतिहास की गूंज और आस्था की सुगंध समाई हुई है।

राजा बलि और बलग की राजधानी

स्थानीय इतिहास एवं लोककथाओं के अनुसार महान दानवीर राजा बलि के शासनकाल में बलग उनकी राजधानी हुआ करती थी। राजा बलि भक्त प्रह्लाद के पौत्र और विरोचन के पुत्र थे। वे धर्मपरायण, सत्यनिष्ठ और अत्यंत दानशील शासक थे। कहा जाता है कि उनके राज्य में प्रजा सुखी और सुरक्षित थी। बलग उस समय राजनीतिक, धार्मिक और सांस्कृतिक दृष्टि से एक महत्वपूर्ण केंद्र के रूप में प्रसिद्ध था।

सौवाँ अश्वमेध यज्ञ और बलग का गौरव

जन–मान्यता के अनुसार, राजा बलि ने सौ अश्वमेध यज्ञ करने का संकल्प लिया था। निन्यानवे यज्ञ सफलतापूर्वक पूर्ण हो चुके थे और सौवाँ अश्वमेध यज्ञ बलग की पावन भूमि पर संपन्न हो रहा था। इस अवसर पर दूर–दूर से ऋषि–मुनि, तपस्वी और विद्वान एकत्र हुए थे। यज्ञ की अग्नि और वैदिक मंत्रोच्चार से पूरा क्षेत्र आध्यात्मिक ऊर्जा से भर उठा था, जिससे बलग की महिमा और अधिक बढ़ गई।

वामन अवतार और राजा बलि का अद्वितीय त्याग

जब अश्वमेध यज्ञ अपने अंतिम चरण में था, तब भगवान विष्णु ने वामन अवतार धारण कर ब्राह्मण बालक के रूप में राजा बलि से तीन पग भूमि का दान माँगा। गुरु शुक्राचार्य के मना करने के बावजूद राजा बलि अपने वचन पर अडिग रहे। भगवान विष्णु ने दो पग में पृथ्वी और आकाश नाप लिया और तीसरे पग के लिए राजा बलि ने अपना मस्तक अर्पित कर दिया। यह त्याग, भक्ति और विनम्रता का अमर उदाहरण माना जाता है।

पाण्डवों का अज्ञात वास और बलग में आगमन

स्थानीय परंपराओं के अनुसार महाभारत काल में पाण्डव अपने अज्ञातवास के दौरान बलग गाँव आए थे। उस समय यह क्षेत्र घने वनों से घिरा, शांत और सुरक्षित था। पाण्डवों ने यहाँ निवास कर ध्यान, तप और

पूजा–अर्चना की। जन श्रुति है कि उन्होंने इसी पवित्र भूमि पर एक मंदिर का निर्माण किया, जिसने बलग को धार्मिक दृष्टि से और अधिक महत्त्वपूर्ण बना दिया।

मंगलेश्वर महाराज का प्राचीन मंदिर

पाण्डवों द्वारा निर्मित वही पवित्र स्थल आज देवता मंगलेश्वर महाराज के मंदिर के रूप में प्रसिद्ध है। यह मंदिर बलग गाँव की आस्था का प्रमुख केंद्र है। ग्रामीणों का विश्वास है कि मंगलेश्वर महाराज गाँव के रक्षक, मार्गदर्शक और न्यायकारी देवता हैं। पीढ़ियों से यहाँ श्रद्धा, विश्वास और भक्ति के साथ पूजा–अर्चना होती आ रही है।

परशुराम अवतार के रूप में मंगलेश्वर महाराज

स्थानीय मान्यता के अनुसार देवता मंगलेश्वर महाराज को भगवान परशुराम का अवतार माना जाता है। परशुराम जी भगवान विष्णु के छठे अवतार थे, जो अन्याय के विनाश और धर्म की रक्षा के लिए प्रसिद्ध हैं।

शिमला ज़िले के इस मनोरम प्रान्त को आज भी लोग आस्था और आदर के साथ मानते है। हिमाचल प्रदेश की सांस्कृतिक विरासत को संजोए हुए यह गाँव आज भी अद्‌भुत है।

सुश्री प्रांजल

डी. एल. एड द्वित्तीय वर्ष

बिलासपुरी इतिहास, संस्कृति और पर्व

बिलासपुर हिमाचल प्रदेश का वह ज़िला है जो अपने प्राचीन कहलूर राज्य, माँ नैना देवी की शक्तिपीठ और नलवाड़ी मेले की पहचान से पूरे देश में जाना जाता है।यहाँ का इतिहास राजपूत वीरता, धार्मिक आस्था और आधुनिक विकास – तीनों का अनोखा संगम है।

ऐतिहासिक पृष्ठभूमि

बिलासपुर का प्राचीन नाम कहलूर था, जहाँ चन्द्रवंशी राजपूतों की रियासत स्थापित हुई और यह कई शताब्दियों तक स्वतंत्र पहाड़ी राज्य के रूप में विकसित हुआ।समय के साथ यह क्षेत्र धार्मिक यात्राओं, व्यापारिक मार्गों और स्थानीय शासकों की गतिविधियों का महत्वपूर्ण केंद्र बन गया। स्वतंत्रता के बाद कहलूर रियासत भारतीय संघ में विलय हुई और बाद में यह क्षेत्र बिलासपुर ज़िले के रूप में हिमाचल प्रदेश का हिस्सा बना। भाखड़ा बाँध के निर्माण से पुराना बिलासपुर शहर गोविंद सागर झील में समा गया और आज का नया बिलासपुर आधुनिक योजनाबद्ध स्वरूप में पुनः बसाया गया।

बिलासपुर की संस्कृति पहाड़ी लोक परंपराओं से गहरे रूप में जुड़ी है, जिसमें लोकगीत, नाटी, गिद्दा और धार्मिक जुलूस प्रमुख स्थान रखते हैं।पारंपरिक वेशभूषा में महिलाएँ रंगीन घाघरा चोली, दुपट्टा और चाँदी के गहने पहनती हैं, जबकि पुरुषों की पोशाक में कुर्ता पायजामा, सदरी और पहाड़ी टोपी विशेष पहचान बनाते हैं। स्थानीय विवाह, नामकरण और फ़सल कटाई

जैसे अवसरों पर ढोल, नगाड़े और शहनाई की धुनों के साथ सामूहिक नृत्य गीत पूरे गाँव के समाज को एकसूत्र में बाँध देते हैं। धार्मिक स्थल और आस्था, बिलासपुर की पहचान, विश्व विख्यात शक्तिपीठ श्री नैना देवी जी से गहराई से जुड़ी है, जहाँ वर्ष भर देश विदेश से लाखों श्रद्धालु दर्शन के लिए आते हैं।श्रावण मास, चैत्र और आश्विन मास के नवरात्रों में यहाँ विशेष मेले और विशाल धार्मिक उत्सव आयोजित होते हैं, जिनमें भक्तों की भीड़ मंदिर परिसर और आसपास के क्षेत्र को आध्यात्मिक वातावरण से भर देती है।नैना देवी के साथ साथ लक्ष्मी नारायण मंदिर, व्यास गुफ़ा और आसपास स्थित अनेक प्राचीन मंदिर इस क्षेत्र की धार्मिक विरासत को समृद्ध बनाते हैं। आस्था, पर्यटन और स्थानीय अर्थव्यवस्था – तीनों पर इन धार्मिक स्थलों का गहरा प्रभाव दिखाई देता है।

बिलासपुर के मेले और त्योहार

बिलासपुर में वर्ष भर विविध मेले और त्योहार मनाए जाते हैं, जो यहाँ के सामाजिक व सांस्कृतिक जीवन की धड़कन माने जाते हैं।

इन अवसरों पर न केवल धार्मिक अनुष्ठान होते हैं, बल्कि लोकनृत्य, खेलकूद, पशु मेलों और सांस्कृतिक संध्याओं के माध्यम से लोक संस्कृति को नई पीढ़ी तक पहुँचाया जाता है।

नलवाड़ी मेला

नलवाड़ी मेला बिलासपुर का सबसे प्रसिद्ध पशु मेला है, जो हर वर्ष मार्च महीने में लुह्नु मैदान में आयोजित किया जाता है।आरम्भ में यह मेला अच्छे नस्ल के बैलों और पशुओं के व्यापार हेतु लगाया जाता था, लेकिन समय के साथ यह व्यापार के साथ साथ सांस्कृतिक और मनोरंजन का विशाल मंच बन गया।मेले का शुभारंभ शहर के लक्ष्मी नारायण मंदिर से निकलने वाली शोभायात्रा से होता है, जिसमें स्थानीय लोकनृत्य दल, महिला मंडल, बच्चे और वाद्य यंत्रों की धुनें विशेष आकर्षण रहते हैं।पशु प्रदर्शनी, कुश्ती प्रतियोगिताएँ, ग्रामीण खेल, उद्योग प्रदर्शनी और सांस्कृतिक रातें नलवाड़ी मेले को बिलासपुर की जीवंत परंपरा का प्रतीक बनाती हैं।

नैना देवी के मेले और नववर्ष उत्सव

श्री नैना देवी मंदिर में नववर्ष, नवरात्र और विशेष पर्वों पर भव्य मेले आयोजित होते हैं, जिनमें लाखों श्रद्धालु माता के दर्शन कर वर्ष की शुरुआत शुभ भावनाओं के साथ करते हैं।नवरात्रि मेलों के दौरान भजन कीर्तन, जागरण, भंडारे और धार्मिक शोभायात्राएँ पूरे क्षेत्र में आध्यात्मिकता और भक्ति का वातावरण रच देते हैं।

अन्य त्यौहार

हिमाचली रंगों की छटा बिलासपुर में लोहड़ी, मकर संक्रांति, बसंत पंचमी, शिवरात्रि, होली, जन्माष्टमी, दशहरा और दीवाली जैसे पर्व पूरे उल्लास के साथ मनाए जाते हैं।

सुश्री दीक्षा

डी. एल. एड प्रथम वर्ष

श्री रेणुका जी मेला अंतरराष्ट्रीय उत्सव

हिमाचल प्रदेश के सिरमौर ज़िले का सबसे प्रसिद्ध और ऐतिहासिक अंतरराष्ट्रीय मेला है, जिसकी शुरुआत का कोई निश्चित लिखित वर्ष उपलब्ध नहीं है, लेकिन स्थानीय मान्यताओं, लोककथाओं और पौराणिक परंपराओं के अनुसार इसका आयोजन प्राचीन काल से, सैकड़ों वर्षों पहले होता आ रहा है। इस मेले का गहरा संबंध भगवान परशुराम और उनकी माता रेणुका से जुड़ा हुआ है तथा रेणुका जी झील को माता रेणुका का पवित्र स्वरूप माना जाता है, जहाँ श्रद्धालु स्नानकर पुण्य – लाभ प्राप्त करने की आस्था रखते हैं। प्रारंभिक समय में यह मेला स्थानीय लोगों द्वारा सीमित धार्मिक अनुष्ठानों, पूजा–पाठ और देव आराधना के रूप में आयोजित किया जाता था, परंतु समय के साथ जब आसपास के क्षेत्रों से देवी–देवताओं की पालकियाँ यहाँ आने लगीं, तब यह आयोजन एक विशाल वार्षिक धार्मिक मेले का रूप लेने लगा।

धीरे–धीरे इसमें देव–मिलन की परंपरा, शोभा – यात्राएँ और सामूहिक पूजा जैसी प्राचीन कथाएँ जुड़ती चली गईं, जिससे इसकी धार्मिक महत्ता और अधिक बढ़ गई। आधुनिक काल में इस ऐतिहासिक मेले में लोक नृत्य, लोक संगीत, सांस्कृतिक संध्याएँ, खेल प्रतियोगिताएँ, हस्तशिल्प व स्थानीय उत्पादों की प्रदर्शनी जैसे नए आयोजन जोड़े गए हैं, जिन्होंने इसे केवल धार्मिक आस्था तक सीमित न रखकर सामाजिक, सांस्कृतिक और पर्यटन का महत्वपूर्ण केंद्र बना दिया है। भारत सरकार द्वारा इसे अंतरराष्ट्रीय मेले का दर्जा दिए जाने के बाद यह आयोजन देश–विदेश से आने वाले श्रद्धालुओं और पर्यटकों को आकर्षित करने लगा है। इस प्रकार श्री रेणुका जी मेला प्राचीन पौराणिक कथाओं की गहरी आस्था और आधुनिक सांस्कृतिक नवाचारों का सुंदर संगम बनकर सिरमौर ज़िले ही नहीं, बल्कि पूरे हिमाचल प्रदेश की समृद्ध सांस्कृतिक विरासत और गौरव का प्रतीक बन चुका है।

सुश्री प्रियंका

डी. एल. एड. प्रथम वर्ष

एक विचार यह भी

आदर्श पीड़िता

"अगर मैं भी निर्भया की तरह मर जाती तो शायद मुझे भी इन्साफ मिल जाता।" उन्नाव बलात्कार पीड़िता के ये शब्द केवल आक्रोश भरे नहीं थे, बल्कि समाज की सोच पर सीधा प्रश्न भी था कि आरोपी को दी गयी अंतरिम ज़मानत ने पीड़िता को सोचने पर मजबूर कर दिया कि – "क्या मैं एक अच्छी पीड़िता नहीं हूँ?" यह प्रश्न हमें उस असहज सच्चाई के सामने खड़ा करता है कि समाज केवल पीड़ा को नहीं देखता, वह यह भी देखता है कि पीड़ित "कैसा" है, किस सामाजिक पृष्ठभूमि से आता है, किस आर्थिक या जातिगत परिवेश से आता है? 2012 में "निर्भया" के साथ हुई अमानवीय घटना ने पूरे देश को झकझोर दिया। उनकी मृत्यु ने आक्रोश को आंदोलन में बदल दिया। सड़कों पर प्रदर्शन हुए, कानूनों में संशोधन हुए और न्याय की माँग एक राष्ट्रीय स्वर बन गई।जब हम इस मामले की तुलना उन्नाव बलात्कार मामले से करते हैं तो एक प्रश्न उभरता है, क्या वह पीड़िता उसी तरह के समर्थन के योग्य नहीं थी ? उससे भी बड़ा सवाल यह है कि क्या वह आक्रोश उतना ही व्यापक होता यदि निर्भया जीवित बच जातीं ?

सोशल मीडिया पर "परफेक्ट विक्टिम" की अवधारणा पर लंबे समय से बहस चली आ रही है। एक इंस्टाग्राम पोस्ट में यही सवाल उठाया गया कि यदि निर्भया ज़िंदा रहती, तो क्या समाज उन्हें उसी तरह समर्थन देता? इस पर कई विचार सामने आए। कुछ लोगों का कहना था कि सहानुभूति का मृत्यु से कोई संबंध नहीं, जबकि अन्य का मानना था कि जीवित रहने पर उस से भी वही प्रश्न पूछे जाते जो अक्सर अन्य पीड़िताओं से पूछे जाते हैं। "इतनी रात को बाहर क्यों थीं?""एक पुरुष मित्र के साथ क्यों थीं?" यानी सहानुभूति से पहले संदेह। दरअसल, समाज ने "आदर्श पीड़िता" की एक छवि गढ़ रखी है। चुप, मासूम, असहाय और नैतिक रूप से निष्कलंक ! जैसे पीड़ा की भी कोई निर्धारित वर्दी हो, कोई तय भाषा हो, कोई स्वीकृत व्यवहार हो। यदि पीड़ित आक्रोश व्यक्त करे, यदि वह अपनी लड़ाई लड़े, अपनी ज़िन्दगी को नए सिरे से जीना चाहे तो उसकी विश्वसनीयता पर प्रश्नचिह्न लगने लगते हैं। समाज को एक सरल कथा चाहिए जहाँ खलनायक स्पष्ट हो और पीड़ित पूर्णतः निष्कलंक। और न्यायतंत्र की तो क्या बात करें?! न्याय व्यवस्था में एक सिद्धांत है "दस दोषी भले ही छूट जाएँ, पर एक निर्दोष को दण्ड न मिले।" यह सिद्धांत न्याय की सावधानी को दर्शाता है। परन्तु व्यवहार में अक्सर पीड़ित को ही बार–बार अपनी निष्कलंकता सिद्ध करनी पड़ती है। उसका चरित्र, उसका अतीत, उसके संबंध, सबकी जांच होती है। मानो न्याय पाने की पहली शर्त ही यही है कि वह "आदर्श" हो। समाज में सहानुभूति अक्सर शर्तों पर दी जाती है। मृत्यु पीड़ा को पवित्र बना देती है। एक मृत पीड़ित समाज के लिए सुविधाजनक होता है, वह प्रश्न नहीं पूछेगा । आसान भाषा में कहा जाए तो एक मृत पीड़ित पर दया करना आसान है। परंतु एक जीवित पीड़ित संघर्ष करता है, आवाज़ उठाता है, और यही असहजता पैदा करता है। हम अन्याय से कम, पीड़ित की 'छवि' से अधिक प्रभावित होते हैं ! हम पीड़ा को स्वीकार करने से पहले उसे परखते हैं, उसे तौलते हैं।

बलात्कार या किसी भी प्रकार के उत्पीड़न या फिर हिंसात्मक कार्य के मामलों में जब तक समाज 'अच्छी' और 'संदिग्ध' पीड़िता के बीच अंतर करता रहेगा, तब तक न्याय अधूरा रहेगा। शर्तों पर दी गयी संवेदनशीलता अनेक पीड़ितों को यह सोचने पर मजबूर कर देती है कि क्या न्याय पाने के लिए मरना ही पर्याप्त प्रमाण है? समस्या यह नहीं कि लोग सहानुभूति रखते हैं। समस्या यह है कि सहानुभूति शर्तों पर दी जाती है। जब तक हम 'अच्छी पीड़िता' और 'संदिग्ध पीड़िता' जैसे मानसिक वर्गीकरण बनाए रखेंगे, तब तक न्याय अधूरा रहेगा। एक पीड़ित को पर्फ़ेक्ट होने की आवश्यकता नहीं होनी चाहिए। उसकी बात मान्य होनी चाहिए, सिर्फ़ इस तर्क पर, कि उसके साथ अन्याय हुआ है ।

सुश्री वंशिका कलजोत्रा

बी.ए. द्वित्तीय वर्ष

'हिमाचल प्रदेश का अद्भुत संसार': हिमाचली इतिहास और संस्कृति का अनमोल खज़ाना

जग मोहन बालोखरा द्वारा लिखित 'हिमाचल प्रदेश का अद्भुत संसार' एक ज्ञान वर्धक पुस्तक है, जो ऐतिहासिक, भौगोलिक, सांस्कृतिक और आर्थिक दृष्टिकोण से हिमाचल प्रदेश की सम्पूर्ण जानकारी प्रदान करती है। इस पुस्तक की खास बात यह है कि यह केवल प्राकृतिक सौंदर्य तक सीमित नहीं रहती, बल्कि हिमाचल प्रदेश को एक समृद्ध इतिहास, विविध संस्कृति और निरंतर विकास वाले राज्य के रूप में प्रस्तुत करती है।

इस पुस्तक को पढ़ने से पहले, हिमाचल प्रदेश के बारे में मेरी जानकारी मुख्यतः प्रसिद्ध पर्यटन स्थलों और सामान्य तथ्यों तक ही सीमित थी। लेकिन इस पुस्तक को पढ़ने के बाद मुझे यह एहसास हुआ कि राज्य का इतिहास और संस्कृति वास्तव में कितने समृद्ध हैं।

लेखक ने हिमाचल प्रदेश के विकास को प्राचीन जनजातीय बस्तियों और जनपदों से लेकर छोटे–छोटे रियासतों के काल तक, और अंततः 25 जनवरी 1971 को पूर्ण राज्य बनने तक बहुत ही स्पष्ट रूप से समझाया है। स्वतंत्रता के बाद 30 से अधिक रियासतों के विलय पर की गई चर्चा ने आधुनिक हिमाचल प्रदेश की राजनीतिक संरचना को समझने में मेरी काफ़ी मदद की।

पुस्तक का एक और रोचक पहलू इसका भौगोलिक वर्णन है। इसमें बताया गया है कि हिमाचल प्रदेश पश्चिमी हिमालय में स्थित है और इसमें शिवालिक, लघु हिमालय और महान हिमालय जैसे भौतिक विभाजन शामिल हैं। सतलुज, ब्यास, रावी, चेनाब और यमुना जैसी प्रमुख नदियों के बारे में दी गई विस्तृत जानकारी यह दर्शाती है कि ये नदियाँ केवल भौगोलिक विशेषताएँ ही नहीं, बल्कि राज्य में कृषि, सिंचाई और जल विद्युत उत्पादन के लिए जीवन रेखा भी हैं।

पुस्तक का सांस्कृतिक भाग मुझ पर गहरी छाप छोड़ता है। हिमाचल प्रदेश को इसके

असंख्य मंदिरों, स्थानीय देवी–देवताओं और पारंपरिक मान्यताओं के कारण 'देवभूमि' कहा जाता है, जो सही भी है। पुस्तक में कुल्लू दशहरा जैसे मेलों और उत्सवों के साथ–साथ किन्नौर, लाहौल और स्पीति जैसे क्षेत्रों की लोक परंपराओं और जनजातीय जीवन शैली का भी वर्णन किया गया है। इन अध्यायों को पढ़कर मुझे राज्य की सांस्कृतिक विविधता और विशिष्टता और भी स्पष्ट रूप से समझ में आयी।

इस पुस्तक से मैंने कई महत्वपूर्ण आर्थिक तथ्य भी सीखे, विशेष रूप से बागवानी और सेब की खेती की भूमिका के बारे में, जो ग्रामीण अर्थव्यवस्था को सशक्त बनाती है। पुस्तक में यह भी स्पष्ट रूप से बताया गया है कि शिमला, मनाली और धर्मशाला जैसे पर्यटन स्थल राज्य की आय और रोज़गार में किस प्रकार महत्वपूर्ण योगदान देते हैं। जलविद्युत परियोजनाओं का उल्लेख हिमाचल प्रदेश को भारत के एक प्रमुख विद्युत–उत्पादक राज्य के रूप में दर्शाता है।

भाषा की दृष्टि से पुस्तक सरल, जानकारी पूर्ण और सुव्यवस्थित है, जिससे यह कॉलेज के छात्रों के लिए बहुत उपयुक्त बन जाती है। यद्यपि पुस्तक काफ़ी विस्तृत और कभी–कभी लंबी है, फिर भी मुझे व्यक्तिगत रूप से लगता है कि इसकी जानकारी की गहराई इसे शैक्षणिक अध्ययन और प्रतियोगी परीक्षाओं की तैयारी के लिए एक अत्यंत उपयोगी संदर्भ पुस्तक बनाती है।

कुल मिलाकर, 'हिमाचल प्रदेश का अद्भुत संसार' पढ़ना मेरे लिए एक समृद्ध अनुभव रहा। इससे न केवल मेरी तथ्यात्मक जानकारी में वृद्धि हुई, बल्कि हिमाचल प्रदेश के इतिहास, संस्कृति और विकास के प्रति मेरी समझ भी गहरी हुई। मैं उन छात्रों और पाठकों को इस पुस्तक को पढ़ने का प्रोत्साहन देना चाहूँगी हूँ, जो इस राज्य को एक व्यापक और तथ्यात्मक तौर परसमझना चाहते हैं।

सुश्री श्रेया

बी.ए. तृत्तीय वर्ष

हिंदी हैं हम!

हिंदी सप्ताह एवं हिंदी दिवस के अवसर पर आयोजित गतिविधियाँ












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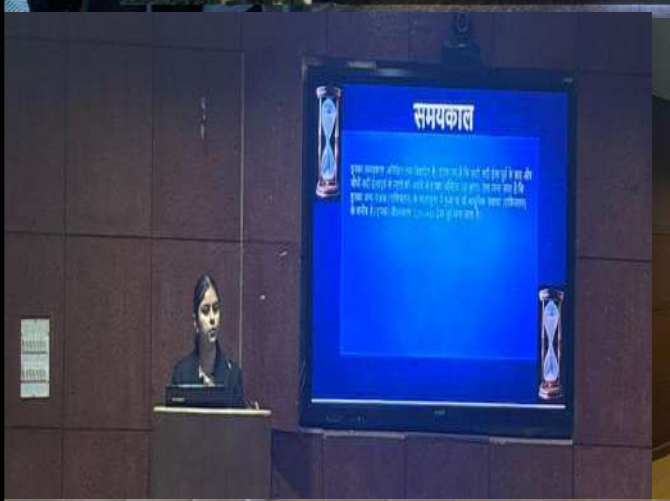
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भारतीय भाषा दिवस 2025 के अवसर पर आयोजित गतिविधियाँ





अंतरराष्ट्रीय महिला दिवस 2026 के उपलक्ष्य पर स्त्री विमर्श पर फ़िल्म प्रदर्शनी





हिंदी अनुभाग - संपादकीय टीम 2025–26



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